Instructions for use
The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer’s particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer’s benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer’s benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

1. The terms of the applicable benefit plan document in effect on the date of service
2. Any applicable laws and regulations
3. Any relevant collateral source materials including coverage policies
4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the Cigna CPT code list for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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Head Imaging Guidelines

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## Abbreviations for Head Imaging Guidelines

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<td>ACTH</td>
<td>adrenocorticotropic hormone</td>
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<tr>
<td>AD</td>
<td>Alzheimer’s Disease</td>
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<tr>
<td>ADH</td>
<td>antidiuretic hormone</td>
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<tr>
<td>AION</td>
<td>arteritic ischemic optic neuritis</td>
</tr>
<tr>
<td>AVM</td>
<td>arteriovenous malformation</td>
</tr>
<tr>
<td>CBCT</td>
<td>Cone-beam computerized tomography</td>
</tr>
<tr>
<td>CMV</td>
<td>cytomegalovirus</td>
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<tr>
<td>CSF</td>
<td>cerebrospinal fluid</td>
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<tr>
<td>CT</td>
<td>computed tomography</td>
</tr>
<tr>
<td>CTA</td>
<td>computed tomography angiography</td>
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<tr>
<td>DNA</td>
<td>deoxyribonucleic acid</td>
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<tr>
<td>DWI</td>
<td>diffusion weighted imaging (for MRI)</td>
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<tr>
<td>EEG</td>
<td>electroencephalogram</td>
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<tr>
<td>ENT</td>
<td>Ear, Nose, Throat</td>
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<tr>
<td>ESR</td>
<td>erythrocyte sedimentation rate</td>
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<tr>
<td>FDG</td>
<td>fluorodeoxyglucose</td>
</tr>
<tr>
<td>FSH</td>
<td>follicle-stimulating hormone</td>
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<tr>
<td>FTD</td>
<td>Frontotemporal Dementia</td>
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<tr>
<td>GCA</td>
<td>giant cell arteritis</td>
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<tr>
<td>GCS</td>
<td>Glasgow Coma Scale</td>
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<tr>
<td>HIV</td>
<td>human immunodeficiency virus</td>
</tr>
<tr>
<td>LH</td>
<td>luteinizing hormone</td>
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<tr>
<td>MMSE</td>
<td>mini mental status examination</td>
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<tr>
<td>MRA</td>
<td>magnetic resonance angiography</td>
</tr>
<tr>
<td>MRI</td>
<td>magnetic resonance imaging</td>
</tr>
<tr>
<td>MRN</td>
<td>magnetic resonance neurography</td>
</tr>
<tr>
<td>MS</td>
<td>multiple sclerosis</td>
</tr>
<tr>
<td>MSI</td>
<td>magnetic source imaging</td>
</tr>
<tr>
<td>NAION</td>
<td>non-arteritic ischemic optic neuritis</td>
</tr>
<tr>
<td>NPH</td>
<td>normal pressure hydrocephalus</td>
</tr>
<tr>
<td>PET</td>
<td>positron emission tomography</td>
</tr>
<tr>
<td>PML</td>
<td>progressive multifocal leukoencephalopathy</td>
</tr>
<tr>
<td>PNET</td>
<td>primitive neuro ectodermal tumor</td>
</tr>
<tr>
<td>PWI</td>
<td>perfusion weighted imaging (for MRI)</td>
</tr>
<tr>
<td>SAH</td>
<td>subarachnoid hemorrhage</td>
</tr>
<tr>
<td>SIADH</td>
<td>Syndrome of Inappropriate Antidiuretic Hormone Secretion</td>
</tr>
<tr>
<td>SLE</td>
<td>systemic lupus erythematosus</td>
</tr>
<tr>
<td>TIA</td>
<td>transient ischemic attack</td>
</tr>
<tr>
<td>TMJ</td>
<td>temporomandibular joint disease</td>
</tr>
<tr>
<td>TSH</td>
<td>thyroid-stimulating hormone</td>
</tr>
<tr>
<td>VBI</td>
<td>vertebrobasilar insufficiency</td>
</tr>
<tr>
<td>VP</td>
<td>ventriculoperitoneal</td>
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<tr>
<td>XRT</td>
<td>radiation therapy</td>
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HD-1: General Guidelines

- A recent (within 60 days) face to face evaluation including a detailed history, physical examination and appropriate laboratory studies should be performed prior to considering the use of an advanced imaging (CT, MR, Nuclear Medicine) procedure. An exception can be made if the patient is undergoing a guideline-supported, scheduled follow-up imaging evaluation.

  - The clinical evaluation should include a relevant history and physical examination, including a neurological examination (unless the request is for a scheduled follow-up of known problems such as MS, tumors, or hydrocephalus, scheduled surveillance with no new symptoms, screening asymptomatic patient due to family history or otherwise meet criteria for repeat imaging), as well as appropriate laboratory studies and non-advanced imaging modalities
  - A detailed neurological exam is required prior to advanced imaging except in the following scenarios:
    - Tinnitus, TMJ, Sinus or mastoid disease, ear pain, hearing loss, eye disease, and epistaxis. (A relevant physical exam is still required.)
    - The request is from a neurologist or neurosurgeon who has seen the patient since onset of symptoms
  - Other meaningful contact (telephone call, electronic mail or messaging) with an established individual can substitute for a face-to-face clinical evaluation

HD-1.1: General Guidelines – Anatomic Issues

- If two studies using the same modality both cover the anatomic region of clinical interest, only one is generally needed, with the exception of the following scenarios:
  - CT Maxillofacial (CPT® 70486, CPT® 70487, or CPT® 70488) or CT Orbital/Temporal bone (CPT® 70480, CPT® 70481, or CPT® 70482): both cover the structures of the orbits, sinuses, and face. Two separate imaging studies are only supported if there is suspicion of simultaneous involvement of more posterior lesions, especially of the region involving the middle or inner ear.
  - Pituitary Gland: one study (either MRI Brain [CPT® 70553] or MRI Orbit, Face, Neck [CPT® 70543]) is adequate to report the imaging of the pituitary. If a previous routine MRI Brain was reported to show a possible pituitary tumor, a repeat MRI with dedicated pituitary protocol may be performed.
  - Internal Auditory Canal: (IAC) MRI can be reported as a limited study with one code from the set (CPT® 70540, CPT® 70542, or CPT® 70543), but should not be used in conjunction with MRI Brain codes (CPT® 70551, CPT® 70552, or CPT® 70553) if IAC views are performed as part of the brain.
  - Mandible (jaw): CT Maxillofacial (CPT® 70486, CPT® 70487, or CPT® 70488) or CT Neck (CPT® 70490, CPT® 70491, or CPT® 70492) can be used to report imaging of the mandible. CT Neck will also image the submandibular space.
    - If MRI is indicated, MRI Orbit, Face, Neck (CPT® 70540, CPT® 70542, or CPT® 70543) can be used to report imaging of the mandible and submandibular space.
MRI Temporomandibular Joint(s) (TMJ) is reported as CPT® 70336. This code is inherently bilateral and should not be reported twice on the same date of service.

**HD-1.2: General Guidelines – Modality**

- MRI is preferable to CT for most indications. For exceptions, See **HD-1.4: General Guidelines – CT Head**.

- MRI may be performed for these indications following an initial CT:
  - MRI Brain without and with contrast (CPT® 70553) may be performed to follow-up abnormalities seen on CT Head without contrast (CPT® 70450) when a mass, lesion, or infection is found.
  - MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) (preferred) may be performed to follow-up abnormalities seen on CT Head without contrast (CPT® 70450) when there is suspected Multiple Sclerosis or other demyelinating disease.
  - MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) may be performed to follow up on stroke or TIA when initial CT Head was done on emergent basis.
  - MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) for evaluation of new onset seizures.

**HD-1.3: General Guidelines – MRI Brain**

- MRI Brain with contrast (CPT® 70552) should not be ordered except to follow-up on a very recent non-contrast study (within two weeks).

The AMA CPT manual does not describe nor assign any minimum or maximum number of sequences for any CT or MRI study. Both MRI and CT imaging protocols are often influenced by the individual clinical situation of the individual and additional sequences are not uncommon. There are numerous MRI sequences that may be performed to evaluate specific clinical questions, and this technology is constantly undergoing development. Additional sequences, however, are still performed and coded under the routine MRI Brain CPT® 70551, CPT® 70552, or CPT® 70553.

**HD-1.4: General Guidelines – CT Head**

- Scenarios in which MRI is contraindicated (i.e. pacemakers, ICDs, cochlear implants, aneurysm clips, orbital metallic fragments, etc.)

- CT Head without contrast (CPT® 70450) in nearly all cases, to show:
  - Mass effect
  - Blood/blood products
  - Urgent/emergent settings due to availability and speed of CT
  - Trauma
  - Recent hemorrhage, whether traumatic or spontaneous
  - Bony structures of the head evaluations
Hydrocephalus evaluation and follow-up (some centers use limited non-contrast “fast or rapid MRI” (CPT® 70551) to minimize radiation exposure in children - these requests may be approved).

Prior to lumbar puncture in individuals with cranial complaints (without contrast) (CPT® 70450)

**HD-1.5: General Guidelines – CT and MR Angiography: (CTA and MRA)**

- MRA Head may be performed without contrast (CPT® 70544) or without and with contrast (CPT® 70546).
- MRA Neck may be done either without contrast (CPT® 70547), with contrast (CPT® 70548), or without and with contrast (CPT® 70549), depending on facility preference and protocols and type of scanner.
- MRA Head or CTA Head may be considered with suspected intracranial vascular disease, for example:
  - Pulsatile tinnitus
  - Hemifacial spasm if consideration for surgical decompression
  - Evaluation of stroke or TIA (See **HD-21: Stroke/TIA**)
  - Trigeminal neuralgia failed medical therapy
  - Cerebral sinus thrombosis suspected with increased intracranial pressure (refractory headaches, papilledema, diagnosis of pseudotumor cerebri)
  - Aneurysm suspected with acute “thunderclap” headache syndrome and appropriate screening or evaluation of known subarachnoid hemorrhage
  - Intra-cranial pre-operative planning if there is concern of possible vascular involvement or risk for vascular complication from procedure
  - Suspicion of vasculitis based on supporting clinical evidence
- **NOTE:** Evaluation of posterior circulation disease requires both neck and head MRA/CTA to visualize the entire vertebral-basilar system.
- CTA or MRA Head without or without and with contrast for follow up of aneurysm clipping or coiling procedures (See **HD-12.1: Intracranial Aneurysms**)

- CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart (there is no specific code for CT/MR venography):
  - If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures
  - MRA without and with contrast with venous sinus thrombosis to differentiate total from subtotal occlusion

**HD-1.6: General Guidelines – PET Coding Notes**

- Metabolic Brain PET should be reported as Metabolic Brain PET (CPT® 78608)
- Amyloid Brain PET should be reported as limited PET (CPT® 78811) or limited PET/CT (CPT® 78814)
HD-1.7: General Guidelines – Other Imaging Situations

- Nausea and vomiting, persistent, unexplained and a negative GI evaluation: can undergo MRI Brain without contrast (CPT® 70551) See AB-1.10: Special Considerations in the Abdomen Imaging Guidelines

- ECT treatment to screen for intracranial disease: can undergo either MRI Brain without contrast (CPT® 70551) or CT Head without contrast (CPT® 70450)

- Screening for metallic fragments before MRI should be done initially with Plain x-ray. The use of CT Orbital to rule out orbital metallic fragments prior to MRI is rarely necessary.
  - Plain x-rays are generally sufficient; x-ray detects fragments of 0.12 mm or more, and CT detects those of 0.07 mm or more.

