

# Cigna Medical Coverage Policies – Radiology Chest Imaging Guidelines

Effective October 1, 2020



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## Instructions for use

The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer's particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer's benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

1. The terms of the applicable benefit plan document in effect on the date of service
2. Any applicable laws and regulations
3. Any relevant collateral source materials including coverage policies
4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the [Cigna CPT code list](#) for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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## Abbreviations for Chest Guidelines

<b>AAA</b>	abdominal aortic aneurysm		
<b>ACE</b>	angiotensin-converting enzyme		
<b>AVM</b>	arteriovenous malformation		
<b>BI-RADS</b>	Breast Imaging Reporting and Database System		
<b>BP</b>	blood pressure	<b>BRCA</b>	tumor suppressor gene
<b>CAD</b>	computer-aided detection	<b>CBC</b>	Complete blood count
<b>COPD</b>	chronic obstructive pulmonary disease		
<b>CT</b>	computed tomography		
<b>CTA</b>	computed tomography angiography		
<b>CTV</b>	computed tomography venography		
<b>DCIS</b>	ductal carcinoma in situ	<b>DVT</b>	deep venous thrombosis
<b>ECG</b>	electrocardiogram	<b>EM</b>	electromagnetic
<b>EMG</b>	electromyogram	<b>FDA</b>	Food and Drug Administration
<b>FDG</b>	fluorodeoxyglucose	<b>FNA</b>	fine needle aspiration
<b>GERD</b>	gastroesophageal reflux disease		
<b>GI</b>	gastrointestinal		
<b>HRCT</b>	high resolution computed tomography		
<b>IPF</b>	idiopathic pulmonary fibrosis		
<b>LCIS</b>	lobular carcinoma in situ		
<b>LFTP</b>	localized fibrous tumor of the pleura		
<b>MRA</b>	magnetic resonance angiography		
<b>MRI</b>	magnetic resonance imaging		
<b>MRV</b>	magnetic resonance venography		
<b>NCV</b>	nerve conduction velocity		
<b>PE</b>	pulmonary embolus		
<b>PEM</b>	positron-emission mammography		
<b>PET</b>	positron emission tomography		

<b>PFT</b>	pulmonary function tests
<b>PPD</b>	purified protein derivative of tuberculin
<b>RODEO</b>	Rotating Delivery of Excitation Off-resonance MRI
<b>SPN</b>	solitary pulmonary nodule
<b>SVC</b>	superior vena cava

**CH-1: General Guidelines**

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## **CH-1: General Guidelines**

- A current clinical evaluation (within 60 days) is required prior to considering advanced imaging.
  - ◆ A clinical evaluation should include the following:
    - A relevant history and physical examination.
    - Appropriate laboratory studies and non-advanced imaging modalities, such as plain x-ray or ultrasound.
  - ◆ Other meaningful contact (telephone call, electronic mail or messaging) by an established individual can substitute for a face-to-face clinical evaluation.

### **CH-1.1: General Guidelines – Chest X-Ray**

- A recent chest x-ray (generally within the last 60 days) that has been over read by a radiologist would be performed in many of these cases prior to considering advanced imaging.<sup>1,2</sup>
  - ◆ Identify and compare with previous chest films to determine presence and stability.
  - ◆ Chest x-ray can help identify previously unidentified disease and may direct proper advanced imaging for such conditions as:
    - Pneumothorax, (See **CH-19: Pneumothorax/Hemothorax**).
    - Pneumomediastinum, (See **CH-19: Pneumothorax/Hemothorax**).
    - Fractured ribs, (See **CH-22: Chest Wall Mass**).
    - Acute and chronic infections, and (See **CH-13: Pneumonia** and **CH-14: Other Chest Infections**).
    - Malignancies.
  - ◆ Exceptions to preliminary chest x-ray may include such conditions as:
    - Supraclavicular lymphadenopathy (See **CH-2.1: Supraclavicular Region**).
    - Known Bronchiectasis (See **CH-7: Bronchiectasis**).
    - Suspected interstitial lung disease (See **CH-11: Interstitial Disease**).
    - Positive PPD or tuberculosis (See **CH-14: Other Chest Infections**).
    - Suspected Pulmonary AVM (See **CH-26: Pulmonary Hypertension**).

### **CH-1.2: General Guidelines – Chest Ultrasound**

- Chest ultrasound (CPT® 76604) includes transverse, longitudinal, and oblique images of the chest wall with measurements of chest wall thickness, and also includes imaging of the mediastinum.
  - ◆ Chest ultrasound: CPT® 76604.
  - ◆ Breast ultrasound.
    - CPT® 76641: unilateral, complete.
    - CPT® 76642: unilateral, limited.
  - ◆ CPT® 76641 and CPT® 76642 should be reported only once per breast, per imaging session.
  - ◆ Axillary ultrasound: CPT® 76882 (unilateral); if bilateral, can be reported as CPT® 76882 x 2.

### **CH-1.3: General Guidelines – CT Chest**

- Intrathoracic abnormalities found on chest x-ray, fluoroscopy, CT Abdomen, or other imaging modalities may be further evaluated with CT Chest with contrast (CPT® 71260).
  - ◆ Abnormalities not addressed in these guidelines should be sent for Medical Director Review
- CT Chest without contrast (CPT® 71250) can be used for the following:
  - ◆ Individual has contraindication to contrast.
  - ◆ Follow-up of pulmonary nodule(s).
  - ◆ High Resolution CT (HRCT).
  - ◆ Low-dose CT Chest (CPT® G0297) See **CH-33: Lung Cancer Screening**.
- CT Chest without and with contrast (CPT® 71270) does not add significant diagnostic information above and beyond that provided by CT Chest with contrast, unless a question regarding calcification, most often within a lung nodule, needs to be resolved.<sup>1</sup>

#### **CT Chest Coding Notes:**

- High resolution CT Chest should be reported only with an appropriate code from the set CPT® 71250-CPT® 71270.
  - ◆ No additional CPT® codes should be reported for the “high resolution” portion of the scan. The “high resolution” involves additional slices which are not separately billable.

### **CH-1.4: General Guidelines – CTA Chest (CPT® 71275)**

- CTA Chest (CPT® 71275) can be considered for suspected Pulmonary Embolism and Thoracic Aortic disease.
  - ◆ CTA prior to minimally invasive or robotic surgery (See **CD-4.8: Transcatheter Aortic Valve Replacement (TAVR)** in the Cardiac Imaging Guidelines).

### **CH-1.5: General Guidelines – MRI Chest without and with Contrast (CPT® 71552)**

- Indications for MRI Chest are infrequent and may relate to concerns about CT contrast such as renal insufficiency or contrast allergy. MRI may be indicated:
  - ◆ Clarification of some equivocal findings on previous imaging studies, which are often in the thymic mediastinal region or determining margin (vascular/soft tissue) involvement with tumor and determined on a case-by-case basis.
    - Certain conditions include:
      - Chest wall mass (**CH-22: Chest Wall Mass**).
      - Chest muscle tendon injuries (**MS-11: Muscle/Tendon Unit Injuries/Diseases** in the Musculoskeletal Imaging Guidelines).
      - Brachial plexopathy (**PN-4: Brachial Plexus** in the Peripheral Nerve Disorders Imaging Guidelines).
      - Thymoma (**ONC-10.5: Thymoma and Thymic Carcinoma - Suspected/Diagnosis** in the Oncology Imaging Guidelines).

## **CH-1.6: This section intentionally left blank**

### *References*

1. Raouf, Suhail et al. Interpretation of Plain Chest Roentgenogram. *CHEST*, Volume 141, Issue 2, 545 – 558. February 2012.
2. Eisen et al., Competency in Chest Radiography. *Journal of General Internal Medicine*. Volume 21, Issue 5, Version of Record online: 25 APR 2006.
3. When to Order Contrast-Enhanced CT. <https://www.aafp.org/afp/2013/0901/p312.pdf>.



## CH-2: Lymphadenopathy

<b>CH-2.1: Supraclavicular Region</b>	<b>10</b>
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## **CH-2.1: Supraclavicular Region**

- Ultrasound (CPT® 76536) is the initial study for palpable or suspected lymphadenopathy.
  - ◆ Allows simultaneous ultrasound-guided core needle biopsy (CPT® 76942).
  - ◆ CT Neck with contrast (CPT® 70491) or CT Chest with contrast (CPT® 71260) if ultrasound is indeterminate.
    - See **Neck-1: General** in the Neck Imaging Guidelines.

## **CH-2.2: Axillary Lymphadenopathy (and Mass)**

- There is no evidence-based support for advanced imaging of clinically evidenced axillary lymphadenopathy without biopsy.<sup>2,3</sup>
- Localized axillary lymphadenopathy should prompt:
  - ◆ Ultrasound directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists or malignancy suspected.
  - ◆ Search for adjacent hand or arm injury or infection, and
  - ◆ 3-4 week observation if benign clinical picture, and
  - ◆ Excisional or ultrasound directed core needle biopsy of most abnormal lymph node if condition persists or malignancy suspected.
  - ◆ No advanced imaging indicated.
- Generalized axillary lymphadenopathy should prompt:
  - ◆ Ultrasound directed core needle biopsy or surgical excisional biopsy of the most abnormal lymph node if condition persists or malignancy suspected.
  - ◆ Diagnostic work-up, including serological tests, for systemic diseases, and
  - ◆ Excisional biopsy of most abnormal lymph node if uncertainty persists.
  - ◆ See **ONC-27: Non-Hodgkin Lymphomas** in the Oncology Imaging Guidelines.
- Occult Primary Cancer in axillary lymph node(s):
  - ◆ See **ONC-31: Metastatic Cancer, Carcinomas of Unknown Primary Site, and Other Types of Cancer** in the Oncology Imaging Guidelines.

### ***Background and Supporting Information***

Adenocarcinoma is the most common histology, with breast cancer seen most often; non-palpable breast cancer and axillary metastases accounts for less than 0.5% of all breast cancers. Carcinomas of the lung, thyroid, stomach, colon, rectum, and pancreas have the potential to spread to axillary lymph nodes, but these metastases are rarely the first manifestations of disease.

Most axillary adenopathy is infectious in primary care settings. Metastatic axillary involvement from a lung or chest primary is highly unusual (CT Chest not often warranted).

