Instructions for use
The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer’s particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer’s benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer’s benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:
1. The terms of the applicable benefit plan document in effect on the date of service
2. Any applicable laws and regulations
3. Any relevant collateral source materials including coverage policies
4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the Cigna CPT code list for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

CPT® (Current Procedural Terminology) is a registered trademark of the American Medical Association (AMA). CPT® five digit codes, nomenclature and other data are copyright 2016 American Medical Association. All Rights Reserved. No fee schedules, basic units, relative values or related listings are included in the CPT® book. AMA does not directly or indirectly practice medicine or dispense medical services. AMA assumes no liability for the data contained herein or not contained herein.
| PEDCD-1~General Guidelines | 3  |
| PEDCD-2~Congenital Heart Disease | 7  |
| PEDCD-3~Heart Murmur | 10 |
| PEDCD-4~Chest Pain | 11 |
| PEDCD-5~Syncope | 13 |
| PEDCD-6~Kawasaki Disease | 15 |
| PEDCD-7~Pediatric Pulmonary Hypertension | 17 |
| PEDCD-8~Echocardiography - Other Indications | 18 |
| PEDCD-9~Cardiac MRI - Other Indications | 24 |
| PEDCD-10~CT Heart And Coronary Computed Tomography Angiography (CCTA) - Other Indications | 28 |
### Procedure Codes Associated with Cardiac or PVD Imaging

<table>
<thead>
<tr>
<th>MRI/MRA</th>
<th>CPT®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiac MRI without contrast</td>
<td>75557</td>
</tr>
<tr>
<td>Cardiac MRI without contrast; with stress imaging</td>
<td>75559</td>
</tr>
<tr>
<td>Cardiac MRI without and with contrast</td>
<td>75561</td>
</tr>
<tr>
<td>Cardiac MRI without and with contrast; with stress imaging</td>
<td>75563</td>
</tr>
<tr>
<td>Unlisted MRI procedure (for radiation planning or surgical software)</td>
<td>76498</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CT</th>
<th>CPT®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Heart CT with contrast for structure and morphology</td>
<td>75572</td>
</tr>
<tr>
<td>Heart CT with contrast for structure and morphology, for congenital heart disease</td>
<td>75573</td>
</tr>
<tr>
<td>Heart CT with contrast for coronary arteries &amp; bypass grafts</td>
<td>75574</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CTA</th>
<th>CPT®</th>
</tr>
</thead>
<tbody>
<tr>
<td>CTA Abdominal Aorta with Bilateral Iliofemoral Runoff</td>
<td>75635</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ultrasound</th>
<th>CPT®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transthoracic echocardiography for congenital cardiac anomalies; complete</td>
<td>93303</td>
</tr>
<tr>
<td>Transthoracic echocardiography for congenital cardiac anomalies; follow-up study</td>
<td>93304</td>
</tr>
<tr>
<td>Echocardiography, transthoracic, real time with image documentation (2D), includes M-mode recording, when performed, complete, with spectral Doppler echocardiography, and with color flow Doppler echocardiography</td>
<td>93306</td>
</tr>
<tr>
<td>Echocardiography, transthoracic, real time with image documentation (2D), includes M-mode recording, when performed, complete, without spectral or color Doppler echocardiography</td>
<td>93307</td>
</tr>
<tr>
<td>Echocardiography, transthoracic, real time with image documentation (2D), includes M-mode recording, when performed, follow-up or limited study</td>
<td>93308</td>
</tr>
<tr>
<td>Procedure Description</td>
<td>Code</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------------------</td>
<td>--------</td>
</tr>
<tr>
<td>Doppler echocardiography, pulsed wave and/or continuous wave with spectral display</td>
<td>93320</td>
</tr>
<tr>
<td>(List separately in addition to codes for echocardiographic imaging); complete</td>
<td></td>
</tr>
<tr>
<td>Doppler echocardiography, pulsed wave and/or continuous wave with spectral display</td>
<td>93321</td>
</tr>
<tr>
<td>(List separately in addition to codes for echocardiographic imaging); follow-up or</td>
<td></td>
</tr>
<tr>
<td>limited study</td>
<td></td>
</tr>
<tr>
<td>Doppler echocardiography color flow velocity mapping (List separately in addition to</td>
<td>93325</td>
</tr>
<tr>
<td>codes for echocardiographic imaging)</td>
<td></td>
</tr>
<tr>
<td>Echocardiography, transesophageal, (TEE) real-time with image documentation (2D)</td>
<td>93312</td>
</tr>
<tr>
<td>(with or without M-mode recording); including probe placement, image acquisition,</td>
<td></td>
</tr>
<tr>
<td>interpretation and report</td>
<td></td>
</tr>
<tr>
<td>Echocardiography, transesophageal, (TEE) real-time with image documentation (2D)</td>
<td>93313</td>
</tr>
<tr>
<td>(with or without M-mode recording); placement of transesophageal probe only</td>
<td></td>
</tr>
<tr>
<td>Echocardiography, transesophageal, (TEE) real-time with image documentation (2D)</td>
<td>93314</td>
</tr>
<tr>
<td>(with or without M-mode recording); image acquisition, interpretation &amp; report only</td>
<td></td>
</tr>
<tr>
<td>Transesophageal echocardiography (TEE) for congenital cardiac anomalies; including</td>
<td>93315</td>
</tr>
<tr>
<td>probe placement, image acquisition, interpretation and report</td>
<td></td>
</tr>
<tr>
<td>Transesophageal echocardiography (TEE) for congenital cardiac anomalies; placement</td>
<td>93316</td>
</tr>
<tr>
<td>of transesophageal probe only</td>
<td></td>
</tr>
<tr>
<td>Transesophageal echocardiography (TEE) for congenital cardiac anomalies; image</td>
<td>93317</td>
</tr>
<tr>
<td>acquisition, interpretation &amp; report only</td>
<td></td>
</tr>
<tr>
<td>Transesophageal echocardiography (TEE) for monitoring purposes, including probe</td>
<td>93318</td>
</tr>
<tr>
<td>placement, real-time 2D image acquisition and interpretation leading to ongoing</td>
<td></td>
</tr>
<tr>
<td>assessment of cardiac pumping function and to therapeutic measures on an immediate</td>
<td></td>
</tr>
<tr>
<td>time basis</td>
<td></td>
</tr>
</tbody>
</table>
PEDCD-1.1 Pediatric Cardiac Imaging Age Considerations