- Plain x-ray is generally sufficient to screen for aneurysm clips.

- CPT® 76377 (3D rendering requiring image post-processing on an independent workstation) can be considered when performed in conjunction with conventional angiography (i.e.: conventional 4 vessel cerebral angiography).

References

HD-2.1: Taste and Smell Disorders

- MRI Brain without and with contrast (CPT® 70553) or without contrast (CPT® 70551) is considered with unexplained unilateral or bilateral anosmia (inability to perceive odor) or dysgeusia (complete or partial loss of taste)\(^1,2\)

- CT Maxillofacial without contrast (CPT® 70486)\(^2\) considered initially if sinus or facial bone disorders is suspected.

References
<table>
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<tr>
<th>HD-3: Ataxia</th>
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<tr>
<td>HD-3.1: Ataxia</td>
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www.eviCore.com
HD-3.1: Ataxia

MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) is considered in all individuals with ataxia:1

- MRI Cervical, Thoracic and/or Lumbar spine without contrast (CPT® 72141, CPT® 72146, CPT® 72148)1 if spinal disease is suspected
- If these symptoms are acute and stroke is suspected, See HD-21: Stroke/TIA
- If MS is suspected, See HD-16: Multiple Sclerosis (MS) and Related Conditions
- CT Head without contrast (CPT® 70450) and/or CT Temporal Bone without contrast (CPT® 70480) can be added1 if these symptoms are acute following head trauma

Reference
### HD-4: Behavioral Disorders

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</table>
HD-4: Behavioral Disorders – General Information
Autism: See **PEDHD-17: Autism Spectrum Disorders** in the Pediatric Head Imaging Guidelines

**HD-4.1: Behavioral Disorders**
- Neuroses and psychoses do not routinely need advanced imaging.
- MRI Brain without contrast (CPT® 70551), or MRI Brain without and with contrast (CPT® 70553), or CT Head without contrast (CPT® 70450)
  - Bipolar disorder, schizophrenia, and related disorders may require advanced imaging in the following clinical circumstances:
    - Atypical clinical presentation
      - Acute onset
      - Late onset over age 40
      - Presents in setting of general medical illness or intensive care setting
      - Non-auditory hallucinations (e.g., visual, tactile, olfactory)
      - Individuals who fail to respond to treatment in the expected manner and who manifest features suggestive of an organic brain disorder (for example, focal deficits, severe headache, or seizures)

**References**
HD-5: Chiari and Skull-Base Malformation

See PEDHD-9: Chiari and Skull Base Malformations in the Pediatric Head Imaging Guidelines
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<td>HD-6.1: Facial Palsy</td>
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<tr>
<td>HD-6.2: Hemifacial Spasm</td>
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</table>
**HD-6.1: Facial Palsy**

Typical features of Bell’s palsy include spontaneous onset over 72 hours, otherwise normal neurological and systemic examination, variable initial ipsilateral temporal and auricular pain, and slow improvement over several months. Unless “red flags” are present, imaging is not necessary.

- MRI Brain without and with contrast (CPT® 70553) (with attention to posterior fossa and IACs) is considered with the following "red flags":1,2
  - Trauma to the temporal bone2
  - History of tumor2, systemic cancer, HIV or Lyme disease
  - No improvement in 8 weeks1
  - No full recovery in 3 months2
  - Gradual onset over weeks to months
  - Vertigo or hearing loss
  - Bilateral involvement
  - Other atypical or inconsistent features2 including:
    - Second episode of paralysis on the same side2
    - Paralysis of isolated branches of the facial nerve2
    - Paralysis associated with other cranial nerve2

- MRI Brain without and with contrast (CPT® 70553) may be considered for known sarcoidosis with suspected neurosarcoid or CNS involvement

**HD-6.2: Hemifacial Spasm**

- MRI Brain without and with contrast (CPT® 70553)
- May add CTA Head (CPT® 70496) or MRA Head (CPT® 70544 or CPT 70546) prior to a vascular decompression surgical procedure to clarify the vascular anatomy in individuals who have failed conservative medical management

**References**

### HD-7: Recurrent Laryngeal Palsy

#### HD-7.1: Recurrent Laryngeal Palsy
**HD-7.1: Recurrent Laryngeal Palsy**

The following can be considered with unilateral vocal cord/fold palsy identified by laryngoscopy

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551)
- CT Neck with contrast (CPT® 70491) or MRI Neck without and with contrast (CPT® 70543)
- CT Chest with contrast (CPT® 71260) may be added with left vocal cord palsy

**Reference**

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<td>HD-8.2: Dementia - PET</td>
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</table>
HD-8.1: Dementia

MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) or CT Head without contrast (CPT® 70450) is considered after an initial clinical diagnosis of dementia\(^3,4\) has been established based on a detailed history of memory loss with impairment of day-to-day activities confirmed by family members or others with knowledge of the individual’s status and/or abnormal bedside mental status testing such as Mini-Mental Status Exam (MMSE) with score <26, Montreal Cognitive Assessment Survey (MoCA) with score <26, Memory Impairment Screen (MIS) with score <5, or the St. Louis University Mental Status (SLUMS) with score <21. Neuropsychological testing can be performed when history and bedside mental status examination cannot provide a confident diagnosis.\(^1,2\)

Background and Supporting Information

- 3D Brain imaging in dementia
  - 3D analysis of the temporal lobes and hippocampus (also known as volumetric analysis or Neuro Quant) (CPT® 76377) lacks sufficient specificity and sensitivity to be clinically useful in the evaluation or follow up of patient with dementia. It’s use is limited to research studies and it is otherwise considered to be investigational and experimental in routine clinical practice.

HD-8.2: Dementia - PET

Send these requests for Medical Director Review.

CPT® 78608 is used to report FDG PET metabolic brain studies for dementia, seizure disorders, and dedicated PET tumor imaging studies of the brain.

CPT® 78609 is used to report PET Brain perfusion studies that are not performed with FDG. These scans are nationally noncovered by Medicare.

CPT® 78811 (limited PET) or CPT 78814 (limited PET/CT) are used to report Amyloid Brain PET (these codes are for static images to measure amyloid, as opposed to the FDG PET which is a metabolic study).

- FDG PET for Dementia and Neurodegenerative Diseases
  - FDG Brain PET (CPT® 78608) may be useful in distinguishing between Alzheimer’s disease and Frontotemporal dementia. It is otherwise considered investigational and experimental for the purpose of diagnosis and management of mild cognitive impairment and other forms of dementia including, but not limited to, Lewy Body disease, Parkinson’s disease, Normal Pressure Hydrocephalus and Chronic Traumatic Encephalopathy. Appropriate documentation should support concern for one of the variants of Frontotemporal dementia (Behavioral Variant or Primary Progressive Aphasia type FTD) based on a detailed history and exam findings (which may include neuropsychological testing) and meet the following criteria:
Meets diagnostic criteria for AD and FTLD; and
Has a documented cognitive decline of at least 6 months; and
Evaluation has ruled out specific alternative neurodegenerative disease or causative factors; and
Cause of clinical symptoms is uncertain; and
The results are expected to help clarify the diagnosis between FTLD and AD and help guide future treatment.

Medicare covers FDG PET for individuals with a recent diagnosis of dementia and documented cognitive decline of at least six months who meet diagnostic criteria for both Alzheimer’s disease (AD) and Frontotemporal Dementia (FTD).

The individual must have been evaluated for specific alternate neurodegenerative diseases or other causative factors, but the etiology of the symptoms remains unclear

Other conditions must also be met. For the complete coverage policy, See the Medicare National Coverage Determinations (NCD) Manual, Section 220.6.13

Medicare also covers FDG PET for individuals with mild cognitive impairment or early dementia when the study is performed in the context of a CMS-approved clinical trial. Requirements are detailed in Section 220.6.13 of the NCD Manual

All other uses of FDG PET for individuals with a presumptive diagnosis of dementia-causing neurodegenerative disease for which CMS has not specifically indicated coverage continue to be noncovered. Examples of noncovered indications described in the NCD include: possible or probable Alzheimer’s disease (AD), clinically typical frontotemporal dementia (FTD), dementia of Lewy bodies, and Creutzfeld-Jacob disease.


Amyloid Brain PET

Amyloid Brain PET (CPT® 78811 or CPT® 78814) imaging is considered experimental and investigational in the diagnosis of Alzheimer’s disease and in differentiating between Alzheimer’s disease and other neurodegenerative/neurologic disorders.3,4,5

Amyloid PET studies may be approved one time for Medicare patients enrolled in approved clinical trials under Coverage with Evidence Development (CED) program. For CMS, approval with CED is available for individuals enrolled in studies approved by CMS. See the link below for a list of the CMS approved clinical trials: https://www.cms.gov/Medicare/Coverage/Coverage-with-Evidence-Development/Amyloid-PET.html

Medicare will reimburse for Brain PET only through CED

Only one study will be paid per beneficiary and the radiopharmaceutical must be FDA-approved. As of September 2, 2016, examples of radiopharmaceuticals which met this qualification include Amyvid™ (florbetapir F18), Neuraceq™ (florbetaben F18) and Vizamyl™ (flutemetamol F18)
**Background and Supporting Information**

The frontotemporal dementias (FTDs) are a group of neurodegenerative disorders that differ from Alzheimer’s disease. The basic pathology involves accumulation of tau proteins in the brain rather than amyloid. Onset tends to be younger (less than 65) and progression usually more rapid than in senile dementia-Alzheimer type (SDAT). There is no treatment, and the medications used to help memory in Alzheimer’s disease are not effective.