### **CH-2.3: Mediastinal Lymphadenopathy<sup>4,5</sup>**

- CT Chest with contrast (CPT<sup>®</sup> 71260) if mediastinal abnormalities are detected on a chest x-ray (over read by a radiologist) or other non-dedicated advanced chest imaging.
  - ◆ Follow-up CT Chest (CPT<sup>®</sup> 71260) after 4 weeks if:
    - Enlarged lymph nodes are in the mediastinum with no other thoracic abnormalities; and
    - Low risk or no clinical suspicion for malignancy.
    - Thereafter, stability does not require further advanced imaging.
  - ◆ Further evaluations
    - Lymph node biopsy (see methods below) should be considered for:
      - Persistent lymphadenopathy on follow-up CT Chest; or
      - Suspected malignancy.

#### ***Background and Supporting Information***

- Lymphadenopathy from neoplasms as well as from benign sources of inflammation can result in a positive PET scan. Therefore, the use of PET may not be helpful prior to histologic diagnosis.
- Less invasive methods of mediastinal biopsies are CT or ultrasound directed percutaneous biopsy, transbronchial biopsy, transbronchial biopsy using endobronchial ultrasound, and endoscopic ultrasound-guided FNA.
- More invasive and traditional methods are mediastinoscopy or thoracoscopy/thoracotomy.

#### ***References***

1. Van Overhagen H, Brakel K, Heijenbrok MW, et al. Metastases in supraclavicular lymph nodes in lung cancer: assessment with palpation, US, and CT. *Radiology* 2004; 232: 75-8.
2. Lehman C, DeMartini W, Anderson B, et al. Indications for breast MRI in the patient with newly diagnosed breast cancer. *J Natl Compr Canc Netw* 2009; 7 (2): 193-201.
3. Yamaguchi H, Ishikawa M, Hatanaka K, et al. Occult breast cancer presenting as axillary metastases. *The Breast* 2006; 15: 259-262.
4. Stigt J, Boers J, Oostdijk A, et al. Mediastinal Incidentalomas, *Journal of Thoracic Oncology*: August 2011, Volume 6, Issue 8 pp 1345-1349.
5. English B, Ray C, Chang J, et al. Expert Panel on Interventional Radiology. ACR Appropriateness Criteria<sup>®</sup> radiologic management of thoracic nodules and masses. *Reston (VA): American College of Radiology (ACR)*; 2015. 14 p.

## CH-3: Cough

### CH-3.1: Cough

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### CH-3.1: Cough

- Initial evaluation should include a recent chest x-ray after the current episode of cough started or changed.<sup>1, 2</sup>
  - ◆ In addition all medications known to cause coughing (e.g. ACE inhibitors, Sitagliptin) should be discontinued.<sup>1, 2, 3</sup>
- CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250), if the initial chest x-ray is without abnormalities and all medications known to cause coughing have been discontinued, for the following:
  - ◆ Non-Smoker cough after the following sequence for a total 3 week trial and investigation after ALL of the following:<sup>4</sup>
    - Antihistamine and decongestant treatment.<sup>1, 2</sup>
    - Empiric trial of corticosteroids.<sup>1, 2</sup>
    - Treatment of gastroesophageal reflux disease (GERD).<sup>1, 2</sup>
      - See **HD-29: Sinusitis** in the Head Imaging Guidelines.
  - ◆ Current or past cigarette smokers with either:<sup>4</sup>
    - New cough lasting greater than 2 weeks.
    - Changed chronic cough in worsening frequency or character.
      - See **CH-6: Hemoptysis**.
  - ◆ CT Maxillofacial without contrast (CPT® 70486) or CT Sinus, limited without contrast (CPT® 76380) can be considered in those with suspicion of Upper Airway Cough Syndrome (UACS) secondary to rhinosinus disease.<sup>4</sup>
  - ◆ For any abnormalities present on the initial chest x-ray, advanced chest imaging can be performed according to the relevant Chest Imaging Guidelines section.<sup>1</sup>

#### Background and Supporting Information

- The resolution of cough usually will occur at a median time of 26 days of stopping use of the angiotensin-converting enzyme (ACE) inhibitor drug.<sup>2</sup> Smoking cessation is “almost always effective” in resolving cough in smoker.<sup>2</sup>
- Cough after URI (Upper Respiratory Infection) can typically last beyond 2-3 weeks.<sup>3</sup>

#### References

1. Gibson P, Wang G, McGarvey L, et al. CHEST Expert Cough Panel. Treatment of unexplained chronic cough: CHEST guideline and Expert Panel report. Online supplement. *Chest*. 2016 Jan; 149 (1): 27-44
2. Pratter, M, et al. An Empiric Integrative Approach to the Management of Cough: ACCP Evidence-Based Clinical Practice Guidelines. *Chest*. 2006; 129(1\_suppl): 222S-231S.
3. Ebell MH, Lundgren J, Youngpairoi S, How long does a cough last? Comparing patients' expectations with data from a systematic review of the literature. (2013). *Ann Fam Med*, 11, 15-13.
4. Irwin RS, French CL, Chang AB, et al. Classification of Cough as a Symptom in Adults and Management Algorithms. *Chest*. 2018;153(1):196-209. doi:10.1016/j.chest.2017.10.016.

**CH-4: Non-Cardiac Chest Pain**

<b>CH-4: Non-Cardiac Chest Pain</b>	<b>15</b>
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<b>CH-4.2: Costochondritis/Other Musculoskeletal Chest Wall Syndrome</b>	<b>15</b>

## **CH-4: Non-Cardiac Chest Pain**

- See the following guidelines:
  - ◆ **CH-25: Pulmonary Embolism (PE).**
  - ◆ **CH-29.1: Aortic Dissection.**
  - ◆ **CD-1: General Guidelines** in the Cardiac Imaging Guidelines.
- “Evidence is not conclusive whether Triple-rule-out CT (CAD, PE, and AD) will improve efficiency of individual management” with acute chest pain.<sup>1</sup>
- MRI is not supported in the evaluation of chest pain.

### **CH-4.1: Non-Cardiac Chest Pain - Imaging**

- Initial evaluation should include a chest x-ray.<sup>1,2</sup>
  - ◆ CT Chest with contrast (CPT® 71260) or CTA Chest with contrast (CPT® 71275) if x-ray is abnormal.<sup>1,2,3,4</sup>
  - ◆ If x-ray is normal, individual should undergo evaluation of other possible causes of pain prior to advanced imaging (CT Chest with contrast or CTA Chest with contrast) including:<sup>1,2,3,4</sup>
    - Cardiac evaluation<sup>1,2</sup> (See **CD-1: General Guidelines** in the Cardiac Imaging Guidelines)
    - GI any ONE of the following:
      - Trial of anti-reflux medication, or pH probe, or esophageal manometry<sup>1</sup> or
      - Barium swallow or endoscopy
    - Either a barium swallow, esophageal pH monitoring, manometry, or endoscopy should be done in all after cardiac causes have been ruled out since GERD is the cause in almost 60%
    - Pulmonary Function Test (PFT's)<sup>1,2</sup>
  - ◆ CT Chest with contrast (CPT® 71260) if persistent:
    - The initial chest x-ray reveals no abnormalities; and either
      - Sickle cell disease<sup>2</sup>, or
      - Suspected lung mass in an individual with chest pain, cough, and weight loss.<sup>2</sup>

### **CH-4.2: Costochondritis/Other Musculoskeletal Chest Wall Syndrome**

- Costochondritis or other suggested musculoskeletal chest wall syndrome does not require advanced imaging (CT or MRI) unless it meets other criteria in these guidelines.

#### *Background and Supporting Information*

Chest x-ray could identify pneumothorax, pneumomediastinum, fractured ribs, acute and chronic infections, and malignancies.

Costochondritis can be readily diagnosed with palpation tenderness and/or hooking maneuver and imaging is non-specific.<sup>3</sup>

**References**

1. Hoffman U, Venkatesh V, White R, et al. Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® acute nonspecific chest pain - low probability of coronary artery disease. *American College of Radiology (ACR)*; 2015.
2. Woodard PK, White RD, Abbara S, Araoz PA, Cury RC, et al., Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria® chronic chest pain - low to intermediate probability of coronary artery disease. *American College of Radiology (ACR)*; 2012.
3. Proulx A and Zryd T. Costochondritis: diagnosis and treatment. *Am Fam Physician*. 2009 Sep 15; 80 (6): 617.



**CH-5: Dyspnea/Shortness of Breath**

<b>CH-5.1: Dyspnea/Shortness of Breath</b>	<b>18</b>
<b>CH-5.2: This section intentionally left blank</b>	<b>18</b>

## **CH-5.1: Dyspnea/Shortness of Breath**

- Initial evaluation should include a recent chest x-ray.<sup>1, 2</sup>
  - ◆ CT Chest without contrast (CPT<sup>®</sup> 71250) if x-ray is abnormal.<sup>1,2</sup>
  - ◆ CT Chest without contrast (CPT<sup>®</sup> 71250, including HRCT), or CT Chest with contrast (CPT<sup>®</sup> 71260) if the initial chest x-ray is indeterminate and the following evaluations have been conducted and are indeterminate:<sup>2</sup>
    - ECG, echocardiogram or stress testing,<sup>2</sup> and
    - Pulse oximetry and pulmonary function studies (PFT's),<sup>2</sup>

### ***Background and Supporting Information***

Dyspnea is the subjective experience of breathing discomfort.

### ***References***

1. ACR Appropriateness Criteria<sup>®</sup> Chronic Dyspnea - Noncardiovascular Origin. American College of Radiology (ACR); 2018.
2. Abbara S, Ghoshhajra B, White R, et al, Expert Panel on Cardiac Imaging. ACR Appropriateness Criteria<sup>®</sup> dyspnea -- suspected cardiac origin. American College of Radiology (ACR); Revised 2016.
3. Morton K, Clark P, et al. Diagnostic Imaging: Nuclear Medicine, Amursys, 2007; (4)2-15. *Elvisier*.
4. Thrall JH, Zeissman HA. Nuclear Medicine: The Requisites, *Mosby*, 2001, 145-165.

