Instructions for use
The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer’s particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer’s benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer's benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

1. The terms of the applicable benefit plan document in effect on the date of service
2. Any applicable laws and regulations
3. Any relevant collateral source materials including coverage policies
4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the Cigna CPT code list for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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## Abbreviations for Abdomen Imaging Guidelines

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- **AB-3:** Abdominal Sepsis (Suspected Abdominal Abscess)
- **AB-4:** Flank Pain, Rule Out or Known Renal/Ureteral Stone
- **AB-5:** Gastroenteritis
- **AB-6:** Mesenteric/Colonic Ischemia
- **AB-7:** Post-Operative Pain Within 60 Days Following Abdominal Surgery – Abdominal Procedure
- **AB-8:** Abdominal Lymphadenopathy
- **AB-9:** Bariatric Surgery
- **AB-10:** Blunt Abdominal Trauma
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- **AB-12:** Hernias
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- **AB-14:** Lower Extremity Edema
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## Abbreviations for Abdomen Imaging Guidelines

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<th>Description</th>
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<tbody>
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<td>AAA</td>
<td>abdominal aortic aneurysm</td>
</tr>
<tr>
<td>AASLD</td>
<td>American Association for the Study of Liver Diseases</td>
</tr>
<tr>
<td>ACE</td>
<td>angiotensin-converting enzyme</td>
</tr>
<tr>
<td>ACG</td>
<td>American College of Gastroenterology</td>
</tr>
<tr>
<td>ACR</td>
<td>American College of Radiology</td>
</tr>
<tr>
<td>ACTH</td>
<td>adrenocorticotropic hormone</td>
</tr>
<tr>
<td>AFP</td>
<td>alpha-fetoprotein</td>
</tr>
<tr>
<td>AGA</td>
<td>American Gastroenterological Association</td>
</tr>
<tr>
<td>ALT</td>
<td>alanine aminotransferase</td>
</tr>
<tr>
<td>ASGE</td>
<td>American Society for Gastrointestinal Endoscopy</td>
</tr>
<tr>
<td>AST</td>
<td>aspartate aminotransferase</td>
</tr>
<tr>
<td>AUA</td>
<td>American Urological Association</td>
</tr>
<tr>
<td>BEIR</td>
<td>Biological Effects of Ionizing Radiation</td>
</tr>
<tr>
<td>BUN</td>
<td>blood urea nitrogen</td>
</tr>
<tr>
<td>CAG</td>
<td>Canadian Association of Gastroenterology</td>
</tr>
<tr>
<td>CNS</td>
<td>central nervous system</td>
</tr>
<tr>
<td>CT</td>
<td>computed tomography</td>
</tr>
<tr>
<td>CTA</td>
<td>computed tomography angiography</td>
</tr>
<tr>
<td>CTC</td>
<td>computed tomography colonography (aka: virtual colonoscopy)</td>
</tr>
<tr>
<td>DVT</td>
<td>deep vein thrombosis</td>
</tr>
<tr>
<td>ERCP</td>
<td>endoscopic retrograde cholangiopancreatography</td>
</tr>
<tr>
<td>FNH</td>
<td>focal nodular hyperplasia</td>
</tr>
<tr>
<td>GFR</td>
<td>glomerular filtration rate</td>
</tr>
<tr>
<td>GGT</td>
<td>gamma glutamyltransferase</td>
</tr>
<tr>
<td>GI</td>
<td>gastrointestinal</td>
</tr>
<tr>
<td>HCC</td>
<td>hepatocellular carcinoma</td>
</tr>
<tr>
<td>HCPCS</td>
<td>Healthcare Common Procedural Coding System (commonly pronounced: “hix pix”)</td>
</tr>
<tr>
<td>HU</td>
<td>Hounsfield units</td>
</tr>
<tr>
<td>Abbreviation</td>
<td>Full Form</td>
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<tr>
<td>--------------</td>
<td>-----------</td>
</tr>
<tr>
<td>IAA</td>
<td>iliac artery aneurysm</td>
</tr>
<tr>
<td>IV</td>
<td>intravenous</td>
</tr>
<tr>
<td>KUB</td>
<td>kidneys, ureters, bladder (plain frontal supine abdominal radiograph)</td>
</tr>
<tr>
<td>LFT</td>
<td>liver function tests</td>
</tr>
<tr>
<td>MRCP</td>
<td>magnetic resonance cholangiopancreatography</td>
</tr>
<tr>
<td>MRA</td>
<td>magnetic resonance angiography</td>
</tr>
<tr>
<td>MRI</td>
<td>magnetic resonance imaging</td>
</tr>
<tr>
<td>mSv</td>
<td>millisievert</td>
</tr>
<tr>
<td>NAFLD</td>
<td>nonalcoholic fatty liver disease</td>
</tr>
<tr>
<td>PA</td>
<td>posteroanterior projection</td>
</tr>
<tr>
<td>PET</td>
<td>positron emission tomography</td>
</tr>
<tr>
<td>RAS</td>
<td>renal artery stenosis</td>
</tr>
<tr>
<td>RBC</td>
<td>red blood cell</td>
</tr>
<tr>
<td>SBFT</td>
<td>small bowel follow through</td>
</tr>
<tr>
<td>SPECT</td>
<td>single photon emission computed tomography</td>
</tr>
<tr>
<td>VC</td>
<td>virtual colonoscopy (CT colonography)</td>
</tr>
<tr>
<td>PFT</td>
<td>pulmonary function tests</td>
</tr>
<tr>
<td>WBC</td>
<td>white blood cell</td>
</tr>
<tr>
<td>ZES</td>
<td>Zollinger-Ellison Syndrome</td>
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### AB-1: General Guidelines

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<td>AB-1.4: MR Enterography and Enteroclysis Coding Notes</td>
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<td>AB-1.8: This section intentionally left blank</td>
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<td>AB-1.9: Contrast-Enhanced Ultrasound</td>
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<td>AB-1.10: Special Considerations</td>
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</table>
**AB-1.1: Overview**

- A current clinical evaluation (within 60 days) is generally required before advanced imaging can be considered. The clinical evaluation may include a relevant history and physical examination, appropriate laboratory studies, and non-advanced imaging modalities such as plain X-ray or ultrasound. Other meaningful contact (telephone call, electronic mail or messaging) by an established individual can substitute for a face-to-face clinical evaluation.

- GI Specialist evaluations can be helpful, particularly in determining mesenteric/colonic ischemia, diarrhea/constipation, irritable bowel syndrome (IBS), or need for MRCP.

- Conservative treatment for abdominal pain can include (list is not exhaustive):
  - Anti-secretory or H. Pylori medications
  - Non-steroidal or opiate analgesia
  - Plain abdominal radiography
  - Diet modification
  - Pro- or anti-motility agents

- Abdominal imaging begins at the diaphragm and extends to the umbilicus or iliac crest.

- Pelvic imaging begins at the iliac crest and extends to the pubis.

- Clinical concerns at the dividing line can be providers' choice (abdomen and pelvis; abdomen or pelvis).

**AB-1.2: CT Imaging**

- CT imaging is a more generalized modality. CT Abdomen is usually performed with contrast (CPT® 74160):
  - Oral contrast has no relation to the IV contrast administered. Coding for contrast only refers to IV contrast. There is no coding for oral contrast.
  - Exceptions are noted in these guidelines, and include:
    - CT Abdomen with contrast (CPT® 74160) or without and with contrast (CPT® 74170) with suspicion of a solid organ lesion (liver, kidney, pancreas, spleen).
    - CT Abdomen without contrast (CPT® 74150) or CT Abdomen and Pelvis without contrast (CPT® 74176) if there is renal insufficiency/failure, or a documented allergy to contrast. It can also be considered for diabetics or the very elderly.
  - Shellfish allergy:
    - It is commonly assumed that an allergy to shellfish infers iodine allergy, and that this implies an allergy to CT iodinated contrast media. However, this is NOT true. Shellfish allergy is due to tropomyosins. Iodine plays no role in these allergic reactions. Allergies to shellfish do not increase the risk of reaction to IV contrast any more than that of other allergens.
  - CT Abdomen and Pelvis, usually with contrast (CPT® 74177), should be considered when signs or symptoms are generalized, or involve a lower quadrant of the abdomen.
CT Enterography (CPT® 74177) combines CT imaging with large volumes of ingested neutral bowel contrast material to allow visualization of the small bowel.

CT Enteroclysis
- A tube is placed through the nose or mouth and advanced into the duodenum or jejunum. Bowel contrast material is infused through the tube and CT imaging is performed either with or without intravenous contrast.
- CT Enteroclysis is used to allow visualization of the small bowel wall and lumen. CT Enteroclysis may allow better or more consistent distention of the small bowel than CT Enterography.
- Report by assigning: CPT® 74176 or CPT® 74177

Triple-phase CT
- 3 phases of a triple-phase CT are:
  1) Hepatic arterial phase,
  2) Portal venous phase, and
  3) Washout or delayed acquisitions phase.
- It should be noted that, in general, a precontrast or noncontrast CT is usually not needed, except in those individuals previously treated with locoregional embolic or ablative therapies. Thus, for the evaluation of liver lesions EITHER a CT Abdomen with contrast (CPT® 74160) or CT Abdomen without and with contrast (CPT® 74170) can be approved. This is in contradistinction to MRI, in which precontrast imaging is needed.

AB-1.3: MR Imaging
- MRI may be preferred as a more targeted study in cases of renal failure in individuals allergic to intravenous CT contrast, and as noted in these guidelines.
- MRI Abdomen with contrast only is essentially never performed. If contrast is indicated, MRI Abdomen without and with contrast (CPT® 74183) should be performed.
- For pregnant women ultrasound or MRI without contrast should be used to avoid radiation exposure. The use of gadolinium contrast agents is contraindicated during pregnancy, as gadolinium contrast agents cross the placenta and enter the amniotic fluid with unknown long term effects on the fetus.
- MR Elastography (CPT® 76391) replaces MRI Abdomen (CPT® 74183 or CPT® 74181) for requests for MR Elastography liver (See AB-45: Liver Elastography)

AB-1.4: MR Enterography and Enteroclysis Coding Notes
- MRI Enterography or Enteroclysis is reported in one of two ways:
  1) MRI Abdomen without and with contrast (CPT® 74183), or
  2) MRI Abdomen without and with contrast (CPT® 74183) and MRI Pelvis with and without contrast (CPT® 72197)

AB-1.5: Ultrasound
- Ultrasound, also called sonography, uses high frequency sounds waves to image body structures.
The routine use of 3D and 4D rendering, (post-processing), in conjunction with ultrasound is considered investigational.

All ultrasound studies require permanently recorded images either stored on film or in a Picture Archiving and Communication System (PACS).

The use of a hand-held or any Doppler device that does not create a hard-copy output is considered part of the physical examination and is not separately billable. This exclusion includes devices that produce a record that does not permit analysis of bi-directional vascular flow.

Duplex scan describes an ultrasonic scanning procedure for characterizing the pattern and direction of blood flow in arteries and veins with the production of real-time images integrating B-mode 2D vascular structures, Doppler spectral analysis, and color flow Doppler imaging.

The minimal use of color Doppler alone, when performed for anatomical structure identification during a standard ultrasound procedure, is not separately reimbursable.

**AB-1.6: Abdominal Ultrasound**

Complete abdominal ultrasound (CPT® 76700) includes all of the following required elements:

- Liver, gallbladder, common bile duct, pancreas, spleen, kidneys, upper abdominal aorta, and inferior vena cava.
- If a particular structure or organ cannot be visualized, the report should document the reason.

Limited abdominal ultrasound (CPT® 76705) is without all of these required elements and can refer to a specific study of a single organ, a limited area of the abdomen, or a follow-up study.

Further, CPT® 76705 should:

- Be assigned to report follow-up studies once a complete abdominal ultrasound (CPT® 76700) has been performed; and
- Be assigned to report ultrasonic evaluation of diaphragmatic motion; and
- Be reported only once per individual imaging session; and
- Not be reported with CPT® 76700 for the same individual for the same imaging session.
**AB-1.7: Retroperitoneal Ultrasound**

- Complete retroperitoneal ultrasound (CPT® 76770) includes all of the following required elements:
  - Kidneys, lymph nodes, abdominal aorta, common iliac artery origins, inferior vena cava.
  - For urinary tract indications, a complete study can consist of kidneys and bladder.
- Limited retroperitoneal ultrasound (CPT® 76775) studies are without all of these required elements and can refer to a specific study of a single organ, a limited area of the abdomen, or a follow-up study.
  - Further, CPT® 76775 should:
    - Be assigned to report follow-up studies once a complete retroperitoneal ultrasound (CPT® 76770) has been performed; and
    - Be reported only once per individual imaging session; and
    - Not be reported with CPT® 76770 for the same individual for the same imaging session.

**AB-1.8: This section intentionally left blank**

**AB-1.9: Contrast-Enhanced Ultrasound**

Ultrasound with contrast (CEUS, CPT® 76978, CPT® 76979) is only considered when MRI or CT cannot be performed, and the clinical situation requires ultrasound contrast to further delineate the nature of the lesion. CEUS of the liver is otherwise considered investigational or experimental at this time.

**AB-1.10: Special Considerations**

- Persistent unexplained nausea and vomiting:
  - One non-contrast MRI Brain (CPT® 70551) can be performed in individual with persistent, unexplained nausea and vomiting and a negative GI evaluation.
  - See **HD-1.7: General Guidelines – Other Imaging Situations** in the Head Imaging Guidelines.
References

## AB-2: Abdominal Pain

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<td>AB-2.6: Chronic Abdominal Pain</td>
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<tr>
<td>AB-2.7: Non-operative Treatment of Acute Appendicitis</td>
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</tr>
</tbody>
</table>
## AB-2.1: General Information

The tables in **AB-2.2: Abdominal Pain** provide imaging guidance for generalized and quadrant specific abdominal pain. The column headers are defined as the following:

<table>
<thead>
<tr>
<th>Pain Location</th>
<th>Initial Ultrasound?</th>
<th>Conservative Treatment?</th>
<th>Advanced Imaging Indicated?</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location/type of abdominal pain</td>
<td>Is an initial US required before advanced imaging?</td>
<td>Is conservative treatment required before advanced imaging?</td>
<td>Advanced imaging indicated for the specific abdominal pain</td>
<td>Additional comments related to indication</td>
</tr>
</tbody>
</table>

### Red Flag Signs and Symptoms

- In “red flag” situations, the imaging indications may vary from the usual imaging pathway. A red flag situation is described as the following:
  - Persistent abdominal pain and at least ONE of the following:
    - History of malignancy with a likelihood or propensity to metastasize to abdomen
    - Fever (≥101)
    - Mass
    - GI bleeding
    - Moderate to severe abdominal tenderness
    - Guarding, rebound tenderness, or other peritoneal signs
    - Elevated WBC as per the testing laboratory’s range
    - History of bariatric surgery
  
- Please note, that when any one red flag is present with abdominal pain, the initial ultrasound is not required. Please proceed to the imaging indications under the “**Advanced Imaging**” column.

### Pregnant Women

- Abdominal ultrasound (CPT® 76700), and/or Pelvic ultrasound (if below the umbilicus) (CPT® 76856) and/or TV ultrasound (CPT® 76830) should be performed first. If ultrasound is equivocal or red flags are present, proceed to:
  - MRI Abdomen without contrast (CPT® 74181) and/or MRI Pelvis without contrast (CPT® 72195) (if below the umbilicus).
### AB-2.2: Abdominal Pain

<table>
<thead>
<tr>
<th>Pain Location</th>
<th>Initial Ultrasound?</th>
<th>Conservative Treatment?</th>
<th>Advanced Imaging Indicated?</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Generalized, men and also women not of childbearing age</td>
<td>Yes</td>
<td>No*</td>
<td>*If equivocal ultrasound or if pain is accompanied with: any one red flag</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>◆ CT Abdomen and Pelvis with contrast</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>See red flags in <strong>AB-2.1</strong></td>
<td></td>
</tr>
<tr>
<td>Generalized, women of childbearing age, not pregnant,</td>
<td>Yes</td>
<td>No*</td>
<td>*If equivocal ultrasound or if pain is accompanied with any one red flag:</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>◆ CT Abdomen and Pelvis with contrast or</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>◆ MRI Abdomen and/or Pelvis without and with contrast</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>See red flags in <strong>AB-2.1</strong></td>
<td></td>
</tr>
<tr>
<td>Generalized, pregnant</td>
<td>Yes</td>
<td>No</td>
<td>If ultrasound is equivocal with acute pain or any one red flag,</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>◆ MRI Abdomen and/or Pelvis without contrast.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>In carefully selected individuals where CT imaging may be considered life saving for the mother, it can be safely performed with careful attention to radiation protection and technique. Requests for CT should go to Medical Director Review.</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>See red flags in <strong>AB-2.1</strong> and imaging for pregnant women in <strong>AB-2.1</strong></td>
<td></td>
</tr>
<tr>
<td>Left Lower Quadrant, rule out diverticulitis – ALL men and non-pregnant women</td>
<td>No</td>
<td>No</td>
<td>CT Abdomen and Pelvis with contrast</td>
<td></td>
</tr>
<tr>
<td>Pain Location</td>
<td>Initial Ultrasound?</td>
<td>Conservative Treatment?</td>
<td>Advanced Imaging Indicated?</td>
<td>Comments</td>
</tr>
<tr>
<td>---------------------------------------------------</td>
<td>---------------------</td>
<td>--------------------------</td>
<td>-----------------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Left Lower Quadrant, suspected or known intraabdominal abscess – ALL men and non-pregnant women</td>
<td>No</td>
<td>No</td>
<td>CT Abdomen and/or Pelvis with contrast.</td>
<td>See [AB-3: Abdominal Sepsis (Suspected Abdominal Abscess)]</td>
</tr>
<tr>
<td>Left Lower Quadrant, follow-up known intraabdominal abscess – ALL men and non-pregnant women</td>
<td>No</td>
<td>No</td>
<td>Serial abdominal and/or pelvic ultrasound (CPT 76700 and/or CPT 76856) or CT Abdomen and/or Pelvis with contrast: The interval can be days, weeks, or months</td>
<td>See [AB-3: Abdominal Sepsis (Suspected Abdominal Abscess)]</td>
</tr>
<tr>
<td>Left Upper Quadrant – ALL men and non-pregnant women</td>
<td>See AB-2.4 Left Upper Quadrant (LUQ) Pain</td>
<td>See AB-2.4 Left Upper Quadrant (LUQ) Pain</td>
<td>See AB-2.4 Left Upper Quadrant (LUQ) Pain</td>
<td></td>
</tr>
<tr>
<td>Right Lower Quad, rule out appendicitis in – ALL men and non-pregnant women</td>
<td>Ultrasound may be performed but is not required prior to performing a CT Abdomen and Pelvis with contrast or without contrast.</td>
<td>No</td>
<td>CT Abdomen and Pelvis either with contrast or without contrast.</td>
<td></td>
</tr>
<tr>
<td>Right Upper Quadrant, rule out cholecystitis - ALL men and non-pregnant women</td>
<td>See AB-2.3: Right Upper Quadrant Pain including Suspected Gallbladder Disease</td>
<td>See AB-2.3: Right Upper Quadrant Pain including Suspected Gallbladder Disease</td>
<td>See AB-2.3: Right Upper Quadrant Pain including Suspected Gallbladder Disease</td>
<td></td>
</tr>
<tr>
<td>Epigastric pain, dyspepsia, gastritis, and</td>
<td>See AB-2.5: Epigastric</td>
<td>See AB-2.5: Epigastric Pain and Dyspepsia</td>
<td>See AB-2.5: Epigastric Pain and Dyspepsia</td>
<td></td>
</tr>
</tbody>
</table>
| Pain Location                                                                 | Initial Ultrasound?                          | Conservative Treatment?                                      | Advanced Imaging Indicated? | Comments                                                                 
<table>
<thead>
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<tbody>
<tr>
<td>postprandial fullness – ALL men and non-pregnant women</td>
<td>Pain and Dyspepsia</td>
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<tr>
<td>Acute epigastric pain with any red flag symptoms – ALL men and non-pregnant women</td>
<td>See AB-2.5: Epigastric Pain and Dyspepsia</td>
<td>See AB-2.5: Epigastric Pain and Dyspepsia</td>
<td>See AB-2.5: Epigastric Pain and Dyspepsia</td>
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**CPT® Codes for AB 2.2**