There are several subtypes of FTD; most common are the behavioral variant with early loss of executive functions, impaired judgment disinhibition and impulsivity, and the semantic variant with primary and progressive loss of language ability. Other less common subtypes include progressive supranuclear palsy, corticobasal syndrome, and FTD associated with motor neuron disease.

Diagnosis is based on clinical features, neuropsychological testing, and brain imaging (preferably MRI) to rule out other structural disease. Metabolic (FDG) PET Brain may also be helpful by demonstrating patterns of abnormality more consistent with FTD than Alzheimer’s disease.

For additional information: http://www.alz.org/dementia/fronto-temporal-dementia-ftd-symptoms.asp.
References


<table>
<thead>
<tr>
<th>HD-9: Epilepsy/Seizures</th>
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<tr>
<td>HD-9.1: Epilepsy/Seizures</td>
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</table>
HD-9.1: Epilepsy/Seizures

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551) may be considered:1,6
  - Evaluation of new onset seizures
  - Refractory or drug resistant seizures
  - Change in type of seizure
  - Preoperative planning
  - If CT Head was performed for an initial evaluation, MRI (as described above) may be approved for additional evaluation
  - Follow-up studies after a previous routine normal study may be considered if performed with special "Epilepsy Protocol" (typically 3T magnet, thin sections with angled slices through hippocampus and temporal lobes)

- FDG PET (CPT® 78608) for surgical planning in patients with refractory seizures who are candidates for epilepsy surgery.1 (These requests are often accompanied by requests for functional MRI (See HD-24.2: Functional MRI (f-MRI) for surgical planning).

References
HD-10.1: Facial Pain/Trigeminal Neuralgia

- MRI Brain without and with contrast (CPT® 70553) (with special attention to the skull base), and/or facial imaging, MRI Orbit without and with contrast (CPT® 70543) may be of value in a given case, including:
  - Suspected tic douloureux or one of its cranial nerve variants such as glossopharyngeal neuralgia (CN IX)
  - Concern about an underlying diagnosis of multiple sclerosis.
  - Trigeminal neuralgia which involves the ophthalmic nerve, (periorbital or forehead pain), once post-herpetic neuralgia (a complication of shingles), facial pain consistent with trigeminal branch nerve involvement (infra-orbital or mental nerve) has been excluded by history

- MRA Head (CPT® 70544 or CPT® 70546) or CTA Head (CPT® 70496) may be performed for:
  - Failed medical treatment
  - Surgical planning

**Background and Supporting Information**

The differential diagnosis of facial pain is extensive, complex, and difficult, and there is considerable case-to-case variation in optimal imaging pathway.

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**HD-11.1: Headache Non-Indications**

Neuroimaging is not usually warranted in individuals with migraine and a normal neurologic examination.⁴

- Advanced imaging of the head is NOT indicated for any of the following:
  - Primary headache disorder in the absence of focal neurological deficits or “red flags” (headaches that meet criteria for migraine or tension variety) (See **HD-11.2: Headaches with Red Flags**)
  - Chronic headaches or intermittent recurring headaches with a normal exam, and no significant recent changes in pattern or character of headache

**Background and Supporting Information**

Cervicogenic Headache - Defined as headaches caused by a disorder of the cervical spine, usually accompanied by neck pain or other signs and symptoms of cervical disease. Typical findings include reduced cervical range of motion, side-locked pain, and symptoms exacerbated by provocative maneuvers such as head movement or digital pressure. If suspected clinically, MRI Cervical Spine may be considered. See **SP-3: Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma** in the Spine Imaging Guidelines

**HD-11.2: Headaches with Red Flags**

- Red flags:
  - Unusual symptoms or history (cancer history, immunosuppression, sudden onset, headache accompanied by seizures, new onset age >50, history of head trauma, headache awakens individual from sleep, headache precipitated by cough or valsalva); OR
  - Abnormal exam findings (altered mental status, papilledema, focal signs or symptoms (unilateral weakness or sensory loss), loss of coordination, seizures, gait disturbance, cranial nerve palsy, vision loss, nystagmus, dysarthria, dysphagia, fever, meningismus)

- If any of the above unusual symptoms or history are present advanced imaging studies may be considered see relevant section below.

- If any of the above abnormal examination findings or chronic headache with significant change in character, severity or frequency of headache (For example: rapidly increasing headache intensity or frequency, transformation of established migraine to chronic daily headaches):
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); or
  - MRI Brain without contrast (CPT® 70551); or
  - CT Head without contrast (preferred study) (CPT® 70450)
  - MRA/MRV Head (CPT® 70544 or CPT® 70546) or CTA/CTV Head (CPT® 70496) can be added to evaluate the recent onset of a progressive, severe, daily headache, with or without papilledema and concern for cerebral venous sinus thrombosis.
  - For papilledema See **HD-17: Papilledema/Pseudotumor Cerebri**
**HD-11.3: Sudden Onset of Headache**

- For sudden onset of headache including:
  - Worst, most severe headache ever experienced or thunderclap-type\(^1,2,6\) (example: awakening from sleep)\(^2,4\)
  - Sudden onset unilateral headache, suspected carotid or vertebral dissection or ipsilateral Horner’s syndrome\(^1\)

- If any of these sudden onset of headache features are present, the following advanced imaging studies may be considered:
  - CT Head without contrast (preferred study) (CPT® 70450); or MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) and/or
  - CTA Head with contrast (CPT® 70496); or MRA Head without and with contrast (CPT® 70546); or MRA Head without contrast (CPT® 70544)
  - MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) or CTA Neck (CPT® 70496) may also be performed if arterial dissection is suspected

See HD-12.1: Intracranial Aneurysms and HD-21.1: Stroke/TIA

**HD-11.4: Trigeminal Autonomic Cephalgias**

- Trigeminal autonomic cephalgias includes cluster headache short-lasting, unilateral, neuralgiform headache attacks with conjunctival injection and tearing (SUNCT) syndromes; hemicrania continua.
  - May also include one-time pituitary screening\(^1,12\)
- Cluster Headache (may also include pituitary)
- The following advanced imaging studies may be considered for trigeminal autonomic cephalgias and cluster headache:
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); or
  - MRI Brain without contrast (CPT® 70551)

See HD-10: Facial Pain/Trigeminal Neuralgia

**HD-11.5: Skull Base, Orbit, Periorbital or Oromaxillary**

- Skull base, orbital, periorbital or oromaxillary\(^1\) imaging is appropriate for concern of skull base tumors in individuals with head and neck cancers, skull base abnormalities seen on previous imaging, any invasive sinus infections as well as sinus tumors or orbital tumors with intracranial extension.
- In these clinical scenarios, ONE of the following procedures may be considered:
  - MRI Brain and Orbits without and with contrast (preferred study) (CPT® 70553 and CPT® 70543); or
  - MRI Brain and Orbits without contrast (CPT® 70551 and CPT® 70540); or
  - CT Head and Orbits without and with contrast (CPT® 70470 and CPT® 70482); or
  - CT Head and Orbits with contrast (CPT® 70460 and CPT® 70481)
**HD-11.6: Suspected Intracranial Extension of Sinusitis or Mastoiditis**

- For suspected intracranial extension of sinusitis or mastoiditis\(^1\), transverse sinus thrombosis, epidural or subdural abscess, **not cervicogenic**:
  - MRI Brain without and with contrast (CPT® 70553) (See PEDHD-16.2: Ear Pain in the Pediatric Head Imaging Guidelines)
  - CT Head without and with contrast (CPT® 70470); **or**
  - CT Head with contrast (CPT® 70460)

**HD-11.7: New Headache Onset Older than Age 50**

- For new onset headache in individuals older than 50 years of age\(^2,6\) the following may be considered:
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); **or**
  - MRI Brain without contrast (CPT® 70551);
  - MRA Head without and with contrast (CPT® 70546)
  - If Giant Cell Arteritis is suspected, MRA Head without and with contrast (CPT® 70546) or MRA Head without contrast (CPT® 70544) may be added.

**HD-11.8: Cancer or Immunosuppression**

- For new headache in individuals with cancer or who are immunocompromised, the following may be considered:
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); **or**
  - MRI Brain without contrast (CPT® 70551)

**HD-11.9: Abnormal Blood Clotting**

- MRI Brain without and with contrast (CPT® 70553); **or** MRI Brain without (CPT® 70551) or CT Head without contrast (CPT® 70450)
  - New onset headaches in patient with hypercoagulable states
    - MRA/MRV Head (CPT® 70544 or CPT® 70546) or CTA/CTV Head (CPT® 70496) may be added if there is concern for venous sinus thrombosis
  - Individuals with potential for bleeding diathesis
    - Taking anticoagulants or two or more antiaggregants or having a medical condition that predisposes to bleeding (for example, liver failure).
      - Anticoagulants include warfarin, Arixtra, Xarelto, Eliquis, Savaysa, Heparin, Fragmin, Innohep, Lovenox, Orgaran, Angiomax, Pradaxa, Acova, Iprivask and Refudan.
      - Antiaggregants include aspirin, Plavix, Aggrenox, Brilinta, Pravigard, Pletal, Effient, Kengreal, Persantine, and Ticlid

**HD-11.10: Pregnancy**

- For new onset headache during pregnancy\(^1\) or immediate post-partum period (within 3 months after delivery) the following may be considered:
  - MRI Brain without contrast (Gadolinium relatively contraindicated in pregnancy) (CPT® 70551)
- MRA/MRV Head (CPT® 70544 or CPT® 70546) or CTA/CTV Head (CPT® 70496) may be added if there is concern for venous sinus thrombosis.