## **CH-5.2: This section intentionally left blank**

## CH-6: Hemoptysis

### CH-6.1: Hemoptysis

20

## **CH-6.1: Hemoptysis**

- CTA Chest (CPT® 71275) may be performed after:
  - ◆ Abnormal chest x-ray, *or*
  - ◆ No chest x-ray needed if ANY of the following:
    - High risk for malignancy with >40 years of age and >30 pack-year smoking history, *or*
    - Persistent/recurrent with >40 years of age or >30 pack year smoking history, *or*
    - Massive hemoptysis ( $\geq 30$  cc per episode or unable protect airway).<sup>1</sup>
- CT Chest with contrast (CPT® 71260) OR without contrast (CPT® 71250) can be considered if meets above guidelines but there is a contraindication to iodinated contrast or in place of CTA.<sup>1</sup>

### ***Reference***

1. Expert Panel on Thoracic Imaging. ACR Appropriateness Criteria® hemoptysis. Reston (VA): American College of Radiology (ACR); 2014.

## CH-7: Bronchiectasis

### CH-7.1: Bronchiectasis

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## **CH-7.1: Bronchiectasis**

- High resolution CT Chest (HRCT) without contrast (CPT® 71250) for ANY of the following:<sup>4, 5</sup>
  - ◆ To confirm suspected diagnosis of bronchiectasis after an initial x-ray.<sup>1, 2</sup>
  - ◆ For known bronchiectasis with worsening symptoms or worsening PFT's.<sup>2</sup>
  - ◆ For hemoptysis with known or suspected bronchiectasis.<sup>3</sup>

### ***References***

1. Schneebaum N, Blau H, Soferman R, et al. Use and yield of chest computed tomography in the diagnostic evaluation of pediatric lung disease. *Pediatrics*, 2009; 124:472-479.
2. Rosen M. Chronic cough due to bronchiectasis: ACCP evidence-based clinical practice guidelines. *Chest*, 2006; 129: 122S-131S.
3. Guidelines for Non-CF Bronchiectasis, British Thoracic Society, Bronchiectasis Guideline Group, *Thorax*, 65, Supplement 1, July 2010.
4. Expert Panel on Thoracic Imaging. ACR Appropriateness Criteria® hemoptysis. Reston (VA): *American College of Radiology (ACR)*; 2010. (revised 2014).
5. Hansell D, Bronchiectasis. *Radiologic Clinics of North America*, (1998).36(1): 107-28.

## CH-8: Bronchitis

### CH-8.1: Bronchitis

24

## **CH-8.1: Bronchitis**

- Advanced imaging is not needed for bronchitis.<sup>1,2</sup>
- Chest x-ray to determine if any abnormality is present.

### *References*

1. Braman S, Chronic cough due to acute bronchitis: ACCP evidence-based clinical practice guidelines, *Chest* 2006,129, 95S-103S.
2. Michigan Quality Improvement Consortium. Management of uncomplicated acute bronchitis in adults. South-field (MI): Michigan Quality Improvement Consortium; 2016.  
[http://www.mqic.org/pdf/mqic\\_management\\_of\\_uncomplicated\\_acute\\_bronchitis\\_in\\_adults\\_cpg.pdf](http://www.mqic.org/pdf/mqic_management_of_uncomplicated_acute_bronchitis_in_adults_cpg.pdf).



## CH-9: Asbestos Exposure

### CH-9.1: Asbestos Exposure

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## **CH-9.1: Asbestos Exposure**

- Chest x-ray as radiographic screening for asbestos exposure.<sup>1,2</sup>
  - ◆ Stable calcified pleural plaques on chest x-ray do not require advanced imaging of the chest.<sup>2</sup>
- CT Chest should not be used to screen populations at risk for asbestos-related diseases.<sup>2</sup>
- High resolution CT Chest (HRCT) (CPT® 71250) for ANY of the following:<sup>2</sup>
  - ◆ Any change seen on chest x-ray.
  - ◆ Progressive respiratory symptoms that may indicate the development or progression of asbestos related interstitial fibrosis.
  - ◆ Send requests for additional follow-up imaging to Medical Director Review.

### ***Background and Supporting Information***

- Asbestosis and asbestos-related diseases include: pleural effusion, pleural plaques, lung cancer, and malignant mesothelioma. The risk of developing mesothelioma increases with increasing intensity and duration of exposure.

### ***References***

1. OSHA, Occupational Safety and Health Standards, Medical surveillance guidelines for asbestos, 1910.1001 App H.  
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## **CH-10: Chronic Obstructive Pulmonary Disease (COPD)**

### **CH-10.1: COPD**

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## **CH-10.1: COPD**

- Chest x-ray should be performed initially.
  - ◆ CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260)<sup>1,2</sup> can be performed if:
    - Emphysema is known or suspected and a pre-operative study for Lung Volume Reduction Surgery (LVRS) is being requested.<sup>1</sup> OR
    - Definitive diagnosis is not yet determined by laboratory studies and chest x-ray and ONE of the following is suspected:
      - Bronchiectasis
      - Sarcoidosis
      - Emphysema
      - Pneumoconiosis
      - Idiopathic pulmonary fibrosis
      - Langerhans cell histiocytosis
      - Hypersensitivity pneumonitis
      - Bronchiolitis obliterans
      - Lipoid pneumonia
      - Drug toxicity
      - Lymphangitic cancer<sup>2</sup>
- Lung cancer screening is discussed in the following guideline:
  - ◆ See “Screening Indications” in **CH-33: Lung Cancer Screening**.

### ***Background and Supporting Information***

- COPD includes asthmatic bronchitis, chronic bronchitis, and emphysema. COPD is airflow reduction (FEV1/FVC ratio <0.7 or FEV1 <80% predicted) in the presence of respiratory symptoms, such as dyspnea. Advanced chest imaging is not typically indicated in COPD exacerbation, which is an acute change in baseline dyspnea, cough, and/or sputum beyond normal day-to-day variations.<sup>2</sup>

### ***References***

1. ACR Appropriateness Criteria® Chronic Dyspnea - Noncardiovascular Origin. *American College of Radiology (ACR)*; 2018.
2. Austin JHM. Pulmonary emphysema: Imaging assessment of lung volume reduction surgery. *Radiology* 1999; 212:1-3.

## CH-11: Interstitial Disease

<b>CH-11.1: Interstitial Disease</b>	<b>30</b>
<b>CH-11.2: E-cigarette, or Vaping, Product Use–Associated Lung Injury (EVALI)</b>	<b>30</b>

## **CH-11.1: Interstitial Disease**

- High resolution CT Chest (HRCT) without contrast (CPT® 71250) is the diagnostic modality of choice to evaluate for:
  - ◆ Interstitial changes identified on other imaging (including chest x-ray) in individuals with pulmonary symptoms and abnormal pulmonary function studies (PFT's) (See **CH-5: Dyspnea/Shortness of Breath**)<sup>1-6</sup>
  - ◆ Initial request to identify interstitial disease with a connective tissue disease diagnosis, including (chest x-ray not required):
    - Rheumatoid arthritis,
    - Scleroderma,
    - Idiopathic inflammatory myopathies (polymyositis, dermatomyositis, inclusion body myositis)
    - Asbestosis,
    - Silicosis,
    - Coal miner's lung disease<sup>1-6</sup>
  - ◆ New or worsening pulmonary symptoms or worsening PFT's in any type of interstitial disease, including connective tissue diseases<sup>1-6</sup>
  - ◆ Once a year in individuals with known idiopathic pulmonary fibrosis (IPF) if showing progression or regression of disease will change individual management<sup>3</sup>

## **CH-11.2: E-cigarette, or Vaping, Product Use–Associated Lung Injury (EVALI)**

- CT Chest with or without contrast (CPT® 71250 or CPT® 71260) if EVALI is suspected.<sup>7</sup>

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## **CH-12: Multiple Pulmonary Nodules**

### **CH-12.1: Multiple Pulmonary Nodules**

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## **CH-12.1: Multiple Pulmonary Nodules**

- See **CH-16: Solitary Pulmonary Nodule (SPN)**<sup>1</sup>

### *Background and Supporting Information*

- Increased risk of primary cancer as the total nodule count increased from 1 to 4 but decreased risk in individuals with 5 or more nodules, most of which likely resulted from prior granulomatous infection.<sup>1</sup>

### *Reference*

1. MacMahon H, et al. Guidelines for Management of Incidental Pulmonary Nodules Detected on CT Images: From the Fleischner Society 2017, *Radiology*,



**CH-13: Pneumonia and Coronavirus Disease 2019**

<b>CH-13.1: Pneumonia</b>	<b>34</b>
<b>CH-13.2: Coronavirus Disease 2019 (COVID-19)</b>	<b>34</b>

### **CH-13.1: Pneumonia**

- Chest x-ray would be performed initially in all individuals with suspected pneumonia, prior to considering advanced imaging.<sup>1, 2</sup>
  - ◆ CT Chest with contrast (CPT® 71260) if initial or repeat chest x-ray findings reveal:
    - Complication of pneumonia (e.g. abscess, effusion, hypoxemia, respiratory distress, necrotizing pneumonia, pneumothorax).<sup>1,2</sup>
    - Possible lung mass associated with the infiltrate.<sup>2</sup>

### **CH-13.2: Coronavirus Disease 2019 (COVID-19)**

- CT Chest without contrast (CPT® 71250), or with contrast (CPT® 71260) may be appropriate in the following clinical situations:
  - ◆ Symptomatic COVID-19 positive individuals with underlying comorbidities (including but not limited to age >65 years, asthma, COPD, cystic fibrosis, cardiovascular disease, malignancy, bronchopulmonary dysplasia, chronic infections, or immunocompromised state).
  - ◆ Moderate to severe symptomatic individuals with evidence of significant pulmonary dysfunction or damage (e.g., hypoxemia, moderate-to-severe dyspnea), suspected of having COVID-19, regardless of COVID-19 test results or when viral testing is not available.
    - Thromboembolic complications including pulmonary embolism, stroke and mesenteric ischemia are recognized complications of COVID-19. See **CH-25.1: Pulmonary Embolism** in the Chest Imaging Guidelines, **AB-6.1: Mesenteric Ischemia** in the Abdomen Imaging Guidelines, and **HD-21.1: Stroke/TIA** in the Head Imaging Guidelines for appropriate imaging guidance.
    - Other systemic complications are being recognized as medical knowledge about this condition evolves. Requested imaging for possible COVID-19 complications should be managed by the appropriate condition based guidelines.
  - ◆ Repeat imaging may be appropriate in the following clinical circumstances:
    - If there is significant worsening of symptoms in a COVID-19 positive patient and imaging will be used to modify patient management.
    - A recovered COVID-19 positive patient with significant residual functional impairment and/or persistence hypoxemia.
- Current literature does not support preoperative screening with advanced imaging in asymptomatic individuals