Many conditions affecting the heart in the pediatric population are different diagnoses than those occurring in the adult population. For those diseases that occur in both pediatric and adult populations, minor differences may exist in management due to individual age, comorbidities, and differences in disease natural history between children and adults.

✓ Individuals age <18 years old should be imaged according to the Pediatric Cardiac Imaging Guidelines, and individuals age ≥18 years should be imaged according to the Cardiac Imaging Guidelines, except where directed otherwise by a specific guideline section.

PEDCD-1.2 Pediatric Cardiac Imaging Appropriate Clinical Evaluation

✓ A recent (within 60 days) face-to-face evaluation including a detailed history, physical examination, and appropriate laboratory studies should be performed prior to considering advanced imaging, unless the individual is undergoing guideline-supported scheduled follow-up imaging evaluation.

✓ Unless otherwise stated in a specific guideline section, the use of advanced imaging to screen asymptomatic individuals for disorders involving the heart is not supported. Advanced imaging of the heart should only be approved in individuals who have documented active clinical signs or symptoms of disease involving the heart.

✓ Unless otherwise stated in a specific guideline section, repeat imaging studies of the heart are not necessary unless there is evidence for progression of disease, new onset of disease, and/or documentation of how repeat imaging will affect individual management or treatment decisions.

PEDCD-1.3 Pediatric Cardiac Imaging Modality General Considerations

✓ MRI
  o MRI and MRA studies are frequently indicated for evaluation of complex congenital heart defects not well visualized on echocardiography, and right ventricular disease
  o Due to the length of time for image acquisition and the need for stillness, anesthesia is required for almost all infants and young children (age <7 years), as well as older children with delays in development or maturity. In this individual population, MRI imaging sessions should be planned with a goal of avoiding a
short-interval repeat anesthesia exposure due to insufficient information using the following considerations:

- MRI should always be performed without and with contrast unless there is a specific contraindication to gadolinium use. Since the individual already has intravenous access for anesthesia.
- If multiple body areas are supported by eviCore guidelines for the clinical condition being evaluated, MRI of all necessary body areas should be obtained concurrently in the same anesthesia session.

**CT**
- CT is primarily used to evaluate the coronary and great vessels in congenital heart disease.
- Coding considerations are listed in **PEDCD-9-CT Heart and Coronary Computed Tomography Angiography (CCTA—Other Indications)**.

**Ultrasound**
- Echocardiography is the primary modality used to evaluate the anatomy and function of the pediatric heart, and is generally indicated before considering other imaging modalities.
- Coding considerations are listed in **PEDCD-7-Echocardiography—Other Indications**.

The guidelines listed in this section for certain specific indications are not intended to be all-inclusive; clinical judgment remains paramount and variance from these guidelines may be appropriate and warranted for specific clinical situations.

**References**

# PEDCD-2~CONGENITAL HEART DISEASE

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>PEDCD-2.1 Congenital Heart Disease General Considerations</td>
<td>8</td>
</tr>
<tr>
<td>PEDCD-2.2 Congenital Heart Disease Echocardiography Coding</td>
<td>8</td>
</tr>
<tr>
<td>PEDCD-2.3 Congenital Heart Disease Modality Considerations</td>
<td>8</td>
</tr>
<tr>
<td>PEDCD-2.4 Congenital Heart Disease Timing Considerations</td>
<td>9</td>
</tr>
</tbody>
</table>
PEDCD-2.1 Congenital Heart Disease General Considerations

Congenital heart accounts for the majority of cardiac problems occurring in the pediatric population. Individuals may be diagnosed any time spanning prenatal evaluation to adolescence.