**HD-11.11: Physical Exertion**

- For onset of headache with Valsalva maneuver, cough, physical exertion or sexual (post-coital) activity, but not merely a worsening of a pre-existing headache with these activities, the following procedures may be considered:
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); or
  - MRI Brain without contrast (CPT® 70551); or
  - CT Head without contrast (CPT® 70450); and/or
  - MRA Head (CPT® 70544 or CPT® 70546) or
  - CTA Head without and with contrast (CPT® 70496)

**HD-11.12: Post-Trauma**

- For post-traumatic headaches within 2 weeks of the injury, see **HD-13: Head and Facial Trauma**

- For post-traumatic headaches persisting for longer than 2 weeks following the injury, but within one year of the injury, the following may be considered:
  - CT Head without contrast (CPT® 70450); or
  - MRI Brain without contrast (CPT® 70551); or
  - MRI Brain without and with contrast (CPT® 70553)

**HD-11.13: Acute Systemic Infections**

- For acute systemic infections with meningeal neck stiffness, the following may be considered:
  - MRI Brain without and with contrast (preferred study) (CPT® 70553); or
  - MRI Brain without contrast (CPT® 70551)

- See **HD-14.1: CNS Infection**

**HD-11.14: Hydrocephalus Shunts**

- For Hydrocephalus Shunts, see **PEDHD-7.3: Hydrocephalus**

**HD-11.15: Low Pressure Headache and CSF Leak**

- Evaluation of suspected low pressure headache and CSF leak may include:
  - MRI Brain without and with contrast (CPT® 70553), and
  - MRI Cervical, Thoracic and Lumbar Spine, which according to facility protocols may be completed without contrast (CPT® 72141, CPT® 72146, and CPT® 72148), with and without contrast (CPT® 72156, CPT® 72157, and CPT® 72158) or with contrast only (CPT® 72142, CPT® 72147, and CPT® 72149) or CT myelography (CT Cervical, Thoracic, and Lumbar Spine with contrast [CPT® 72126, CPT® 72129, CPT® 72132])
  - CT Maxillofacial without contrast (CPT® 70486) if concern for CSF rhinorrhea
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HD-12.1: Intracranial Aneurysms

CTA Head (CPT® 70496) or MRA Head (CPT® 70544 or CPT® 70546) can be performed in ANY of the following clinical scenarios:

- Symptoms or signs of cerebral aneurysm, including:
  - “Thunderclap headache” See HD-11.3: Sudden Onset of Headache
  - Third nerve palsy with pupillary involvement (pupil-sparing third nerve palsies are not caused by external compression)
  - Suspicion of aneurysm bleed [CT Head or MRI Brain or CSF exam showing evidence of subarachnoid hemorrhage (SAH) or intracerebral hemorrhage]
  - Abnormal CT Head or MRI Brain suggesting possible aneurysm

- Screening for High Risk Populations as defined by the following criteria (screening usually begins at age 20 unless unusual circumstances as aneurysms are uncommon in children and adolescents):
  - Positive Family History: Two or more first degree relatives (parent, sibling, or child) with history of cerebral aneurysm or SAH: screening every 5 years beginning at age 20
    - One first degree relative (parent, sibling, or child) with history of cerebral aneurysm or SAH may also have one screening study but risks and benefits should be discussed with individual
  - Autosomal dominant polycystic kidney disease
  - Aortic coarctation or bicuspid aortic valve
  - Type 4 (Vascular) Ehlers-Danlos Syndrome
  - Marfan’s Syndrome
  - Loeys-Dietz Syndrome
  - Microcephalic osteodysplastic primordial dwarfism
  - Individuals with previous history of SAH or treatment for cerebral aneurysm: continued surveillance and screening every 5 years
  - Presence of an azygos anterior cerebral artery
  - Diagnosis of fibromuscular dysplasia (one screening study after confirmed diagnosis)

- CTA Head (CPT® 70496) may be performed to confirm questionable or equivocal findings on an initial MRA Head

- Follow up of known cerebral aneurysm
  - Known incidentally discovered aneurysms which have never bled. The optimal interval and duration of recommended follow up in the literature are undefined. The risk of aneurysm rupture is related to size, location (posterior circulation is higher risk), and individual factors including age, sex (higher for female), and history of smoking and hypertension.
  - Follow up at 6 months, 12 months and then annually for up to 5 years or until aneurysm is determined to be stable; and then at decreasing frequency, generally every 5 years unless judged to be at higher risk (see above risk factors).
Follow up of treated aneurysms, clipping or coiling (with or without SAH)
  - Follow up at 3 to 6 month intervals for the first year, then 6 to 12 months for up to 2 years, then annually to ensure that aneurysm is not recanalizing. If stable and occluded at last imaging then follow up surveillance every 5 years.

MRI Brain without contrast (CPT® 70551) or with and without (CPT® 70553) may be added if there are new signs, symptoms or clinical findings, or to evaluate giant aneurysm (>2.5 cm).

MRI Spinal (Cervical, Thoracic, Lumbar (without and with contrast) [CPT® 72156, CPT® 72157, CPT® 72158]) is appropriate to evaluate individuals with SAH and negative studies for brain aneurysm in whom spinal abnormalities (i.e. AVM) may be suspected as the cause of hemorrhage.

HD-12.2: Arteriovenous Malformations (AVMs) and Related Lesions

MRI Brain without and with contrast (CPT® 70553) or without contrast (CPT® 70551) may be considered in the following clinical scenarios:
  - AVM is suspected based on a history of SAH.
  - Screening for:
    - Hereditary hemorrhagic telangiectasia syndrome (Osler Weber Rendu) See PEDHD-10.2: Pediatric Intracranial Arteriovenous Malformations (AVM) in the Pediatric Head Imaging Guidelines
    - Familial cavernous malformation: Screening should include MRI Brain without or without and with contrast (with gradient echo images).

CTA Head (CPT® 70496) or MRA Head (CPT® 70544 or CPT® 70546), can be performed if screening MRI Brain is positive.

CTA Head (CPT® 70496) or MRA Head (CPT® 70544 or CPT® 70546) may be considered when known AVM are being evaluated for embolization or surgery.

MRI Brain without and with contrast (CPT® 70553) or without contrast (CPT® 70551), AND/OR MRA Head (CPT® 70544 or CPT® 70546) or CTA Head (CPT® 70496) for repeat advanced imaging may be considered depending on the character of the disease and risk factors, or in the following clinical scenarios:
  - New hemorrhage episode is likely
  - Onset or change of seizures
  - Focal neurological signs
  - As follow up after treatment (surgery or embolization) as requested by specialists.

Background and Supporting Information
Trauma is the most common reason for subarachnoid hemorrhage. Ruptured berry aneurysm is the most common reason for non-traumatic subarachnoid hemorrhage in adults.
Small aneurysms are present in about 1% to 2% of adults, but very few ever reach a size for which bleeding is a risk (>5 mm). Small (<3 to 4 mm) unruptured aneurysms in those with no personal history of SAH have a 0.1% to 0.5% a year rate of bleeding. The risk of cerebral aneurysm with family history ranges from 2% with one first degree relative to 30% to 35% for identical twin or two parents. The risks and benefits of screening these populations need to be considered before advanced imaging.

AVMs most often come to clinical notice either by bleeding or by acting as a seizure focus. They are usually congenital, recognized later in life and have an initial risk of bleeding of 2% per year.

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HD-13.1: Head Trauma

Individuals with head trauma are at risk for facial and cervical trauma.

See SP-3: Neck (Cervical Spine) Pain Without/With Neurological Features (Including Stenosis) and Trauma in the Spine Imaging Guidelines

- CT Head without contrast (CPT® 70450) with acute head trauma and ANY of the following modified Canadian Criteria:
  - Taking one anticoagulant or two antiaggregants, (e.g., aspirin and Plavix)
  - Known platelet or clotting disorder
  - Renal failure (creatinine >6)
  - Glasgow coma scale (GCS) score of less than 15 at 2 hours following injury
  - >30 minutes of amnesia
  - Any “dangerous mechanism of injury”
    - Fall greater than 5 steps down stairs
    - Fall from height greater than 3 feet
    - Any pedestrian motor vehicle accident
    - Ejection from motor vehicle
  - Suspected open skull fracture
  - Signs of basilar skull fracture (Battle’s sign, Raccoon eyes, CSF rhinorrhea, cranial nerve palsy, hemotympanum, acute hearing loss)
  - Two or more episodes of vomiting
  - Individual >64 years old

- MRI Brain without contrast (CPT® 70551) is thereafter used when the clinical findings are not explained by the CT results or to evaluate late effect of brain injury

- Follow-up imaging, MRI or CT, for known subdural hematomas, intracerebral hemorrhage, or contusions can be done at the discretion of ordering specialist

**Background and Supporting Information**

Recent studies have shown that Diffusion tensor MRI tractography may be more sensitive in demonstrating abnormalities such as axonal injury in closed head injury than conventional MRI, but these techniques are best described presently as research tools and their use in routine clinical practice is not determined.

Decisions regarding return to normal activities, including sports, are made based on the clinical status of the individual and repeat imaging is unnecessary.

HD-13.2: Facial Trauma

- CT Maxillofacial without contrast (CPT® 70486) indicated for any concern regarding significant injury to facial structures including but not limited to:
  - Concern for orbital, maxillary, or mandibular fractures
  - Trauma with associated symptoms of anosmia, hearing, vision or speech changes, vertigo, facial numbness
  - Physical exam findings of CSF rhinorrhea, malocclusion, severe focal facial tenderness, focal loss of facial sensation
CT Orbits/Temporal Bone without contrast (CPT® 70480):
- Concern for orbital injury or orbital wall fracture
- Symptoms of diplopia, blurred vision, vision loss
- Physical exam findings of enophthalmos, entrapment of extraocular muscle(s)
- Suspicion for temporal bone fracture

Note: Initial x-rays are not required before advanced imaging for the above indications

Background and Supporting Information
Imaging is not necessary in the evaluation of simple nasal fractures if tenderness and swelling is limited to the nasal bridge, the patient can breathe through each naris, and there is no septal hematoma.

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**HD-14.1: CNS Infection**

- Signs of intrcranial infection include: 1) headaches, seizures or new focal deficits in a setting of fever or elevated white blood cell count (WBC); 2) known infection elsewhere; 3) or immunosuppression. ONE of the following studies may be considered for suspected intracranial infection if any of these signs of infection are present:
  - MRI Brain without and with contrast (CPT® 70553) (preferred), or
  - CT Head without and with contrast (CPT® 70470)

- FDG Brain PET (CPT® 78608) may be performed to evaluate patients suspected of having encephalitis, including autoimmune encephalitis, if diagnosis remains unclear after evaluation with MRI Brain, CSF analysis, and lab testing including serology, if appropriate.

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**HD-15.1: Movement Disorders**

- The majority of movement disorders are diagnosed based on a clinical diagnosis and do not require imaging. These include:
  - Typical Parkinson's Disease¹
  - Essential Tremor or tremors of anxiety or weakness
  - Restless Leg Syndrome
  - Tics or spasms which can be duplicated at will

- MRI Brain without contrast (CPT® 70551) or without and with contrast (CPT® 70553) is considered in the following clinical scenarios:
  - Atypical Parkinsonism because of unusual clinical features (for example, persistent unilateral signs and symptoms, young onset under age of 50, rapid progression), incomplete or uncertain medication responsiveness, or clinical diagnostic uncertainty.¹ These cases should be forwarded for Medical Director Review.
  - Suspected Huntington Disease¹
  - Evaluation for surgical treatment of Essential Tremor or Parkinson’s disease, including Deep Brain Stimulator (DBS) placement.
  - CT Head without contrast (CPT® 70450) may be performed in follow up after surgery for DBS placement.