#### ***Background and Supporting Information***

- The role of advanced imaging in the diagnosis and management of COVID-19 is very dynamic in this rapidly evolving condition.
- Findings on both Chest X-ray and CT Chest are non-specific. Chest X-rays may show patchy opacities with lower lung predominance. CT may show peripheral

multifocal ground glass opacities with lower lung predominance. However, a significant portion of cases have opacities without a clear or specific distribution.<sup>3,4,6</sup>

- ◆ Pediatric individuals may have less pronounced imaging findings than adults.
- Major professional society guidelines to date:
  - ◆ The American College of Radiology (ACR) recommends that CT Chest should not be used for screening or as a first-line test to diagnose COVID-19.<sup>3</sup>
  - ◆ The Centers for Disease Control and Prevention (CDC) recommends viral testing as the only specific method of diagnosis.<sup>4</sup>
  - ◆ The CDC has stated that symptoms may appear 2-14 days after exposure to the virus. These symptoms may include:<sup>5</sup>
    - Fever or chills
    - Cough
    - Shortness of breath or difficulty breathing
    - Fatigue
    - Muscle or body aches
    - Headache
    - New loss of taste or smell
    - Sore throat
    - Congestion or runny nose
    - Nausea or vomiting
    - Diarrhea
  - ◆ The Fleischner Society consensus statement published on April 7, 2020, recommends against the use of imaging in individuals with suspected COVID-19 who are either asymptomatic or have only mild symptoms without evidence of significant pulmonary dysfunction or damage (e.g., absence of hypoxemia, no or mild dyspnea).<sup>6</sup>
  - ◆ According to The American Society of Transplantation, screening donors is based on methods below. Screening donors encompasses three different methods.<sup>7</sup>
    - Epidemiologic screening for travel and potential exposures
    - Screening for symptoms suggestive of COVID-19
    - Viral testing (Nucleic acid testing of specimens)
    - There is no current indication for screening asymptomatic donors with advanced imaging.

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5. Symptoms of Coronavirus. Centers for Disease Control and Prevention. National Center for Immunization and Respiratory Diseases (NCIRD), Division of Viral Diseases. Page last reviewed: May 13, 2020. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
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**CH-14: Other Chest Infections**

<b>CH-14.1: PPD or TB (Mycobacterium tuberculosis and Mycobacterium avium complex (MAC))</b>	<b>38</b>
<b>CH-14.2: Fungal Infections (Suspected or Known)</b>	<b>38</b>
<b>CH-14.3: Wegener's Granulomatosis/Granulomatosis with Polyangiitis</b>	<b>38</b>
<b>CH-14.4: Suspected Sternal Dehiscence</b>	<b>39</b>

### **CH-14.1: PPD or TB<sup>1,2</sup> (Mycobacterium tuberculosis and Mycobacterium avium complex (MAC))**

- CT Chest with contrast (CPT<sup>®</sup> 71260) or CT Chest without contrast (CPT<sup>®</sup> 71250) with ANY of the following:
  - ◆ Positive PPD skin test or other positive tuberculin skin tests or suspected active (or reactivated) tuberculosis and a normal or equivocal chest x-ray<sup>1</sup>
  - ◆ Suspected complications or progression of tuberculosis (e.g. pleural tuberculosis, empyema, and mediastinitis).<sup>2</sup>
- If CT Chest is unremarkable, there is insufficient data to support performing subsequent CT Chest unless symptoms develop or chest x-ray shows a new abnormality.
- Follow-up CT Chest with contrast (CPT<sup>®</sup> 71260) with frequency at the discretion of the pulmonary specialist (not to exceed 3 studies in 3 months).
  - ◆ Re-evaluate individuals undergoing active treatment for tuberculosis who had abnormalities seen only on CT Chest.

### **CH-14.2: Fungal Infections (Suspected or Known)**

- CT Chest with contrast (CPT<sup>®</sup> 71260) or High resolution CT Chest (HRCT) without contrast (CPT<sup>®</sup> 71250):<sup>3,4</sup>
  - ◆ Initial diagnosis of any fungal pneumonia or chest infection.<sup>3,4</sup>
  - ◆ Suspected complications or progression of the fungal chest infection (e.g. worsening pneumonitis; pleural effusion, empyema, mediastinitis).
- Follow-up CT Chest with contrast (CPT<sup>®</sup> 71260) or High resolution CT Chest (HRCT) without contrast (CPT<sup>®</sup> 71250) with frequency at the discretion of the pulmonary specialist.

### **CH-14.3: Wegener's Granulomatosis/Granulomatosis with Polyangiitis**

- CT Chest without contrast (CPT<sup>®</sup> 71250)\* should be done in all individuals who have pulmonary symptoms and are newly diagnosed or suspected of having Antineutrophil cytoplasmic autoantibody (ANCA)-associated vasculitides (AAV) for a baseline prior to initiating immunosuppressive therapy.<sup>5,6</sup>
- Selective use of additional imaging is useful in evaluating individuals who are suspected or known to have AAV, including CT Head (sinuses, orbits, mastoids) in individuals with visual or upper respiratory track symptoms or signs, and CT Neck (subglottic region) in individuals with symptoms or signs of subglottic stenosis.<sup>6</sup>

\*In most situations, CT scans in individuals with AAV should be performed without an iodinated contrast agent administered.<sup>6</sup>

## **CH-14.4: Suspected Sternal Dehiscence**

- Sternal wound dehiscence is primarily a clinical determination.
- Chest x-ray is performed prior to advanced imaging to identify abnormalities in the sternal wire integrity and/or a midsternal stripe. Other findings include rotated, shifted or ruptured wires.
- CT Chest without contrast can be considered if there is planned debridement and/or repair.

### ***References***

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## CH-15: Sarcoid

### CH-15.1: Sarcoid

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### **CH-15.1: Sarcoid**

- CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) for ANY of the following:<sup>1</sup>
  - ◆ Establish or rule out the diagnosis when suspected,
  - ◆ Development of worsening symptoms,
  - ◆ New symptoms appear after a period of being asymptomatic,
  - ◆ Treatment change is being considered in known sarcoid.
- If CT is equivocal, definitive diagnosis can only be made by biopsy.<sup>2,3,4</sup>
- There is currently no evidence-based data to support performing serial PET scans to monitor disease activity while tapering steroid therapy.<sup>2,3,4</sup>
  - ◆ See **CD-5.2: Cardiac MRI – Indication (excluding Stress MRI)** in the Cardiac Imaging Guidelines
  - ◆ See **HD-22: Cerebral: Vasculitis** in the Head Imaging Guidelines.

#### ***References***

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**CH-16: Solitary Pulmonary Nodule (SPN)**

<b>CH-16: Solitary Pulmonary Nodule</b>	<b>43</b>
<b>CH-16.1: Imaging</b>	<b>43</b>
<b>CH-16.2: Incidental Pulmonary Nodules Detected on CT Images</b>	<b>44</b>
<b>CH-16.3: Interval Imaging Outcomes</b>	<b>45</b>
<b>CH-16.4: PET</b>	<b>45</b>

## **CH-16: Solitary Pulmonary Nodule**

- For Lung Cancer Screening (LDCT) including incidental findings from LDCT, See **CH-33: Lung Cancer Screening**

### **CH-16.1: Imaging**

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) initially for discrete nodule(s) in the following scenarios:<sup>1,2,3</sup>
  - ◆ Lung nodule(s) seen on an imaging study other than a “dedicated” CT or MRI Chest. Examples of other studies:
    - Chest x-ray
    - CT Abdomen
    - MRI Spine
    - Coronary CTA<sup>1</sup>
  - ◆ But NOT in the following which are considered initial dedicated advanced chest imaging:
    - CT Chest without and with contrast (CPT® 71270)
    - CTA Chest without and with contrast (CPT® 71275)
    - MRI Chest without contrast (CPT® 71550)
    - MRI Chest without and with contrast (CPT® 71552)
    - MRA Chest without and with contrast (CPT® 71555).
- Comparisons should include the earliest available study and the more recent previous CT Chest scans to determine if nodule was present and stable.<sup>1</sup> Using largest measurement of multiple lung nodules.<sup>1</sup>
  - Similar-sized pleural nodule(s) is treated as a pulmonary nodule(s)
- The size of the lung or pleural nodule(s) is crucial information for decisions making regarding follow-up. The largest of multiple lung and/or pleural nodules will guide the surveillance interval. (See **CH-16.2: Incidental Pulmonary Nodules Detected on CT Images**, and **CH-17.1: Pleural-Based Nodules and Other Abnormalities**) Yet, multiple nodules may also change this interval. (See **CH-16.2: Incidental Pulmonary Nodules Detected on CT Images**).

#### ***Background and Supporting Information***

Abnormality examples include: mass, opacity, lesion, density, nodule, and calcification.

## CH-16.2: Incidental Pulmonary Nodules Detected on CT Images

Incidentally Detected Solid Pulmonary Nodules Follow-up Recommendations*				
Size				
Nodule Type	<6 mm (<100 mm <sup>3</sup> )	6–8 mm	>8 mm	Comments
<b>Single Nodule</b>				
	Follow-up (optional) CT at 12 months. No routine follow-up if stable at 12 months	CT at 6–12 months, then CT at 18–24 months if stable	CT at 3 months, then CT at 6-12 and then at 18-24 months if stable. Consider PET/CT** or biopsy	Certain individuals at high risk with suspicious nodule morphology, upper lobe location, or both may warrant 12-month follow-up
<b>Multiple Nodules</b>				
	Follow-up (optional) CT at 12 months. *No routine follow-up if stable at 12 months	CT at 3–6 months, then at 18–24 months if stable	CT at 3–6 months, then at 18–24 months if stable. Consider PET/CT** or biopsy	Use most suspicious nodule as a guide to management. Follow-up intervals may vary according to size and risk.