There are a number of variables that influence the modality and timing of imaging individuals with congenital heart disease, including individual age, physiologic effects of the defect, whether or not the defect has been repaired, rate of individual growth, stability of the defect on serial imaging, comorbid conditions, and activity level, among others. This results in a high degree of individuality in determining the schedule for imaging these individuals.

PEDCD-2.2 Congenital Heart Disease Echocardiography Coding

✓ Any of the following echocardiography code combinations are appropriate for re-evaluation of individuals with known congenital heart disease:

  o CPT® 93303, 93320, and 93325
  o CPT® 93304, 93321, and 93325
  o CPT® 93303
  o CPT® 93304

✓ CPT® 93306 is not indicated in the evaluation of known congenital heart disease

✓ All requested CPT® combinations other than those listed in this section should be forwarded for medical director review

PEDCD-2.3 Congenital Heart Disease Modality Considerations

✓ Echocardiography is the primary imaging modality used for monitoring congenital heart disease and is generally required before other imaging modalities are indicated unless otherwise indicated in a specific guideline section

✓ Cardiac MRI either without contrast (CPT® 75557) or without and with contrast (CPT® 75561) is indicated for the following, when a recent echocardiogram is inconclusive:

  o CPT® 75565 is also indicated for individuals with valvular disease or a need to evaluate blood flow through the chambers. These individuals will usually have CPT® 93320 & 93325 performed with their echocardiography studies.

  o MRA Chest (CPT® 71555) may be added if the aorta or pulmonary artery needs to be visualized beyond the root, or if aortopulmonary collaterals, pulmonary veins, or systemic veins need to be visualized
MRA Chest alone (CPT® 71555) should be performed if the individual cannot cooperate with full cardiac MRI exam

MRA Chest (CPT® 71555) is indicated for the following:
- Coarctation of the aorta (with or without Tetralogy of Fallot) with inconclusive recent echocardiography findings

CT imaging is indicated for the following:
- Report CPT®75574 for evaluating coronary artery anomalies
- Report CPT®75573 for congenital heart disease
- Determination of extra-cardiac anatomy in individuals with complex congenital heart disease
- Pulmonary artery (PA) and Pulmonary vein (PV) assessment
- Coarctation of the aorta or interruption of the aortic arch suspected on echocardiography

**PEDCD-2.4 Congenital Heart Disease Timing Considerations**

Echocardiography is repeated frequently throughout a child’s life, and the following intervals are within the standard of care and should be approved:
- Individuals age 0-2 years: every 3 months
- Individuals age 3-12 years: every 6 months
- Individuals age 13 years: every 12 months
- Coarctation of the aorta: Following repair, every 1 month until stable, then follow age-based guidelines
- Echocardiography is performed during the physician office visit, and these studies should not be denied because of lack of contact within 60 days
- Studies are often necessary more frequently than listed here, primarily due to changing symptomatology, or perioperative concerns. Requests not meeting these timing guidelines should be forwarded for medical director review.

The need for routine serial MRI or CT studies is uncommon, and these requests should be forwarded for medical director review

**Reference**

Heart murmurs are extremely common in pediatric individuals. The thinner chest wall in children allows clearer auscultation of blood flowing through the chambers of the heart, which results in murmur on physical exam.

The majority of murmurs are innocent and do not require further evaluation. More than 30% of children will have an innocent murmur detected during physical examination. Innocent murmurs are typically systolic ejection murmurs with a vibratory or musical quality, and generally change in quality when the individual changes position.

Other types of murmurs are defined as pathologic and require additional evaluation, usually by a pediatric cardiologist. Echocardiography is indicated, and is performed as part of the office visit. When evaluating an individual with a murmur for the first time, it will not be known whether the individual has congenital heart disease or not. The cardiologist only submits charges for the procedure actually performed.

✔ The following echocardiography code combinations should be approved for evaluation of any pathologic murmur or any innocent murmur with associated cardiac signs or symptoms:
  o CPT® 93303, 93306, 93320, and 93325
  o CPT® 93303, 93306
  o CPT® 93306
    - CPT® 93320 and 93325 are included with 93306 and should not be approved separately

✔ Repeat echocardiography is not indicated if the initial echocardiogram was normal and the murmur has not changed in quality

References


Chest pain in pediatric individuals is caused by a cardiac etiology in <5% of cases, yet causes great anxiety for parents resulting in requests for testing.

✓ A recent (within 60 days) face-to-face evaluation including a detailed history, physical examination, EKG, and appropriate laboratory studies should be performed prior to considering advanced imaging.