**Background and Supporting Information**

There is little evidence to support the use of MRA/CTA, and PET in the evaluation of movement disorders²
References
5. Perlmutter JS and Eidelberg D. To scan or not to scan: DaT is the question. Neurology. 2012 Mar 6;78(10):688-689.
## HD-16: Multiple Sclerosis (MS) and Related Conditions

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**HD-16.1: Multiple Sclerosis (MS)**

- MRI Brain without and with contrast (CPT® 70553) and MRI Cervical and Thoracic Spine without and with contrast (CPT® 72156 and CPT® 72157) clinical suspicion based on recurrent episodes of variable neurological signs and symptoms or clinically isolated syndromes and the baseline exclusion of appropriate alternative conditions that can mimic MS
  - MRI Orbit without and with contrast (CPT® 70543) may be considered if optic neuritis is suspected, in addition to the above scenario
  - MRI Brain with contrast (CPT® 70552) may be approved within 2 weeks of previous non-contrast study, if the non-contrast study showed incidental evidence of possible demyelinating disease, as the presence of enhancing lesions may be helpful in confirming the diagnosis.
    - MRI Brain with and without contrast (CPT® 70553) is appropriate, if non-contrast study was performed more than 2 weeks prior to the request for repeat imaging.
    - If the diagnosis is still equivocal after initial screening repeat studies in 3 to 6 months may be performed.
    - Evidence does not support the use of 3T MRI as being more effective than 1.5T units for diagnosis or follow up of MS. Requests for repeat imaging should meet guidelines for timeliness as noted within these guidelines regardless of type of facility requested.
  - MRI Lumbar Spine usually is not needed since Cervical and Thoracic studies will usually visualize the entire spinal cord.
  - Repeat Brain and/or Spine imaging in an established individual may be considered in the following scenarios:
    - New episode of neurological deficit
    - Annual surveillance in stable individuals
    - To re-establish baseline when instituting or changing immune-modulating agents
    - Symptoms suggestive of Progressive Multifocal Leukoencephalopathy (PML) during Tysabri therapy (or other drugs with similar risk).
      - Screening for patients on natalizumab (Tysabri) or other drugs with risk of PML (Progressive Multifocal Leukoencephalopathy).
        - If Anti-JCV antibody negative: MRI Brain annually
        - If Anti-JCV antibody positive: MRI every 6 months
        - If Anti-JCV antibody positive and titer >1.5, and >two years on treatment: MRI Brain may be performed every 3 months.
    - Repeat imaging requests for MRI without contrast for follow up may be approved when requested by a specialist (as long as request otherwise meets criteria above).
  - Family members need not be screened, unless they exhibit suspicious signs or symptoms suggestive of MS.
  - Sagittal MRI Spinal Cord with phased array detector coil (CPT® 72156 or CPT® 72157) is an alternative spinal imaging.
**Background and Supporting Information**

- Multiple Sclerosis is common and variable with more women affected and at a younger age than men. MS tends to be relapsing-remitting (improves between episodes), relapsing-progressive (worsens with attacks) and chronic progressive (gradual and steady).
- MS is a clinical diagnosis, traditionally recognized by “lesions dispersed in time and space,” which means involvement of different areas of the neuraxis at different times.
- Screening based on family history of MS is not supported by the peer-reviewed evidence.
- 3D imaging in the evaluation of Multiple Sclerosis has not been shown to improve diagnostic accuracy, or improve clinical outcomes in the management of multiple sclerosis and is considered to be experimental and investigational.

**HD-16.2: Neuromyelitis Optica and NMO Spectrum Disorders**

- Neuromyelitis Optica (NMO, Devic’s disease) is an autoimmune disease causing inflammation and demyelination of the optic nerve, spinal cord and brain. Diagnosis is based on the clinical presentation, MRI findings, and presence of auto-antibodies.
- MRI Brain without and with contrast (CPT® 70553), MRI Orbit without and with contrast (CPT® 70543), MRI Cervical and Thoracic Spine without and with contrast (CPT® 72156, CPT® 72157)
  - Suspected Neuromyelitis Optica
  - New symptoms or signs in patient with known Neuromyelitis Optica
References


**HD-17.1: Papilledema/Pseudotumor Cerebri**

- MRI Brain without and with contrast (CPT® 70553) can be considered when there is suspected elevated intracranial pressure, such as with pseudotumor cerebri (benign intracranial hypertension) and papilledema, to exclude cerebral mass lesions, obstructive hydrocephalus, or occult meningeal disease.
  - MRI Orbit without and with contrast (CPT® 70543) or CT Orbit without and with contrast (CPT® 70482) may be considered if there is concern for orbital pseudotumor or a primary bilateral orbital disorder.
  - Repeat imaging may be considered to evaluate either:
    - Shunt dysfunction in those individuals who have had ventriculoperitoneal (VP) or lumboperitoneal (LP) shunts
    - Clinical deterioration
  - MRA Head without contrast (CPT® 70544) or MRA Head without and with contrast (CPT® 70546) or CTA Head without and with contrast (CPT® 70496) for papilledema with suspected venous sinus thrombosis.
  - CT and MR Venography (CTV and MRV) are reported with the same codes as the CTA/MRA counterpart. If arterial and venous CT or MR studies are both performed in the same session, only one CPT® code should be used to report both procedures

**Reference**

**HD-18.1: Paresthesias**

Requests will be sent for Medical Director Review. Paresthesia(s) (localized numbness and tingling) are symptoms of a local (nerve entrapment for example), regional (Multiple Sclerosis for example) or central (stroke for example) disorder.¹ ² Advanced imaging can be considered initially, based on the highest suspicion disorder, according to these guidelines.¹ ²

**References**

2. Paresthesia. ReedGroup® MDGuidelines.
### HD-19: Pituitary

<table>
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</table>
**HD-19.1: Pituitary**

- Endocrine laboratory studies should be performed prior to considering advanced imaging.
  - Lab results should be recent, within 6 weeks of the request
- MRI Brain without and with contrast (CPT® 70553) is the primarily performed pituitary imaging:
  - MRI Orbit, Face, Neck without and with contrast (CPT® 70543) or CT Head without and with contrast (CPT® 70470) are alternatives
  - CT Head without contrast (CPT® 70450) or without and with contrast (CPT® 70470) and/or CT Maxillofacial without contrast (CPT® 70486) may be used in addition to MRI to visualize perisellar bony structures in the preoperative evaluation of certain sellar tumors and for preoperative planning for transphenoidal approaches.
- Incidentally found lesions on other studies:
  - MRI Brain without and with contrast (CPT® 70553) or MRI Orbit/Face/Neck without and with contrast (CPT® 70543) follow-up dedicated pituitary study may be obtained if a pituitary abnormality is reported incidentally on a MRI Brain or CT Head performed for other reasons, (MRI Brain without and with contrast [CPT® 70553] covers both brain and dedicated pituitary if performed at the same time; no additional CPT® codes are needed); further evaluation and subsequent imaging dependent on specific imaging and biochemical laboratory evaluation findings.
- For Amenorrhea See **PV-3.1: Amenorrhea** in the Pelvic Imaging Guidelines

### Pituitary Imaging

<table>
<thead>
<tr>
<th>Indication</th>
<th>Initial Imaging</th>
<th>Repeat Imaging</th>
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<tbody>
<tr>
<td>Acromegaly</td>
<td>MRI Brain without and with contrast (CPT® 70553)</td>
<td>&gt; MRI Brain without and with contrast (CPT® 70553)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>&gt; At least 12 weeks after surgery to evaluate for residual tumor</td>
</tr>
<tr>
<td></td>
<td></td>
<td>&gt; If treated with Pegvisomant, 6 to 12 months after treatment initiated, then</td>
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<tr>
<td></td>
<td></td>
<td>&gt; annually if stable</td>
</tr>
<tr>
<td></td>
<td></td>
<td>&gt; If hormone levels increase or neurological findings appear</td>
</tr>
<tr>
<td>Microadenoma:</td>
<td>MRI Brain without contrast and with contrast (CPT®</td>
<td>&gt; MRI Brain without contrast and with contrast (CPT® 70553) at:</td>
</tr>
<tr>
<td>Nonfunctioning, unexplained</td>
<td>70553)</td>
<td>&gt; 6 and 12 months, then yearly for 3 years if stable. After 3 years, then</td>
</tr>
<tr>
<td>pituitary asymmetries, or</td>
<td></td>
<td>&gt; every other year for the next 6 years, then every 5 years if stable</td>
</tr>
<tr>
<td>incidentally found small</td>
<td></td>
<td></td>
</tr>
<tr>
<td>tumors (&lt;10 mm)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Macroadenoma (≥10 mm)</td>
<td>MRI Brain without and with contrast (CPT®</td>
<td>&gt; If &gt;10 mm but &lt;20 mm (normal hormone testing/no surgery):</td>
</tr>
<tr>
<td>(if not surgically removed</td>
<td>70553)</td>
<td></td>
</tr>
<tr>
<td>and normal)</td>
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<td></td>
</tr>
<tr>
<td>Indication</td>
<td>Imaging</td>
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</tr>
</tbody>
</table>
| **Prolactinomas** | MRI Brain without and with contrast (CPT® 70553) with:  
  - Unexplained elevated prolactin level above normal reference range  
  - Thyroid function laboratory evaluation has ruled out hypothyroidism as a cause of hyperprolactinemia and pituitary hyperplasia  
  - After initial start of dopamine agonist therapy, repeat MRI in 1 year (or in 3 months if macroprolactinoma), also repeat if prolactin levels continue to rise while on dopaminergic agents, or if new symptoms emerge (e.g., galactorrhea, new visual disturbances, new headaches, or other hormonal disorders occur)  
  - Image after 2 years of dopamine agonist treatment for those who are being considered for discontinuation of treatment due to remission  
  - After 2 years of dopamine agonist therapy, for those who have achieved normal Prolactin levels and no visible tumor remnant, and for whom dopamine agonists have been discontinued or tapered, image if prolactin level increases above normal range.  
  - If treatment resistant on standard or maximal dopamine agonist therapy (e.g. visible tumor remnant or persistent elevation of Prolactin levels) and will not be treated with surgery/radiation, imaging periodically as per microadenoma or macroadenoma guidelines  
  - If treatment is discontinued at menopause, imaging periodically as per microadenoma or macroadenoma guidelines  
  - Galactorrhea/nipple discharge with normal prolactin and thyroid function levels: See **BR-7: Nipple Discharge/Galactorrhea**  
  - Repeat imaging with MRI without gadolinium is performed for new or worsening symptoms, such as headaches or visual symptoms. *In women with microprolactinomas, it may be possible to discontinue dopaminergic therapy when menopause occurs. Surveillance for increasing size of the pituitary tumor should continue on a periodic basis. |
TSH, FSH, ACTH and LH producing

MRI Brain without and with contrast (CPT® 70553) with corresponding elevation of target gland hormones.