Incidentally Detected Sub-Solid Pulmonary Nodules Follow-up Recommendations			
Size			
Nodule Type	<6 mm (<100 mm <sup>3</sup> )	≥6 mm (≥100 mm <sup>3</sup> )	Comments
<b>Single Ground glass opacity (GGO)</b>	Consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.	CT at 6–12 months to confirm persistence, then follow-up with CT every 2 years until 5 years	In certain suspicious nodules, 6 mm, consider follow-up at 2 and 4 years. If solid component(s) or growth develops, consider resection.
<b>Single Part-solid</b>	Consider follow-up at 2 and 4 years. If growth develops, consider resection.	CT at 3–6 months to confirm persistence. If unchanged and solid component remains <6 mm, then annual CT should be performed for 5 years. If solid component has suspicious morphology (i.e., lobulated margins or cystic components), is >8 mm or is growing: Consider PET/CT** or biopsy	In practice, part-solid nodules cannot be defined as such until ≥6 mm. Persistent part-solid nodules with solid components ≥6 mm should be considered highly suspicious.
<b>Multiple Sub-Solid</b>	CT at 3–6 months. If stable, consider CT at 2 and 4 years.	CT at 3–6 months. Subsequent management based on the most suspicious nodule(s).	Multiple <6 mm pure ground-glass nodules are usually benign.

(\*Following the Fleischner Society Guidelines for high risk which include American College of Chest Physicians intermediate and high risk categories.<sup>1,2</sup>)

\*\*PET/CT consider for ≥8 mm lung nodule

If a PET/CT was found to be negative, follow-up with CT at 6–12 months, then CT at 18–24 months if stable.

### **CH-16.3: Interval Imaging Outcomes**

- No further advanced imaging is necessary if nodule(s) ANY of the following:
  - ◆ Has remained stable as described in **CH-16.2: Incidental Pulmonary Nodules Follow-up Recommendations**
  - ◆ Has remained stable on chest x-ray for 5 years
  - ◆ Has classically benign characteristics by chest x-ray or previous CT (e.g. benign calcification pattern typical for a granuloma or hamartoma)
  - ◆ Is decreasing in size or disappearing.<sup>3</sup>
- Lung nodule(s) that increase in size or number should no longer be considered for CT screening or surveillance.<sup>1,2,3,7</sup>
  - ◆ With an increase in nodule(s) size or number, PET (See **CH-16.4: PET**) as well as tissue sampling or other further diagnostic investigations should be considered

### **CH-16.4: PET**

- PET/CT (CPT® 78815) for a distinct lung nodule ≥8 mm on dedicated advanced chest imaging, as described in **CH-16.1: Imaging**.
  - ◆ If there is a history of malignancy, refer to the appropriate Oncology restaging/recurrence guideline for indications for PET imaging.
  - ◆ Pleural nodule See **CH-17.1: Pleural-Based Nodules and Other Abnormalities**.
  - ◆ Serial PET studies are not considered appropriate.
  - ◆ PET studies are not appropriate for infiltrate, ground glass opacity, or hilar enlargement.

#### *Background and Supporting Information*

- A **nodule** is any pulmonary or pleural lesion that is a discrete, spherical opacity 2-30 mm in diameter surrounded by normal lung tissue. A larger nodule is called a mass. Entities that are not nodules, and are considered benign, include non-spherical linear, sheet-like, two-dimensional or scarring opacities.<sup>3</sup>
- **Malignant** nodule features can include spiculation, abnormal calcification, size greater than 7-10 mm, interval growth, history of a cancer that tends to metastasize to the lung or mediastinum, and/or smoking history.<sup>1,3</sup>
  - ◆ A nodule that grows at a rate consistent with cancer (doubling time 100 to 400 days) may be sampled for biopsy or resected.<sup>1</sup>
  - ◆ Less than 1% of <6 mm lung nodules are malignant.<sup>1</sup>
  - ◆ Three per cent of all 8 mm lung nodules are malignant.<sup>1</sup>
  - ◆ The larger the solid component of a sub-solid nodule, the greater the risk of invasiveness and metastases.<sup>1</sup>
  - ◆ The risk of primary cancer increases with the total nodule count from 1 to 4.<sup>1</sup>
  - ◆ There is decreased risk of primary cancer in individuals with 5 or more nodules, most of which likely resulted from prior granulomatous infection.<sup>1</sup>
  - ◆ A nodule that does not grow in 6 months has a <10% risk of malignancy.

- **Benign** features in solid nodules can include benign calcification (80% granuloma, 10% hamartoma), multiple areas of calcification, small size, multiple nodules, negative PET, and stability of size over 2 years.<sup>3</sup>
- **Ground glass** or subsolid opacities, which can harbor indolent adenocarcinoma with average doubling times of 3–5 years.<sup>1</sup>
- **Repeat PET** is discouraged. If the original PET is positive, biopsy may be performed. If the original PET is negative, but subsequent CT Chest shows an increase in nodule size, biopsy may be performed.
- **False positive PET** can occur with infection or inflammation; false negatives can also occur with small size nodule, ground glass lesions, and indolent cancers such as bronchoalveolar or carcinoid.
- **False negative PET** can be seen in individuals with adenocarcinoma in situ, carcinoid tumors, and mucinous adenocarcinomas. With a high pre-test likelihood (80%) of malignancy, negative findings on PET scan reduce the likelihood of malignancy to 14%. In an individual with a low pre-test likelihood (20%) of malignancy, a negative PET scan reduces the likelihood of malignancy to 1%.<sup>6</sup>

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9. National Comprehensive Cancer Network (NCCN) Guidelines, Non-Small Cell Lung Cancer, Version 3.2019 – January 18, 2019. Available at: [https://www.nccn.org/professionals/physician\\_gls/pdf/lung\\_screening.pdf](https://www.nccn.org/professionals/physician_gls/pdf/lung_screening.pdf) Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Non-Small Cell Lung Cancer, Version 3.2019 – January 18, 2019. ©2019 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN. To view the most recent and complete version of the NCCN Guidelines™, go online to NCCN.org.

## **CH-17: Pleural-Based Nodules and Other Abnormalities**

<b>CH-17.1: Pleural-Based Nodules and Other Abnormalities</b>	<b>48</b>
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## **CH-17.1: Pleural-Based Nodules and Other Abnormalities**

- CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) (with contrast is preferred for initial evaluation) for pleural nodule(s).<sup>1</sup>
  - ◆ Pleural nodule(s) seen on an imaging study other than a “dedicated” CT or MRI Chest.<sup>1</sup>
  - ◆ Pleural nodule(s) identified incidentally on any dedicated chest studies can replace CT Chest as the initial dedicated study.<sup>1</sup>
    - CT Chest without and with contrast (CPT® 71270).
    - CTA Chest without and with contrast (CPT® 71275).
    - MRI Chest without contrast (CPT® 71550).
    - MRI Chest without and with contrast (CPT® 71552).
    - MRA Chest without and with contrast (CPT® 71555)
  - ◆ After preliminary comparison with any available previous chest films to determine presence and stability.
  - ◆ Using largest measurement of multiple nodule(s). (See **CH-16.1: Imaging**).
  - ◆ Following the Fleischner Society Guidelines for high risk. (See **CH-16.2: Incidental Pulmonary Nodules Detected on CT Images**)<sup>1</sup>
- PET/CT (CPT® 78815) can be considered if dedicated CT or MRI Chest identifies a pleural nodule/mass or defined area of pleural thickening that is ≥8 mm when there is a likelihood of malignancy including current or previous malignancy, pleural effusion, bone erosion, chest pain.<sup>1</sup>

### ***Background and Supporting Information***

- Pleural nodule/mass or thickening without suggestion of malignancy would undergo surveillance or biopsy.

### ***Reference***

1. Rivera M, et al. Establishing the diagnosis of lung cancer: diagnosis and management of lung cancer, 3<sup>rd</sup> ed: American College of Chest Physicians evidence-based clinical practice guidelines. *Chest*. 2013 May; 143 (5 Suppl): e142S-65S.



## CH-18: Pleural Effusion

### CH-18.1: Pleural Effusion

50

## **CH-18.1: Pleural Effusion**

- CT Chest with contrast (CPT® 71260) after both:<sup>1,2</sup>
  - ◆ Chest x-ray including lateral decubitus films; and
  - ◆ Thoracentesis to determine if fluid is exudative or transudative and remove as much as possible (this fluid can obscure the underlying lung parenchyma and possibly a mass).
- Chest ultrasound (CPT® 76604) can be used as an alternative to chest x-ray to evaluate for the presence of fluid within the pleural spaces and guide thoracentesis.

### ***Background and Supporting Information***

- Bilateral effusions are more often systemic related transudates (congestive heart failure, renal failure, liver insufficiency, etc.), and advanced imaging is rarely needed. Large unilateral effusions can be malignant. Analysis of fluid may include: cytology, culture, cell count, and biochemical studies.

### ***References***

1. Light R, MacGregor M, Luchsinger PC et al. Pleural effusions: the diagnostic separation of transudates and exudates. *Ann Intern Med* 1972; 77:507-13.
2. British Thoracic Society Pleural Disease Guideline 2010: BTS Guidelines for the Management of Pleural Disease. *Thorax* 2010; 65; Suppl II.

**CH-19: Pneumothorax/Hemothorax**

<b>CH-19.1: Pneumothorax/Hemothorax</b>	<b>52</b>
<b>CH-19.2: Pneumomediastinum; Subcutaneous Emphysema</b>	<b>52</b>

## **CH-19.1: Pneumothorax/Hemothorax**

- Chest x-ray initially.
  - ◆ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) if:
    - Diagnosis of a small pneumothorax is in doubt, and the presence of a pneumothorax will affect individual treatment decisions.<sup>1</sup>
    - Preoperative study for treatment of pneumothorax.<sup>1</sup>
    - Pneumothorax associated with hemothorax.<sup>2</sup>
    - Suspected complications from hemothorax (e.g. empyema).<sup>2</sup>
    - Suspected Alpha-1-Antitrypsin Deficiency (even without pneumothorax).<sup>3</sup>

## **CH-19.2: Pneumomediastinum; Subcutaneous Emphysema**

- Chest x-ray initially.
  - ◆ CT Chest with contrast (CPT® 71260) or without contrast (CPT® 71250) if:
    - Recent vomiting and/or suspected esophageal perforation.<sup>4,5</sup>
    - Associated pneumopericardium.<sup>4,5</sup>
    - Associated pneumothorax.<sup>4,5</sup>
    - Preoperative study for treatment.<sup>4,5</sup>

### ***Background and Supporting Information***

- An expiration chest x-ray can enhance the evaluation of equivocal plain x-ray. There is no data supporting the use of serial CT Chest to follow individuals with a known pneumothorax or hemothorax who are asymptomatic or have stable symptoms. With the exception of the indications above, advanced imaging of the chest is rarely indicated in the diagnosis or management of pneumothorax. Inspiratory/expiratory chest x-rays are helpful in defining whether a pneumothorax is present.