✓ Echocardiography is indicated for pediatric individuals with chest pain and one or more of the following:
  o Exertional chest pain
  o Non-exertional chest pain with abnormal EKG
  o First-degree relative with sudden unexplained death or cardiomyopathy
  o Recent onset of fever
  o Recent illicit drug use
  o Other signs or symptoms of cardiovascular disease

✓ Echocardiography is performed as part of the office visit. When evaluating an individual for the first time, it will not be known whether the individual has congenital heart disease or not. The cardiologist only submits charges for the procedure actually performed.

✓ The following echocardiography code combinations should be approved for evaluation of chest pain:
  o CPT® 93303, 93306, 93320, and 93325
  o CPT® 93303, 93306
  o CPT® 93306
    ▪ CPT® 93320 and 93325 are included with 93306 and should not be approved separately

✓ Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:
  o Increased severity or change in quality of the chest pain
  o New signs or symptoms of cardiovascular disease other than pain
  o New abnormality on EKG
References


Syncope in pediatric individuals is common, with up to 15% of individuals experiencing at least one episode by age 21. Syncope is caused by neurocardiogenic syndrome (vasovagal syncope) in 75-80% of cases, which is a benign and self-limiting condition. Despite this, syncope causes great anxiety for parents resulting in requests for testing.

✓ A recent (within 60 days) face-to-face evaluation including a detailed history, physical examination, EKG, and appropriate laboratory studies should be performed prior to considering advanced imaging.

✓ Echocardiography is not indicated for most individuals with isolated syncope

✓ Echocardiography is indicated for pediatric individuals with syncope and one or more of the following:
  o Exertional syncope
  o Unexplained post-exertional syncope
  o Abnormal EKG
  o First-degree relative with any of the following before age 50:
    ▪ Sudden cardiac arrest or death
    ▪ Pacemaker or implantable defibrillator placement
  o First-degree relative with cardiomyopathy
  o Known congenital heart disease
  o History of Kawasaki disease
  o Pathologic murmur, irregular rhythm, gallop, or click on physical examination

✓ Echocardiography is performed as part of the office visit. When evaluating an individual for the first time, it will not be known whether the individual has congenital heart disease or not. The cardiologist only submits charges for the procedure actually performed.
The following echocardiography code combinations should be approved for evaluation of chest pain:

- CPT® 93303, 93306, 93320, and 93325
- CPT® 93303, 93306
- CPT® 93306
  - CPT® 93320 and 93325 are included with 93306 and should not be approved separately

Repeat echocardiography is not indicated if the initial echocardiogram is normal unless one of the following conditions is present:

- Increased severity or change in quality of the syncope
- New signs or symptoms of cardiovascular disease other than syncope
- New abnormality on EKG

References


Kawasaki disease is the leading cause of acquired pediatric cardiac disease in the developed world. It is an acute febrile illness characterized by a medium vessel vasculitis, which predominantly affects the coronary arteries.

- A recent (within 60 days) face-to-face evaluation including a detailed history, physical examination, and appropriate laboratory studies should be performed prior to considering advanced imaging.

- If Kawasaki disease is strongly suspected, treatment will begin even before cardiac evaluation, since early treatment is associated with a lower risk for coronary aneurysm development.

- Echocardiography (CPT® 93306) is indicated for all individuals with Kawasaki disease
  - Echocardiography is recommended at the time of diagnosis, 1-2 weeks later, and 6 weeks from diagnosis
  - Individuals with recurrent or persistent fever or worsening cardiac symptoms should have echocardiogram repeated
  - Individuals with no coronary abnormalities on 6 week study should have a repeat echocardiogram 1 year from diagnosis
  - Individuals with coronary abnormalities will require more frequent echocardiograms based on severity of disease and need for medical management. These requests should be forwarded for medical director review.

- Coronary CTA (CPT® 75574), Cardiac MRI without contrast (CPT® 75557), Cardiac MRI without and with contrast (CPT® 75561), or MRA Chest (CPT® 71555) is indicated for evaluation of inconclusive echocardiogram findings, or for large coronary aneurysms

- Screening of other body areas for aneurysms is not routinely indicated in Kawasaki disease, but MRA or CTA (contrast as requested) of the affected body area can be approved for evaluation of signs or symptoms suggesting aneurysm development.
References


Pulmonary hypertension in children can be caused by cardiac, pulmonary, or systemic diseases, and idiopathic disease occurs as well.

- A recent (within 60 days) face-to-face evaluation including a detailed history, physical examination, and appropriate laboratory studies should be performed prior to considering advanced imaging.