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<thead>
<tr>
<th>CPT® Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>74150</td>
<td>CT Abdomen without contrast</td>
<td>76700</td>
<td>Ultrasound, complete Abdomen</td>
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<tr>
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<td>CT Abdomen with contrast</td>
<td>76705</td>
<td>Ultrasound, limited Abdomen</td>
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<td>74176</td>
<td>CT Abdomen and Pelvis without contrast</td>
<td>76830</td>
<td>Ultrasound, Transvaginal</td>
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<tr>
<td>74177</td>
<td>CT Abdomen and Pelvis with contrast</td>
<td>76856</td>
<td>Ultrasound, complete Pelvis</td>
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<tr>
<td>74181</td>
<td>MRI Abdomen without contrast</td>
<td>72195</td>
<td>MRI Pelvis without contrast</td>
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<tr>
<td>74183</td>
<td>MRI Abdomen without and with contrast</td>
<td>72197</td>
<td>MRI Pelvis without and with contrast</td>
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**AB-2.3: Right Upper Quadrant Pain including Suspected Gallbladder Disease**

- For Pregnant Women, See **AB-2.1: General Information**
- For all others:
  - Abdominal ultrasound (complete or limited) is the initial diagnostic test in the absence of red flags
  - CT Abdomen with contrast, or MRI Abdomen without or without and with contrast if ultrasound is equivocal or red flags present

**AB-2.4: Left Upper Quadrant (LUQ) Pain**

- Most common causes which may be more specifically evaluated:
  - Splenic etiologies:
    - Suspected trauma, or splenomegaly
    - See **AB-34: Spleen**
- Suspected infarct or abscess (severe pain and tenderness, fever, history of atrial fibrillation)
  - CT Abdomen without and with contrast or with contrast (CPT® 74170 or CPT® 74160)
- Pancreatic etiologies:
  - Suspected pancreatitis
  - See AB-33.1: Acute Pancreatitis
- Renal etiologies
  - Suspected nephrolithiasis
  - See AB-4.2: Suspected Renal Stone
  - Suspected pyelonephritis or abscess
  - See AB-40.1: Upper (Pyelonephritis)
- Suspected small or large bowel etiologies (e.g., ischemia, obstruction, volvulus, diverticulitis)
  - CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177)
- Gastric etiologies
  - If there is concern for peptic ulcer disease, or if the complaint is dyspepsia, without any red flags suggesting possible perforation or penetration, endoscopy would be the best study for assessing these potential conditions.
  - If there is concern for a more urgent gastric problem, such as perforation, or any red flag is present, then a CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177) can be approved.
- Suspected aortic dissection
  - See PVD-6.7: Aortic Dissection and Other Aortic Conditions in the Peripheral Vascular Disease Imaging Guidelines
- Unknown etiology, simply reported as LUQ pain
  - LUQ pain with any red flag: CT Abdomen or CT Abdomen and Pelvis (CPT® 74160 or CPT® 74177) can be approved.
  - LUQ pain without any red flags
    - Prior to advanced imaging, an adequate history and physical examination, with lab work to include: CBC, chemistry profile including electrolytes, BUN, creatinine, LFTs (ALT, AST, alkaline phosphatase and bilirubin) lipase, amylase, and urinalysis, should be performed with the intention of trying to establish a potential etiology.
    - If these evaluations and lab studies are negative or inconclusive for establishing a potential etiology which can be more specifically evaluated as described above, a CT Abdomen or CT Abdomen and Pelvis (CPT® 74160 or CPT® 74177) can be approved.

Background and Supporting Information

- LUQ pain is more difficult to categorize with regards to imaging as there are many potential etiologies, which might be better evaluated with different imaging procedures.
AB-2.5: Epigastric Pain and Dyspepsia

Epigastric pain with red flags: (non-pregnant individuals)

- ANY of the following:
  - Ultrasound Abdomen (CPT® 76700 or CPT® 76705)
  - CT Abdomen with contrast (CPT® 74160)
  - MRI Abdomen with and without contrast (CPT® 74183)

Epigastric pain without red flags and dyspepsia

(Note: Those individuals with abnormal laboratory tests or physical findings should also be assessed under the appropriate guidelines for those findings, e.g. LFTs, jaundice, etc.)

- Ultrasound Abdomen (CPT® 76700 or CPT® 76705) to assess for biliary/pancreatic disease
- CT Abdomen (CPT® 74160) or MRI Abdomen (CPT® 74183), or MRCP (CPT® 74181 or CPT® 74183), may be appropriate to evaluate positive findings on ultrasound. The use of these advanced imaging procedures to evaluate the ultrasound findings may be specifically addressed in the dedicated guideline. For example, the use of MRCP to evaluate potential pathology in the biliary tree or pancreatic duct is addressed in **AB-27: MR Cholangiopancreatography (MRCP)**.
- CT Abdomen (CPT® 74160), or MRI Abdomen (CPT® 74183) for persistent symptoms after a negative or inconclusive upper gastrointestinal endoscopy and ultrasound as well as ONE of the following:
  - Test and treat for Helicobacter pylori (H. pylori) and a trial of acid suppression with a proton pump inhibitor (PPI) for 4–8 weeks if eradication is successful, but symptoms do not resolve OR
  - An empiric trial of acid suppression with a PPI for 4–8 weeks

**NOTE:** See imaging for pregnant women **AB-2.1: General Information**

**Background and Supporting Information**

Epigastric pain without red flags and dyspepsia: defined by the ACG and CAG as predominant epigastric pain lasting at least one month and can be associated with any upper gastrointestinal symptoms such as epigastric fullness, nausea, vomiting, or heartburn

AB-2.6: Chronic Abdominal Pain

- Evaluation of Chronic Abdominal Pain (continuous or intermittent symptoms >6 months)
  - If red flag symptoms are present:
    - CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177)
  - In the absence of red flag symptoms:
    - Epigastric Pain and Dyspepsia
      - See **AB-2.5: Epigastric Pain and Dyspepsia**
- Right Upper Quadrant Pain
  - See **AB-2.3: Right Upper Quadrant Pain including Suspected Gallbladder Disease**
- Left Upper Quadrant Pain
  - See **AB-2.4: Left Upper Quadrant (LUQ) Pain**
- Nonspecific, generalized or lower abdominal pain
  - Initial laboratory assessment including
    - CBC with differential, chemistry profile including electrolytes, glucose, creatinine, BUN and liver chemistries, ESR, urinalysis amylase and lipase (for generalized or upper abdominal complaints), thyroid function tests.
    - Serology testing for celiac if suspected celiac disease
  - All individuals >50 years of age should have GI endoscopy
    - Colonoscopy if pain is in the lower abdomen and/or is associated with changes in bowel habits.
    - EGD (upper endoscopy) if pain is localized in the upper abdomen particularly if other upper GI symptoms are present (including early satiety, nausea), or if celiac disease is suspected. (See **AB-2.5: Epigastric Pain and Dyspepsia**)
- CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177) as requested (include pelvis for lower abdominal complaints or findings): if the above workup is negative or does not provide specific causes for more directed workup (for example, hematuria on urinalysis, or elevated transaminases, etc.)

**AB-2.7: Non-operative Treatment of Acute Appendicitis**
- Recurrent symptoms or routine post-treatment follow-up, if requested:
  - CT Abdomen and Pelvis with contrast (CPT® 74177)

(Note: Non-operative treatment of acute appendicitis is increasingly utilized. There is an approximately 2% chance of a pathologic finding not initially identified prior to treatment (e.g. Crohn’s Disease or an appendiceal neoplasm such as a carcinoid). In view of this, some authors suggest a follow-up imaging study in asymptomatic individuals, post-antibiotic treatment.)
References

AB-3: Abdominal Sepsis (Suspected Abdominal Abscess)

AB-3.1: Abdominal Sepsis
AB-3.1: Abdominal Sepsis

- CT Abdomen and/or Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177) for abdominal symptoms associated with fever and/or elevated white blood cell count.¹

- CT Abdomen and Pelvis with contrast (CPT® 74177) interval imaging for intraperitoneal abscess.

- Serial Ultrasound (CPT® 76705) or CT Abdomen and/or Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177) studies may be performed for follow-up of known abnormal fluid collections, especially following catheter drainage. The interval can be days, weeks, or months, based on the clinical course of the individual.

Reference

| AB-4.0: Ultrasound                        | 24 |
| AB-4.1: Suspected Renal Stone(s)         | 24 |
| AB-4.2: Observation of Known Ureteral Stone(s) | 24 |
| AB-4.3: Follow-Up of Treated Ureteral Stone(s) | 25 |
| AB-4.4: Annual Surveillance              | 25 |
| AB-4.5: This section intentionally left blank | 26 |
**AB-4.0: Ultrasound**

- Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) can be used in place of CT Abdomen and Pelvis at any of the initial or follow-up indications, if requested by Provider.

**AB-4.1: Suspected Renal Stone(s)**

- Suspected renal stone with symptoms in non-pregnant adults (flank pain/renal colic).1,2
  - CT Abdomen and Pelvis without contrast (CPT® 74176)
- Suspected renal stone in pregnant women (flank pain/renal colic)3,4
  - Ultrasound (CPT® 76770 or CPT® 76775) or MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)
- Suspected renal stone in children (flank pain/renal colic)
  - See **PEDAB-4: Flank Pain, Renal Stone** in the Pediatric Abdomen Imaging Guidelines
- Suspicin renal stones (flank pain/renal colic) with hematuria
  - CT Abdomen and Pelvis without contrast (CPT® 74176) or CT Urogram (CPT® 74178)

**AB-4.2: Observation of Known Ureteral Stone(s)**

- Radiopaque Stones
  - Initial follow-up imaging:
    - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) and KUB X-ray
  - Subsequent follow-up imaging:
    - If initial follow-up ultrasound and KUB are negative, and there is no hematuria and individual is asymptomatic:
      - See **AB-4.4: Annual Surveillance**
    - If initial follow-up ultrasound and KUB demonstrates hydronephrosis, retained stone, persistent hematuria, or individual is symptomatic:
      - CT Abdomen and Pelvis without contrast (CPT® 74176)
- Non-radiopaque Stones
  - Initial follow-up imaging:
    - CT Abdomen and Pelvis without contrast (CPT® 74176)
  - Subsequent follow-up imaging:
    - If CT is negative:
      - See **AB-4.4: Annual Surveillance**
    - If CT demonstrates a retained stone, hydronephrosis, or if the individual is being evaluated for surgery:
      - Further imaging can be considered on an individual basis
AB-4.3: Follow-Up of Treated Ureteral Stone(s)

- Post-shock wave lithotripsy (SWL):
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) is the appropriate initial follow-up imaging.
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) and/or CT Abdomen and Pelvis (contrast as requested) may be indicated for:
    - Individuals who are symptomatic
    - Individuals with hydronephrosis
    - Individuals who have residual fragments
  - Individuals treated by SWL who have passed fragments, are asymptomatic and without hydronephrosis: can be followed according to AB-4.4: Annual Surveillance.

- Post-medical expulsive therapy (MET):
  - Retroperitoneal ultrasound for individuals treated by MET who have passed a stone and are symptomatic.
  - CT Abdomen and Pelvis (contrast as requested) if hydronephrosis is demonstrated with ultrasound.
  - Individuals treated by MET who have passed a stone and are asymptomatic can be followed according to AB-4.4: Annual Surveillance.

- Post-ureteroscopic extraction with an intact stone:
  - Retroperitoneal ultrasound for individuals without symptoms
  - CT Abdomen and Pelvis with contrast (CPT® 74177) for individuals with symptoms or hydronephrosis demonstrated on ultrasound.
  - Individuals without symptoms or hydronephrosis demonstrated on ultrasound can be followed according to AB-4.4: Annual Surveillance.

- Post-ureteroscopic extraction requiring fragmentation of the stone(s):
  - Retroperitoneal ultrasound for individuals without symptoms
  - CT Abdomen and Pelvis without contrast (CPT® 74176) for individuals without symptoms, but hydronephrosis demonstrated on ultrasound.
  - Individuals without symptoms or without hydronephrosis demonstrated on ultrasound can be followed according to AB-4.4: Annual Surveillance.
  - Retroperitoneal ultrasound and KUB for individuals with symptoms and a radiopaque stone.
  - CT Abdomen and Pelvis without contrast (CPT® 74176) for individuals with symptoms and a non-radiopaque stone.

  Retroperitoneal ultrasound and/or CT Abdomen and Pelvis (contrast as requested) may be indicated for individuals with persistent symptoms and/or hydronephrosis.

AB-4.4: Annual Surveillance

- Annual surveillance for stable individuals who have a history of stones may be indicated to assess for stone growth or formation of new stones:
  - Plain X-ray (KUB) should be performed for individuals with radiopaque stones
  - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775) is the preferred modality for individuals with non-radiopaque stones
AB-4.5: This section intentionally left blank

References
AB-5: Gastroenteritis

AB-5.1: Gastroenteritis
**AB-5.1: Gastroenteritis**

- CT Abdomen and Pelvis with contrast (CPT® 74177) if:
  - Acute abdomen suggesting bowel obstruction, toxic megacolon (abdominal swelling, fever, tachycardia, elevated white blood cell count), or perforation
  - Bloody stools
  - Immunocompromised
  - Previous gastric bypass
  - Persistent abdominal pain and at least ONE of the following:
    - History of malignancy with a likelihood or propensity to metastasize to abdomen
    - Fever (≥101)
    - Mass
    - GI bleeding
    - Moderate to severe abdominal tenderness
    - Guarding, rebound tenderness, or other peritoneal signs
    - WBC 10,000 or greater
    - History of bariatric surgery

**Background and Supporting Information**

Gastroenteritis is a nonspecific term which denotes a constellation of symptoms including, to a varying degree, nausea, vomiting, diarrhea, and abdominal pain. It is usually caused by infectious agents such as norovirus. The broad differential of such symptoms evades establishing a guideline to evaluate gastroenteritis, as a specific entity, from an imaging standpoint.

**References**

# AB-6: Mesenteric/Colonic Ischemia

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</table>
**AB-6.1: Mesenteric Ischemia**

- Suspicion of acute mesenteric ischemia ONE of the following:
  - CTA Abdomen and/or Pelvis (Mesenteric) (CPT® 74174 or CPT® 74175 or CPT® 72191) (preferable), **or**
  - MRA Abdomen and/or Pelvis (CPT® 72198 and/or CPT® 74185), **or**
  - CT Abdomen and Pelvis with contrast (CPT® 74177).

- Post-procedure surveillance imaging following invasive treatment for mesenteric ischemia (celiac, superior mesenteric, and inferior mesenteric angioplasty with or without stenting, or mesenteric artery bypass grafting):
  - Baseline Duplex ultrasound (CPT® 93975 or CPT® 93976) within 1 month of the procedure
  - Duplex ultrasound (CPT® 93975 or CPT® 93976) at 6 months, 12 months, 18 months, and then annually thereafter
  - CT Abdomen or Abdomen and Pelvis with contrast (CPT® 74160 and CPT® 74177) or CTA Abdomen or Abdomen and Pelvis (CPT® 74174 or CPT® 74175) or MRA Abdomen (CPT® 74185) and if requested, MRA Pelvis (CPT® 72198):
    - For symptoms suggesting recurrent ischemia OR
    - In the absence of symptoms, following a Duplex Ultrasound if, on the Duplex study:
      - Celiac axis:
        - PSV >370 cm/s or a substantial increase from the post-treatment baseline PSV (substantial increase has not been defined) or demonstration of restenosis ≥70%
      - Superior mesenteric artery:
        - PSV >420 cm/s, or a substantial increase from the post-treatment baseline PSV (substantial increase has not been defined) or demonstration of restenosis of ≥70%
      - Inferior mesenteric artery:
        - Substantial increase from the post treatment baseline PSV (substantial increase has not been defined).

**Background and Supporting Information**

- Typical presentation of mesenteric ischemia is based on severe abdominal pain out of proportion to findings on physical exam, usually in individuals with underlying risk factors including cardiovascular disease, atrial fibrillation, hypertension, etc.:

**AB-6.2: Colonic ischemia (including ischemic colitis)**

- CT Abdomen and Pelvis with contrast (CPT® 74177) is considered the first imaging modality in order to assess the distribution and phase of the colitis, and it can be performed if abdominal pain and:
  - Lower GI bleed; **or**
  - Moderate or severe tenderness; **or**
  - Fever (≥101 degrees); **or**
  - Guarding, rebound tenderness, or other peritoneal signs; **or**
  - Elevated WBC as per the testing laboratory’s range
Repeat imaging for asymptomatic or unchanged symptoms, including routine post-operative imaging, is not needed.

CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) can be performed for suspicion of right sided or pancolonic ischemia (as suggested on the initial CT Abdomen and Pelvis or by history)

**Background and Supporting Information**

Suspicion of colonic ischemia based on sudden cramping abdominal pain accompanied by urgency to defecate and passage of bright red blood, maroon blood, or bloody diarrhea, with risk factors including cardiovascular disease, diabetes mellitus, kidney disease, previous abdominal surgery, use of constipating medications, COPD, and atrial fibrillation.

**References**

AB-7.1: Post-Op Pain within 60 Days

- CT Abdomen and/or Pelvis with contrast (CPT® 74177 or CPT® 74160 or CPT® 72193) for suspected postoperative/post procedure complications (For example: bowel obstruction, abscess or anastomotic leak).\textsuperscript{1,2}

- Beyond 60 days postoperatively, See **AB-2: Abdominal Pain**

References

2. Yaghmai V, Rosen MP, Lalani T, et al. ACR Appropriateness Criteria\textsuperscript{®} acute (nonlocalized) abdominal pain and fever or suspected abdominal abscess. ACR Appropriateness Criteria\textsuperscript{®} acute (nonlocalized) abdominal pain and fever or suspected abdominal abscess. American College of Radiology. Published 2012.
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<td>AB-8.2: Inguinal Lymphadenopathy</td>
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<td>AB-8.3: Sclerosing Mesenteritis and Mesenteric Panniculitis</td>
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**AB-8.1: Abdominal Lymphadenopathy**

- History of malignancy
  - Refer to oncology guidelines specific for that known malignancy
  - Biopsy may be considered
- Clinical or lab findings suggesting a lymphoproliferative disorder:
  - Biopsy
  - PET/CT (CPT® 78815) can be considered if biopsy is negative or inconclusive
  - PET/CT (CPT® 78815) can be considered if requested to find the most appropriate Lymph Node for biopsy in this scenario.
  - Clinical note: Due to its relative lack of specificity as well as higher cost, PET is a less efficient alternative to biopsy.
- Clinical or laboratory findings suggesting benign etiology, and no history of malignancy:
  - CT Abdomen and Pelvis (CPT® 74177) for 3-month follow-up.
  - If no changes at 3 months, 2 additional follow-up scans (at 6 months and one year) can be approved.
  - If no changes by one year, the finding can be considered benign. No further imaging.
- If a follow-up CT demonstrates a concerning change, biopsy should be performed. If biopsy is inconclusive, PET/CT (CPT® 78815) can be approved

**AB-8.2: Inguinal Lymphadenopathy**

There is no evidence-based support for advanced imaging of clinically evidenced inguinal lymph adenopathy without biopsy.