### ***References***

1. Manes, N., et al. (2002). "Pneumothorax--guidelines of action." *Chest* 121(2): 669.
2. Mowery, N. T., et al. (2011). "Practice management guidelines for management of hemothorax and occult pneumothorax." *J Trauma* 70(2): 510-518.
3. Sandhaus R, Turino G, Brantly M, et al. The Diagnosis and Management of Alpha-1 Antitrypsin Deficiency in the Adult. *Chronic Obst Pulm Dis* 2016; 3:668.
4. Iyer V, Joshi A, Ryu J. Spontaneous pneumomediastinum: analysis of 62 consecutive adult patients; *Mayo Clinic Proceedings*; 84 (5) (2009), pp. 417-421.

## CH-20: Mediastinal Mass

### CH-20.1: Mediastinal Mass

54

## **CH-20.1: Mediastinal Mass**

- CT Chest with contrast (CPT® 71260) to evaluate mediastinal abnormalities seen on chest x-ray or other non-dedicated chest imaging and can be done once initially if there is a concern for:<sup>1,2,3</sup>
  - ◆ Mediastinal cyst including bronchogenic, thymic, pericardial or esophageal in nature
    - CT Chest with contrast (CPT® 71260) or MRI Chest without and with contrast (CPT® 71552) for subsequent evaluations if:
      - New signs or symptoms, or
      - Preoperative assessment
- For Adenopathy; See **CH-2: Lymphadenopathy.**
- For Goiter; See **NECK-8.1: Thyroid Nodule** in the Neck Imaging Guidelines.
- For Myasthenia Gravis; See **PN-6.1: Neuromuscular Disease** in the Peripheral Nerve Disorders Imaging Guidelines.

### ***References***

1. Kuhlman J, Bouchardy L, Fishman E, et al. CT and MR imaging evaluation of chest wall disorders. *RadioGraphics* 1994 May; 14(3):571-595.
2. Juanpere S, Canete N, Ortuno P, Martinez S. A diagnostic approach to the mediastinal masses. *Insights Imaging*, 2013; 4:29-52.
3. Komanapalli C, Schipper P, Sukumar M; Pericardial Cyst, CTS Net August 2010.

## CH-21: Chest Trauma

### CH-21.1: Chest Trauma

56

## **CH-21.1: Chest Trauma**

- Chest X-ray initially.
  - ◆ CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) for the following situations:<sup>1</sup>
    - Rib<sup>1</sup> or Sternal<sup>2</sup> Fracture:
      - With associated complications identified clinically or by other imaging, including pneumothorax, hemothorax, pulmonary contusion, atelectasis, flail chest, cardiovascular injury and/or injuries to solid or hollow abdominal organs.<sup>1</sup>
      - Uncomplicated, single fractures, multiple fractures, non-acute fractures, or occult rib fractures are NOT an indication for CT Chest unless malignancy is suspected as the etiology.<sup>1</sup>
    - Routine follow-up advanced imaging of rib or sternal fractures is not indicated.<sup>1</sup>
- CT Chest without contrast (CPT® 71250) or Tc-99m bone scan whole body (CPT® 78306) for suspected pathological rib fractures, with or without a history of trauma.<sup>1</sup>
- Clavicle Fractures:
  - ◆ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) for proximal (medial) 1/3 fractures or sternoclavicular dislocations.<sup>3</sup>
  - ◆ X-ray is adequate for evaluation of middle and distal 1/3 fractures.<sup>3</sup>
- No advanced imaging of the abdomen or pelvis is indicated when there is chest trauma and no physical examination or laboratory evidence of abdominal and/or pelvic injury.

### ***References***

1. ACR Appropriateness Criteria® Rib Fractures: *American College of Radiology (ACR)*; 2018.
2. Clancy K, Velopulos C, Bilaniuk J, et al. Eastern Association for the Surgery of Trauma. Screening for blunt cardiac injury: an Eastern Association for the Surgery of Trauma practice management guideline. *J Trauma Acute Care Surg*. 2012 Nov; 73 (5 Suppl 4): S301-6.
3. Throckmorton T, Kuhn JE. Fractures of the medial end of the clavicle. *J Shoulder Elbow Surg* 2007; 16:49.



## CH-22: Chest Wall Mass

### CH-22.1: Chest Wall Mass

58

## **CH-22.1: Chest Wall Mass**

- Chest x-ray is useful in the workup of a soft-tissue mass and are almost always indicated as the initial imaging study.<sup>1</sup>
  - ◆ Chest ultrasound (CPT® 76604) may be useful as an initial imaging study in the setting of a suspected superficial or subcutaneous lipoma. This modality may also be valuable in differentiating cystic from solid lesions and has also been used to assess the vascularity of lesions.<sup>1</sup>
  - ◆ CT Chest with contrast (CPT® 71260) or CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) or MRI Chest without contrast (CPT® 71550) unless chest x-ray or ultrasound demonstrate ONE of the following:<sup>1,2</sup>
    - Obvious lipomas<sup>1</sup> (See **MS-10: Soft Tissue Mass or Lesion of Bone** in the Musculoskeletal Imaging Guidelines).
    - Clearly benign entity<sup>1</sup> (See **MS-10: Soft Tissue Mass or Lesion of Bone** in the Musculoskeletal Imaging Guidelines).

### ***Background and Supporting Information***

- Chest x-rays of chest wall masses can detect calcification, ossification, or bone destruction as well as location and size.<sup>3</sup>

### ***References***

1. ACR Appropriateness Criteria® Soft-Tissue Masses. *American College of Radiology (ACR)*; 2017.
2. ACR Appropriateness Criteria® Primary Bone Tumors. *American College of Radiology (ACR)*; 2013.

## **CH-23: Pectus Excavatum and Pectus Carinatum**

### **CH-23.1: Pectus Excavatum and Carinatum**

**60**

## **CH-23.1: Pectus Excavatum and Carinatum**

- CT Chest without contrast (CPT® 71250) or MRI Chest without and with contrast (CPT® 71552) and 3-D reconstruction (CPT® 76377) if:
  - ◆ Candidate for surgical correction.<sup>1,2</sup>
  - ◆ Cardiac or pulmonary dysfunction has been identified<sup>1,2</sup>
    - ECG and echocardiography if cardiac symptoms or evidence of cardiac function abnormalities.
    - Chest x-ray and PFT's if increasing shortness of breath.<sup>1</sup>
  - ◆ See **PEDCH-11: Pectus Deformities** in the Pediatric Chest Imaging Guidelines

### *Background and Supporting Information*

- Chest measurements derived from CT Chest, such as the Haller Index, are helpful to the thoracic surgeon in pre-operative assessment of chest wall deformities to assess for the appropriateness of operative repair prior to the development of symptomatic pectus deformities.

### *References*

1. Marcovici PA, LoSasso BE, Kruk P, Dwek J. MRI for the evaluation of pectus excavatum. *Pediatr Radiol*, 2011; 41:757-758.
2. Goretsky M, Kelly K, Croitoru D, et al. Chest wall anomalies: pectus excavatum and pectus carinatum. *Adolesc Med Clin*. 2004 Oct; 15(3):455-71.

## **CH-24: Pulmonary Arteriovenous Fistula (AVM)**

### **CH-24.1: Pulmonary AVM**

**62**

## **CH-24.1: Pulmonary AVM**

- CT Chest with contrast, CTA Chest (preferred modality) (CPT® 71275), or MRA Chest (CPT® 71555) for evaluation of:<sup>1,2,3</sup>
  - ◆ Suspected pulmonary AVM.
  - ◆ First degree relatives of an individual with a primary pulmonary AVM.
  - ◆ Evaluation of individuals with paradoxical embolus/stroke and no evidence of patent foreman ovale on echocardiogram.

### ***Background and Supporting Information***

- Pulmonary AVMs are abnormal connections between pulmonary arteries and veins, usually found in the lower lobes, that can be either primary or acquired (such as trauma, bronchiectasis). They can be identified in up to 98% of chest x-rays by a peripheral, circumscribed, non-calcified lesion connected by blood vessels to the hilum of the lung. Treatment is often by surgery or embolization of the feeding artery using platinum coils or detachable balloons.

### ***References***

1. De Cillis E, Burdi N, Bortone A, et al. Endovascular treatment of pulmonary and cerebral arteriovenous malformations in patients affected by hereditary haemorrhagic teleangiectasia. *Current Pharmaceutical Design* 2006; 12 (10):1243-1248.
2. Gossage J and Kanj G. Pulmonary Arteriovenous Malformations a State of the Art Review, *Am. J. Respir. Crit. Care Med.* August 1, 1998 vol. 158 no. 2 643-661.
3. Lee E, Boiselle P, Cleveland R. Multidetector CT evaluation of congenital lung anomalies. *Radiology*, 2008; 247: 632-648.

## **CH-25: Pulmonary Embolism (PE)**

### **CH-25.1: Pulmonary Embolism**

**64**

## CH-25.1: Pulmonary Embolism

- CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) if at least one symptom, clinical/laboratory finding or risk factor from each of the lists below are present.
  - ◆ With any ONE of the 3:<sup>6,7,8</sup>
    - Dyspnea, new onset and otherwise unexplained;
    - Chest Pain, pleuritic;
    - Tachypnea
  - ◆ **AND**, with any ONE of the 3:<sup>6,7,8</sup>
    - Abnormal **D-dimer** test;
    - Wells Criteria score\* higher than 4 points;
    - One Risk Factor\*\* or Symptom\*\* of new onset demonstrating high clinical probability of PE

RISK FACTORS** <sup>6,7,8</sup>	SYMPTOMS ATTRIBUTED TO PE** <sup>6,7,8</sup>
Immobilization at least 3 days or surgery in last 4 weeks or recent trauma	Signs or symptoms of DVT
Previous history of DVT or PE	Hemoptysis
Cancer actively treated in last 6 months or receiving palliative treatment	Right heart strain or failure
Recent history of a long airplane flight	Systolic BP <90
Use of estrogen-based contraceptives (birth control pills, the patch, and vaginal ring)/Oral estrogen <sup>1</sup>	Syncope
Advanced age (≥70)	Cough
Congestive heart failure	Heart Rate >100
Obesity (BMI ≥35)	Palpitations
Suspicion of COVID-19	



Well's Criteria for Clinical Probability of PE* 6	
Clinical signs/symptoms of DVT (at minimum: leg swelling and pain with palpation of the deep veins)	3
PE is likely or equally likely diagnosis	3
Heart rate >100	1.5
Immobilization at least 3 days or surgery in last 4 weeks	1.5
Previous history of DVT or PE	1.5
Hemoptysis	1
Cancer actively treated in last 6 months or receiving palliative treatment	1
Calculate Probability:    Low <2    Moderate 2 to 6    High >6	
Using the above criteria, only 3% of individuals with a low pretest probability had PE versus 63% of those with a high pretest probability.	