- If pulmonary hypertension is suspected, initial evaluation should consist of chest x-ray, EKG, and echocardiography (CPT® 93303, 93306, 93320, and 93325, see PEDCD-8.1 for echocardiography coding considerations)

- Repeat echocardiography using pulmonary hypertension-specific protocols is indicated every 4-6 months for all pediatric individuals with pulmonary hypertension
  - Echocardiography is indicated at any time for new or worsening symptoms or to evaluate a recent change in therapy

- CTA Chest (CPT® 71275) is indicated for initial evaluation of all pediatric individuals with pulmonary hypertension to evaluate for pulmonary vascular or interstitial disease or other intrathoracic causes

- Cardiac MRI without contrast (CPT® 75557) or without and with contrast (CPT® 75561) is indicated for evaluation of inconclusive echocardiogram findings, or for monitoring right ventricular function during follow-up

- Screening of other body areas for aneurysms is not routinely indicated in Kawasaki disease, but MRA or CTA (contrast as requested) of the affected body area can be approved for evaluation of signs or symptoms suggesting aneurysm development

References

## PEDCD-8~ECHOCARDIOGRAPHY—OTHER INDICATIONS

| PEDCD-8.1 Transthoracic Echocardiography (TTE) Coding | 19 |
| PEDCD-8.2 Initial Transthoracic Echocardiography (TTE) Indications | 20 |
| PEDCD-8.3 Repeat Transthoracic Echocardiography Indications | 22 |
| PEDCD-8.4 Transesophageal Echocardiography (TEE) | 22 |
PEDCD-8.1 Transthoracic Echocardiography (TTE) Coding

✓ CPT codes for echocardiography are listed in PEDCD-1 ~ General Guidelines

✓ The most commonly performed study is a complete transthoracic echocardiogram with spectral and color flow Doppler (CPT® 93306).
  o CPT® 93306 includes CPT® codes 93320 and 93325, so those codes should not be approved along with CPT® 93306.
  o Doppler codes (CPT® 93320, CPT® 93321, and CPT® 93325) are add-on codes and are assigned in addition to code for the primary procedure, and should not be approved alone.

✓ For a 2D transthoracic echocardiogram without Doppler, report CPT® 93307.

✓ Limited transthoracic echocardiogram should be billed if the report does not “evaluate or document the attempt to evaluate” all of the required structures.
  o A limited transthoracic echocardiogram is reported with CPT® 93308.
  o Unlike CPT® 93306, the Doppler CPT codes 93321 and 93325 are not included with CPT® 93308. CPT® 93321 (not CPT® 93320) should be reported with CPT® 93308 if Doppler is included in the study. CPT® 93325 should also be reported with CPT® 93308 if color flow Doppler is included in the study.
  o For individuals with congenital heart disease, a limited transthoracic echocardiogram is reported with CPT® 93304, +/- CPT® 93321 and 93325.
  o NOTE: Providers performing an initial echo on a pediatric individual will not know what procedure codes they will be reporting until the initial study is completed.
    ▪ If congenital heart disease is found on the initial echo, a complete echo is reported with codes CPT® 93303, CPT® 93320, and CPT® 93325 because CPT® 93303 does NOT include Doppler and color flow mapping.
    ▪ If no congenital issue is discovered, then CPT® 93306 is reported alone and includes 2-D, Doppler and color flow mapping.
    ▪ Since providers may not know the appropriate code/s that will be reported at the time of the pre-authorization request, they may request multiple codes
    ▪ The following echocardiography code combinations should be approved for any initial echocardiogram:
      • CPT® 93303, 93306, 93320, and 93325
      • CPT® 93303, 93306
PEDICARDIC CARDIAC IMAGING GUIDELINES

• CPT® 93306
  - CPT® 93320 and 93325 are included with 93306 and should not be approved separately
  - Post-service audits may be completed to ensure proper claims submission.

PEDCD-8.2 Initial Transthoracic Echocardiography (TTE) Indications

✓ In addition to indications listed in previous guideline sections, initial TTE evaluation is indicated for any of the following:
  o Any signs/symptoms that are possibly cardiac in nature, including (but not limited to) central cyanosis, dyspnea, edema, poor peripheral pulses, feeding difficulty, decreased urine output, hepatomegaly, or desaturation on pulse oximetry
  o Abnormal EKG or cardiac biomarkers
  o Abnormal chest x-ray suggesting cardiovascular disease
  o Palpitations and one of the following:
    ▪ Abnormal EKG
    ▪ First-degree relative with any of the following before age 50:
      • Sudden cardiac arrest or death
      • Pacemaker or implantable defibrillator placement
    ▪ First-degree relative with cardiomyopathy
  o Supraventricular tachycardia (SVT), Ventricular tachycardia, or Premature ventricular contractions (PVCs)
  o Known or suspected valvular dysfunction
  o Persistent systemic hypertension
  o Obesity (BMI >30) with additional cardiovascular risk factors
  o Stroke
  o Renal failure
  o Preoperative evaluation of individuals with chest wall deformities or scoliosis
  o Known or suspected vascular ring
  o Planned administration of cardiotoxic chemotherapy
    ▪ Generally anthracyclines (doxorubicin, daunorubicin, mitoxantrone, idarubicin, epirubicin)
PEDIATRIC CARDIAC IMAGING GUIDELINES