- Prior history of malignancy See ONC-31: Metastatic Cancer, Carcinoma of Unknown Primary Site, and Other Types of Cancer in the Oncology Imaging Guidelines

**Background and Supporting Information**

- Localized inguinal lymphadenopathy should prompt:
  - Search for adjacent extremity injury or infection
  - 3 to 4 weeks of observation if clinical picture is benign
  - Excisional biopsy of most abnormal lymph node if condition persists or malignancy suspected
- Generalized inguinal lymphadenopathy should prompt:
  - Diagnostic work-up, including serological tests, for systemic diseases and
  - Excisional or image-guided core needle biopsy
AB-8.3: Sclerosing Mesenteritis and Mesenteric Panniculitis

For new or worsening clinical symptoms, or if not previously performed:
- CT Abdomen and Pelvis without and with contrast (CPT® 74178)

Requests for follow-up imaging in asymptomatic individuals or for sequential imaging to monitor for the development of malignancy:
- Further imaging in these scenarios is not supported in the absence of worsening or new clinical symptoms.

PET imaging is not indicated for the evaluation of Sclerosing Mesenteritis or Mesenteric Panniculitis.

Background and Supporting Information

Sclerosing mesenteritis and mesenteric panniculitis are rare, incompletely understood entities that are characterized by an idiopathic inflammatory condition of the mesentery, with radiologic findings including:
- Fatty mass lesion in the small intestinal mesentery
- “Halo” (fat ring) surrounding lymph nodes or vessels
- Lymph nodes in the fatty mass
- A “pseudocapsule”
- “Misty” mesentery
- Calcifications from fat necrosis

Sclerosing mesenteritis may represent a spectrum of diseases (retractile mesenteritis, mesenteric panniculitis, and mesenteric lipodystrophy), or may be stages of one disease with progression.

The chronic inflammation may result in fibrosis with a mass effect and can involve the gut (causing obstruction), the mesenteric vessels, and other intra-abdominal or retroperitoneal organs. The etiology is uncertain, but may be secondary to trauma (previous abdominal surgery), an autoimmune process, ischemia, infection, and possibly may represent a paraneoplastic syndrome secondary to a malignancy, though this is controversial.

There is an increased prevalence of malignancy in individuals with sclerosing mesenteritis, and this has resulted in requested for sequential imaging in stable or asymptomatic individuals. In addition, requests may be made to assess the clinical response in those undergoing active treatment.

However, studies have reported that the data on potentially developing a subsequent malignancy is inconclusive and thus “it does not seem justified to subject individuals with MP, especially those in whom other associations such as abdomino-pelvic surgery may explain the MP findings, to multiple follow-up CT scans with the aim of detecting a future malignancy”1. This is supported by other authors.2,3,4,5

In addition, there is no correlation between radiologic and clinical findings, and management decisions are guided by the severity and type of symptoms. Thus, sequential radiologic imaging to assess treatment response is not recommended.2
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AB-9.1: Bariatric Surgery

- Pre-operative Assessment:
  - Abdominal ultrasound (CPT® 76700 or CPT® 76705) to assess the liver and gallbladder

- Post-operative complications:
  - CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Abdomen with contrast (CPT® 74160) for individuals who have had weight loss surgery and who present with suspected complications including:
    - Weight loss failure
    - Heartburn
    - Nausea or vomiting
    - Abdominal pain
    - Fever
    - Abdominal distension
    - Suspected hernia

- Note: Internal hernias in individuals who have had Roux-En-Y gastric bypasses may have intermittent and relatively mild abdominal symptoms which require immediate evaluation with CT imaging.

- See AB-7: Post-Operative Pain With-in 60 Days Following Abdominal Surgery – Abdominal Procedure

Background and Supporting Information

- Bariatric procedures include gastric banding, gastric bypass, sleeve gastrectomy, and biliopancreatic diversion procedures.

- Though abdominal pain in post-operative bariatric individuals may be gallbladder-induced and an ultrasound would be helpful for this diagnosis, the complications of bariatric surgery can become quickly life-threatening, and so any request for CT imaging in the post-operative bariatric individual should not be delayed with recommendations for ultrasound, even if the examination does not indicate any “red flags”.

References

AB-10.1: Blunt Abdominal Trauma

- Abdominal and/or Pelvic ultrasound (CPT® 76700 and/or CPT® 76856) can be approved for the evaluation of blunt abdominal trauma when requested.

- CT Abdomen and/or Pelvis with contrast (CPT® 74160, or CPT® 72193, or CPT® 74177):
  - High probability intra-abdominal injury
    - Abdominal pain or tenderness
    - Pelvic or femur fracture
    - Lower rib fracture
    - Costal margin tenderness or evidence of thoracic wall trauma
    - Diminished breath sounds
    - Vomiting
    - Pneumothorax
    - Hematocrit <30%
    - Hematuria
    - Elevated AST
    - Non-examinable individual (intoxicated, less than fully conscious, Glasgow Coma Scale Score >13, etc.)
    - Evidence of abdominal wall trauma or seat-belt sign
  - If ultrasound demonstrates any positive finding(s)

References
## AB-11: Gaucher Disease and Hemochromatosis

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AB-11.1: Gaucher Disease

- MRI Abdomen without contrast (CPT® 74181) and MRI Lower Extremity without contrast (CPT® 73718) for:
  - Individuals not on enzyme therapy every 12 to 24 months
  - Individuals on enzyme therapy every 12 months:
    - For change in dose of medication, complication from medication specific for treatment of Gaucher disease or clinical complication, individuals with active bone disease may require more frequent monitoring than once a year.

- See PEDPN-4: Gaucher Disease in the Pediatric Peripheral Nerve Disorders (PND) Imaging Guidelines

Background and Supporting Information

- Gaucher disease is a lysosomal storage disease characterized by glucosylceramide accumulation in the spleen, liver, kidneys, lung, brain, and bone marrow

AB-11.2: Hereditary (Primary) Hemochromatosis (HH) and Other Iron Storage Diseases

- MRI Abdomen without contrast (CPT® 74181) for iron quantification
  - If transferrin iron saturation (TS) \(\geq 45\%\) OR Elevated serum ferritin (males >300 ng/ml, females >200 ng/ml)
    - AND
  - Genetic studies for hemochromatosis have been performed and results are ANY of the following:
    - Negative for hemochromatosis
    - C282Y/H63D compound heterozygote
    - C282Y heterozygote
    - Non-C282Y homozygote

- Note:
  - For C282Y/C282Y homozygote, iron quantification generally not indicated. Workup is as follows:
    - If serum ferritin >1000 ug/L or elevated liver enzymes:
      - Liver biopsy for fibrosis staging and rule out concurrent liver disease
    - If serum ferritin <1000 ug/L and normal liver enzymes:
      - Therapeutic phlebotomy

  (Note: Studies indicate that measurements of hepatic iron concentration by MRI may be more useful in ruling out than diagnosing clinically significant iron overload. MRI can distinguish between primary and secondary iron overload based on iron uptake in the reticuloendothelial system.)

- For the evaluation of suspected hepatic iron overload in chronic transfusional states (e.g., sickle cell disease, thalassemia, oncology individuals, bone marrow failure, and stem cell transplant individuals):
MRI Abdomen without contrast (CPT® 74181) for iron quantification can be performed annually

- See PEDAB-18.2: Transfusion-Associated (Secondary) Hemochromatosis in the Pediatric Abdomen Imaging Guidelines regarding transfusion-associated hepatic iron deposition.

- If clinical, biopsy, or radiological findings suggest advanced fibrosis or cirrhosis and HCC surveillance is requested, then follow HCC Screening Guidelines (See AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC).

**Background and Supporting Information**

- An elevated serum ferritin >1000 mcg/l is associated with an increased risk of cirrhosis and mortality in C282 homozygotes, while a serum ferritin <1000 mcg/l is associated with a very low likelihood of cirrhosis.

- The role of serial MRI for monitoring hepatic iron concentration in hemochromatosis has not been defined. Treatment is phlebotomy and results are monitored by serum ferritin.

- The most recent ACG guideline (2019) noted that transient elastography has not been validated to assess fibrosis stage in hereditary hemochromatosis. The guideline further instructs that “if there is a concomitant need to stage hepatic fibrosis or evaluate for alternate liver diseases, then liver biopsy is the preferred method”.¹⁴
References


### AB-12: Hernias

| AB-12.1: Inguinal or Femoral Hernia | 47 |
| AB-12.2: Spigelian, Ventral, Umbilical, or Incisional Hernia | 47 |
| AB-12.3: Hiatal Hernia | 47 |
| AB-12.4: Indeterminate Groin Pain | 48 |
**AB-12.1: Inguinal or Femoral Hernia**

- Clinical examination alone is usually sufficient for confirming the diagnosis of an evident groin hernia.
- Ultrasound, pelvic limited (CPT® 76857) or pelvic complete (CPT® 76856) is the initial imaging study if:
  - Vague groin swelling with diagnostic uncertainty
  - Poor localization of swelling (as might be seen with a small hernia and prominent overlying fat)
  - Intermittent swelling not present on examination
  - Other groin complaints without swelling
- CT Pelvis with contrast (CPT® 72193) or without contrast (CPT® 72192)
  - If ultrasound is indeterminate or non-diagnostic
  - For suspected incarceration or strangulation
- MRI Pelvis without contrast (CPT® 72195) or with and without contrast (CPT® 72197)
  - If ultrasound is indeterminate or non-diagnostic, and musculoskeletal ailments such as osteitis pubis, or athletic pubalgia are in the differential, See **MS-23: Pelvis** in the Musculoskeletal Imaging Guidelines for applicability of MRI.
- For chronic post-surgical groin pain (after hernia repair):
  - Pelvic ultrasound (CPT® 76856 or CPT® 76857) or US-guided nerve block
  - CT Pelvis with contrast (CPT® 72193) or without contrast (CPT® 72192) or MRI Pelvis without contrast (CPT® 72195) or without and with contrast (CPT® 72197) can be approved if either ultrasound or ultrasound-guided nerve block is indeterminate or non-diagnostic, to assess for other non-neuropathic causes.

**AB-12.2: Spigelian, Ventral, Umbilical, or Incisional Hernia**

- Known or suspected primary or recurrent Spigelian hernia (anterior abdominal wall hernia through the semilunar line), ventral hernia, umbilical, or incisional hernia:
  - CT Abdomen without or with contrast (if above the umbilicus) (CPT® 74150 or CPT® 74160) or
  - CT Pelvis without or with contrast (if below the umbilicus) (CPT® 72192 or CPT® 72193) or
  - CT Abdomen and Pelvis without or with contrast (if above and below the umbilicus) (CPT® 74176 or CPT® 74177)

**AB-12.3: Hiatal Hernia**

- CT Chest and/or Abdomen with contrast (CPT® 71260 and/or CPT® 74160) to evaluate ANY of the following:
  - GI specialist or surgeon request for treatment/pre-operative planning.
  - Suspected complication of primary disease or surgery.

**Background and Supporting Information**

- Some complications might include suspicion of a gastric volvulus (torsion) within the chest cavity, vomiting, chest pain, and difficulty in swallowing.
AB-12.4: Indeterminate Groin Pain

See MS-23: Pelvis in the Musculoskeletal Imaging Guidelines

References
## AB-13: Abdominal Mass

| AB-13.1: Abdominal Wall Mass | 50 |
| AB-13.2: Intra-Abdominal Mass | 50 |
| AB-13.3: Abnormal Findings on Endoscopy/Colonoscopy | 50 |
**AB-13.1: Abdominal Wall Mass**

- Abdominal ultrasound and/or Pelvic ultrasound (CPT® 76700 or CPT® 76705 and/or CPT® 76856) is the initial imaging study to assess an abdominal wall or subcutaneous mass.
- MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen with contrast (CPT® 74160) to assess a suspected malignant or indeterminate mass detected on ultrasound (Pelvis imaging can be included depending on the location of the mass).

**AB-13.2: Intra-Abdominal Mass**

- Palpable abdominal mass on physical examination:
  - CT Abdomen with contrast (CPT® 74160) or if extending below the umbilicus or involving the pelvis, CT Abdomen and Pelvis with contrast (CPT® 74177)
  - Abdominal ultrasound (CPT® 76700) may be approved if requested
  - MRI Abdomen without and with contrast (CPT® 74183) may be approved to evaluate indeterminate findings on a prior CT or ultrasound (Pelvic imaging may be included if the mass extends below the umbilicus or involves the pelvis.)
- For a pulsatile abdominal mass, suspected aortic aneurysm: See **PVD-6.3: Abdominal Aortic Aneurysm (AAA)** in the Peripheral Vascular Disease (PVD) Imaging Guidelines
- For females with a suspected adnexal mass or fibroid: See **PV-5: Adnexal Mass/Ovarian Cysts** or **PV-12: Leiomyomata/Uterine Fibroids** in the Pelvis Imaging Guidelines.

**Pregnant individual:**
- Abdominal and/or Pelvic and/or Transvaginal ultrasound (CPT® 76700 and/or CPT® 76856 and/or CPT® 76830) is appropriate for initial imaging
- Follow-up Imaging if ultrasound findings are indeterminate See **AB-2.1: General Information**.

**AB-13.3: Abnormal Findings on Endoscopy/Colonoscopy**

- Submucosal colonic lesions above the rectum or unexplained colonic extrinsic compression above the rectum, or for the pre-operative planning of anticipated surgical or endoscopic resection of a previously identified polypoid mass above the rectum (not for routine colonoscopic polypectomy):
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
- Submucosal gastric lesions:
  - CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177)
    - If endoscopic ultrasound with or without fine-needle aspiration, which is the preferred initial imaging modality for further characterize submucosal gastric lesions cannot be performed, is indeterminate, or if the findings of the endoscopic ultrasound indicate a need for further imaging.
- Gastric extrinsic compression:
CT Abdomen with contrast (CPT® 74160) or CT Abdomen and Pelvis with contrast (CPT® 74177)

Submucosal rectal lesions or unexplained extrinsic compression in the rectum:
- MRI Pelvis without and with contrast (CPT® 72197)
  - If rectal endoscopic ultrasound, which is the preferred initial imaging study, cannot be performed (e.g. anal stricture, or severe inflammatory process prohibiting passage of probe etc.), is indeterminate, or, if based on endoscopic ultrasound findings, additional imaging is needed for further characterization
  - For the pre-operative planning of anticipated surgical or endoscopic resection of a polypoid mass (not for routine colonoscopic polypectomy)

For further imaging of a documented colonic or rectal malignancy, See **ONC-16.2: Initial Work-Up/Staging** in the Oncology Imaging Guidelines

For further imaging of a suspected Gastrointestinal Stromal Tumor (GIST), See **ONC-12.5: Gastrointestinal Stromal Tumor (GIST)** in the Oncology Imaging Guidelines

For further imaging of gastric cancer, See **ONC-14.9: Gastric Cancer - Initial Work-Up/Staging** in the Oncology Imaging Guidelines

References
6. NCCN Guidelines Colon Cancer Version 4.2018. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Colon cancer V 4.2018. ©2018 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org
AB-14: Lower Extremity Edema

See PVD-7.5: Lower Extremity, Deep Venous Thrombosis (DVT) and/or Lower Extremity Edema in the Peripheral Vascular Disease Imaging Guidelines.
AB-15.1: Zollinger-Ellison Syndrome (ZES-Gastrinoma)

- See ONC-15: Neuroendocrine Cancers and Adrenal Tumors in the Oncology Imaging Guidelines
## AB-16: Adrenal Cortical Lesions

| **AB-16.1:** Adrenal Cortical Lesions | 56 |
| **AB-16.2:** Adrenal Insufficiency | 60 |
| **AB-16.3:** This section intentionally left blank | 60 |

<table>
<thead>
<tr>
<th>Procedure Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>CPT® 74150</td>
<td>CT Abdomen without contrast</td>
</tr>
<tr>
<td>CPT® 74160</td>
<td>CT Abdomen with contrast</td>
</tr>
<tr>
<td>CPT® 74170</td>
<td>CT Abdomen without and with contrast</td>
</tr>
<tr>
<td>CPT® 74181</td>
<td>MRI Abdomen without contrast</td>
</tr>
<tr>
<td>CPT® 74183</td>
<td>MRI Abdomen without and with contrast</td>
</tr>
<tr>
<td>CPT® 78812</td>
<td>PET, Skull Base to Mid-Thigh</td>
</tr>
<tr>
<td>CPT® 78815</td>
<td>PET/CT, Skull Base to Mid-Thigh</td>
</tr>
</tbody>
</table>
AB-16.1: Adrenal Cortical Lesions

CT Abdomen without contrast (CPT® 74150) is the initial imaging study for adrenal masses incidentally detected on ultrasound.

| Imaging Decision Tree: Incidentally Discovered Adrenal Mass[^1][^2][^3][^4] |
|--------------------------------------------------|--------------------------------------------------------------------------------|
| **Mass Details** | **Primary Study** | **Additional Studies** |
| ▶ Incidental adrenal mass <1 cm in short axis, on any CT or MRI Abdomen or Abdomen and Pelvis | Incidentally detected on any CT or MRI Abdomen or Abdomen and Pelvis | ▶ Need not be pursued with further imaging, as it is uncertain as to whether subcentimeter nodularity or adrenal thickening qualifies as an adrenal mass on radiology reports. |
| ▶ Asymptomatic adrenal mass ≥1 cm | Incidentally detected on any CT or MRI Abdomen or Abdomen and Pelvis | ▶ No further imaging, regardless of size, if imaging is diagnostic for benign findings, including any of the following:  
  ◆ Myelolipoma (macroscopic fat) or  
  ◆ Calcified mass or  
  ◆ ≤10 HU on CT or decreased signal on Chemical Shift MRI (CS-MRI, CPT® 74181) consistent with benign adenoma, or  
  ◆ If imaging was completed with and without contrast and no enhancement (defined as <10 HU change between unenhanced and enhanced/contrasted CT e.g. cyst, hemorrhage)* |
| ▶ 1 to <4 cm | Incidentally detected and Indeterminate on any initial CT or MRI Abdomen or Abdomen and Pelvis | ▶ 1 to 2 cm: Very next study is 12 months from the initial indeterminate study, as follows:  
  ◆ CT Abdomen without and with contrast (adrenal protocol), or may consider CS-MRI (chemical shift MRI, CPT® 74181), especially if CT contraindicated  
    ▪ If stable ≥1 year, no further imaging-likely benign  
    ▪ If enlarging (or new lesion present):  
      ▪ biochemical evaluation;  
      ▪ consider resection for possible primary adrenocortical carcinoma;  
      ▪ exclude pheochromocytoma prior to resection  
  ▶ >2 cm to <4 cm: Very next study after initial indeterminate finding is done immediately, as follows:  
  ◆ CT Abdomen without and with contrast (adrenal protocol); may consider CS-MRI (chemical shift MRI, CPT® 74181), especially if CT contraindicated  
    ▪ No further follow up imaging if: |
## Imaging Decision Tree: Incidentally Discovered Adrenal Mass\(^{1,2,3,4}\)