- ◆ Non-urgent cases which do not meet above 2-step criteria, should undergo prior to advanced imaging:<sup>9</sup>
  - Chest x-ray (to rule out other causes of acute chest pain).
  - Primary cardiac and pulmonary etiologies should be eliminated.
- ◆ Pregnant women with suspected PE are suggested to proceed with<sup>1,9</sup>
  - D-dimer and/or;
  - Doppler studies of the lower extremities;
  - V/Q preferred if Doppler negative; CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) can be performed if V/Q scanning is not available.
- ◆ Ventilation-perfusion scans, also called V/Q, scans (CPT® 78580-Pulmonary Perfusion Imaging; CPT® 78582-Pulmonary Ventilation (e.g., Aerosol or Gas) and Perfusion Imaging).
  - Is not a replacement for CTA Chest<sup>9</sup>
  - Can be considered in any of the following:
    - Suspected pulmonary embolism if there is a contraindication to CT or CTA Chest (ventilation-perfusion scans CPT® 78582).
    - Suspected pulmonary embolism when a chest x-ray is negative and CTA Chest is not diagnostic (CPT®78580 or CPT® 78582).
    - Follow-up of an equivocal or positive recent ventilation-perfusion lung scan to evaluate for interval change (CPT® 78580).
- ◆ Follow-up Imaging in Stable or Asymptomatic Individuals with Known PE is not warranted<sup>2,3,4,10</sup>
- ◆ CT Chest with contrast with PE protocol (CPT® 71260) or CTA Chest (CPT® 71275) for ANY of the following indications:
  - Recurrent signs or symptoms such as dyspnea, or
  - Elevated d-dimer which is persistent or recurrently elevated, or

- Right heart strain or failure identified by EKG, ECHO or Heart catheterization.

### *Background and Supporting Information*

- Pulmonary embolism is found in approximately 10% of all those that present with suspicion of PE. Dyspnea, pleuritic chest pain and tachypnea occur with about 50% incidence with leg swelling or pain just over 50%.
- D-dimer level has a high sensitivity and low specificity for diagnosing PE.
  - ◆ A negative D-dimer in combination with low or moderate PE risk classification has a negative predictive value approaching 100%.
  - ◆ D-dimer can be falsely elevated with recent surgery, injury, malignancy, sepsis, diabetes, pregnancy, or other conditions where fibrin products are likely to be present.
- CT imaging has supplanted V/Q scanning since the latter is difficult to obtain quickly, does not provide a substantial cost savings, and does not diagnose other pulmonary pathology.
- The decision to terminate anticoagulation treatment after previous pulmonary embolism (PE) with absent or stable symptoms is based on clinical evaluation and risk factors.
- Repeat studies do not allow one the ability to distinguish new from residual clot, with luminal diameter and clot character poorly correlated to symptoms and ECHO findings.
- Two thirds after primary thromboembolism have residual pulmonary artery clot at 6 months and 50% remains at one year.
- Subsequent persistence or elevation of D-dimer is associated with increased risk of recurrent PE. ECHO and Right Heart Catheterization (RHC) can identify those with pulmonary hypertension. Yet, 1/2 of all have persistent or new pulmonary hypertension after primary thromboembolism and only half of this latter group has dyspnea at rest or exercise intolerance.

### References

1. Canonico M, Plu-Bureau G, Lowe G, Scarabin, P. (2008). Hormone replacement therapy and risk of venous thromboembolism in postmenopausal women: systematic review and meta-analysis. *BMJ* 2008; 336: 1227.
2. Fedullo PF, Auger WR, Kerr KM, et al. Chronic thromboembolic pulmonary hypertension. *N Engl J Med* 2001; 345: 1465-1472.
3. Kline JA, Steuerwald MT, Marchick MR, et al. Prospective evaluation of right ventricular function and functional status 6 months after acute submassive pulmonary embolism: frequency of persistent or subsequent elevation in estimated pulmonary artery pressure. *Chest* 2009; 136: 1202-1210.
4. Nijkeuter M, Hovens M, Davidson BL, et al. Resolution of thromboemboli in patients with acute pulmonary embolism. A systematic review. 5. *Chest* 2006; 129: 192-197.
5. Palareti G, Cosmi B, Legnani C, et al. d-Dimer testing to determine the duration of anticoagulation therapy. *N Engl J Med* 2006; 355: 1780-1789.
6. Wells P, Anderson D, Rodger M, et al. Excluding pulmonary embolism at the bedside without diagnostic imaging: management of patients with suspected pulmonary embolism presenting to the emergency department by using a simple clinical model and d-dimer. *Ann Intern Med.* 2001 Jul 17; 135 (2): 98-107. PubMed PMID: 11453709.
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8. van Belle, A., et al. (2006). "Effectiveness of managing suspected pulmonary embolism using an algorithm combining clinical probability, D-dimer testing, and computed tomography." *JAMA* 2006 Jan 29; 295 (2): 172-179.
9. ACR Appropriateness Criteria® Acute Chest Pain - Suspected Pulmonary Embolism. Reston (VA): *American College of Radiology (ACR)*; 2016.
10. Kearon C, Akl E, Ornelas J, et al., Antithrombotic therapy for VTE disease: CHEST guideline and expert panel report. *Chest.* 2016 Feb; 149 (2): 315-52.

## CH-26: Pulmonary Hypertension

- See **PVD-5: Pulmonary Artery Hypertension** in the Peripheral Vascular Disease Imaging Guidelines.

## CH-27: Subclavian Steal Syndrome

<b>CH-27: Subclavian Steal Syndrome – General</b>	<b>70</b>
<b>CH-27.1: Subclavian Steal Syndrome</b>	<b>70</b>

## **CH-27: Subclavian Steal Syndrome – General**

- Occurs from blood flowing up the contralateral vertebral artery to the basilar artery and retrograde down the ipsilateral vertebral artery (reversal of flow) to supply collateral circulation to the arm on the side and past the stenotic or occluded proximal subclavian or innominate artery to perfuse that arm.

### **CH-27.1: Subclavian Steal Syndrome**

- Initial evaluation should include clinical findings satisfying the symptom complex and initial imaging with Carotid duplex study (CPT® 93882).
  - ◆ Carotid duplex study (CPT® 93882) is the initial and definitive imaging study
    - Reversal of flow in the ipsilateral vertebral artery.
    - If the carotid duplex is not diagnostic for reversal of flow in the ipsilateral vertebral artery, then neurological symptoms should be evaluated according to the Head guidelines.
- MRA Neck and Chest (CPT® 70548 and CPT® 71555) or CTA Neck and Chest (CPT® 70498 and CPT® 71275) can be performed for diagnosis in individuals with symptoms of vertebrobasilar ischemia if the clinical exam and duplex study are positive, indeterminate, or as preoperative studies if they will substitute for invasive angiography.
- MRA Upper extremity (CPT® 73225) or CTA Upper extremity (CPT® 73206) can be performed in symptomatic individuals if needed to exclude pathology distal to the subclavian artery and if they will substitute for invasive angiography.
- See **HD-21.1: Stroke/TIA** (for vertebrobasilar stroke) in the Head Imaging Guidelines.
- Treatment options include ligation of the ipsilateral vertebral artery, aorta-subclavian artery bypass graft, or subclavian endarterectomy.

#### ***Background and Supporting Information***

- While MRA does not expose the individual to radiation, CTA should be considered the test of choice for subclavian steal syndrome given its superior spatial and temporal resolution.
- Satisfying the symptom complex.
  - ◆ Physical examination findings suggestive of subclavian stenosis include a discrepancy of >15 mmHg in blood pressure readings taken in both upper extremities, delayed or decreased amplified pulses in the affected side, and a bruit in the supraclavicular area on the affected side.
  - ◆ Symptoms include vertebral basilar artery insufficiency, vertigo, limb paresis, and paresthesias. Bilateral cortical visual disturbances, ataxia, syncope, and dysarthria occur less frequently.
  - ◆ Symptoms of cerebral ischemia may be produced by exercise of the affected arm

**References**

1. Van Brimberge F, Dymarowski S, Budts W, et al. Role of magnetic resonance in the diagnosis of subclavian steal syndrome. *J Magn Reson Imaging*. 2000; 12 (2): 339.
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## **CH-28: Superior Vena Cava (SVC) Syndrome**

### **CH-28.1: SVC Syndrome**

**73**



## **CH-28.1 SVC Syndrome**

- CT Chest with contrast (CPT® 71260) for the evaluation of suspected SVC syndrome based on the facial cyanosis and upper extremity swelling without anasarca.<sup>1,2</sup>
- MRV (CPT® 71555) or CTV (CPT® 71275) Chest may be indicated when stenting of the SVC is being considered.<sup>1,2</sup>

### ***Background and Supporting Information***

- SVC syndrome is caused by acute or subacute, intrinsic or extrinsic obstruction of the SVC, most commonly from lung cancer (80-85%) and less often benign (fibrosis, mediastinitis, indwelling devices). Other symptoms include dyspnea, headache and dizziness.

### ***References***

1. Wilson, et al. (2007). Superior Vena Cava Syndrome with Malignant Causes. *New England Journal of Medicine*, 356: 1862-1869.
2. Lepper P, Ott S, Hoppe H, et la. Superior vena cava syndrome in thoracic malignancies. *Respir Care*, 2011; 56: 653-666.