- Planned radiation therapy involving heart muscle or hematopoietic stem cell transplant
- Sickle cell disease or other hemoglobinopathy causing chronic anemia
- Known or suspected vasculitis, acute rheumatic fever, or other systemic autoimmune disease
- Muscular dystrophy
- Metabolic, mitochondrial, and storage disorders
- Abnormalities of cardiac or other viscera situs
- Signs, symptoms, or blood culture suggestive of endocarditis
- Known or suspected mass lesion involving heart or great vessels
- Known or suspected clot in atrium or ventricle
- Known or suspected pulmonary hypertension
- Known or suspected pericardial effusion
- Complications during prenatal development:
  - Known or suspected cardiovascular abnormality on fetal echocardiogram
  - Maternal phenylketonuria (PKU)
  - Maternal diabetes with no fetal echo
  - Maternal teratogen exposure
  - Maternal infection during pregnancy with potential cardiac sequelae
- Genetic abnormality known to be associated with cardiovascular disease
- First-degree relative family history of:
  - Unexplained sudden death before age 50
  - Hypertrophic cardiomyopathy
  - Non-ischemic dilated cardiomyopathy
  - Genetic abnormality known to be associated with cardiovascular disease
  - Congenital left-sided heart lesion
  - Heritable pulmonary arterial hypertension
PEDCD-8.3 Repeat Transthoracic Echocardiography Indications

Repeat echocardiograms are not necessary for most individuals with clinically stable syndromes.

✓ In addition to indications listed in previous guideline sections, repeat TTE evaluation is indicated for any of the following:

o New or worsening symptoms in an individual with known cardiac disease
  Previously normal echocardiogram with one of the following:
  ▪ New or worsening cardiac symptoms
  ▪ New EKG abnormality
  ▪ Newly recognized family history suggestive of heritable heart disease

o Every 12 months for individuals age 12-18 years with first-degree family history of hypertrophic cardiomyopathy

o Every 12 months for individuals receiving active therapy for ventricular hypertrophy, valvular dysfunction, cardiomyopathy
  ▪ One time repeat TTE can be approved at 6 months to assess response to a change in therapy

o Every 12 months for individuals with chronic pericardial effusions

o Every 12 months for sickle cell disease or other hemoglobinopathy causing chronic anemia and one of the following:
  ▪ High-risk genotype (Hgb SS or Sβ⁰, severe thalassemia, etc.)
  ▪ History of acute chest syndrome or intrinsic lung disease
  ▪ History of stroke
  ▪ Receiving chronic transfusion therapy

o As needed for monitoring cardiotoxicity during chemotherapy administration

o After completion of chemotherapy and/or radiation therapy.
  ▪ See PEDONC-19.2~Cardiotoxicity and Echocardiography for imaging guidelines.

PEDCD-8.4 Transesophageal Echocardiography (TEE)

✓ Transesophageal echocardiography imaging indications in pediatric individuals are identical to those for adult individuals. See CD-2.5~Transesophageal Echocardiography(TEE) for imaging guidelines.
**References**


### PEDCD-9~CARDIAC MRI—OTHER INDICATIONS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEDCD-9.1 General Guidelines</td>
<td>25</td>
</tr>
<tr>
<td>PEDCD-9.2 Cardiac MRI - Coding</td>
<td>25</td>
</tr>
<tr>
<td>PEDCD-9.3 Indications for Cardiac MRI</td>
<td>25</td>
</tr>
<tr>
<td>PEDCD-9.4 Aortic Root and Proximal Ascending Aorta</td>
<td>27</td>
</tr>
<tr>
<td>PEDCD-9.5 Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade</td>
<td>27</td>
</tr>
</tbody>
</table>
PEDCD-9.1 General Guidelines

Requests for cardiac MRI that contain only one CPT® code can be completed by the Nurse Reviewer. If the request contains more than one cardiac/chest MRI CPT® code, it should be forwarded for Medical Director Review.

✓ MRA of the coronary arteries is comparatively less accurate than CCTA or invasive coronary angiography in evaluating coronary disease and is considered investigational at this time.

PEDCD-9.2 Cardiac MRI - Coding

<table>
<thead>
<tr>
<th>Cardiac Imaging Procedure Codes</th>
<th>CPT®</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiac magnetic resonance imaging for morphology and function without contrast</td>
<td>75557</td>
</tr>
<tr>
<td>Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences</td>
<td>75561</td>
</tr>
<tr>
<td>Cardiac magnetic resonance imaging for morphology and function without contrast; with stress imaging (rarely used in pediatrics)</td>
<td>75559</td>
</tr>
<tr>
<td>Cardiac magnetic resonance imaging for morphology and function without and with contrast and further sequences; with stress imaging (rarely used in pediatrics)</td>
<td>75563</td>
</tr>
<tr>
<td>Cardiac magnetic resonance imaging for velocity flow mapping (List separately in addition to code for primary procedure)</td>
<td>+75565</td>
</tr>
</tbody>
</table>

✓ Only one procedure code from the set: CPT®75557- CPT®75563 should be reported per session.

✓ Only one flow velocity measurement (CPT®+75565) should be reported per session.