Male Hypogonadism

MRI Brain without and with contrast (CPT® 70553) if ONE of the following:
- Severe secondary hypogonadism (e.g., morning serum testosterone level <150 ng/dl or low Free Testosterone level and low or normal LH and FSH levels)
- Panhypopituitarism
- Hyperprolactinemia
- Symptoms or signs of tumor mass effect (e.g., new-onset headache, visual impairment, or visual field defect) are present

Panhypopituitarism

MRI Brain without and with contrast (CPT® 70553)

<table>
<thead>
<tr>
<th>Indication</th>
<th>Initial Imaging</th>
<th>Repeat Imaging for Non-Operative Care</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diabetes Insipidus (DI)</td>
<td>MRI Brain without and with contrast (CPT® 70553) if:</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>- Laboratory testing consistent with DI (serum osmolality should be high and urine osmolality should be low) and etiology uncertain&quot;</td>
<td></td>
</tr>
<tr>
<td>Syndrome of Inappropriate ADH (SIADH)</td>
<td>MRI Brain without and with contrast (CPT® 70553) if:</td>
<td>NA</td>
</tr>
<tr>
<td></td>
<td>- Etiology remains uncertain or is thought to be in the nervous system;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Urine osmolality should be high and serum osmolality low</td>
<td></td>
</tr>
<tr>
<td>Other Pituitary Region Tumors**</td>
<td>Evaluation may require CT in addition to MRI to evaluate for hyperostosis. Requests will be sent for Medical Director Review.</td>
<td></td>
</tr>
</tbody>
</table>

**HD-19.2: Additional Imaging**

Post-operatively, follow-up pituitary imaging is generally done at the discretion of the neurosurgeon, usually at 4 months and then at one year if stable
**Background and Supporting Information**

*Prolactinoma Note:* To establish the diagnosis of hyperprolactinemia, a single measurement of serum prolactin is recommended; a level above the upper limit of normal confirms the diagnosis as long as the serum sample was obtained without excessive venipuncture stress.* Long-term or inadequately treated primary hypothyroidism can cause pituitary hyperplasia that may mimic a pituitary tumor.

**Other Pituitary Region Tumor Notes:** Craniopharyngiomas arise in the parasellar area. About 10% of meningiomas arise in this area.

***Enlarged/Empty Sella Turcica Notes:* An enlarged sella turcica without evident tumor is an incidental finding on MRI Brain or CT Head from a defect in the dural diaphragm of the sella (especially if there is elevated intracranial pressure from another cause), pituitary surgery, or as a result of a pituitary tumor which has expanded the sella and then infarcted (pituitary apoplexy).

****Acromegaly:* Rarely, biochemically confirmed acromegaly with a normal pituitary gland on MRI may occur. Somatostatin receptor scintigraphy (Octreoscan) of thorax and abdomen and growth hormone-releasing hormone (GHRH) level may be considered to evaluate ectopically located disease.

*****Male Hypogonadism:* Alterations in sex hormone-binding globulin (SHBG) can impact testosterone levels. Free or bioavailable testosterone concentrations should be measured when total testosterone concentrations are close to the lower limit of the normal range and when altered SHBG levels are suspected (e.g. moderate obesity, nephrotic syndrome, hypo- and hyperthyroidism, use of glucocorticoids, progestins, estrogens, and androgenic steroids, anticonvulsants, acromegaly, diabetes mellitus, aging, HIV disease, liver cirrhosis, hepatitis). LH and FSH should be obtained to evaluate for secondary (central) hypogonadism, once low testosterone level is confirmed.

**HD-19.3: Empty Sella Turcica**

- Enlarged/Empty Sella Turcica: An enlarged sella turcica without evident tumor is an incidental finding on MRI Brain or CT Head from a defect in the dural diaphragm of the sella (especially if there is elevated intracranial pressure from another cause), pituitary surgery, or as a result of a pituitary tumor which has expanded the sella and then infarcted (pituitary apoplexy).

- MRI Brain with and without contrast (pituitary protocol) (CPT® 70553) with thin sections of pituitary – (Preferred modality). CT Head with and without contrast (CPT® 70470) – If MRI is contraindicated
  - Primary Empty Sella:
    - Incidentally found on other studies, asymptomatic and no related abnormalities: follow up at 2 years. No further imaging unless clinical symptoms develop (neuro-/ophthalmological symptoms, intracranial hypertension, or endocrine/hormonal abnormalities).
    - Following medical treatment of related endocrine, neurological, or ophthalmological problems: follow up imaging every 6 months.
    - Following surgical treatment: follow up at 4 months and 1 year, (additional imaging only for clinical progression or at request of neurosurgeon).
  - Secondary Empty Sella:
Imaging according to the cause or if clinical disease progression (such as adenomas, infiltrative or malignant disorders, hormonal abnormalities, neuro-/ophthalmological symptoms).

References
HD-20: Scalp and Skull Lesions

HD-20.1: Scalp and Skull Lesions
HD-20.1: Scalp and Skull Lesions

The majority of these are benign soft tissue or bony lesions easily defined by physical examination or with skull x-rays or ultrasound.

- Ultrasound can be performed as initial imaging of scalp or skull lesions
- CT Head without or without and with contrast (CPT® 70450 or CPT® 70470) is appropriate for the following scenarios:
  - Any lesion on physician examination and skull x-ray or ultrasound which is not clearly benign.
  - Langerhans’ cell histiocytosis, myeloma, and metastatic cancer, when symptoms suggest bony lesions.
- MRI Brain without contrast (CPT® 70551) or with and without contrast (CPT® 70553) may be considered if there is concern for intracranial extension.
- See **HD-29.2: Dental/Periodontal/Maxillofacial Imaging** for mandibular masses and **PEDHD-5.6: Other Indications for Sinus Imaging** in the Pediatric Head Imaging Guidelines for maxillofacial masses
**HD-21.1: Stroke/TIA**

- CT Head without contrast (CPT® 70450) for acute stroke (within the first 6 hours), TIA, or concern for intracerebral or subdural hemorrhage

- MRI Brain without contrast (CPT® 70551) or MRI Brain without contrast (CPT® 70553) to evaluate concern for new stroke or TIA. MRI is preferred for evaluation of late presentation and can be performed after an initial CT Head.

- MRA Head without contrast (CPT® 70544) or MRA Head without and with contrast (CPT® 70546) or CTA Head with contrast (CPT® 70496) AND Duplex Ultrasound Carotid Arteries (CPT® 93880) or MRA Neck without contrast (CPT® 70547) or MRA Neck without and with contrast (CPT® 70549) or CTA Neck (CPT® 70498) may be added to CT Head or MRI Brain for evaluation of new stroke or TIA
  - Note: Both MRA or CTA Head and Neck are needed to visualize the posterior vertebrobasilar circulation for evaluation of the vertebrobasilar stroke/TIA (vertigo associated with diplopia, dysarthria, bifacial numbness or ataxia\(^1\)\(^-\)\(^4\) or concern for arterial dissection (risks may include premature stroke [under age 50], head or neck trauma, fibromuscular dysplasia, Ehlers-Danlos syndrome, and chiropractic neck manipulation)

- MR or CT Venography (MRA Head without contrast [CPT® 70544] or without and with contrast [CPT® 70546] or CTA Head [CPT® 70496]) may be performed to evaluate venous infarcts after diagnosis on MRI Brain or CT Head.

- Transcranial Doppler Studies may also be performed for patients with documented stroke or TIA

- Repeat imaging for follow up and resolution of stroke or hemorrhage as determined by a specialist.
References
**HD-22.1: Cerebral Vasculitis**

- MRI Brain without and with contrast (CPT® 70553) is considered when CNS vasculitis is suspected
  - MRA Head without contrast (CPT® 70544) or MRA Head without and with contrast (CPT® 70546) and MRA Neck without and with contrast (CPT® 70549); OR CTA\(^3\) Head (CPT® 70496) and CTA Neck (CPT® 70498) may be considered in addition to MRI Brain

**Background and Supporting Information**

Classification of vasculitides based on vessel size adapted from Joseph.\(^1\) MRA and CTA are useful for the evaluation of the large proximal arteries; evaluation of a possible small vessel vasculitis may be beyond the resolution of routine MRA and CTA Head. However, other abnormalities, such as atherosclerotic disease, arterial dissection, Moyamoya disease, or reversible cerebral vasoconstriction may be demonstrated. Conventional angiogram is superior to MRA and CTA in demonstrating abnormalities in smaller vessels and is considered the “gold standard” in the evaluation of primary small vessel CNS vasculitis.

<table>
<thead>
<tr>
<th>Dominant Vessel Involved</th>
<th>Primary</th>
<th>Secondary</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large arteries</td>
<td>✔️ Giant cell arteritis ✔️ Takayasu’s arteritis</td>
<td>Aortitis with rheumatoid disease; Infection (e.g. syphilis)</td>
</tr>
<tr>
<td>Medium Arteries</td>
<td>✔️ Classical polyarteritis nodosa ✔️ Kawasaki disease</td>
<td>Infection (e.g. hepatitis B)</td>
</tr>
<tr>
<td>Small vessels and medium arteries</td>
<td>✔️ Wegener’s granulomatosis ✔️ Churg–Strauss syndrome ✔️ Microscopic polyangiitis</td>
<td>Vasculitis with rheumatoid disease, systemic lupus erythematosus, Sjögren’s syndrome, drugs, infection (e.g. HIV)</td>
</tr>
<tr>
<td>Small vessels</td>
<td>✔️ Henoch-Schönlein purpura ✔️ Essential cryoglobulinemia ✔️ Cutaneous leukocytoclastic vasculitis</td>
<td>Drugs (e.g. sulphonamides, etc.) Infection (e.g. hepatitis C)</td>
</tr>
</tbody>
</table>

**References**

<table>
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<tr>
<th>HD-23: Dizziness, Vertigo and Syncope</th>
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<tr>
<td>HD-23.1: Dizziness, Vertigo, and Syncope</td>
</tr>
</tbody>
</table>
HD-23.1: Dizziness, Vertigo, and Syncope

- Evaluation of vertigo or dizziness should include a detailed history and neurological exam including orthostatic blood pressure measurements, vestibular testing (tests for nystagmus, head thrust sign, Dix-Hallpike maneuver or other positional testing), gait, and hearing tests.