**CH-29: Thoracic Aorta**

<b>CH-29: Thoracic Aorta</b>	<b>74</b>
<b>CH-29.1: Aortic Dissection</b>	<b>75</b>
<b>CH-29.2: Thoracic Aortic Aneurysm (TAA)</b>	<b>75</b>
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## **CH-29: Thoracic Aorta**

- See **PVD-6.2: Thoracic Aortic Aneurysm (TAA)** and **PVD-6.8: Aortic Dissection and Other Aortic Conditions** in the Peripheral Vascular Disease Imaging Guidelines

### **CH-29.1: Aortic Dissection**

- See **PVD-6.8: Aortic Dissection and Other Aortic Conditions** in the Peripheral Vascular Disease Imaging Guidelines

### **CH-29.2: Thoracic Aortic Aneurysm (TAA)**

- See **PVD-6.2: Thoracic Aortic Aneurysm (TAA)** in the Peripheral Vascular Disease Imaging Guidelines

### **CH-29.3: Screening Guidelines for Familial Syndromes**

- See **PVD-2.2: Screening for Vascular related genetic connective tissue Disorders (Familial Aneurysm Syndromes/Spontaneous Coronary Artery Dissection (SCAD)/Ehlers-Danlos/Marfan/Loeys-Dietz)** in the Peripheral Vascular Disease Imaging Guidelines

### **CH-29.4: Thoracic Aorta in Individuals with Bicuspid Aortic Valve**

- See **PVD-2.3: Screening for TAA in patients with bicuspid aortic valves** in the Peripheral Vascular Disease Imaging Guidelines

### **CH-29.5: Calcified Ascending Aorta**

- Prior to open-heart operations.
  - ◆ See **CD-13.1: Pre-Surgical Cardiac testing-General Information** in the Cardiac Imaging Guidelines
- Prior to TAVR/I (Transcatheter Aortic Valve Replacement/Implantation)<sup>3</sup>
  - ◆ See CT and CTA in **CD-4.8: Transcatheter Aortic Valve Replacement (TAVR)** in the Cardiac Imaging Guidelines.

## **CH-30: Elevated Hemidiaphragm**

### **CH-30.1: Elevated Hemidiaphragm**

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### **CH-30.1: Elevated Hemidiaphragm**

- CT Chest with contrast (CPT® 71260) and CT Neck with contrast (CPT® 70491) (if requested) with new diaphragmatic paralysis after.<sup>1,2</sup>
  - ◆ Previous chest x-rays are available and reviewed to determine if the diaphragmatic elevation is a new finding, and/or
  - ◆ Fluoroscopic examination (“sniff test”) to differentiate true paralysis from weakness.
- CT Abdomen with contrast (CPT® 74160) to rule out liver or abdominal process if CT Chest is negative.<sup>1,2</sup>
- Repeat advanced imaging studies in the absence of new signs or symptoms are not indicated.

#### ***Background and Supporting Information***

- The right hemidiaphragm sits about 2 cm higher than the left.
- “Eventration” is thin membranous replacement of muscle, usually on the right, as the most common cause of elevation.
- Any injury to the phrenic nerve from neck to diaphragm can lead to paralysis.
- Common phrenic causes are traumatic or surgical injury or malignancy involving the mediastinum.
- Any loss of lung volume or increased abdominal pressure can lead to diaphragm elevation.

#### ***References***

1. Ko MA, Darling GE. 2009. Acquired paralysis of the diaphragm. *Thorac Surg Clin* 19 (4): 501-510.
2. Qureshi A. 2009. Diaphragm paralysis. *Semin Respir Crit Care Med* 30(3): 315-320.

## **CH-31: Thoracic Outlet Syndrome (TOS)**

### **CH-31.1: Thoracic Outlet Syndrome**

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## **CH-31.1: Thoracic Outlet Syndrome**

- Chest x-ray should be performed initially in all cases, after the onset of symptoms or if there has been a change in symptoms, since it can identify boney abnormalities or other causes of right upper extremity pain.<sup>1,2</sup>
- MR imaging is the preferred imaging modality in individuals with suspected TOS.<sup>1,2</sup>
  - ◆ MRI Chest (CPT® 71550) or MRI Upper Extremity Other than Joint (CPT® 73218).
  - ◆ MRA Neck and Chest (CPT® 70548 and CPT® 71555) can be used in place of MRI with suspected arterial or venous TOS.
  - ◆ CT Chest with contrast (CPT® 71260) or CT Neck with contrast (CPT® 70491) can be used in place of MRI for:
    - Suspected anomalous ribs or fractures, as bone anatomy is more easily definable with CT.
    - Postoperative individuals in whom there is a question regarding a remnant first rib.
    - Dialysis-dependent renal failure, claustrophobia, or implanted device incompatibility.
- See **PN-4: Brachial Plexus** in the Peripheral Nerve Disorders Imaging Guidelines.

### ***Background and Supporting Information***

- TOS refers to compression of the subclavian vessels and/or brachial plexus at the thoracic outlet of the chest (the area bounded by the two scalene muscles and the first rib).
- There are 3 types, with neurogenic causes seen in 80%, venous causes (also called effort thrombosis) found in 15% and the remaining 5% being arterial in etiology.
- Since this is such a rare entity and diagnosis is difficult, specialist evaluation by a vascular surgeon or thoracic surgeon is helpful in determining the appropriate imaging pathway.

### ***References***

1. Raptis C, Sridhar S, Thompson R, et al. Imaging of the Patient with Thoracic Outlet Syndrome. *RadioGraphics*, 2016: 36: 984-1000.
2. ACR Appropriateness Criteria® imaging in the diagnosis of thoracic outlet syndrome: *American College of Radiology (ACR)*; 2014.

## **CH-32: Lung Transplantation**

### **CH-32.1: Pre-Transplant Imaging Studies**

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### **CH-32.1: Pre-Transplant Imaging Studies**

- Individuals on the waiting list or being considered for the lung transplant can undergo advanced imaging per that institution's protocol as long as the studies do not exceed the following:
  - ◆ CT Chest with and without contrast (CPT® 71270), CT Chest with (CPT® 71260), or CT Chest without contrast (CPT® 71250),
  - ◆ ECHO
  - ◆ Imaging Stress Test (MPI, SE, MRI) or Heart Catheterization (Right and Left); Heart catheterization can also be done after a positive stress test.
- Other studies that will be considered include V/Q scan, Six Minute Walk Test.
- CT Chest with and without contrast (CPT® 71270), CT Chest with (CPT® 71260), or CT Chest without contrast (CPT® 71250) for initial post-transplant follow-up:
  - ◆ Requests for subsequent follow-up imaging will go to Medical Director Review.
- See **CD-1.6: Transplant Individuals** in the Cardiac Imaging Guidelines.

#### ***Reference***

1. Ng, Y. L., N. Paul, D. Patsios, and Et Al. "Imaging of Lung Transplantation: Review." *AJR. American Journal of Roentgenology*. U.S. National Library of Medicine, Mar. 2009. Vol\_ 192, No\_ 3\_supplement (AJR).htm Web.

## CH-33: Lung Cancer Screening

<b>CH-33.1: U.S. Preventative Services Task Force: Lung Cancer Screening (Commercial and Medicaid) <sup>1</sup></b>	<b>83</b>
<b>CH-33.2: This section intentionally left blank</b>	<b>83</b>
<b>CH-33.3: Pulmonary Nodules Detected on Low Dose CT Chest (LDCT) Images <sup>3</sup></b>	<b>84</b>

**CH-33.1: U.S. Preventative Services Task Force: Lung Cancer Screening (Commercial and Medicaid) <sup>1</sup>**

- Low-dose CT Chest CPT® G0297 may be approved for lung cancer screening annually if all of the following criteria are met:

Screening Indications – Commercial and Medicaid	Imaging Study
<ul style="list-style-type: none"> <li>➤ All criteria below must be met for approval:                             <ul style="list-style-type: none"> <li>◆ Individual has not received a low-dose CT lung screening in less than 12 months; and</li> <li>◆ Individual has NO health problems that substantially limit life expectancy or the ability or willingness to have curative lung surgery*; and</li> <li>◆ Individual is between 55 and 80 years of age; and</li> <li>◆ Individual has at least a 30 pack-year history of cigarette smoking; and</li> <li>◆ Currently smokes or quit within the past ≤15 years</li> </ul> </li> </ul>	Low-Dose CT Chest without contrast CPT® G0297

\*This is based on a range of chest or other organ signs, symptoms or conditions which would question the member’s ability to undergo surgical or non-surgical treatment if a lung cancer was discovered. For example, congestive heart failure, advanced cancer from another site or a member with COPD who uses oxygen when ambulating, would be examples of conditions that would “substantially limit life expectancy.” Conversely, stable COPD and its symptoms, including cough, shortness of breath would not “substantially limit life expectancy.”

**CH-33.2: This section intentionally left blank**

### **CH-33.3: Pulmonary Nodules Detected on Low Dose CT Chest (LDCT) Images**<sup>3</sup>

- Any Lung-RADS less than 1 year interval follow-up is coded as Low-Dose CT Chest CPT® 71250 (Not CPT® G0297 which is ONLY the annual screen)
- For lung nodules, including incidental findings from studies other than screening LDCT, See **CH-16.2: Incidental Pulmonary Nodules Detected on CT Images**

Primary Category/Category Descriptor*	Management
3 : Probably benign finding(s) - short term follow up suggested; includes nodules with a low likelihood of becoming a clinically active cancer	6 month LDCT with a return to annual LDCT screening if unchanged.
4A : Suspicious - Findings for which additional diagnostic testing and/or tissue sampling is recommended	<p>PET/CT may be used when there is a ≥8 mm solid component</p> <p>Follow-up with LDCT in 3 months with another LDCT in 6 months and a return to annual screening if stable and there is low suspicion of lung cancer.</p>
4B or 4X: Suspicious - Findings for which additional diagnostic testing and/or tissue sampling is recommended	<p>CT Chest with or without contrast, PET/CT and/or tissue sampling depending on the probability of malignancy and comorbidities. PET/CT may be used when there is a ≥8 mm solid component.</p> <p>If there is low suspicion of lung cancer, follow-up with LDCT in 3 months with another LDCT in 6 months and a return to annual screening if stable.</p>

\*The full description of the LUNG-RADS categories

[https://www.acr.org/-/media/ACR/Files/RADS/Lung-RADS/LungRADS\\_AssessmentCategories.pdf](https://www.acr.org/-/media/ACR/Files/RADS/Lung-RADS/LungRADS_AssessmentCategories.pdf)

#### **References**

1. "Lung Cancer: Screening." Final Update Summary: Lung Cancer: Screening - US Preventive Services Task Force. N.p., n.d. *Annals of Internal Medicine*. December 2013. U.S. Preventive Services Task Force.
2. CMS Decision Memo for Lung Cancer Screening with Low Dose Computed Tomography (LDCT) (210.14) Effective Date of this Version 2/5/2015.
3. Lung-RADS™ Version 1.0 Assessment Categories Release date: April 28, 2014.