<table>
<thead>
<tr>
<th>Mass Details</th>
<th>Primary Study</th>
<th>Additional Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>- Absolute Percentage Washout/Relative Percentage Washout (APW/RPW) (\geq 60/40%): Benign adenoma;</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- No enhancement (defined as change in pre- and post-contrast imaging of (&lt;10) HU Cyst or hemorrhage)</td>
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<tr>
<td></td>
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<td>- If APW/RPW (&lt; 60/40%):</td>
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<td></td>
<td>- Consider 6-12 month follow up imaging, or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Resection for possible primary adrenocortical carcinoma, with biochemical evaluation to determine functional status and to exclude pheochromocytoma prior to resection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- If not resected, follow-up CT Abdomen with and without contrast in 6 – 12 months. May consider CS-MRI (chemical shift MRI, CPT® 74181), especially if CT contraindicated.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- If enlarging on follow up imaging: Consider resection for possible primary adrenocortical carcinoma; biochemical evaluation to determine functional status and to exclude pheochromocytoma prior to resection.</td>
</tr>
<tr>
<td>(\geq 4) cm</td>
<td>Incidentally detected and Indeterminate on any initial CT or MRI Abdomen or Abdomen and Pelvis</td>
<td>Biochemical assays to determine functional status to exclude pheochromocytoma prior to resection</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Consider resection for possible primary adrenocortical carcinoma</td>
</tr>
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<td></td>
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<td></td>
</tr>
<tr>
<td>(1) cm to (&lt; 4) cm</td>
<td>Incidentally detected and Indeterminate on any initial CT or MRI Abdomen or Abdomen and Pelvis</td>
<td>CT Abdomen without and with contrast (adrenal protocol); or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- May consider CS-MRI (chemical shift MRI, CPT® 74181), especially if CT contraindicated</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- No further follow up imaging if:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- APW/RPW (&gt;60/40%): Benign adenoma; or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- No enhancement (defined as change in pre- and post-contrast imaging of (&lt;10) HU e.g. cyst or hemorrhage);</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- APW/RPW (&lt; 60/40%):</td>
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<tr>
<td></td>
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<td>- PET/CT; consider biopsy;</td>
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<tr>
<td></td>
<td></td>
<td>- Biochemical evaluation to determine functional status and exclude pheochromocytoma prior to biopsy/resection.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- If enlarging or new lesion:</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- PET/CT or biopsy;</td>
</tr>
<tr>
<td></td>
<td></td>
<td>- Biochemical evaluation to determine functional status and exclude pheochromocytoma prior to biopsy/resection.</td>
</tr>
</tbody>
</table>
## Imaging Decision Tree: Incidentally Discovered Adrenal Mass

<table>
<thead>
<tr>
<th>Mass Details</th>
<th>Primary Study</th>
<th>Additional Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>➤ ≥4 cm</td>
<td>Incidentally detected and Indeterminate on any initial CT or MRI Abdomen or Abdomen and Pelvis</td>
<td>➤ PET/CT or biopsy</td>
</tr>
<tr>
<td>➤ History of cancer with a likelihood or propensity to metastasize to the adrenal gland or abdomen</td>
<td></td>
<td>➤ Consider biochemical assays to determine functional status and exclude pheochromocytoma prior to biopsy/resection</td>
</tr>
</tbody>
</table>

### Suspected Condition

<table>
<thead>
<tr>
<th>Suspected Condition</th>
<th>Initial Imaging</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suspected Cushing’s Syndrome, or virilizing adrenal tumors</td>
<td>CT Abdomen without contrast*</td>
<td><strong>Laboratory:</strong> dexamethasone suppression, serum ACTH level, virilizing hormone levels, salivary cortisol, and/or 24 hour urine for adrenal hormones confirm adrenal cortical endocrine syndrome</td>
</tr>
</tbody>
</table>
| Suspected Pheochromocytoma or Paraganglioma (PPGL)                        | CT Abdomen and Pelvis without and with contrast (preferred study) (CPT® 74178); or CT Abdomen and Pelvis with contrast (CPT® 74177); or MRI Abdomen (CPT® 74183) and Pelvis (CPT® 72197) without and with contrast (if CT is contraindicated*** | ➤ CECT (contrast enhanced CT) is preferred over MRI due to superior spatial resolution in evaluation of PPGL.  
➤ Imaging to locate PPGL is indicated once biochemical evidence of PPGL is supported by plasma free metanephrine or urinary fractionated metanephrine testing. |
| Conn’s Syndrome (hyperaldosteronism)                                      | CT Abdomen without contrast | ➤ If PAC (plasma aldosterone concentration) >20ng/dl plus undetectable PRA (plasma renin activity), plus spontaneously low potassium level (e.g. not diuretic-induced): proceed with advanced imaging.  
➤ If PAC 15-19ng/dl plus low PRA plus PAC/PRA ratio >20: Confirmatory testing demonstrating lack of aldosterone suppression needed prior to advanced imaging (See Practice Note). |
<table>
<thead>
<tr>
<th>Suspected Condition</th>
<th>Initial Imaging</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>If initial CT Abdomen without contrast is indeterminate, CT Abdomen with and without contrast (CPT® 74170) with adrenal protocol is indicated or MRI Abdomen (contrast as requested), if CT contrast is contraindicated.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>If adrenal vein sampling (AVS) is planned once primary aldosteronism is confirmed on biochemical and/or suppression testing: CT Abdomen with contrast is indicated after initial CT Abdomen without has been performed.</td>
<td></td>
</tr>
</tbody>
</table>

**Background and Supporting Information**

- Above imaging can be applied to individuals with bilateral adrenal masses, with each lesion addressed separately.
- Benign calcified mass, such as and old hematoma or calcification from prior granulomatous infection needs no further imaging.
- Both benign and malignant adrenal masses may enlarge over time; there is not a known growth-rate threshold to differentiate benign from malignant adrenal masses.
- *If an adrenal mass does not demonstrate enhancement (defined as <10 HU change between unenhanced and enhanced/contrasted CT scan), mass represents a cyst or hemorrhage and no further imaging is needed. Conversely, when an adrenal mass shows avid enhancement (>110 – 120 HU), a pheochromocytoma should be considered and biochemical evaluation with serum catecholamines is recommended.*
- **The most commonly used Confirmatory Aldosterone Suppression tests include:** Sodium loading testing (oral or IV), Fludrocortisone Suppression Test (FST) and Captopril Challenge Test.
- ***MRI is recommended in individuals with clips that cause artifacts when using CT, in individuals with an allergy to CT contrast, and in individuals in whom radiation exposure should be limited (children, pregnant women, individuals with known germline mutations, and those with recent excessive radiation exposure), and for detection of skull base and neck paragangliomas, as skull base and neck paragangliomas are often biochemically silent and imaging represents the principal means for diagnosis.***
- For additional imaging regarding continued suspicion with negative/inconclusive CT scan or MRI and for metastatic tumors, See [ONC-15.10: Adrenal Tumors - Initial Work-Up/Staging](#) in the Oncology Imaging Guidelines
- The laboratory’s reference range performing renin (PRA) and serum potassium levels should be used for determining abnormalities of these levels.
AB-16.2: Adrenal Insufficiency

- CT Abdomen without contrast (CPT® 74150) or MRI Abdomen without contrast (CPT® 74181) to determine the cause of primary adrenal insufficiency. Imaging is necessary if testing has confirmed adrenal insufficiency or adrenomyeloneuropathy.\(^6,7\)

**Background and Supporting Information**

- The majority of “incidentalomas” are benign adenomas. The risk of primary adrenal carcinoma is as high as 5%. Metastases with history of malignancy are 25-75%.
  - Routine screening for endocrine function is recommended since 5%-23% will be hormone secreting.
  - Resection or biopsy is often considered for mass lesions larger than 4 cm or hormone-secreting tumors.*
  - Biopsy is often considered if pheochromocytoma is excluded.

- Signs and symptoms of pheochromocytoma:
  - Flushing spells and/or poorly controlled hypertension.
  - Elevated plasma or urine metanephrines support the diagnosis of pheochromocytoma with sensitivity for diagnosis at 99.7%
  - If plasma metanephrines are not elevated, a 24-hour urine for catecholamine and metanephrine levels should be obtained prior to considering advanced imaging.
  - If catecholamine and metanephrine levels are not elevated in a 24-hour urine test, then no advanced imaging is indicated unless unexplained symptoms suggestive of pheochromocytoma persist.
  - Endocrine guidelines recommend biochemical evaluation in all incidental adrenal lesions with the exception of myelolipomas and cysts.

**Adenoma imaging characteristics:**

<table>
<thead>
<tr>
<th>Findings consistent with Adenoma</th>
<th>Indeterminate for Adenoma</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CT Abdomen without contrast</strong></td>
<td></td>
</tr>
<tr>
<td>≤10 Hounsfield Units</td>
<td>&gt;10 Hounsfield Units</td>
</tr>
<tr>
<td><strong>CT with contrast with washout (calculated)</strong></td>
<td></td>
</tr>
<tr>
<td>≥60% absolute washout or &gt;40% relative washout</td>
<td>&lt;60% absolute washout</td>
</tr>
<tr>
<td>Chemical Shift MRI</td>
<td></td>
</tr>
<tr>
<td>Signal drop out</td>
<td>Lack of signal drop out</td>
</tr>
</tbody>
</table>

*Size >4 cm or growth of a lesion are concerning for malignancy (though occasionally adenomas can demonstrate very slight growth on 6 to 12 month follow up imaging).

AB-16.3: This section intentionally left blank
References
AB-17: Abdominal Aortic Aneurysm (AAA), Iliac Artery Aneurysm (IAA), and Visceral Artery Aneurysms Follow-Up of Known Aneurysms and Pre-Op Evaluation

AB-17.1: Abdominal Aortic Aneurysm (AAA) 63
AB-17.2: Iliac Artery Aneurysm (IAA) 63
AB-17.3: Visceral Artery Aneurysm 63
AB-17.1: Abdominal Aortic Aneurysm (AAA)
▶ See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines.

AB-17.2: Iliac Artery Aneurysm (IAA)
▶ See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines.

AB-17.3: Visceral Artery Aneurysm
▶ See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines.
AB-18.1: AAA, IAA, Post Endovascular or Open Aortic Repair

See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines.
AB-19: Aortic Dissection and Imaging for Other Aortic Conditions

AB-19.1: Aortic Dissection and Other Aortic Conditions  67
AB-19.2: Imaging for Other Aortic Conditions  67
AB-19.1: Aortic Dissection and Other Aortic Conditions

- See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines

AB-19.2: Imaging for Other Aortic Conditions

- See PVD-6: Aortic Disorders, Renal Vascular Disorders, and Visceral Artery Aneurysms in the Peripheral Vascular Disease Imaging Guidelines
<table>
<thead>
<tr>
<th>AB-20: Bowel Obstruction and Gastroparesis</th>
</tr>
</thead>
<tbody>
<tr>
<td>AB-20.1: Bowel Obstruction</td>
</tr>
<tr>
<td>AB-20.2: This section intentionally left blank</td>
</tr>
</tbody>
</table>
**AB-20.1: Bowel Obstruction**

- **Suspected high-grade bowel obstruction:**
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
  - Pediatric individuals:
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) can be approved if requested
  - Pregnant individuals:
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)

- **Suspected intermittent or low-grade small bowel obstruction**
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
  - Pediatric individuals:
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197) can be approved if requested
  - Pregnant individuals:
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 74195)

- If the etiology or level of suspected intermittent or low-grade small bowel obstruction remains undetermined and additional imaging is needed after CT Abdomen and Pelvis:
  - CT Enteroclysis (CPT® 74176 or CPT® 74177) or
  - CT Enterography (CPT® 74177) or
  - MR Enteroclysis (CPT® 74183 and CPT® 72197) or
  - MR Enterography (CPT® 74183 and CPT® 72197)

- If there is a suspected small bowel tumor as a cause of the small bowel obstruction (including a history of no prior abdominal or pelvic surgery, no known hernia and/or concomitant obscure GI bleeding):
  - CT Enterography (CPT® 74177)

- Small bowel obstruction suspected to be secondary to Crohn’s Disease:
  - See **AB-23.1: IBD Rule out Crohn’s Disease or Ulcerative Colitis** and **AB-23.2: Known IBD**

- For bariatric surgery individuals, See **AB-9.1: Bariatric Surgery**

**AB-20.2: This section intentionally left blank**
References
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| AB-21.2: Chronic Diarrhea (more than 30 days)                     | 72 |
| AB-21.3: Constipation                                              | 72 |
| AB-21.4: Bloating and/or Irritable Bowel Syndrome                 | 73 |

**AB-21: Diarrhea, Constipation, and Irritable Bowel**
AB-21.1: Acute and Persistent Diarrhea (up to 30 days)

- Routine advanced imaging is not supported for acute, or persistent (up to 30 days) uncomplicated, including infectious diarrhea.

- CT Abdomen and Pelvis with contrast (CPT® 74177) can be used if:
  - Suspected ischemia (See AB-6: Mesenteric/Colonic Ischemia)
  - Older (>50) individuals with significant abdominal pain
  - Acute abdomen suggesting bowel obstruction, toxic megacolon (abdominal swelling, fever, tachycardia, elevated white blood cell count), or perforation
  - Bloody stools
  - Immunocompromised
  - Previous gastric bypass
  - Persistent abdominal pain and at least one of the following:
    - History of malignancy with a likelihood or propensity to metastasize to abdomen
    - Fever (≥101 degrees)
    - Mass
    - GI bleeding
    - Moderate to severe abdominal tenderness
    - Guarding, rebound tenderness, or peritoneal signs
    - WBC 10,000 or greater

Background and Supporting Information

- Travel and dysenteric (including bloody) diarrhea should undergo biological assessment and antimicrobial treatment.9,10,11 (See AB-2.1: General Information)

AB-21.2: Chronic Diarrhea (more than 30 days)

- Basic lab work including routine CBC, chemistries, as well as stool tests for pathogens should be done prior to advanced imaging.
  - If diarrhea is watery – a secretory or osmotic etiology should be identified.
  - If diarrhea is bloody, it is inflammatory – requiring colonoscopy.

- CT Abdomen with contrast (CPT® 74160), CT Abdomen and Pelvis with contrast (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197), can be considered if both basic lab work and colonoscopy are negative.

AB-21.3: Constipation

- CT Abdomen and Pelvis with contrast (CPT® 74177) if:
  - Acute abdomen suggesting bowel obstruction, toxic megacolon (abdominal swelling, fever, tachycardia, elevated white blood cell count), or perforation
  - Bloody stools
  - Immunocompromised
  - Previous gastric bypass
  - Persistent abdominal pain and at least one of the following:
    - Failure of conservative treatment for 4 weeks
- History of cancer
- Fever (101 degrees or greater)
- Mass
- GI bleeding
- Moderate to severe abdominal tenderness
- Guarding, rebound tenderness, or peritoneal signs
- WBC 10,000 or greater
- History of bariatric surgery

- MRI Defecography (MRI pelvis without contrast CPT® 72195) can be considered if the following conditions are met:
  - Individual has undergone ano-rectal manometry and a balloon-expulsion test, and the results confirm a defecatory disorder or are inconclusive and the individual has failed a trial of biofeedback or other conservative therapy.
  - Balloon expulsion test is normal and there is a need to identify structural lesions.
  - To guide planned surgical therapy for rectoceles, cystoceles, or uterine prolapse.

**Background and Supporting Information**

- The workup and treatment of constipation usually proceeds with a history and physical followed by empiric medication or dietary trials.
  - In general, a colonoscopy is performed prior to advanced imaging in an individual presenting with chronic constipation if the alarm symptoms of blood in the stool, anemia, or weight loss are present.

**AB-21.4: Bloating and/or Irritable Bowel Syndrome**

- Colonoscopy should be performed prior to advanced imaging to rule out microscopic colitis or inflammatory bowel disease in individuals with IBS-D.

- Advanced imaging in the absence of alarm symptoms has a very low yield, but can be considered in the following circumstances (The ACG Task Force recommends against the routine use of abdominal imaging in individuals with IBS symptoms and no alarm features):
  - CT Abdomen (CPT® 74160) or CT Abdomen and Pelvis (CPT® 74177) can be considered in the following circumstances:
    - Presence of alarm symptoms
      - Weight loss
      - Frequent nocturnal awakenings due to gastrointestinal symptoms
      - Fever
      - Blood in the stool (See **AB-22: GI Bleeding**)
      - New onset and progressive symptoms
      - Onset of symptoms after age 50
      - Recent antibiotic use
      - Family history of colon cancer or inflammatory bowel disease
      - Findings of an abdominal mass
      - Presence of lymphadenopathy
- Positive findings on blood work including CBC (elevated WBC count), elevated CRP (CRP ≤0.5 essentially excludes inflammatory bowel disease in individuals with IBS symptoms), and celiac testing
- Positive fecal calprotectin (Note: a fecal calprotectin level <40mcg/g virtually excludes inflammatory bowel disease in individuals with IBS) (See Practice Note in AB-23.1: IBD Rule out Crohn’s Disease or Ulcerative Colitis)

**Background and Supporting Information**

- Irritable bowel syndrome is characterized by abdominal pain associated with altered bowel habits, abdominal distention, and bloating. Subtypes include IBS-C (constipation-predominant), IBS-D (diarrhea-predominant) and IBS-M (mixed). Rome IV Criteria for the diagnosis of irritable bowel syndrome are:
  - Recurrent abdominal pain, on average ≥1 d/wk in the past 3 months, related to ≥2 of the following:
    - Defecation
    - Change in stool frequency
    - Change in stool appearance (form
References
## AB-22: GI Bleeding

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**AB-22.1: GI Bleeding**

- Endoscopy for upper GI bleeding as initial evaluation
- Colonoscopy for lower GI bleeding as initial evaluation
- CTA Abdomen (CPT® 74175) or CTA Abdomen and Pelvis (CPT® 74174) or CT Abdomen and Pelvis with contrast (CPT® 74177):
  - Active bleeding and if endoscopy is negative
  - If conventional angiography is being considered
  - If surgery is being considered
  - If colonoscopy cannot be performed in an individual with GI bleeding
  - GI bleeding and severe abdominal pain
  - GI bleeding and hemodynamic instability (shock)
  - If there is concern for an aorto-enteric fistula (known or suspected aortic aneurysm, history of any type of aortic aneurysm repair).
- Meckel’s scan (CPT® 78290) can be approved if bleeding is suspected from a Meckel’s diverticulum
- Gastrointestinal Bleeding Scintigraphy (CPT® 78278) can be considered if there is brisk active bleeding with negative endoscopy
- For TIPS placement, See **AB-26.3: Portal Hypertension**

**AB-22.2: Small Bowel Bleeding Suspected**

- If small bowel bleeding is suspected as the source of bleeding, and if upper and lower endoscopies are negative:
  - Video capsule endoscopy (VCE) is performed prior to advanced imaging.
    - VCE is not required prior to advanced imaging if small bowel obstruction or stricture is suspected.
  - CT Enterography (CPT® 74177) if upper and lower endoscopy are negative and if VCE is negative. If there is a contraindication to CT Enterography, MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) may be performed.
  - Note: Providers occasionally request a CT or MR Enterography prior to the administration of a VCE, in order to assess whether there is pathology that might impede passage of the capsule and cause retention. This is not supported as a routine procedure prior to VCE. However, guidance from the consensus group of the American College of Gastroenterology recommends that in individuals with obstructive symptomatology, imaging (MR Enterography or CT Enterography) should be performed prior to VCE. This group would also include high risk individuals with a known history of Crohn’s Disease, known history of strictures or other obstruction, history of previous pelvic or abdominal radiation, or suspected tumor.
- Iron Deficient Anemia
  - If the bleeding is determined to be non-gastrointestinal (e.g. hematuria or vaginal bleeding), refer to the appropriate guideline for these conditions.
  - If the source is determined to be gastrointestinal:
Upper endoscopy and colonoscopy should be performed, unless contraindicated.

Small bowel video capsule endoscopy is next, if endoscopies are negative (unless contraindicated).

CT Abdomen and Pelvis with contrast (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) (if CT Enterography is contraindicated) can be performed, if small bowel video capsule endoscopy is negative, or for further evaluation of abnormal video capsule findings. CT Enterography should be considered the test of choice given the lack of motion artifact and its superior spatial resolution.