- MRI Brain without contrast (CPT® 70551) or MRI Brain without and with contrast (CPT® 70553) when history and exam suggest a central cause of vertigo.
  - Abnormal exam findings suggesting a central cause including nystagmus, hearing loss, absent head thrust sign, ataxia, positive Romberg test, or focal deficits.
  - Associated asymmetric hearing loss (See HD-27: Hearing Loss and Tinnitus) and concern for vestibular schwannoma. (Note: MRI Brain should be performed with thin sections of IACs). Limited MRI Brain with attention to internal auditory canals (CPT® 70540, CPT® 70542, or CPT® 70543) can be approved when requested by the provider in place of a complete MRI Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study. (See HD-1.1: General Guidelines – Anatomic Issues).

- Diagnosis of benign positional vertigo and failure to respond to treatment.

- CTA Head (CPT® 70496) and CTA Neck (CPT® 70498) or MRA Head without (CPT® 70544) or without and with contrast (CPT® 70546) and MRA Neck contrast as requested (CPT® 70547, CPT® 70548, or CPT® 70549) may be added if concern for vertebrobasilar disease (acute onset vertigo and associated symptoms or signs of weakness, gait difficulty, ataxia, drop attacks, visual loss, diplopia, dysarthria).

- CT Temporal Bone without contrast (CPT® 70480) may be added if history of head trauma or concern for superior canal dehiscence (see Practice Note below).

- CT Head without contrast (CPT® 70450) or without and with contrast (CPT® 70470) if concern for acute stroke (See HD-21: Stroke/TIA) if MRI is contraindicated.

**Background and Supporting Information**

Advance imaging is not indicated in patients with syncope, transient loss of consciousness or lightheadedness in the absence of symptoms or signs indicating an intracranial disorder.

Superior canal dehiscence is a rare syndrome caused by dehiscence in the boney covering of the superior semicircular canal, and may cause vertigo associated with auditory symptoms including oscilloscopia evoked by noise and conductive hearing loss.
References
| HD-24.1: Treatment Planning          | 72 |
| HD-24.2: Functional MRI (f-MRI)     | 72 |
| HD-24.3: Magnetic Resonance Spectroscopy (MRS) | 72 |
| HD-24.4: CSF Flow Imaging           | 73 |
| HD-24.5: CT or MRI Perfusion        | 73 |
| HD-24.6: Magnetic Resonance Neurography (MRN) | 73 |
| HD-24.7: Cone Beam Computed Tomography (CBCT) | 73 |
| HD-24.8: This section intentionally left blank | 73 |
**HD-24.1: Treatment Planning**

- Advanced imaging (CT and MRI) performed for the purpose of surgical planning and navigation should be coded as Unlisted CT (CPT® 76497) or Unlisted MRI (CPT® 76498)
  - All requests for imaging to be performed for the purpose of surgical planning and navigation should be forwarded to Medical Director Review
- Requests may refer to proprietary brand systems such as Brainlab or Stealth imaging procedures
- This includes requests for intraoperative studies (inpatient studies do not require preauthorization)
- See [HD-28: Sinusitis](#) for coding for sinus surgery

**HD-24.2: Functional MRI (f-MRI)**

- f-MRI is useful in pre-operative scenarios to define the "eloquent" areas of brain
- The ordering physician must be a neurologist, neurosurgeon or radiation oncologist. All other requests should be sent for Medical Director Review. It must be evident that brain surgery is planned, and that f-MRI is being performed to map the language centers, or other "eloquent centers" of the brain
- f-MRI can be approved with PET Brain in epilepsy surgery planning
- Procedure codes for functional MRI:
  - CPT® 70554 MRI Brain, functional MRI, including test selection and administration of repetitive body part movement and/or visual stimulation, not requiring physician or psychologist administration
  - CPT® 70555 MRI Brain, functional MRI; requiring physician or psychologist administration of entire neurofunctional testing

**HD-24.3: Magnetic Resonance Spectroscopy (MRS)**

- All requests for MRS (CPT® 76390) will be forwarded for Medical Director Review
- MRS involves analysis of the levels of certain chemicals in a pre-selected voxels (small regions) on an MRI scan done at the same time
- MRS is evaluated on a case-by-case basis, and may be considered:
  - Distinguish recurrent brain tumor from radiation necrosis as an alternative to PET (CPT® 78608)
  - Diagnosis of certain rare inborn errors of metabolism affecting the CNS (primarily pediatric individuals)
- Evaluation of certain primary brain tumors where diagnostic accuracy has been established in peer-reviewed literature. See [ONC-2.1: General Considerations](#), [ONC-2.2: Low Grade Gliomas](#) and [ONC-2.3: High Grade Gliomas](#)
**HD-24.4: CSF Flow Imaging**
- This is generally performed as a part of a MRI Brain study. It is not coded separately for preoperative evaluation of hydrocephalus and Chiari syndrome, with either features of hydrocephalus or syrinx.
- There is no specific or unique procedure code for this study; it is done as a special sequence of a routine MRI Brain without contrast (CPT® 70551).
- If not previously performed as part of recent study, a second study for the purpose of evaluating CSF flow may be performed.

**HD-24.5: CT or MRI Perfusion**
- Performed as part of a CT Head or MRI Brain examination in the evaluation of individuals with very new strokes or brain tumors.
- Category III 0042T - “cerebral perfusion analysis using CT”. The study is generally limited to evaluation of acute stroke (<6 hours). Other indications are usually regarded as investigational and experimental.
- There is no specific CPT® code for MRI Perfusion. Perfusion weighted images are obtained with contrast and are not coded separately from a contrasted MRI Brain examination. If MRI Brain without and with contrast is approved, no additional CPT® codes are necessary or appropriate to perform MRI perfusion.

**HD-24.6: Magnetic Resonance Neurography (MRN)**
- MRN is currently considered investigational.
- See PN-7: Magnetic Resonance Neurography (MRN) in the Peripheral Nerve Disorders (PND) Imaging Guidelines

**HD-24.7: Cone Beam Computed Tomography (CBCT)**
- Medical Director Review is required
- CPT® Codes: CPT® 70486, CPT® 70487, CPT® 70488, CPT® 70480, CPT® 70482 (No separate 3-D rendering codes should be reported)
- See HD-29: Temporomandibular Joint Disease (TMJ) and Dental/Periodontal/Maxillofacial Imaging

**HD-24.8: This section intentionally left blank**
References


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<tbody>
<tr>
<td>HD-25.1: Epistaxis</td>
<td></td>
</tr>
</tbody>
</table>
**HD-25.1: Epistaxis**

- All cases should go to Medical Director Review.
- CT Maxillofacial without or with contrast (CPT® 70486 or CPT® 70487) and/or MRI Orbit, Face, and/or Neck without and with contrast (CPT® 70543) is appropriate based on endoscopic findings of mass lesion during ENT examination.

**References**

HD-26.1: Mastoid Disease or Ear Pain

See **PEDHD-16.2: Ear Pain** in the Pediatric Head Imaging Guidelines
HD-27.1: Hearing Loss and Tinnitus

An initial evaluation including hearing tests, by bedside testing or by formal audiology, is necessary to determine whether a patient's hearing loss is conductive (external or middle ear structures) or sensorineural (inner ear structures, such as cochlea or auditory nerve) hearing loss.\(^1,2\)

The history in patients with tinnitus should include a description of the tinnitus (episodic or constant, pulsatile or non-pulsatile, rhythmicity, pitch, quality of the sound), as well as inciting or alleviating factors. Continuous and pulsatile tinnitus are more concerning for an underlying and significant disorder.\(^2\) Audiometric assessment can be used as initial diagnostic testing\(^1,2,3\) particularly in patients with tinnitus that is unilateral, persistent (>6 months) or associated with hearing difficulties.

CT Temporal Bone without (CPT® 70480) or MRI Brain without and with contrast (with IAC views) (CPT® 70553) or without contrast (CPT® 70551):

- Conductive hearing loss
- Mixed conductive/sensorineural hearing loss or any sudden sensorineural hearing loss
  - Note: MRI is preferred modality for sensorineural hearing loss.
- Cholesteatoma
- Congenital hearing loss
- Surgical planning, including cochlear implants (both CT Temporal Bone and MRI Brain may be approved for surgical planning if requested by surgeon)
- Hearing loss with vertigo (See HD-23.1: Dizziness, Vertigo, and Syncope)
- Asymmetric hearing loss
- Tinnitus localized to a single ear or pulsatile tinnitus

CT Temporal Bone with contrast (CPT® 70481):

- Glomus tumors or other vascular tumors of the middle ear, and/or surgical planning
- Acquired sensorineural hearing loss if MRI unavailable or contraindicated

MRA Head (CPT® 70544 or CPT® 70546) or CTA Head (CPT® 70496) AND/OR MRA Neck (CPT® 70547 or CPT® 70548) or CTA Neck (CPT® 70498)

- Pulsatile tinnitus or suspicion for vascular lesions

Limited Study MRI with attention to internal auditory canal (CPT® 70540, CPT® 70542, CPT® 70543) can be approved when requested by the provider in place of a complete MRI Brain. Note: Limited MRI codes should not be used in addition to MRI Brain codes; IAC views are performed as additional sequences as part of the brain study. (See HD-1.1: General Guidelines – Anatomic Issues)

Both modalities (CT and MRI) may be approved simultaneously for evaluation and surgical planning if ordered by ENT or Neurosurgical specialist.
References

1. ACR Appropriateness Criteria® Hearing loss and/or vertigo. American College of Radiology (ACR).
<table>
<thead>
<tr>
<th>HD-28: Sinusitis</th>
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<tbody>
<tr>
<td>HD-28.1: Sinus Imaging in Adults</td>
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</tbody>
</table>
HD-28.1: Sinus Imaging in Adults

- CT Maxillofacial without contrast (CPT® 70486) or limited CT Sinus without contrast (CPT® 76380) is considered for ANY of the following:
  - Acute sinusitis with no improvement in symptoms after a minimum of 4 weeks of treatment; or concern for complicated sinusitis (See Practice Note below)
  - Recurrent sinusitis (4 or more episodes of acute sinusitis within the past 12 months without symptoms or signs between episodes)
  - Chronic sinusitis (>12 weeks sinusitis) with at least two of the following signs and symptoms:
    - Mucopurulent drainage
    - Nasal obstruction
    - Facial pain – pressure, fullness
    - Decreased sense of smell
    (Note: A trial of antibiotic therapy is not required prior to imaging if individual meets criteria for chronic sinusitis)

- For unexplained cough See CH-3.1: Cough in the Chest Imaging Guidelines

- CT Maxillofacial without contrast (CPT® 70486) or CT Maxillofacial with contrast (CPT® 70487):
  - Sinonasal obstruction or suspected mass

- CT Orbit without contrast (CPT® 70480) or CT Orbit without and with contrast (CPT® 70482) may be performed alone or added to CT Maxillofacial for:
  - Suspected orbital complications

