

January 2019

## Program Overview

The health plan's Sleep Program is offered through eviCore healthcare in 2019. The program reviews requests for medical necessity for home sleep tests (HST), attended baseline polysomnography (PSG), and attended polysomnography for PAP titration. When appropriate, an HST will be offered in place of an attended PSG to diagnose sleep apnea. Following an HST, the patient's physician will be encouraged to order an auto-titrating PAP device (APAP) for home titration when appropriate. This program applies to all Medicaid and Medicare products. The purpose of this program is to enhance the management of sleep disordered breathing by ensuring the clinically appropriate, cost-effective use of diagnostic modalities for Sleep Apnea.

## CPT Codes Covered in the Program

95805	Multiple Sleep Latency Test or Maintenance of Wakefulness Test
95807	Attended PSG, respiratory parameters only
95808	Attended PSG, Sleep Staging with 1-3 Additional Parameters of Sleep
95810	Attended PSG, Sleep Staging with 4 or more Additional Parameters of Sleep
95811	Attended PSG, (95810) with initiation of CPAP or Bi-level PAP ventilation (Split night) Attended PSG Titration Study (Second night, or re-titration)
95800, 95801, 95806	Home Sleep Test/Unattended sleep study
G0398, G0399, G0400	Home Sleep Test
95782	Attended PSG, < 6 yrs old, Sleep Staging with 4 or more Additional Parameters of Sleep
95783	Attended PSG Titration study, < 6 yrs old, (Second night, or re-titration)

## How to Request Diagnostic Testing and Titration for Sleep Apnea

### Diagnostic Studies

- Request and approval for an HST for patients with suspected sleep apnea can be completed online at [www.evicore.com](http://www.evicore.com) or by phone at 1-888-333-8641.
- 95810 or 95811 requests that meet medical necessity criteria are approved when planned at participating provider sites.
- 95810/95811 (split night, second night) requests that meet criteria for a home test, but not a PSG, will be offered an HST.

### Attended Titration of PAP Therapy

- 95811 titration requests that meet medical necessity criteria are approved when planned at participating provider sites.
- Attended titration request for patients that can receive titration at home will be offered APAP titration.
- Prior authorization through eviCore is not required for PAP devices and supplies. However, HST diagnosed sleep apnea patients can often receive home APAP titration from a health plan approved APAP supplier.

The eviCore evidence-based medical necessity criteria are consistent with CMS and AASM guidelines and can be reviewed at [www.evicore.com](http://www.evicore.com).

### Advantages to Web submissions:

- Your time is valuable! Most Web cases can be completed within four minutes. The phone may average 15 minutes.
- The Web never sleeps. Precertification can be obtained when it is convenient for you, 24 hours/day, and 7 days/week.
- If the procedure requested meets clinical criteria, the web provides an *immediate* approval that can be printed for easy reference.
- The Web allows you to have real-time access to review a patient's history and to conduct a status check on previously requested authorizations.
- The Web provides real-time verification of patient eligibility and a one-time only registration.

## Responsibilities

Function/Service	eviCore	Wellcare
Prior Authorization/Medical Necessity Review	X	
Peer to Peer	X	
Appeals		X
Customer Service		X

### Program Facts

- Overview
- CPT Code List
- Prior Certification
- Responsibilities

### Precertification

[www.evicore.com](http://www.evicore.com)

Phone: 1-888-333-8641

### Web Authorization Facts

- Saves Time
- Available 24/7
- Authorization Lookup
- Eligibility Lookup
- Print Your Authorization

### Evidence-based medical necessity criteria

[www.evicore.com](http://www.evicore.com)

### Contact Information

eviCore healthcare

Customer Service

1-800-420-3471 Option 2

### Customer Service and Appeals

AL Medicare	232-341-5353
AR Medicare	855-538-0454
CT Medicare	866-579-8006
FL Medicare	888-888-9355
FL Staywell	866-334-7927
FL Staywell Kids	866-698-5437
GA Medicaid	866-231-1821
GA Medicare	866-334-7730
IL Medicaid	800-608-8158
IL Medicare	866-334-6876
KY Medicaid	877-389-9457
KY Medicare	877-560-2766
LA Medicare	866-804-5926
ME Medicare	888-550-5252
MO Medicaid	800-322-6027
NC Medicare	877-655-2425
NE Medicaid	855-599-3811
NJ Medicaid	888-453-2534
NJ Medicare	866-687-8570
NY Medicaid	800-288-5441
NY/ME Medicare	800-278-5155
SC Medicaid	888-588-9842
SC Medicare	855-538-0454
TX Medicare	866-687-8878
TAMS Medicare	800-316-2273