References
AB-23: Inflammatory Bowel Disease Rule Out Crohn’s Disease or Ulcerative Colitis

AB-23.1: IBD Rule out Crohn’s Disease or Ulcerative Colitis 80
AB-23.2: Known IBD 81
AB-23.3: Perirectal/Perianal Disease 81
AB-23.4: Primary Sclerosing Cholangitis (PSC) 81
AB-23.5: Special Considerations 82
AB-23.1: IBD Rule out Crohn’s Disease or Ulcerative Colitis

Suspected Crohn’s Disease or Ulcerative Colitis

- Chronic diarrhea without “Red Flags” (See AB-2.1: General Information and AB-21: Diarrhea, Constipation, and Irritable Bowel)
- CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Enterography (CPT® 74177) or MR Enterography (CPT® 74183 and CPT® 72197) if ANY of the following:
  - Acute abdomen suggesting bowel obstruction, toxic megacolon (abdominal swelling, fever, tachycardia, elevated white blood cell count), or perforation
  - Bloody stools
  - Immunocompromised
  - Previous gastric bypass
  - Persistent abdominal pain and at least one of the following:
    - History of malignancy with a likelihood or propensity to metastasize to abdomen
    - Fever (≥101 degrees)
    - Mass
    - GI bleeding
    - Moderate to severe abdominal tenderness
    - Guarding, rebound tenderness, or other peritoneal signs
    - WBC 10,000 or greater
    - History of bariatric surgery
- CT Enterography (CPT® 74177) or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197) can be approved if no red flag is present and request is for the evaluation of chronic abdominal pain associated with diarrhea due to a concern for inflammatory bowel disease if:
  - There is a positive family history of inflammatory bowel disease, or
  - There are endoscopy or colonoscopy findings suggestive of inflammatory bowel disease, or
  - Elevated inflammatory markers (CRP or fecal calprotectin)
  Note: If the CRP is ≤0.5 mg/dl, OR fecal calprotectin is <40 mcg/g, then IBD is effectively excluded and enterography would not be indicated to exclude IBD.

NOTE: Serologic markers

Serologic and genetic markers are currently under investigation with regards to their value in diagnosing inflammatory bowel disease, and are sometimes used as a screening test for IBD in which other examinations are negative. At the current time they are not considered suitable as a screening test for inflammatory bowel disease in individuals with GI symptoms, and the routine use of serologic or genetic markers for the diagnosis of IBD is not indicated. Thus, an isolated positive marker result in an individual without any other findings to suggest IBD, especially in the presence of negative inflammatory markers and endoscopic examinations, is not, in and of itself, an indication for advanced imaging.

Note: Serologic markers include anti-glycan antibodies, such as ASCA, ACCA, ALCA, AMCA, Anti-L, Anti-C), Anti-OmpC, Anti-Is, Anti-Cbir, pANCA, PAB, GAB
**Background and Supporting Information**

Studies have demonstrated the negative predictive value of a low fecal calprotectin and CRP with regards to inflammatory bowel disease. Chey, et. al. in a meta-analysis demonstrated that a fecal calprotectin <40mcg/g or a CRP ≤0.5 mg/dl effectively excludes inflammatory bowel disease in individuals with IBS. Katsinelos, et. a. reviewed wireless capsule endoscopy results in individuals with abdominal pain and diarrhea, The diagnostic yield of capsule endoscopy in individuals with abdominal pain and diarrhea with positive inflammatory markers was 90.1%, and 0% in individuals with abdominal pain and diarrhea with negative inflammatory markers. This led the Canadian Association of Gastroenterology to recommend against the use of capsule endoscopy in persons with chronic abdominal pain or diarrhea as their only symptoms and no evidence of biomarkers associated with Crohn's Disease, stating “CE (capsule endoscopy) is not warranted in most individuals who present with chronic abdominal pain in the absence of positive tests for inflammatory markers or abnormal findings on endoscopy or imaging.

**AB-23.2: Known IBD**

- Known Crohn’s Disease or Ulcerative Colitis with suspected complications including abscess, perforation, fistula or obstruction, or monitoring response to therapy:
  - CT Abdomen and Pelvis (CPT® 74177), CT Enterography (CPT® 74177), or MR Enterography (CPT® 74183 or CPT® 74183 and CPT® 72197)
  - MR Enterography is the test of choice for the follow up of young individuals with IBD given the lack of ionizing radiation and the need for lifetime follow up in many individuals.

**AB-23.3: Perirectal/Perianal Disease**

- Perirectal/Perianal Fistula:
  - MRI Pelvis without and with contrast (CPT® 72197)
  - Endoscopic ultrasound is preferential to CT in this setting
  - CT Pelvis with contrast (CPT® 72193) is an inferior study in this setting, and should be used when MRI or Endoscopic ultrasound cannot be performed.

- Perirectal/Perianal Abscess:
  - MRI Pelvis without and with contrast (CPT® 72197)
  - CT Pelvis with contrast (CPT® 72193) is inferior but can be approved as an alternative if desired.

**AB-23.4: Primary Sclerosing Cholangitis (PSC)**

- Primary Sclerosing Cholangitis:
  - MRCP should be considered after an ultrasound excludes biliary obstruction in those:
    - With IBD and elevated liver enzymes (any above normal).
    - Without IBD persistent cholestatic liver tests.
  - Ultrasound or MRI/MRCP can be done as surveillance for cholangiocarcinoma in individuals with PSC every 6 months.
Primary sclerosing cholangitis (PSC) is a chronic liver and biliary tract disease that can result in stricturing and fibrosis of the intra- and extra-hepatic biliary ducts, as well as end-stage liver disease. It is most often associated with inflammatory bowel disease. Biliary obstruction can occur anywhere along the biliary tree, resulting in cholangitis, and there is a high risk of the development of cholangiocarcinoma, which must be strongly considered in individuals with PSC and a dominant stricture, as well as an increased risk of gallbladder polyps and other malignancies. As such, imaging plays an important role in the diagnosis and follow-up of PSC.\(^6,7,8\)

AB-23.5: Special Considerations

- CT Abdomen and Pelvis either with or without contrast (CPT® 74177 or CPT® 74176) prior to endoscopy if requested by the physician who will be performing the endoscopy, especially if there is suspected inflammatory bowel disease.

References

AB-24.1: Celiac Disease

› Endoscopy and biopsy of the small bowel is performed to confirm the diagnosis if the anti-tTG and EMA tests are positive.

› CT Abdomen and Pelvis with contrast (CPT® 74177) or CT Enteroclysis (CPT® 74176 or CPT® 74177) is appropriate for:
  ♦ One time study after initial, confirmed diagnosis of Celiac Disease.
  ♦ Confirmed Celiac disease and despite adherence to a gluten free diet the individual is experiencing new or continued weight loss, diarrhea, abdominal distention, anemia, or other symptoms suggesting complications of celiac disease.

Background and Supporting Information

› Celiac is an autoimmune disease in which the villi of the small intestine are damaged from eating gluten (found in wheat, barley, and rye).

› Complications of celiac disease include ulcerative jejunitis, lymphoma, and small intestinal adenocarcinoma.

› Diagnosis is made by blood testing¹:
  ♦ Anti-tissue transglutaminase antibody (anti-tTg), anti-endomysium antibody (EMA), total IgA count, CBS to detect anemia, iron studies, ESR, C-reactive protein, complete metabolic panel, vitamin D, vitamin E, vitamin B12 levels

References

AB-25.1: CTC

Screening CTC (CPT® 74263) for colorectal cancer is NOT indicated if:
- FIT-DNA [multi-targeted stool DNA test, i.e., Cologuard] within the last 3 years, OR
- Colonoscopy within the last 10 years

Screening CTC (CPT® 74263) for colorectal cancer is NOT* indicated if:
- Individual with hereditary syndromes such as hereditary nonpolyposis colorectal cancer (HNPCC), OR
- Personal history of ulcerative colitis or Crohn colitis
- *The individual should be screened via colonoscopy

Screening CTC (CPT® 74263) for colorectal cancer can be performed as follows:
- Every 5 years in average-risk non-African American individuals ages 50 to 75 (average risk is defined as no previously diagnosed colorectal cancer, colonic adenomas, or inflammatory bowel disease involving the colon)
- Every 5 years in African-Americans beginning at age 45
- One-time screening CTC can be performed in individuals between age 76 to 85 if there is no history of a previously negative colonoscopy or CTC
- Individual with a SINGLE first-degree relative diagnosed at age >60 years with colorectal cancer or an advanced adenoma can be screened every 5 years with CTC beginning at age 40. (If there are 2 or more first degree relatives at any age with CRC or an advanced adenoma, or a first degree relative <60, the individual should be screened via colonoscopy, not CTC).

Diagnostic CTC without contrast (CPT® 74261) for:
- Failed conventional colonoscopy (e.g. due to a known colonic lesion, structural abnormality, or technical difficulty), and/or
- Conventional colonoscopy is medically contraindicated. Contraindications may include:*
  - Coagulopathy
  - Intolerance to sedation
  - Elderly ≥80 years of age
  - Recent (within the last 60 days) myocardial infarction (MI)

Diagnostic CTC with contrast (CPT® 74262) can be approved if:
- There is a known obstructing colorectal malignancy so that staging prior to surgery can be performed, if desired.
- There is a clearly stated indication for IV contrast to evaluate extra-colonic organs.

Background and Supporting Information
CT Colonography is routinely performed without contrast, and IV contrast is not needed in most cases
References
## AB-26: Cirrhosis and Liver Screening for Hepatocellular Carcinoma (HCC); Ascites and Portal Hypertension

| AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC | 89 |
| AB-26.2: Ascites | 90 |
| AB-26.3: Portal Hypertension | 90 |
| AB-26.4: Monitoring After Fontan Procedure | 91 |
AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC

Screening for HCC in Cirrhotic Individuals
- Ultrasound (CPT® 76700 or CPT® 76705) every 6 months in the presence of chronic liver disease, regardless of etiology
  - If liver nodule is identified:
    - Less than 1 cm
      - Repeat US in 3 months, then every 3 to 6 months.
      - If stable for 2 years, then return to US every 6 months.
    - Greater than or equal to 1 cm
      - Multiphase CT Liver (either CPT® 74160 or CPT® 74170) or MRI Abdomen (CPT® 74183) should be performed
        - If negative, return to routine surveillance via US in 6 months.
        - Li-RADS NC (non-categorizable): repeat the same study or an alternative diagnostic imaging ≤3 months. (Note: non-categorizable refers to a technical problem with the study, such as image omission or severe degradation).
        - Li-RADS 1 (definitely benign): Return to routine surveillance via US in 6 months.
        - Li-RADS 2 (probably benign): CT or MRI in 6 months can be approved (US requests are approvable if desired). If unchanged, return to routine surveillance via US.
        - Li-RADS 3 (intermediate): CT or MRI in 6 months, and can be repeated every 6 months 2 more times, for a total of 18 months from the initial finding. If no change by 18 months, return to US surveillance every 6 months.
        - Li-RADS 4 (probable HCC): Repeat or alternative imaging in ≤3 months. If HCC confirmed: See ONC-14: Upper GI Cancers in the Oncology Imaging Guidelines.
        - Li-RADS 5 (HCC confirmed): See ONC-14: Upper GI Cancers in the Oncology Imaging Guidelines.
        - Li-RADS M (Malignant, not definitely HCC): Repeat or alternative imaging in ≤3 months, and follow appropriate Oncology guidelines upon diagnosis.
  - Alpha-fetoprotein ≥20 ng/mL: Multiphasic CT or MRI Abdomen:
    - Further imaging should follow the above algorithm, depending on the findings of the CT or MRI.
    - If the initial CT or MRI do not reveal a lesion, but the AFP increases on subsequent testing, additional advanced imaging by CT or MRI may be approved if laboratory results demonstrate an increase in AFP by ≥7ng/mL/month on at least 3 determinations.
  - Exceptions to the above algorithms:
    - Advanced imaging for surveillance may be substituted for US in the following circumstances:
      - Obesity (BMI >35)
      - Marked parenchymal heterogeneity noted on US.
Other specifically noted technical limitations of US such as obscuration by intestinal gas, chest wall deformity, etc.

For individuals on the Liver Transplant list: See AB-42.1: Liver Transplant, Pre-Transplant
- Contrast-Enhanced Ultrasound (CEUS)
- Further studies are needed to assess the value of CEUS in this setting, and it should be considered investigational and experimental at this time.

**Background and Supporting Information**

When performed for liver lesion evaluation, a multiphase CT protocol may include non-contrast imaging as well as arterial, portal venous, and delayed-phase post-contrast imaging. However, these protocols do not always require non-contrast imaging which may not provide additional information in many scenarios. Therefore, a multiphase CT for liver lesion evaluation can be requested as CPT® 74160 (CT Abdomen with contrast) or CPT® 74170 (CT Abdomen without and with contrast).

The American Association for the Study of Liver Diseases (AASLD) revised its guidelines with respect to surveillance for HCC in individuals with cirrhosis in 2017. The recommended algorithm now includes either US alone or US with serum AFP every 6 months. It should be noted that “modification of this surveillance strategy based on the etiology of liver diseases or risk stratification models cannot be recommended at this time”.¹

In addition, the AASLD also issued a subsequent Practice Guidance in 2018 and this document forms the basis of Cigna-eviCore’s guidelines. The AASLD has adopted the Li-RADS classification of liver lesions with respect to HCC surveillance imaging for individuals with advanced liver disease, and follow-up imaging protocols are based on this system. In view of this, the Li-RADS classification now informs imaging protocols used by Cigna-eviCore.

**AB-26.2: Ascites**
- Abdominal ultrasound (CPT® 76700 or CPT® 76705) with diagnostic paracentesis required for all initial evaluations to determine the need for advanced imaging.
- Peritoneal-venous shunt patency study (CPT® 78291) is considered for evaluation of shunt patency and function in an individual with ascites

**AB-26.3: Portal Hypertension**
- For noninvasive abdominal imaging:
  - Abdominal US (CPT® 76700 or CPT® 76705) (Duplex Doppler US [CPT® 93975] of the liver and upper abdomen) is required for all initial evaluations to assist in determining the cause (pre-hepatic [e.g. portal vein thrombosis, extrinsic compression from a tumor], intrahepatic [e.g. cirrhosis], and post-hepatic [e.g. hepatic vein thrombosis]).
- For inconclusive US or further evaluation of US findings:
Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183)

TIPS (transjugular intrahepatic portosystemic shunt)

Pre-procedure evaluation:
- Abdominal US, including Doppler (CPT® 76700 and/or CPT® 93975), Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183) See AB-43.1: Hepatic Arteries and Veins
- For routine follow-up to monitor stent patency:
  - US with Doppler (CPT® 93975) 7-14 days after shunt creation, and then at 3 months, 6 months, and then every 6 months thereafter
  - (Note: Doppler can be approved if requested earlier than the above intervals because of a clinical deterioration or suspicion of stent occlusion.)
  - If Doppler imaging is indeterminate or if there is a negative Doppler with clinical signs of worsening portal hypertension:
    - Multiphase CT Abdomen (CPT® 74160 or CPT® 74170), Multiphase CTA Abdomen (CPT® 74175), Multiphase MRA Abdomen (CPT® 74185), or MRI Abdomen liver protocol (CPT® 74183)

Certain requests are made for advanced imaging to evaluate an individual with cirrhosis for the presence of esophageal varices. In general, and in the absence of a contraindication, endoscopy should be performed in individuals to assess for the presence of varices.

Background and Supporting Information

- Hepatic Venous Pressure Gradient (HPVG [pressure gradient between portal vein and the inferior vena cava]), is an invasive test and is the gold standard for the assessment for portal hypertension.
- Most cases of portal hypertension are caused by cirrhosis, and the most feared complication is that of esophageal variceal hemorrhage. Causes of portal hypertension can be divided into prehepatic (e.g. portal vein thrombosis, extrinsic compression from a tumor), intrahepatic (e.g. cirrhosis) and post-hepatic (e.g. hepatic vein thrombosis) causes. The differentiation of some of these causes may require workup which includes measurement of the hepatic venous pressure gradient (HVPG) which is considered the gold standard for the evaluation of portal hypertension.

AB-26.4: Monitoring After Fontan Procedure

- Abdominal ultrasound and Doppler yearly
- Transient Elastography yearly (CPT® 91200)
- If any sized lesions are detected on ultrasound:
- MRI Abdomen without or without and with contrast (CPT® 74181 or CPT® 74183) and then follow **AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC** timeframes for follow-up based on Li-RADS classification, with the exception that all future follow-up imaging can be with MRI Abdomen without or without and with contrast (CPT® 74181 or CPT® 74183) if requested

- If advanced fibrosis or cirrhosis is detected:
  - HCC monitoring every 6 months with MRI Abdomen without or without and with contrast (CPT® 74181 or CPT® 74183) is indicated

**Background and Supporting Information**

- Individuals with single-ventricle physiology who have undergone the Fontan Procedure which redirects venous blood flow to the pulmonary circulation invariably develop liver complications, which can include the development of nodules and cirrhosis secondary to the altered vascular anatomy, and thus are at risk for hepatocellular carcinoma. In addition, the congestive hepatopathy associated with the Fontan procedure makes differentiation of focal liver lesions from congestive changes more challenging than other cirrhotic conditions. Thus most institutions use MRI rather than US for monitoring in the setting of cirrhosis. There are no current society-endorsed guidelines and institutions may vary in the monitoring of chronic liver disease in this individual population. The above algorithm represents an accepted approach and is consistent with the consensus from the Fontan-Associated Liver Disease proceedings from the American College of Cardiology Shareholders Meeting (2015) as well as an institutional algorithm.  

10
References


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AB-27: MR Cholangiopancreatography (MRCP) - General

MRCP is an alternative to endoscopic retrograde cholangiopancreatography (ERCP) for evaluating the biliary system and pancreatic ducts.

AB-27.1: MRCP

- Rule out pathology in the biliary system or pancreatic duct.
  - Examples include:
    - Suspected or known gallstone pancreatitis
    - Suspected biliary pain
    - Pancreatic pseudocyst (for preoperative cyst drainage and/or pancreatic trauma with suspected duct injury)
    - Pancreatic trauma
    - Recurrent acute pancreatitis with no known cause
- Preoperative planning
- Evaluation of congenital anomaly of pancreaticobiliary tract.
- Altered biliary anatomy that precludes ERCP (e.g. post-surgical distorted anatomy).
- Failed ERCP in an individual who needs further investigation.
- Evaluation of pancreaticobiliary anatomy proximal to a biliary obstruction that cannot be opened by ERCP.
- ERCP is indicated but is not available, is contraindicated, or is expected to be difficult.
  - Examples include: coagulopathy, severe cardiopulmonary disease, allergy to iodinated contrast, distorted anatomy, and pregnant individuals.
- For 3D requests: See Preface-4.1: 3D Rendering in the Preface Imaging Guidelines.

References
AB 28.1: Gallbladder Polyps

- Individuals at increased risk for gallbladder malignancy (if surgery not chosen):
  - Age >50
  - Primary Sclerosing Cholangitis
  - Indian ethnicity
  - Sessile polyp or gallbladder wall thickening >4 mm

- Increased risk for gallbladder malignancy:
  - Polyp <6 mm
    - Ultrasound at 6 months, then yearly for 5 years
  - Polyp 6-9 mm (If cholecystectomy is not chosen)
    - Ultrasound at 6 months, then yearly for 5 years

- No increased risk for gallbladder malignancy:
  - Polyp <6 mm
    - Ultrasound at 1, 3, and 5 years
  - Polyp 6-9 mm
    - Ultrasound at 6 months, and then yearly for 5 years

- Gallbladder polyp ≥10 mm:
  - Surgery recommended. If surgery not performed, follow guidelines for increased risk of gallbladder malignancy as noted above.