PEDCD-9.3 Indications for Cardiac MRI

✓ In addition to indications listed in previous guideline sections, Cardiac MRI evaluation is indicated for any of the following, when a recent TTE is inconclusive:

  o Assessment of global ventricular function and mass if a specific clinical question is left unanswered by recent TTE and the MRI results will affect management of the individual’s condition

  o Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC)
    ▪ MRI without contrast (CPT®75557) is considered the optimal test for this disorder

  o For pericardial disease (including constrictive pericarditis, restrictive pericarditis, and perimyocarditis), MRI should not be utilized to diagnose pericarditis but only
to answer the question regarding possible constriction or restriction suggested clinically or by other techniques (TTE, etc.)

- MRI without and with contrast (CPT®75561) is considered the optimal test for this disorder
  - Evaluate cardiac tumor or mass
    - MRI without and with contrast (CPT®75561) is considered the optimal test for this disorder
  - Evaluate anomalous coronary artery
    - MRI without and with contrast (CPT®75561) or CCTA (CPT® 75574) is considered the optimal test for this disorder
  - Fabry's disease, late enhancement MRI may predict the effect of enzyme replacement therapy on myocardial changes that occur with this disease
    - MRI without and with contrast (CPT®75561) is considered the optimal test for this disorder
  - Cardiomyopathy, Cardiac MRI can be performed to evaluate individuals with congenital cardiomyopathy (muscular dystrophy, glycogen storage disease, fatty acid oxidation disorders, mitochondrial disorders, etc.) or unexplained cases of cardiomyopathy in order to characterize the myocardium
  - Cardiac stress perfusion study (CPT® 75559 or 75563) can be considered on a case by case basis for individuals with anomalous coronary artery, Kawasaki disease, or other disorder with the potential for coronary ischemia who cannot undergo other forms of stress testing (ETT, MPI, etc.)
  - Assessment of cardiac iron overload in hemochromatosis (either CPT®75557 or 71550, T2* MRI, contrast not necessary)
    - Screening imaging may be approved every 12 months
    - Imaging may be approved every 3 months for treatment response in individuals receiving active treatment (chelation +/- phlebotomy)
    - Frequently performed along with MRI Abdomen (CPT® 74181) to assess liver iron deposition. See **PEDAB-18.2 Transfusion-Associated (Secondary) Hemochromatosis** for additional imaging guidelines.
PEDCD-9.4 Aortic Root and Proximal Ascending Aorta

✓ For screening due to family history of aortic aneurysm or dissection, see: CH-30-Thoracic Aorta in the adult Chest Imaging Guidelines.

✓ For individuals who have both cardiac and ascending aorta abnormalities, the following studies are indicated:
  
  o Cardiac MRI (CPT®75557 or CPT®75561) for individuals with abnormalities involving the aortic root and/or proximal ascending aorta
  
  o If the distal ascending aorta is involved, MRI Chest (CPT®71552) or MRA Chest (CPT®71555) is also indicated

✓ For individuals with aortic abnormalities without cardiac abnormalities, any of the following studies is indicated:
  
  o MRI Chest (CPT®71552)
  
  o MRA Chest (CPT®71555)

PEDCD-9.5 Evaluation of Pericardial Effusion or Diagnosis of Pericardial Tamponade

Echocardiogram is the initial imaging study of choice to evaluate pericardial effusions or diagnose pericardial tamponade. However, contrast enhanced cardiac MRI is useful for evaluating pericarditis, neoplastic effusion, tamponade or myocardial infiltration if a specific clinical question is left unanswered by another recent imaging study and the answer to the clinical question will affect management of the individual’s clinical condition.

Cancers that can metastasize to the pericardium or myocardium and can cause a malignant effusion include lung, breast, renal cell, lymphoma and melanoma.

References


2. ACR-NASCI-SPR Practice Parameter for the Performance and Quantification of Cardiovascular Computed Tomography (CT) and Magnetic Resonance Imaging (MRI). Revised 2014 (Resolution 39); available at: http://www.acr.org/~/media/ACR/Documents/PGTS/guidelines/QuantificationCardiac_CT_MR.pdf
### PEDCD-10~CT Heart and Coronary Computed Tomography Angiography (CCTA)—Other Indications

<table>
<thead>
<tr>
<th>PEDCD-10.1 General Considerations</th>
<th>29</th>
</tr>
</thead>
<tbody>
<tr>
<td>PEDCD-10.2 Anomalous Coronary Artery</td>
<td>29</td>
</tr>
<tr>
<td>PEDCD-10.3 Indications for CCTA (CPT®75574)</td>
<td>30</td>
</tr>
<tr>
<td>PEDCD-10.4 Indications for Cardiac CT (CPT®75572)</td>
<td>31</td>
</tr>
<tr>
<td>PEDCD-10.5 Radiation Dose</td>
<td>31</td>
</tr>
</tbody>
</table>
PEDCD-10.1 General Considerations

Metal artifact reduces the accuracy of CCTA. Devices that can cause this issue include, but are not limited to, surgical clips, pacemaker devices, defibrillator devices and tissue expanders.