- MRI Maxillofacial without contrast (CPT® 70451) or without and with contrast (CPT® 70453) as option instead of CT for:
  - Sinonasal obstruction or suspected mass
  - Suspected orbital complication
  - Suspected invasive fungal sinusitis

- MRI Brain without and with contrast (CPT® 70553) may be performed alone or added to CT Maxillofacial for:
  - Suspected intracranial complication

- Studies requested for the purpose of navigation for sinus surgery should be coded CPT® 77011 (CT guidance for stereotactic localization). It is not appropriate to report both CPT® 70486 and CPT® 77011 for the same CT stereotactic localization imaging session. See Preface-4.2: CT-, MR-, or Ultrasound-Guided Procedures in the Preface Imaging Guidelines

- Repeat imaging may be approved in the following scenarios:
  - An ENT specialist requests the imaging and
    - There is no improvement after an additional 3 weeks of conservative treatment after initial imaging was completed; and
      - There has been a follow-up visit since the previous imaging; or
      - If there is a new abnormality on exam such as obstructing mass
    - Planned sinus surgery (Balloon Sinus Ostial Dilation or Functional Endoscopic Sinus Surgery)
Background and Supporting Information

Rhinosinusitis is defined as inflammation of the nasal cavity and adjacent paranasal sinuses. Acute sinusitis refers to symptom duration <4 weeks, subacute 4 to 12 weeks, and chronic >12 weeks. Complicated sinusitis refers to symptoms suggesting spread of disease into adjacent structures, including orbital or intracranial complications.¹,²,³

There is no evidence to support advanced imaging of acute (<4 weeks) and subacute (4 to 12 weeks) uncomplicated rhinosinusitis¹

There is no evidence to support routine follow-up advanced imaging after treatment with clinical improvement of sinusitis¹

References

### HD-29: Temporomandibular Joint Disease (TMJ) and Dental/Periodontal/Maxillofacial Imaging

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**HD-29.1: Temporomandibular Joint Disease (TMJ)**

- MRI TMJ (CPT® 70336) is the diagnostic study of choice and should be reserved for those who fail a minimum of 6 weeks of non-surgical treatment and who are actively being considered for TMJ surgery.

- CT Maxillofacial without contrast (CPT® 70486) or without and with contrast (CPT® 70488) may be performed when there is suspicion of bony involvement from the MRI and if primary bony pathologies are suspected clinically.

- Ultrasound (CPT® 76536) can be used to look for the presence of a joint effusion and to evaluate cartilage and disk displacement with open and closed mouth imaging and to guide injections.


**HD-29.2: Dental/Periodontal/Maxillofacial Imaging**

- All requests will be forwarded to Medical Director Review.

- Cone beam CT may be supported for surgical planning when plain x-rays alone are insufficient. Potential indications include but are not limited to:
  - Impacted teeth
  - Supernumerary teeth
  - Dentoalveolar trauma
  - Root resorption
  - Foreign body
  - Odontogenic cysts, tumors, or other jaw pathology
  - Cleft pathology
  - Orthognathic surgery for dentofacial anomalies
  - Osteomyelitis and odontogenic infections (MRI is the preferred modality after x-ray, See MS-9.1: Infection – General in the Musculoskeletal Imaging Guidelines)
  - Bisphosphonate-related osteonecrosis of the jaw
  - Salivary gland stones
  - Maxillofacial bone graft planning
  - Dental implants related to tooth loss from injury, trauma, or jaw pathology such as cysts, tumors, or cancer

- Cone Beam CT: Report with CPT® Codes: CPT® 70486, CPT® 70487, CPT® 70488, CPT® 70480, CPT® 70482

- 3-D rendering (CPT® 76376 or CPT® 76377) should NOT be reported separately.

- Cone beam CT (CBCT) may also be called i-CAT scanner or mini-CAT scanner.
References
# HD-30: Eye Disorders and Visual Loss

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HD-30.1: Eye Disorders and Visual Loss

- Examination of ocular complaints and visual loss should include evaluation of pupillary responses, extraocular muscles, visual acuity, and fundoscopic exam of retinae.

- MRI Orbits without contrast (CPT® 70540) or MRI Orbits without and with contrast (CPT® 70543) or CT Orbits with contrast (CPT® 70481):
  - Exophthalmos or enophthalmos
  - Suspected orbital cellulitis
  - Suspected orbital mass
  - Suspected optic neuritis
  - Diplopia
  - Ophthalmoplegia

- MRI Orbits without contrast (CPT® 70540) or MRI Orbits without and with contrast (CPT® 70543):
  - Unexplained visual loss (imaging is not necessary if visual loss is due to known intrinsic eye disease, refractive errors, cataracts, retinal disease etc.)

- MRI Brain without and with contrast (CPT® 70553) or MRI Brain without contrast (CPT® 70551):
  - Ophthalmoplegia
  - Binocular Diplopia
  - Suspected demyelinating disease with optic neuritis (Multiple Sclerosis, Neuromyelitis optica).
  - Unexplained Visual loss (imaging is not necessary if visual loss is due to known intrinsic eye disease, refractive errors, cataracts, retinal disease etc.)

- CT Orbit without contrast (CPT® 70480)
  - Orbital trauma

- MRA Head without contrast (CPT® 70544) or without and with contrast (CPT® 70546)
  - Third nerve oculomotor palsy with pupillary involvement
  - Suspected aneurysm
  - Suspected temporal arteritis
  - Amaurosis with suspected stroke (MRA Neck contrast as requested [CPT® 70547, CPT® 70548, or CPT® 70549] may be added)

Background and Supporting Information

Advanced imaging of the brain and orbit are not routinely paired. Medical necessity for each region is needed to image both regions, based on suspicion of these disorders.

Orbital imaging alone may be sufficient unless other signs or symptoms suggest brain involvement. Signs or symptoms strongly suggestive and localizing to orbital disease include proptosis, conjunctival injection, chemosis, eye pain, enophthalmos, gaze-evoked amaurosis, eyelid retraction, unilateral optic disc swelling, choroidal and retinal folds, optociliary shunt vessels, and numb cheek syndrome.
Non-localizing symptoms and signs, for which both brain and orbit imaging may be indicated, include bilateral optic disc swelling, papilledema, diplopia, headache, relative afferent pupillary defect, visual field defects.

**HD-30.2: Horner’s Syndrome**

- Horner’s Syndrome (anisocoria, ptosis, and ipsilateral anhidrosis) is caused by disruption of sympathetic innervation to the eye and face. Definitive diagnosis may be established by pharmacologic testing of the pupillary response with eye drops. Evaluation and imaging depends on determining whether the cause is a central lesion (brainstem or cervical spinal cord), preganglionic lesion (spinal cord or sympathetic chain in the chest), or postganglionic lesion (neck or carotid artery).
- MRI Brain without contrast (CPT® 70551) or MRI Brain without or with contrast (CPT® 70553) for suspected intracranial or brainstem lesions
- MRI Cervical Spine without contrast (CPT® 72141) or MRI Cervical Spine without and with contrast (CPT® 72156) for suspected spinal cord abnormality
- CT Chest with contrast (CPT® 71260) for suspected chest mass
- CT Neck with contrast (CPT® 70491) for suspected neck mass
- CTA Neck without and with contrast (CPT® 70498) or MRA Neck (CPT® 70547, CPT® 70548, or CPT® 70549) for suspected carotid injury or dissection
- MRI Orbits without contrast (CPT® 70540), MRI Orbits without or with contrast (CPT® 70543) or CT Orbit with contrast (CPT® 70481) for suspected orbit lesion or mass

**References**

HD-31: Acoustic Neuroma and Other Cerebellopontine Angle Tumors

HD-31.1: Acoustic Neuroma and Other Cerebellopontine Angle Tumors
HD-31.1: Acoustic Neuroma and Other Cerebellopontine Angle Tumors

- Initial diagnosis is usually made during evaluation for asymmetric hearing loss and/or vertigo. See HD-23: Dizziness, Vertigo and Syncope and HD-27: Hearing Loss and Tinnitus for evaluation of those problems.
- MRI Brain without and with contrast (CPT® 70553) which should be done with attention to the internal auditory canals for initial diagnosis.
- MRI Brain without contrast (CPT® 70551) may be approved if performed with FIESTA protocol.
- MRI Orbits, Neck, or Face without and with contrast (CPT® 70543) may be considered with audiologic or clinical features of retrocochlear hearing loss and a negative MRI Brain and in the rare individual in whom a detailed search is indicated for both a lesion of the cerebellopontine angle and lesions of the cerebral hemispheres.
- MRI Brain without and with contrast with attention to the internal auditory canals (CPT® 70553) is performed after surgical resection at 6 to 12 months to document the completeness of tumor removal and to serve as a baseline for further follow-up. Assuming complete tumor removal, additional follow up is done at 5 and 10 years. If the findings at 10 years are normal, no further imaging should be performed unless new clinical symptoms occur.
- MRI Brain without and with contrast with attention to the internal auditory canals (CPT® 70553) is performed at 6 months following stereotactic radiation therapy or continued observation without treatment and then annually.

References
HD-32: Pineal Cysts

See PEDHD-13.2: Pineal Cysts in Pediatric Head Imaging Guidelines
HD-33: Arachnoid Cysts

See PEDHD-13.1: Arachnoid Cysts in Pediatric Head Imaging Guidelines
### HD-35: Sleep-Related Requests

#### HD-35.1: General Guidelines Sleep-Related Requests

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**HD-35.1: General Guidelines Sleep-Related Requests**

- **Oral Appliance:** There is a lack of published case-controlled clinical studies in Sleep literature validating the use of advanced imaging with respect to oral appliance therapy (pretreatment assessment). Previous literature has demonstrated support for cephalometric studies (x-ray)\(^1\) in predicting treatment success. Routine use of advanced is not supported at this time.

- **Hypersomnolence:** MRI Brain with and without contrast (CPT\(^\circledR\) 70553) may be indicated when there are focal neurologic signs or suspicion for an inflammatory neurologic process as the etiology. Recognition and treatment of a comorbid sleep disorders is paramount, and a complete neurologic history and examination should precede any request for advanced imaging\(^3\).

- **Central Sleep Apnea:** MRI Brain with and without contrast (CPT\(^\circledR\) 70553) may be indicated for unexplained central sleep apnea syndrome when a primary CNS etiology is suspected; i.e., unassociated with CHF, COPD or other potential etiology. Specific etiologies should be stated for imaging requests, including but not limited to, suspected Chiari malformation, stroke, CNS demyelinating disease, posterior fossa lesion, anoxia or infection\(^4\).

**References**