- Alternative Imaging:
  - Endoscopic ultrasound (EUS) may provide additional information in the diagnosis of gallbladder polyps. There is insufficient data that advanced imaging (CT or MRI) should be used ahead of conventional ultrasound in the investigation of gallbladder polyps.¹

- Findings on ultrasound or EUS suspicious for malignancy:
  - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170)

- For confirmed gallbladder malignancy:
  - **ONC-14.6: Gallbladder and Biliary Tumors – Initial Work-Up/Staging** in the Oncology Imaging Guidelines

References

AB-29.1: Liver Lesion Characterization

Note: Advanced imaging approvals in this section refers to MRI Abdomen without and with contrast (CPT® 74183) and CT Abdomen with contrast (CPT® 74160) or CT Abdomen without and with contrast (CPT® 74170).

- **Low-risk** individuals defined as:
  - No known primary malignancy
  - No hepatic dysfunction (abnormal liver tests)
  - No known underlying chronic liver disease
  - No history of alcoholism, sclerosing cholangitis, choledochal cysts, hemochromatosis, or anabolic steroid use²

- Incidental Liver Lesion discovered on US:
  - No further imaging:
    - Asymptomatic simple hepatic cyst¹
    - Fatty liver (steatosis) without findings suspicious for focal liver lesion⁴ or technical limitation of the study**
  - MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170):
    - Indeterminate findings, or hepatic cyst with septations, fenestrations, irregular walls, or daughter cysts³
  - For liver lesions detected on US in individual with underlying chronic liver disease or cirrhosis, See AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC

- Incidental Liver Lesion discovered on CT:²
  - <1cm:
    - **Low-risk** individual:
      - No further advanced imaging
    - MRI Abdomen approvable for:
      - **High-risk** individual with known primary malignancy with a propensity to metastasize to the liver
        (NOTE: For additional considerations in individuals with a known malignancy, please refer to ONC-31.2: Liver Metastases or malignancy-specific guidelines in the Oncology Imaging Guidelines).
      - **High-risk** individual with history of alcoholism, elevated liver enzymes, sclerosing cholangitis*, choledochal cysts, hemochromatosis, or anabolic steroid use
      - Suspicious imaging features noted by radiologist
    - For **high-risk** individuals with underlying chronic liver disease
      - See AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC
      - If a specific focal lesion is identified, refer to guidelines below regarding specific focal liver lesions.
        (*See AB-23.4: Primary Sclerosing Cholangitis (PSC))
1.0-1.5cm:
- No further advanced imaging
  - Benign imaging features including sharp margins, homogeneous low attention (<20 Hounsfield Units on noncontrast and/or portal-venous phase imaging), characteristic features of hemangiomas (See below for incompletely characterized hemangiomas), focal fatty sparing or deposition, or perfusional changes, and in **low-risk individuals** with “Flash-filling” imaging features (uniform hyper-enhancement relative to hepatic parenchyma or arterial-phase postcontrast imaging)
- MRI Abdomen approvable for:
  - Suspicious imaging features (ill-defined margins, heterogeneous density, mural thickening or nodularity, thick septa, intermediate to high attenuation on portal-venous-phase imaging (>20 HU, in the absence of pseudodenhancement), or if pre- and post-contrast imaging demonstrates enhancement >20 HU)
  - Any **high-risk** individual if there is any doubt that the mass is benign
  - If radiologist reports that imaging is inadequate to ascertain the presence of benign vs. suspicious features (indeterminate)
  - If a specific focal lesion is identified, refer to guidelines below regarding specific focal liver lesions.

>1.5cm:
- Benign Imaging Features:
  - No further imaging
- MRI Abdomen approvable for:
  - Suspicious or “Flash-Filling” imaging features
  - Radiologist reports that imaging is inadequate to ascertain the presence of benign vs. suspicious features (indeterminate)
  - Any **high-risk** individual if there is any doubt that the mass is benign
  - If a specific focal lesion is identified, refer to guidelines below regarding specific focal liver lesions.

Additional follow-up imaging for an Indeterminate lesion:
- Indeterminate lesion <1cm, **low-risk or average risk** individual
  - No further imaging
- Indeterminate lesion <1cm in **high-risk** individuals with known extra-hepatic malignancy, or other high-risk individuals other than chronic liver disease (See **AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC**) not fully characterized after initial MRI:
  - See **ONC-31.2: Liver Metastases** or malignancy-specific guidelines in the Oncology Imaging Guidelines
  - If lesion remains indeterminate, and biopsy cannot be performed, follow-up MRI can be obtained in 3-6 months. Additional imaging in this setting can be considered on an individual basis.
- Indeterminate lesion <1cm in **high-risk** individuals with known underlying chronic liver disease or cirrhosis
  - See **AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC**
Most lesions ≥1cm can be categorized by MRI or histology. For lesions which have been categorized, regardless of size, see below.

For the imaging of specific focal liver lesions:
- Suspected hepatic adenoma:
  - MRI is considered the best technique for characterization. Follow-up imaging can be CT or MRI Abdomen every 6 months for 2 years, and then annually, to establish any growth patterns and assess for malignant transformation.
- Hepatic Hemangioma (if not completely characterized on initial CT without a liver protocol):
  - Multiphase CT Abdomen (CPT® 74160) or MRI Abdomen (CPT® 74183)
  - Additional follow-up imaging is not required if the advanced imaging study demonstrates classic features of hemangioma with the following exception:
    - Giant hemangiomas (>4cm) can be followed by limited abdominal US in 6-12 months. If no change in size, no further follow-up is indicated, unless it becomes symptomatic.
- See below for pre-operative considerations
- Focal Nodular Hyperplasia (FNH):
  - MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) to confirm a diagnosis of FNH. The use of Eovist contrast is often diagnostic in differentiating FNH from other lesions seen on MRI or CT.
  - Additional follow-up is annual US for 2 to 3 years in women diagnosed with FNH who are continuing to use oral contraceptives. Follow-up with CT or MRI can be done if the lesion is not adequately visualized on US.
- Hepatic cysts:
  - Asymptomatic, simple cysts do not require additional follow-up.
  - For complicated cysts (US shows internal septations, fenestrations, calcifications, irregular walls, as well as the presence of daughter cysts):
    - CT Abdomen or MRI Abdomen can be performed
- Additional indications for advanced imaging (MRI Abdomen or CT Abdomen):
  - If documented that a percutaneous liver biopsy is to be considered if imaging is atypical or inconclusive.
  - Fatty liver on US with a focal liver lesion.
  - **If there is a technical limitation to US (e.g. marked heterogeneity, or other specifically noted technical limitations of US such as obscuration by intestinal gas, chest wall deformity, etc.).
  - For suspected liver metastases, See **ONC-31.2: Liver Metastases** in the Oncology Imaging Guidelines

Preoperative studies for individuals with large hemangiomas or adenomas considered for resection:
- MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) can be considered

For Indeterminate Lesions ≥1cm in categories for which defined guidelines do not exist (i.e., underlying chronic liver disease, **AB-26.1: Chronic Liver Disease, Cirrhosis and Screening for HCC**, underlying malignancy, **ONC-31.2: Liver Metastases** or the specific malignancy, hepatic adenoma, etc.) a biopsy should be
considered when the findings from advanced imaging are inconclusive. In clinical situations when a biopsy cannot be performed (medical contraindication or a liver transplant candidate due to the risk of needle-tract seeding), or is inconclusive, a short-term surveillance MRI can be performed in 3-4 months to monitor lesion stability. This can be repeated every 6 months, as necessary in this scenario.1

- Incidental fatty liver without a focal lesion or technical limitation, discovered on abdominal imaging (US, CT, MRI):
  - No further advanced imaging except as indicated in AB-45: Liver Elastography, or in the above guideline.

- Requests for imaging studies to screen individuals at high-risk for NALFD (e.g., diabetes or obesity) or for screening family members of individuals with NALFD is not approvable at this time.4

- Polycystic Liver Disease
  - Defined as >20 cysts, or the presence of cysts occupying ½ the volume of the hepatic parenchyma
  - Most commonly seen as an extra-renal manifestation of Autosomal Dominant Polycystic Kidney Disease, though may occur as Autosomal Dominant Polycystic Liver Disease.
  - Imaging:
    - For prognostication purposes MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170) can be performed initially to assess liver volume.
    - At this time, there is no evidence that the asymptomatic individuals requires surveillance imaging or monitoring.
    - Suspected complications such as cyst rupture or hemorrhage (manifested by acute pain in the upper abdomen):
      - MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74160 or CPT® 74170)

- Contrast-Enhanced Ultrasound (CEUS, CPT® 76978 and CPT®76979)
  - Is only considered when MRI or CT cannot be performed, and the clinical situation requires ultrasound contrast to further delineate the nature of the lesion. CEUS of the liver is otherwise considered investigational or experimental at this time

Background and Supporting Information

- As noted by the AASLD “…imaging tests, such as ultrasound, computed tomography (CT), and MR, do not reliably reflect the spectrum of liver histology in patients with NAFLD.” In addition, “MR imaging, either by spectroscopy or by proton density fat fraction is an excellent noninvasive modality for quantifying hepatic fat and is being widely used in NAFLD clinical trials…..However, the utility of noninvasively quantifying HS (hepatic steatosis) in patients with NAFLD in routine clinical care is limited”.4

- Hints for liver lesion imaging:
  - Imaging accuracy:
A non-contrast CT is less sensitive than ultrasound
A non-contrast MRI is better than a non-contrast CT, but inadequate to define the etiology of a lesion
Triple-phase scanning is essential in characterizing a liver lesion

How to interpret the radiologist’s descriptors:

- **Hemangioma:**
  - Hyperechoic
  - Peripheral nodular enhancement
  - Fills in from the periphery (nodular centripedal fill-in on venous and delayed phases)

- **Focal nodular hyperplasia:**
  - Homogenous enhancement
  - Washout. No delayed rim enhancement
  - Central scar (with fibrous-appearing septae radiating from the scar)
  - MRI specifics:
    - Homogenous on T1
    - Scar hyperintense on T2
    - Uniformly hyperintense with contrast

- **Hepatic adenoma:**
  - Irregular enhancement
  - Fat-containing
  - Washout
  - Central hemorrhage
  - No rim enhancement
  - No central scar
  - MRI specifics: Hyperintense signal on T1 and T2-weighted imaging with intra-lesional lipid

- **Hepatocellular carcinoma:**
  - HCC’s are hypervascular and receive 100% of their blood supply from the hepatic artery, whereas the liver parenchyma receives 30% from the hepatic artery and 70% from the portal vein, and this discrepancy can be exploited during imaging.
  - Dynamic imaging via MRI and CT follows tumor density with time after IV contrast bolus.
  - During the early arterial phase: HCC appears brighter than surrounding liver (hyperintense) due to hepatic arterial supply.
  - May have a necrotic central region
  - Washes out rapidly
  - Delayed post-contrast phase: rim enhancement (a “tumor capsule”)

- **Focal fat (pseudo-mass)**
  - Area with sharply demarcated borders
  - Absence of mass effect of surrounding architecture
  - Vessels can course through the region
  - No rim enhancement
  - No central scar
References
16. Bell, Daniel. Et. al. Hepatocellular Carcinoma Radiopia
AB-30.1: Abnormal Liver Chemistries

- The major patterns of elevation which affect workup are:
  - Hepatocellular (AST and ALT disproportionately elevated to ALKP)
  - Cholestatic (ALKP elevated disproportionately to AST and ALT)
  - Mixed pattern (ALKP, AST, and ALT all elevated)
  - Isolated hyperbilirubinemia (elevated bilirubin and normal ALKP, ALT and AST)
  - “R” Ratio
    - “R” Ratio: The so-called “R” ratio can be used to determine whether a pattern of multiple elevated liver chemistries is predominately cholestatic or hepatocellular in origin
    - R=(ALT/Upper limit of normal (ULN))/(ALKP/ULN ALKPH)
      - If the “R” ratio:
        - >5 = hepatocellular
        - <2 = cholestatic
        - 2-5 = mixed pattern
    - For hepatocellular, use AST or ALT elevation guidelines
    - For cholestatic, use ALKPH elevation guidelines
    - Use ULN for ALT as noted below, and ULN for alkphos based on the individual lab report

- For elevated ALT and/or AST above the upper limit of normal (ULN) per the lab where it was drawn and other LFTs are normal:
  - <2X normal:
    - Repeat lab after 3 weeks and discontinuation of medications associated with elevated LFTs (such as statins, niacin, sulfa, rifampin, tetracycline, estrogen) if applicable.
    - Abdominal US (CPT® 76700 or CPT® 76705) if LFTs remain elevated
  - 2 to 15X normal:
    - Abdominal US (CPT® 76700 or CPT® 76705)
  - >15X normal:
    - Abdominal US with Doppler (CPT® 76700 or CPT® 76705 and CPT® 93975)

- Elevated alkaline phosphatase level, and other LFTs are normal
  - Etiology of elevated ALKP should be determined prior to imaging.
    - If isolated ALKP elevation, GGT should be obtained for confirmation of hepatic etiology, prior to imaging. If ALKP is elevated with other LFTs, no confirmatory test is necessary.
    - RUQ ultrasound (CPT® 76705) for confirmed hepatic etiology of elevated ALKP
      - MRCP if dilated biliary ducts on US
    - If no dilated biliary ducts: anti-mitochondrial antibody (AMA) should be checked prior to advanced imaging.
      - MRCP if AMA is negative, and ALKP >2X ULN
    - If AMA is negative, and ALKP 1 to 2X ULN: observe for 6 months, MRCP if ALKP remains elevated

- Isolated elevated bilirubin (no other LFTs elevated).
An isolated elevated bilirubin should be fractionated into direct (conjugated) and indirect (unconjugated) levels.
- No advanced imaging if elevation is unconjugated, and no other LFT elevations
- RUQ ultrasound if elevation is conjugated
  - MRCP if biliary ducts dilated
  - Check AMA prior to advanced imaging if biliary ducts not dilated
    - MRCP or liver biopsy can be considered if negative and elevation persists or is unexplained.

For individuals with elevated LFTs and suspicion of sclerosing cholangitis, such as those with IBD, See AB-23.4: Primary Sclerosing Cholangitis (PSC).

For individuals with elevated LFTs and history of underlying malignancy, please refer to the specific oncology guidelines, when appropriate.

Requests for additional advanced imaging (CT, MRI, etc.) are based on the US or MRCP results, as appropriate to the finding (for example, if a lesion is identified that needs further characterization, refer to liver lesion imaging as per AB-29.1: Liver Lesion Characterization).

Clinical jaundice, no known predisposing condition
- Abdominal ultrasound (CPT® 76700 or CPT® 76705)
- For further imaging, follow guideline for elevated bilirubin

Clinical jaundice, suspected mechanical obstruction based on clinical condition or laboratory values (e.g., known choledocholithiasis, acute and chronic pancreatitis, suspected stricture from a recent invasive procedure, previous biliary surgery, suspected tumor), or US findings suggesting mechanical biliary obstruction, non-diagnostic or technically limited US (e.g., large amounts of intestinal gas, obesity with BMI >35):
- CT Abdomen with contrast (CPT® 74160) or
- MRI and/or MRCP (CPT® 74183 or CPT® 74181)

Background and Supporting Information
The standard laboratory tests commonly referred to as “LFTs” include bilirubin, alkaline phosphatase (alk phos or ALKP), aspartate transaminase (AST), alanine transaminase (ALT), and gamma-glutamyl transferase (GGT).

References
### AB-31: Pancreatic Lesion

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AB-31.1: Pancreatic Cystic Lesions

Screening studies for pancreatic cancer can be considered in those who are considered high risk in the following guideline: **ONC-13: Pancreatic Cancer** in the Oncology Imaging Guidelines.

- **Note:**
  - Individuals who are not medically fit for surgery should not undergo further surveillance of incidentally found pancreatic cysts, irrespective of size.
  - Surveillance should be discontinued if an individual is no longer a surgical candidate. However, follow-up imaging can be performed if requested for a symptomatic cyst (such as the development of jaundice secondary to cyst), in which palliative treatment might be available.

- **This guideline applies to the following pancreatic cystic lesions:**
  - Intraductal papillary mucinous neoplasms (IPMN)
  - Mucinous cystic neoplasms (MCN)
  - Serous Cystadenomas (SCA)
  - Solid-pseudopapillary neoplasms (SPN)

- **Pancreatic Cyst seen on Imaging-Initial Management:**
  - MRI Abdomen (CPT® 74183) and/or MRCP are the tests of choice for initial evaluation.
  - CT Pancreatic protocol (CPT® 74170) or EUS are alternatives in individuals who are unable to undergo MRI.
  - Indeterminate cysts may benefit from a second imaging modality or EUS prior to proceeding with surveillance. MRI/MRCP can be approved to better characterize the lesion, without reference to the timeframe for follow-up imaging, if a previous US or CT Abdomen has been performed.
  - Radiographic diagnosis of a non-neoplastic cyst or classic features of a serous cystadenoma
    - No further imaging
  - If any of the following are present the individual should proceed to EUS + FNA and depending on findings, surgical consultation:
    - Main duct >5mm
    - Cyst ≥3cm
    - Change in main duct caliber with upstream atrophy
  - If EUS does not reveal findings of main duct involvement, patulous ampulla, cytology with high-grade dysplasia or pancreatic malignancy, or a mural nodule, then follow up MRI should performed in 6 months.

- **Pancreatic Cyst Follow up Imaging**
  - If high risk features (See below High Risk Considerations and Features) are not present, then the next follow-up imaging proceeds as follows:
    - Cyst <1cm: MRI in 2 years
    - Cyst 1-<2cm: MRI in 1 year
    - Cyst 2-3cm: if cyst is not clearly an IPMN or MCN then proceed with EUS. If it is an IPMN or MCN, then MRI at 6-12 months.
If the cyst is determined to be a serous cystadenoma, then no further evaluation unless symptomatic.

Additional Surveillance for a presumed IPMN or MCN (imaging from time of presentation):
(Note: MRCP or MRI/MRCP is the preferred modality for surveillance due to non-invasiveness, lack of radiation, and improved delineation of the main pancreatic duct. In addition, since the timeframes for surveillance imaging are based on the size of the cyst as well as characteristics such as the presence or absence of high-risk features, it is necessary to have an adequate description of these findings from the previous imaging study, either by inclusion of the previous imaging report, or an adequate description of the findings. Finally, the date of the previous study is needed so that the appropriate timing for the next study can be determined.)

- **Cyst <1cm**
  - MRI every 2 years for 4 years.
  - If stable after 4 years consider lengthening of interval imaging.
  - If increase in cyst size, then MRI or EUS in 6 months.
  - If stable, repeat again in 1 year and if stable return to MRI every 2 years.

- **Cyst 1-<2cm**
  - MRI yearly for 3 years
  - If stable for 3 years, then change to MRI every 2 years for 4 years
  - If stable after the additional 4 years, consider lengthening of interval for surveillance.
  - If increase in cyst size, repeat MRI in 6 months. If stable, repeat MRI in 1 year and if remains stable, resume original surveillance schedule.

- **Cyst 2-<3cm**
  - MRI every 6-12 months for 3 years
  - If stable after 3 years, change to MRI every year for 4 years
  - If remains stable, consider lengthening of surveillance interval

- **Cyst ≥3cm**
  - MRI alternating with EUS every 6 months for 3 years
  - If stable for 3 years, increase interval to MRI alternating with EUS yearly for 4 years.
  - If remains stable, consider lengthening of surveillance interval.
  - If increase in cyst size, EUS + FNA

- **Additional considerations**
  - Individuals with asymptomatic cysts that are diagnosed as pseudocysts on initial imaging and clinical history, or are determined to be serous cystadenomas, do not require further evaluation.