Cardiac testing that does not involve exposure to ionizing radiation should be strongly considered.

Multi-slice CT is associated with a non-negligible risk for cancer, especially in women and younger individuals.

<table>
<thead>
<tr>
<th>Contraindications to CCTA include:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Irregular heart rhythms (e.g. atrial fibrillation/flutter, frequent irregular premature ventricular contractions or premature atrial contractions, and high grade heart block)</td>
</tr>
<tr>
<td>2. Very obese individuals (body mass index &gt;40 kg/m²)</td>
</tr>
<tr>
<td>3. Elevated calcium score: CCTA should not be performed if there is extensive coronary calcification (calcium score &gt;1000).</td>
</tr>
<tr>
<td>4. Renal insufficiency</td>
</tr>
<tr>
<td>5. Inability to follow breath holding instructions</td>
</tr>
<tr>
<td>6. Heart rate over 75 beats per minute</td>
</tr>
<tr>
<td>7. Allergy to iodine contrast material</td>
</tr>
</tbody>
</table>

PEDCD-10.2 Anomalous Coronary Artery

Evaluating coronary artery anomalies and other complex congenital heart disease of cardiac chambers or great vessels is an appropriate indication for CCTA.

- Report CPT®75574 for evaluating coronary artery anomalies
- Report CPT®75573 for congenital heart disease
- Can add CPT®71275 (chest CTA) to evaluate great vessels
  - In cases of anomalous pulmonary venous return, can add CT abdomen and pelvis with contrast (CPT® 74177).

Aortic root echocardiography or Cardiac MRI can be approved in lieu of CCTA to avoid radiation exposure.
The use of CCTA to rule out anomalous coronary artery should be limited to one of the following:

- Individuals who need to have an anomalous coronary artery mapped prior to an invasive procedure
- Individuals who have not had a previous imaging study that clearly demonstrates an anomalous coronary artery. Previous imaging study shows the anomalous artery to be patent
- Individuals with a history that includes one or more of the indications in PEDCD-9.3~Indications for CCTA:

**PEDCD-10.3 Indications for CCTA (CPT®75574)**

- In addition to indications listed in previous guideline sections, CCTA is indicated for any of the following, when a recent TTE and/or MRI is inconclusive:
  - Persistent exertional chest pain and normal stress test
  - Full sibling(s) with history of sudden death syndrome before age 30 or with documented anomalous coronary artery
  - Resuscitated sudden death and contraindication to conventional coronary angiography
  - Unexplained new onset of heart failure if CCTA will replace conventional invasive coronary angiography
  - Documented ventricular tachycardia (6 beat runs or greater) if CCTA will replace conventional invasive coronary angiography
  - Equivocal coronary artery anatomy on conventional cardiac catheterization
  - In infants: otherwise unexplained dyspnea, tachypnea, wheezing, episodic pallor, irritability, sweating, poor feeding, and/or failure to thrive
    - The presence of other congenital heart disease is not a separate indication for CCTA to rule out anomalous coronary artery
  - Evaluation of the arterial supply and venous drainage in children with bronchopulmonary sequestration.
PEDCD-10.4 Indications for Cardiac CT (CPT® 75572)

✓ In addition to indications listed in previous guideline sections, CCTA is indicated for any of the following, when a recent TTE and/or MRI is inconclusive:
  - Cardiac or pericardial mass
  - Pericarditis
  - Complications of cardiac surgery or evaluation of post-operative anatomy
  - Cardiac thrombus in individuals with technically limited TTE, TEE, or MRI
  - Clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC)
  - Evaluate clinical suspicion of arrhythmogenic right ventricular dysplasia (ARVD) or arrhythmogenic cardiomyopathy (ARVC)
  - Native aortic abnormalities if echocardiogram is indeterminate

PEDCD-10.5 Radiation Dose

✓ Radiation dosage for CCTA varies by facility and the particular protocol used. The American College of Radiology Clinical Statement on Noninvasive Cardiac Imaging states that “as a general rule a multi-detector CT encompassing the heart should not result in an effective dose of greater than 12 mSv.”*

✓ 64-slice CT scanners can deliver a radiation dose from 15-25 mSv (especially in women due to breast tissue density).

✓ Sophisticated gating and other techniques can reduce the radiation dose of cardiac CT studies to less than 5 mSv. Application of these techniques is increasing nationwide.*

✓ Dual source scanners decrease radiation exposure by approximately one third.

✓ Conventional coronary angiography typically delivers a radiation dose of 3 to 6 mSv.*

✓ Newer imaging technologies will allow for reduced radiation exposure

References


2. ACR-NASCI-SPR Practice Parameter for the Performance and Quantification of Cardiovascular Computed Tomography (CT) and Magnetic Resonance Imaging (MRI). Amended 2014 (Resolution 39).
   http://www.acr.org/~/media/ACR/Documents/PGTS/guidelines/QuantificationCardiac_CT_MR.pdf