- **High-Risk Considerations and Features**
  - Individuals with IPMNs or MCNs with new onset or worsening diabetes
  - Rapid increase in cyst size (>3mm/year) during surveillance may have an increased risk of malignancy and should undergo a short-interval MRI or EUS.
  - Additional features which may prompt early evaluation are:
    - Jaundice secondary to the cyst
    - Acute pancreatitis secondary to the cyst
• Significantly elevated CA 19-9
• Presence of a mural nodule or solid component either within the cyst or in the pancreatic parenchyma
• Dilation of the main pancreatic duct >5mm
• Focal dilation of the pancreatic duct concerning for main duct IPMN or an obstructing lesion
• IPMNs or MCNs measuring ≥3cm in diameter
• Presence of high-grade dysplasia or pancreatic cancer on cytology. In this circumstance, imaging should be at the discretion of the provider.

➤ Post-op surveillance
■ Surgically resected serous cystadenomas, pseudocyst, or other benign cyst:
  □ No additional imaging after resection
■ Surgically resected mucinous cystic neoplasms (MCNs) without an associated pancreatic malignancy (can have low, intermediate, or high-grade dysplasia):
  □ No additional post-op surveillance
■ Surgically resected MCNs with invasive cancer:
  □ Standard surveillance-based pancreatic cancer guidelines (See ONC-13.5: Surveillance/Follow-Up in the Oncology Imaging Guidelines) for 5 years. No surveillance required after 5 years.
■ Surgically resected IPMNs
  □ IPMN with cancer
    □ Pancreatic cancer surveillance guidelines (See ONC-13.5: Surveillance/Follow-Up in the Oncology Imaging Guidelines)
  □ IPMN with high-grade dysplasia
    □ MRI Abdomen (CPT® 74183) or EUS every 6 months
  □ IPMN with low- or intermediate-grade dysplasia
    □ MRI Abdomen (CPT® 74183) every 2 years
■ Surgically resected solid-pseudopapillary neoplasm with negative margins:
  □ MRI Abdomen (CPT® 74183) yearly for 5 years.

➤ See AB-27: MR Cholangiopancreatography (MRCP) for coding guidelines for MRCP.

AB-31.2: Incidental Pancreatic Mass or Suspected Metastatic Disease to Pancreas
➤ CT Abdomen with contrast with dual phase imaging (CPT® 74160), or CT Abdomen without and with contrast (CPT® 74170) (dedicated pancreatic protocol) since the majority of pancreatic tumors will enhance following IV contrast.\(^2\)

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**AB-32.1: Pancreatic Pseudocysts**

See **AB-31.1: Pancreatic Cystic Lesions**
## AB-33: Pancreatitis

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AB-33.1: Acute Pancreatitis

Knowledge base:
- Acute pancreatitis (2 of 3 of the following criteria):
  - Characteristic abdominal pain (typically epigastric or left upper quadrant pain with radiation to the back, chest, or flank)
  - Amylase or lipase >3 times the upper limit of normal
  - Radiographic evidence of pancreatitis on cross-sectional imaging

- Early Phase takes place in the first week
  - Goals of imaging:
    - Establish the correct diagnosis or provide an alternative diagnosis
    - Establish the etiology
    - Stage the morphologic severity
    - Assess for complications in individuals who deteriorate or fail to improve

- Late phase can last weeks to months thereafter
  - Goals of imaging:
    - Monitor established pancreatic collections
    - Delineate the presence of symptomatic and asymptomatic complications
    - Guide interventional procedures

- Etiologies of pancreatitis:
  - Gallstones and alcohol account for 75-80% of all causes
  - Hypercalcemia, hypertriglyceridemia, medications, a benign or malignant obstruction, pancreatic mass, genetic causes (hereditary pancreatitis), autoimmune pancreatitis (IgG4), infectious etiologies, ischemia secondary to vascular disease, anatomic abnormalities (e.g., pancreas divisum), physiologic abnormalities (Sphincter of Oddi dysfunction), idiopathic causes.

- Complications:
  - Early Phase:
    - Generally manifests as a systemic inflammatory response
    - In the first week, imaging findings correlate poorly with clinical severity
    - Advanced imaging is most useful when performed 5-7 days after admission, when local complications have developed and pancreatic necrosis can be clearly defined.
    - IEP = acute interstitial edematous pancreatitis
    - Necrotizing Pancreatitis

  - Late Phase:
    - AFPC (Acute peripancreatic fluid collection) occurs during the first 4 weeks. If it does not resolve within 4 weeks, it can become organized and develop into a pseudocyst, which contains only fluid with no nonliquefied components
    - Walled-off necrosis (sequelae of necrotizing pancreatitis): inhomogenous nonliquefied components, encapsulated with a wall
Note: Most cases of pancreatitis are mild. More severe cases are usually hospitalized and imaging performed in that setting is generally not managed by eviCore. The majority of imaging requests are for the initial evaluation of suspected pancreatitis in individuals with epigastric pain, and then the follow-up imaging of discharged individuals with respect to complications experienced during the hospitalization, to further elucidate the etiology of the pancreatitis if this was not previously established, or to evaluate continued post-discharge symptoms.

Imaging:
- Initial imaging for suspicion of pancreatitis (typical symptoms, <48 to 72 hours, first-time presentation)³
  - Abdominal ultrasound (CPT® 76700 or CPT® 76705)
    - Purpose is to establish the presence/absence of gallstones and biliary ductal dilation.
    - Doppler ultrasound (CPT® 99375) can be approved to assess vasculature, if requested
  - If ultrasound performed and is nondiagnostic due to technical limitation (obesity, overlying gas, etc.):
    - MRI/MRCP (CPT® 74183 or CPT® 74181)
    - CT Abdomen and Pelvis with contrast (CPT® 74177) if ultrasound is nondiagnostic and MRI/MRCP cannot be performed.
  - In suspected acute biliary pancreatitis and/or cholangitis (dilated ducts or choledocholithiasis on ultrasound, elevated liver chemistries with a negative ultrasound, suspicion of cholangitis (classic triad is RUQ pain, fever, and jaundice))⁴
    - MRI/MRCP (CPT® 74183 or CPT® 74181)

- Initial imaging with atypical signs and symptoms when diagnoses other than pancreatitis are being considered (e.g., bowel perforation, bowel ischemia): (Note: This would apply generally if RED FLAGS are present See AB-2.1: General Information)
  - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - NOTE: While MRI/MRCP will give better evaluation of the pancreatic parenchyma as well as biliary and pancreatic ducts, it does NOT provide coverage and adequate evaluation of the bowel to assess alternative diagnoses such as bowel ischemia or perforation.
    - MRI/MRCP (CPT® 74181 or CPT® 74183) can be considered for pregnant individuals (non-contrast), or those with renal insufficiency (without or without and with depending on request)

- Follow-up imaging (late phase and thereafter):
  - Continued or worsening symptoms:
    - CT Abdomen and Pelvis with contrast (CPT® 74177) or MRI and/or MRCP (CPT® 74183 or CPT® 74181)
    - Follow-up of known pancreatic or peri-pancreatic fluid collections (including pseudocysts), to follow-up symptomatic collections, or for interventional planning:
- MRI/MRCP (CPT® 74183 or CPT® 74181) or CT Abdomen and Pelvis (CPT® 74177)
  - Note: If requested, CT Abdomen with or without and with (CPT® 74160 or CPT® 74170) or Abdominal ultrasound (CPT® 76705 or CPT® 76700) can be approved

  (Note: Frequency or intervals for additional follow-up is not defined and depends on clinical circumstances, response to therapy, etc.)

- If, despite initial imaging, the etiology of the pancreatitis is still in doubt:
  - MRI/MRCP (CPT® 74183 or CPT® 74181) or CT Abdomen and Pelvis (CPT® 74177)
  - Note: If requested, CT Abdomen with or without and with (CPT® 74160 or CPT® 74170) can be approved.

  ➤ Acute recurrent pancreatitis
  - Abdominal ultrasound (CPT® 76705 or CPT® 76700)
  - MRI/MRCP (CPT® 74183 or CPT® 74181)
  - CT Abdomen and Pelvis with contrast (CPT® 74160 or CPT® 74170)
  - See AB-33.2: Chronic Pancreatitis.

  **AB-33.2: Chronic Pancreatitis**

  ➤ If chronic pancreatitis is suspected:
    ➤ Initial imaging:
      - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170)
        - If diagnostic criteria are met (pancreatic calcification in combination with pancreatic atrophy and/or dilated pancreatic duct):
          - No further imaging indicated (see below regarding worsening symptoms)
      - If initial CT is inconclusive or nondiagnostic of chronic pancreatitis:
        - MRI/MRCP with secretin enhancement (CPT® 74183 or CPT® 74181)
        - If MRI/MRCP are inconclusive or nondiagnostic of chronic pancreatitis:
          - Endoscopic ultrasound (EUS) is the appropriate next imaging study
          - If EUS is inconclusive, pancreatic function testing and/or ERCP can be performed
          - Note: If abdominal ultrasound is requested at any stage for evaluation of chronic pancreatitis, this can be approved in lieu of advanced imaging
    ➤ If initial imaging fails to confirm chronic pancreatitis, but the clinical suspicion remains, the above testing can be repeated in 6 months.

  ➤ Known chronic pancreatitis with worsening symptoms or pain
    ➤ CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170), MRI/MRCP (CPT® 74183 or CPT® 74181) or Abdominal ultrasound (CPT® 76700 or CPT® 76705) can be approved
    ➤ Note: Possible etiologies of worsening pain include:
      - Peptic ulcer disease
Abdomen Imaging

- GI cancers
- Pseudocysts
- Duodenal or common bile duct obstruction
- Pancreatic duct stone or strictures
- Inflammatory masses at the head of the pancreas

- For pre-surgical planning or post-surgical evaluation for treatment of complications of chronic pancreatitis
  - CT Abdomen with or without and with contrast (CPT® 74160 or CPT® 74170), or MRI/MRCP (CPT® 74183 or CPT® 74181) or Abdominal ultrasound (CPT® 76700 or CPT® 76705)

- Routine screening for pancreatic cancer in chronic pancreatitis
  - Chronic pancreatitis is a risk factor for the development of pancreatic cancer. However, there is no current consensus on whether or how to conduct pancreatic screening in this population. For pancreatic cancer screening guidelines in inherited syndromes, including hereditary pancreatitis, See [ONC-13.1: Screening Studies for Pancreatic Cancer](#) in the Oncology Imaging Guidelines

**Background and Supporting Information**

- Clinical signs of chronic pancreatitis include history of alcohol use, abdominal pain, weight loss, steatorrhea, malabsorption, recurrent pancreatitis, fatty food intolerance, low fecal elastase.
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**AB-34.1: Spleen**

- **Incidental splenic findings on US:**
  - CT Abdomen (CPT® 74170) or MRI Abdomen (CPT® 74183) can be obtained.

- **Incidental splenic findings on CT or MRI:**
  - Imaging is diagnostic of a benign lesion (simple cyst, hemangioma) or characteristics are benign-appearing (homogeneous, low attenuation, no enhancement, smooth margins):
    - No follow-up imaging.
  - Imaging characteristics are not diagnostic:
    - Prior imaging available:
      - One year stability: no follow up imaging
      - Lack of stability: consider MRI if not done, biopsy, or PET/CT (CPT® 78815).
    - No prior imaging:
      - No known malignancy:
        - Suspicious imaging features: (suggesting possible malignancy)
          - MRI Abdomen (CPT® 74183) if not already done or biopsy
          - If MRI still inconclusive and biopsy is not feasible then PET/CT (CPT® 78815) can be considered
        - Indeterminate imaging features: (equivocal but not suspicious for malignancy)
          - Follow up MRI Abdomen (CPT® 74183) in 6 and 12 months.
      - Known malignancy:
        - <1 cm: follow up MRI Abdomen (CPT® 74183) in 6 and 12 months.
        - ≥1 cm: consider MRI Abdomen (CPT® 74183) if not done, biopsy
          - If MRI still inconclusive and biopsy is not feasible then PET/CT (CPT® 78815) can be considered
        - (See diagnosis-specific in the Oncology Imaging Guidelines)

- **Clinically detected splenomegaly**
  - Abdominal US (CPT® 76700 or CPT® 76705) should be the first imaging study to evaluate splenic size.
  - If splenomegaly is confirmed, the following evaluation is indicated prior to advanced imaging:
    - CBC, evaluation of the peripheral blood smear, LFTs, UA, chest x-ray, HIV testing.
    - CT Abdomen without and with contrast or with (CPT® 74170 or CPT® 74160) can be performed if the etiology of the splenomegaly remains unexplained.
    - MRI Abdomen (CPT® 74183) can be considered for pregnant individuals, or individuals with iodinated contrast allergy.

**AB-34.2: Trauma - Spleen**

- Ultrasound Abdomen (CPT® 76700 or CPT® 76705) and Pelvis (CPT® 76856 or CPT® 76857) or CT3,4,5 Abdomen and Pelvis without and with contrast (CPT® 74178) or with contrast (CPT® 74177) are indicated in individuals with blunt abdominal
trauma with suspected splenic rupture or in individuals with penetrating trauma to the left upper quadrant. See AB-10: Blunt Abdominal Trauma

Background and Supporting Information
Splenomegaly is usually the result of systemic disease, and diagnostic studies are directed toward identifying the causative disease. Complete blood count with differential, LFT’s, and peripheral blood smear examination are often performed prior to considering advanced imaging. There is no evidence-based data to support performing serial CT or MRI to follow individuals with incidental splenic lesions.

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**AB-35: Indeterminate Renal Lesion—General Information**

For acute flank pain, rule out renal stone, See **AB-4: Flank Pain, Rule Out or Known Renal/Ureteral Stone**

**AB-35.1: Indeterminate Renal Lesion**

- **Incidental Renal Mass on Ultrasound**
  - If categorized as simple cyst or Bosniak I or II, no further imaging.
  - Otherwise, CT Abdomen without and with contrast (CPT® 74170), or MRI Abdomen without and with contrast (CPT® 74183).

- **CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) can be approved for further characterization if the original study reveals incomplete visualization of a renal lesion (for example, if only partially visualized on a CT Chest).**

- **Incidental Renal Mass on Non-Contrast CT**
  - If characterized as heterogeneous (thick or irregular wall, mural nodule, septa or calcification):
    - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
  - If characterized as homogeneous (thin or imperceptible wall, NO mural nodule, septa or calcification):
    - 10 to 20 HU (Hounsfield units)
      - Likely benign, not fully characterized: no further workup
    - 21 to 69 HU
      - Indeterminate: MRI or CT Abdomen without and with contrast (CPT® 74183 or CPT® 74170)
    - ≥70 HU
      - Hemorrhagic or proteinaceous cyst, unlikely to be neoplastic: no further workup
  - If characterized as TSTC (too small to characterize) and homogeneous:
    - If labelled likely benign cyst, not fully characterized:
      - No further workup
    - If labelled inconclusive based on subjective evaluation:
      - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) (preferred) or CT Abdomen without and with contrast (CPT® 74170) within 6-12 months

- **Incidental Renal Mass on Contrast-Enhanced CT**
  - If characterized as heterogeneous: thick or irregular wall, mural nodule, septa or calcification:
    - Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
  - If characterized as homogeneous: thin or imperceptible wall, NO mural nodule, septa or calcification:
    - 10 to 20 HU
      - No further workup
>20 HU (solid or complicated cystic mass
  ▪ Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) or CT Abdomen without and with contrast (CPT® 74170)
  ❧ If characterized as TSTC, homogeneous:
    ▪ If labelled likely benign cyst, not fully characterized:
      ▪ No further workup
    ▪ If labelled inconclusive based on subjective evaluation:
      ▪ Considered indeterminate. MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) within 6-12 months

Incidental cystic renal mass on CT or MRI without and with contrast (completely characterized, and does NOT contain fat)
  ❧ Bosniak I (benign simple) or II (minimally complicated)
    ▪ No further workup
  ❧ Bosniak IIIF
    ▪ CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) at 6 and 12 months, then yearly for 5 years
    ▪ If no changes for 5 years, cyst is considered benign and of no clinical significance
  ❧ Bosniak III or IV should be referred for additional management or if chosen, active surveillance (See ONC-17.4: Surveillance in the Oncology Imaging)

Incidental solid renal mass or incidental mass too small to characterize evaluated on CT or MRI without and with contrast and does NOT contain fat
  ❧ TSTC
    ▪ If labelled likely benign cyst:
      ▪ No further workup
    ▪ If labelled inconclusive based on subjective evaluation:
      ▪ MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) within 6-12 months
  ❧ If solid mass <1.0cm
    ▪ MRI Abdomen without and with contrast (CPT® 74183) (preferred), or CT Abdomen without and with contrast (CPT® 74170) beginning at 6-12 months, then yearly for 5 years
    ▪ If stable at 5 years (average growth ≤3mm per year): No further workup
    ▪ If mass shows growth (≥4mm per year) or morphologic change: refer for management, consider renal biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted image MRI Abdomen without and with contrast (CPT® 74183) can be performed
  ❧ Solid mass 1.0-4.0cm:
    ▪ Considered a small renal neoplasm: refer for management, consider biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted imaging MRI Abdomen without and with contrast (CPT® 74183) can be performed. If active surveillance chosen due to limited life expectancy or co-morbidities, See ONC-17.4: Surveillance in the Oncology Imaging.
  ❧ Solid renal mass >4.0cm
Considered a renal neoplasm: refer for management, or biopsy. If biopsy is technically challenging or relatively contraindicated, a T2 weighted image MRI Abdomen without and with contrast (CPT® 74183) can be performed. If active surveillance chosen due to limited life expectancy or co-morbidities, See ONC-17.4: Surveillance in the Oncology Imaging

- Incidental renal mass containing fat (contains a region of interest measuring < -10 HU)
  - No calcification angiomyolipoma (AML)
  - Solitary and without documentation of growth:
    - <4cm: no further workup
      - If no prior imaging study for comparison, one follow-up MRI Abdomen (CPT® 74183) or CT Abdomen (CPT® 74170) can be repeated in 6-12 months to assess for any growth.
    - ≥4cm, and considered an AML with potential for clinical symptoms: refer for management.
  - Multiple lesions or growth documented based on old studies:
    - Refer for management. If active surveillance chosen due to limited life expectancy or co-morbidities, See ONC-17.4: Surveillance in the Oncology Imaging.

- With calcification (suspected renal cell carcinoma):
  - CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) if only a non-contrast CT has been performed. If active surveillance chosen due to limited life expectancy or co-morbidities, See ONC-17.4: Surveillance in the Oncology Imaging.

Active Surveillance: For all Active Surveillance indications, See ONC-17.4: Surveillance in the Oncology Imaging Guidelines

NOTE: PET/CT or PET/MRI are not recommended because their role evaluating the incidental renal mass is limited.¹

Bosniak Classification:
I- Benign simple cyst with a hairline thin wall without septa, calcification, or solid component. Homogeneous near-water attenuation density (10 to 20 HU) without enhancement.

II- Benign minimally complicated cyst that may contain a few hairline thin septa that may have “perceived” but not measurable enhancement. Fine calcification or a segment of slightly thickened calcification may be present in the wall or septa. Also, a well-marginated non-enhancing homogeneous mass <3cm with density above simple fluid attenuation (hyperdense cyst).

III- Usually benign complicated renal cyst with multiple hairline thin septa or minimal smooth thickening of the wall or septa. Wall or septa may contain thick and nodular calcification and may have “perceived” but not measurable enhancement. Also, a well-marginated intrarenal non-enhancing mass >3cm with density above simple fluid.
IV - Indeterminate complicated cystic renal mass with thickened irregular walls or septa that have measurable enhancement.

V - Malignant cystic renal mass with enhancing soft tissue components (cystic renal cell carcinoma).

From the Journal of the American College of Radiology¹

**AB-35.2: Pre-operative Assessment**

- Pre-operative assessment for robotic kidney surgery
  - If not previously performed:
    - CT Abdomen without and with contrast (CPT® 74170) OR
    - MRI Abdomen without and with contrast (CPT® 74183)
    - CTA Abdomen (CPT® 74175) or CTA Abdomen and Pelvis (CPT® 74174) OR
    - MRA Abdomen (CPT® 74185), or MRA Abdomen and Pelvis (CPT® 74185 and CPT® 72198)

**References**

AB-36.1: Renal Failure

Ultrasound kidney and bladder (CPT® 76770 or CPT® 76775), preferably with Doppler (CPT® 93975 or CPT® 93976), is the preferred imaging study for the evaluation of acute or chronic renal failure¹.

MRA Abdomen (CPT® 74185) when there is suspected¹:
- Renal vein/caval thrombosis
- Renal artery stenosis as cause of renal failure
- MRA with contrast may be contraindicated in severe renal failure or individuals on dialysis due to the risk of gadolinium agents in causing nephrogenic systemic sclerosis.

CT Abdomen without contrast (CPT® 74150) is not needed except to rule out ureteral obstruction or retroperitoneal mass.¹

References
AB-37.1: Renovascular Hypertension

- See PVD-6.6: Renovascular Hypertension/Renal Artery Stenosis in the Peripheral Vascular Disease Imaging Guidelines.
**AB-38.1: Polycystic Kidney Disease**

- **Retroperitoneal ultrasound** (CPT® 76770 or CPT® 76775) can be performed for:
  - Suspected polycystic kidney disease
  - Screening individuals at risk for autosomal dominant polycystic disease (ADPKD)
    - In the absence of any clinical change, follow-up screening is not indicated if a screening ultrasound was performed at age 40 or later and was negative for any cysts (The negative predictive value of an ultrasound in this age group is 100% for both PKD1 and PKD2, if no cysts are identified.).
    - If an initial ultrasound is negative for any cysts, a follow-up ultrasound can be performed at the discretion of the ordering provider for individuals <40 years of age.

- **MRI Abdomen without contrast** (CPT® 74181) can be performed:
  - If a cystic renal lesion is detected in an individual at-risk of PKD, for prognostic purposes
  - For volume averaging (Total Kidney Volume – TKV) prior to treatment for PKD (Jynarque, tolvaptan)
    - Optimal follow-up imaging intervals in this setting have not yet been established. Requests for follow-up imaging can be considered on a case-by-case basis.

**Background and Supporting Information**

Ultrasound is very effective in establishing a diagnosis of ADPKD, though may miss early small cysts. However, the negative predictive value in the various age groups of a negative ultrasound is as follows:

- ≥40: 100% for PKD1 and PKD2
- 30-39: 100% for PKD1 and 96.8% for PKD2
- 5-29: 99.1% for PKD1 and 83.5% for PKD2

In addition, the preferable advanced imaging study is MRI Abdomen without contrast (CPT® 74181). This is because of the increased risk of gadolinium-induced nephrogenic fibrosis in individuals with PKD.

**References**

## AB-39: Hematuria and Hydronephrosis

| AB-39.1: Hematuria with Urinary Tract Infection (UTI) | 135 |
| AB-39.2: Hematuria, not Related to Urinary Tract Infection (UTI) or Flank Pain (Asymptomatic Hematuria) | 135 |
| AB-39.3: Hematuria and Flank Pain (suspicion for renal/ureteral stones) | 135 |
| AB-39.4: Hydronephrosis of unexplained or indeterminate cause | 135 |
AB-39.1: Hematuria with Urinary Tract Infection (UTI)

- Females ≤40 years of age should receive at least a 3-day regimen of antibiotics followed by repeat dipstick urinalysis or complete urinalysis with microscopic exam. If the hematuria resolves, advanced imaging is not indicated. If symptoms persist, CT Urogram (CPT® 74178) is indicated.

- CT Urogram¹ (CPT® 74178) for females >40 years of age

- Males with UTI should be imaged, See **AB-40: Urinary Tract Infection (UTI)**

- NOTE: 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377) for a CT Urogram can be approved.

**Background and Supporting Information**

Signs and symptoms of UTI (urinary frequency, burning on urination, urgency, dysuria, positive urine leukocyte esterase, presence of WBCs in the urine, fever, elevated WBC as per the testing laboratory’s range.

AB-39.2: Hematuria, not Related to Urinary Tract Infection (UTI) or Flank Pain (Asymptomatic Hematuria)

- Multiphasic CT Urogram (CPT® 74178)

- If CT contraindicated (renal insufficiency, contrast allergy):
  - MR Urography without and with contrast (CPT® 74183 and CPT® 72197) or MR Urography without contrast (CPT® 74181 and CPT® 72195) if contrast contraindicated (e.g. pregnancy)

- If both Multiphasic CT and MRI are contraindicated:
  - CT Urography without contrast (CPT® 74176) or Renal US (CPT® 76775 or CPT® 76770) can be approved

- If persistent or recurrent asymptomatic hematuria with an initial negative urologic workup, repeat imaging within 3 to 5 years should be considered.

- NOTE: 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377) for a CT Urogram can be approved.

AB-39.3: Hematuria and Flank Pain (suspicion for renal/ureteral stones)

- CT Abdomen and Pelvis without contrast (CPT® 74176) or CT Urogram (CPT® 74178)

- NOTE: 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377) for a CT Urogram can be approved.

AB-39.4: Hydronephrosis of unexplained or indeterminate cause³, ⁴

- CT Urogram (CPT® 74178)
NOTE: 3-D Reconstruction enhances a CT Urogram. Requests for 3-D reconstruction (CPT® 76377) for a CT Urogram can be approved.

Individuals with known uncomplicated hydronephrosis, neurogenic bladder, myelomeningocele (open spinal dysraphism), or spina bifida can have follow-up/surveillance imaging with Retroperitoneal Ultrasound (CPT® 76770) every 6 to 12 months.

References
## AB-40: Urinary Tract Infection (UTI)

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AB-40: Urinary Tract Infection

These guidelines refer to UTI without Hematuria. For UTI with Hematuria, See AB-39: Hematuria and Hydronephrosis

AB-40.1: Upper (Pyelonephritis)

- CT Abdomen and Pelvis without and with contrast (CPT® 74178) or CT Abdomen and Pelvis with contrast (CPT® 74177) if:
  - Suspected complicated: diabetes, immune-compromised, history of stones, prior renal surgery, or fever ≥101 F (≥38.5 C).
  - Not responding to therapy after 3 days.
  - Recurrent pyelonephritis (at least 1 prior pyelonephritis).
  - Males with first time UTI, or recurrent UTI without etiology.

- MRI Abdomen without or with and without contrast (CPT® 74181 or CPT® 74183)
  - Elevated Creatinine

- Pregnant women should be evaluated initially by renal ultrasound2 (CPT® 76770 or CPT® 76775) and if further imaging is necessary, MRI Abdomen and Pelvis3 without contrast (CPT® 74181 and CPT® 72195).

AB-40.2: Lower

- CT Abdomen and Pelvis without and with contrast (CPT® 74178) if:
  - Suspected complicated: diabetes or immunocompromised or history of stones or prior renal surgery, or fever ≥101 F (≥38.5 C).
  - Not responding to therapy after 3 days.
  - Males with first time UTI or recurrent UTI without etiology.
  - Recurrent UTI ≥3 per year.
  - Recommendation by urologist or specialists.

- MRI Abdomen and MRI Pelvis without or with and without contrast (CPT® 74181 and CPT® 72195 or CPT® 74183 and CPT® 72197)
  - Elevated Creatinine

References

AB-41.1: Patent Urachus

- See PV-23.1 Patent Urachus in the Pelvis Imaging Guidelines
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AB-42.1: Liver Transplant, Pre-Transplant

See **CD-1.6: Transplant Individuals** in the Cardiac Imaging Guidelines for guidelines on cardiac stress testing.

Individuals on the liver transplant waiting list can undergo advanced imaging per the participating institution’s protocol, as long as the studies do not exceed the following:

- **If no known Hepatocellular Carcinoma**:  
  - Liver Ultrasound (CPT® 76705) with Doppler (CPT® 93975) every six months.  
  - CT or MRI Abdomen (CPT® 74170 or CPT® 74183) every year.  
  - CT Chest (CPT® 71260) for initial placement on the transplant list, but repeat CT Chest is not required.  
  - MRI Bone Marrow Blood Supply (CPT® 77084) or bone-scan one time.
- **If known Hepatocellular Carcinoma**:  
  - Liver Ultrasound (CPT® 76705) with Doppler (CPT® 93975) every six months.  
  - CT or MRI Abdomen (CPT® 74170 or CPT® 74183) every three months.  
  - CT Chest (CPT® 71260) every six months.  
  - Bone scan every six months.
- **If known Primary Sclerosing Cholangitis (PSC)**:  
  - MRCP

- **Pre-operative studies immediately prior to liver transplant**:  
  - CT or MRI Abdomen (CPT® 74170 or CPT® 74183)  
    - If CT Abdomen was most recently done while on the transplant waiting list, then MRI Abdomen should be done immediately prior to transplant and vice versa.  
    - CT Pelvis (CPT® 72193)  
    - CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185)  
    - CT Chest (CPT® 71260)  
    - MRI Bone Marrow Blood Supply (CPT® 77084) or bone scan

AB-42.2: Liver Transplant, Partial Liver Transplant Donors

- CT Abdomen without and with contrast (CPT® 74170) or MRI Abdomen without and with contrast (CPT® 74183) prior to transplant to evaluate donors for partial liver transplant.

AB-42.3: Liver Transplant, Post-Transplant

See **CD-1.6: Transplant Individuals** in the Cardiac Imaging Guidelines for guidelines on stress testing.

- **If known hepatocellular carcinoma (i.e. transplant performed for treatment of HCC, or if a de novo HCC is discovered in the explant liver)**:  
  - CT Abdomen (CPT® 74160 or CPT® 74170) every 6 months for 3 years.  
  - CT Chest (CPT® 71260) every 6 months for 3 years.
- **If no history of hepatocellular carcinoma, but cirrhosis develops in the explant liver**:  
  - See **AB-26: Cirrhosis and Liver Screening for Hepatocellular Carcinoma (HCC); Ascites and Portal Hypertension** for HCC screening guidelines.
For fibrosis assessment post-liver transplant:
- Transient Elastography (this is the most studied modality in this setting)

If known cholangiocarcinoma:
- Liver ultrasound (CPT® 76705) or MRI Abdomen and MRCP (CPT® 74183) every 6 months for 5 years post-transplantation.
- CT Chest (CPT® 71260) every 6 months for 5 years post-transplantation

All other post-transplant individuals:
- Routine screening of the chest or abdomen is not supported in the absence of HCC.
- Bone mineral density yearly for individuals with known osteopenia and every 2 to 3 years in individuals with a normal bone mineral density.
- Advanced imaging as indicated for suspected post-operative complications

**Background and Supporting Information**

Consensus guidelines regarding post-transplant surveillance imaging have not yet been established. Guidelines are based on a reasonable approach and are in accordance with suggestions by the American Association for the Study of Liver Diseases (AASLD) and others.

**AB-42.4: Liver Transplant, Post-Transplant Lymphoproliferative Disease (PTLD)**


- CT Chest/Abdomen/Pelvis with contrast (CPT® 71260 and CPT® 74177) can be performed. Biopsy of the involved organ should be performed if PTLD is suspected.
- There is insufficient evidence-based data to support the routine use of imaging to screen for PTLD.4

**Background and Supporting Information**

Most cases of PTLD are observed in the first year following transplant. Frequency of developing PTLD:
- Small bowel transplant—20% of individuals are at risk of developing PTLD
- Lung transplant—10% risk
- Heart transplant—6% risk
- Liver transplant—1%-3% risk
- Kidney transplant—1%-3% risk

**AB-42.5: Kidney Transplant, Pre-Transplant Imaging Studies**

See [CD-1.6: Transplant Individuals](#) in the Cardiac Imaging Guidelines for guidelines on cardiac stress testing.

- Individuals on the kidney transplant waiting list can undergo advanced imaging per that institution’s protocol as long as the studies do not exceed the following:
Diagnostic left heart catheterization if stress test is positive for reversible ischemia, or if duration of diabetes is >25 years and individual has additional cardiac risk factors.

Carotid duplex study (CPT® 93880 bilateral study or CPT® 93882 unilateral study) if there is history of stroke, TIA, or if carotid bruit is present on exam.

CT Abdomen and Pelvis (CPT® 74176 or CPT® 74177) or CTA Abdomen (CPT® 74175) one time.

AB-42.6: Kidney Transplant, Post-transplant

Ultrasound of transplanted kidney:

- Current ultrasound imaging protocols of the transplanted kidney commonly include a Doppler study and are coded as CPT® 76776.
  - Do not report non-invasive vascular codes CPT® 93975 and CPT® 93976 in conjunction with CPT® 76776.
- Ultrasound of the transplanted kidney performed without duplex Doppler should be reported as a limited retroperitoneal ultrasound (CPT® 76775).

AB-42.7: Heart Transplant

See CD-1.6: Transplant Individuals in the Cardiac Imaging Guidelines

References

4. Cincinnati Children's Hospital Medical Center. Evidence based clinical practice guideline for management of EBV-associated post-transplant lymphoproliferative disease (PTLD) in solid organ transplant.
## AB-43: Hepatic and Abdominal Arteries

| AB-43.1: Hepatic Arteries and Veins | 147 |
| AB-43.2: Abdominal Veins other than Hepatic and Portal Veins | 147 |
| AB-43.3: Renal Vein Thrombosis | 147 |
**AB-43.1: Hepatic Arteries and Veins**

- CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) if ONE of the following:
  - Evaluation of portal and hepatic veins prior to or following TIPS (transjugular intrahepatic portosystemic shunt)
  - Evaluation of portal and hepatic veins prior to or following surgical intervention for portal hypertension
  - Evaluation of hepatic vasculature prior to and following embolization procedure
  - Evaluation of hepatic vasculature prior to planned hepatectomy
  - Evaluation of liver donor
  - Suspected hepatic vein thrombosis or Budd Chiari syndrome, ONE of the following:
    - Ascites
    - Hepatomegaly
    - Inadequate Doppler ultrasound of hepatic veins
  - Possible portal vein thrombosis with negative or inadequate Doppler study of the portal vein, ONE of the following:
    - Hypercoagulable state
    - Abdominal malignancy
  - Preoperative evaluation for pancreatic cancer

**AB-43.2: Abdominal Veins other than Hepatic and Portal Veins**

- CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) if ONE of the following:
  - Nephrotic syndrome
  - Suspicion of iliac vein thrombus
  - Suspicion of inferior vena cava thrombus
  - Renal vein thrombosis
  - Mesenteric vein thrombosis

**AB-43.3: Renal Vein Thrombosis**

- MRA Abdomen (CPT® 74185) if ONE of the following:
  - Nephrotic syndrome
  - Proteinuria – 3 grams or more in 24 hours
  - Lupus nephritis
  - Hypercoagulable state, ONE of the following:
    - Antiphospholipid antibodies
    - Behçet’s syndrome
    - Protein C deficiency
    - Protein S deficiency
References
AB-45: Liver Elastography

- Vibration-Controlled Transient Elastography (VCTE) (e.g. Fibroscan, CPT® 91200) may be considered appropriate to assess for advanced fibrosis and cirrhosis in the following conditions:
  - Hepatitis C
  - Hepatitis B
  - Chronic alcoholic liver disease
  - All other chronic liver diseases

- If requested, Magnetic Resonance Elastography Liver (MRE, CPT® 76391) can be approved for:
  - Non-alcoholic fatty liver disease (NAFLD) in high risk (for cirrhosis) populations:
    - Advanced age (≥65 years)
    - Obesity (BMI ≥30)
    - Diabetes
    - ALT >2X upper limit of normal
  - For NAFLD in low risk populations (e.g. signs of fatty liver found on imaging only, without the above-noted risk factors) MRE would be considered investigational.

- The use of VCTE and MRE are considered experimental and investigational for all other indications with regards to liver disease

- The use of other ultrasound elastographic techniques (CPT® 76981, CPT® 76982, and CPT® 76983), including but not limited to acoustic radiation force impulse imaging or real-time tissue elastography for any indication is considered experimental or investigational at this time

**Background and Supporting Information**

For the assessment of cirrhosis in individuals with hepatitis C, the AGA noted that MRE has little to no increase in identifying cirrhosis, but had poorer specificity and thus higher false-positive rates than VCTE. In view of this, the AGA concluded that MRE has a poorer diagnostic performance in this setting, compared to VCTE. In their recommendations for the assessment of fibrosis in chronic liver disease, VCTE was recommended over MRE with the exception of NAFLD in high risk populations, in which MRE resulted in a lower rate of false positives compared to VCTE. In low risk populations with NAFLD, both MRE and VCTE performed poorly, and their role is as yet, undefined.

**References**

### AB-46: Hiccups

- **Hiccups <48 hours without any localizing or specific symptoms:**
  - No advanced imaging
- **Hiccups ≥48 hours:**
  - History and physical examination, laboratory and CMP and baseline chest x-ray
  - Abnormal or negative chest x-ray with symptoms referable to the chest:
    - CT Chest with contrast (CPT® 71260)
  - Lab or history/physician findings suggest a gastrointestinal etiology:
    - CT Abdomen with contrast (CPT® 74160)

### References
AB-47: Retroperitoneal Fibrosis

- Individuals diagnosed with retroperitoneal fibrosis:
  - ONE of the following every 3 months until stability demonstrated:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72192)
    - MRI Abdomen and Pelvis with and without contrast (CPT® 74183 and CPT® 72195)
    - Retroperitoneal or Abdominal ultrasound (CPT® 76770 or CPT® 76700) can be approved if requested.
  - After stability established repeat imaging can be approved every 6 months.
  - Requests for non-contrasted studies in individuals with renal insufficiency is appropriate. Gadolinium may induce nephrogenic systemic fibrosis in individuals with moderate or severe renal insufficiency, especially if the GFR is <30 ml/min.
  - Additional imaging:
    - CT Chest (CPT® 74160) can also be performed upon initial diagnosis if requested, to further evaluate for the possibility of malignancy as an underlying etiology.

- PET/CT (CPT® 78815)
  - Can be considered initially, after diagnosis, to establish avidity patterns to assess for the likelihood of malignancy and for stratification for the likelihood of response to steroids.
  - Follow-up can be considered if there is documentation of an anticipated therapeutic change based on the results (such as a change in immunosuppression therapy or stent removal).

- Methysergide-induced retroperitoneal fibrosis:
  - Methysergide for migraine treatment is generally no longer available but is rarely being used at some centers. It has a known complication of retroperitoneal fibrosis.
  - Individuals can be screened at baseline and then every 6 months with ONE of the following:
    - CT Abdomen and Pelvis with contrast (CPT® 74177)
    - CT Abdomen and Pelvis without contrast (CPT® 74176)
    - MRI Abdomen and Pelvis without and with contrast (CPT® 74183 and CPT® 72197)
    - MRI Abdomen and Pelvis without contrast (CPT® 74181 and CPT® 72195)
    - Retroperitoneal ultrasound (CPT® 76770 or CPT® 76775)

Background and Supporting Information
Retroperitoneal fibrosis is a rare disease, and may be idiopathic (IgG4 or non-IgG-4 related) or secondary. Secondary causes include malignancy, infections, previous radiation therapy, previous abdominal surgery, drugs such as methysergide, and biologic agents.
References


