

# Cigna Medical Coverage Policies – Radiology Peripheral Vascular Disease (PVD) Imaging Guidelines

Effective February 01, 2024



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## Instructions for use

The following coverage policy applies to health benefit plans administered by Cigna. Coverage policies are intended to provide guidance in interpreting certain standard Cigna benefit plans and are used by medical directors and other health care professionals in making medical necessity and other coverage determinations. Please note the terms of a customer's particular benefit plan document may differ significantly from the standard benefit plans upon which these coverage policies are based. For example, a customer's benefit plan document may contain a specific exclusion related to a topic addressed in a coverage policy.

In the event of a conflict, a customer's benefit plan document always supersedes the information in the coverage policy. In the absence of federal or state coverage mandates, benefits are ultimately determined by the terms of the applicable benefit plan document. Coverage determinations in each specific instance require consideration of:

1. The terms of the applicable benefit plan document in effect on the date of service
2. Any applicable laws and regulations
3. Any relevant collateral source materials including coverage policies
4. The specific facts of the particular situation

Coverage policies relate exclusively to the administration of health benefit plans. Coverage policies are not recommendations for treatment and should never be used as treatment guidelines.

This evidence-based medical coverage policy has been developed by eviCore, Inc. Some information in this coverage policy may not apply to all benefit plans administered by Cigna.

These guidelines include procedures eviCore does not review for Cigna. Please refer to the [Cigna CPT code list](#) for the current list of high-tech imaging procedures that eviCore reviews for Cigna.

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# General Information

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# Abbreviations and Glossary for the PVD Imaging Guidelines

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(See also: [Cardiac Imaging Guidelines Glossary](#))

Abbreviation	Definition
AAA	Abdominal aortic aneurysm
ABI	Ankle brachial index: a noninvasive, non-imaging test for arterial insufficiency – (see toe-brachial index below). This testing can also be done after exercise if resting results are normal.
Claudication	or <b>Intermittent claudication</b> : usually a painful cramping sensation of the legs with walking or severe leg fatigue
CLI	Critical Limb Ischemia
CTA	Computed tomography angiography
CTV	Computed tomography venography
DLCO	Diffusion capacity: defined as the volume of carbon monoxide transferred into the blood per minute per mmHg of carbon monoxide partial pressure
DVT	Deep venous thrombosis
ECG	Electrocardiogram
ENT	Ears, Nose, Throat
EVAR	Endovascular Aneurysm Repair
HbA1C	Hemoglobin A1C: test used to determine blood sugar control for individuals with diabetes
MRA	Magnetic resonance angiography
MRV	Magnetic resonance venography
PAD	Peripheral artery disease
PAH	Pulmonary artery hypertension
PFT	Pulmonary function tests
PVD	Peripheral vascular disease
PSV ratio	Peak systolic velocities
SVC	Superior vena cava
TEVAR	Thoracic Endovascular Aortic Repair
TIA	Transient ischemic attack

Abbreviation	Definition
TTE	Transthoracic echocardiogram
Toe-Brachial Index	Useful in individuals with ABI above the normal range due to non-compressible posterior tibial or dorsalis pedis arteries
V/Q Scan	Ventilation and perfusion scan

# General Guidelines (PVD-1.0)

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- A pertinent clinical evaluation, or meaningful technological contact (telehealth visit, telephone call, electronic mail or messaging), is required prior to considering advanced imaging, including relevant medical treatments and a vascular history and physical that includes (when applicable):
  - Palpation of pulses
  - Evaluation of lower extremities for presence of non-healing wounds or gangrene
  - Associated skin changes such as thickened nails, absence of hair in the feet or calves, cool extremities
  - Evaluation for the presence of arterial bruits
  - Appropriate laboratory studies
  - Non-advanced imaging modalities, such as recent ABIs (within 60 days) after symptoms started or worsened
- ABI should be measured first:
  - If normal, then further vascular studies are generally not indicated.
  - If clinical suspicion for PAD remains high with normal ABI's, exercise ABI's (CPT® 93924) can be performed on a treadmill to elicit ischemia
  - The TBI (toe-brachial index) is used to establish the diagnosis of PAD in the setting of non-compressible arteries (ABI  $\geq 1.40$ ) and may also be used to assess perfusion in individuals with suspected CLI (rest pain and/or non-healing wound)
- If a prior imaging study (Ultrasound, MRA, CTA, Catheter angiogram, etc.) has been completed for a condition, a follow-up, additional, or repeat study for the same condition is generally not indicated unless there has been a change in the individual's condition, previous imaging showed an indeterminate finding, or eviCore healthcare guidelines support routine follow-up imaging.
- Runoff studies (CPT® 75635 for CTA or CPT® 74185, CPT® 73725, and CPT® 73725 for MRA) image from the umbilicus to the feet
  - CTA Abdomen and lower extremities should be reported as CPT® 75635, rather than using the individual CPT® codes for the abdomen, pelvis, and legs
  - MRA Abdomen, MRA Pelvis and MRA Lower extremities should be reported as CPT® 74185, CPT® 73725, and CPT® 73725. The CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance.

# General Information (PVD-1.1)

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- Risk factors for vascular disease include:
  - Diabetes
  - Cigarette smoking
  - Hypertension
  - Hyperlipidemia
  - Age >50, with at least one risk factor, are considered “at risk” for vascular disease
  - See also: **Impotence/Erectile Dysfunction (PV-17)** in the Pelvis Imaging Guidelines.
- Signs and symptoms of peripheral arterial disease
  - Claudication (Cramping pain in the legs, most notably back of the calves but can involve hips or thighs, after walking which is relieved with rest but recurs at a predictable distance)
    - Symptoms that are not consistent with claudication include
      - Generalized leg pain
      - Nocturnal cramps
      - Pain that is not easily relieved after a few minutes of rest
      - Burning pain in feet
  - Critical limb ischemia
    - Rest pain: Pain in the foot (not leg) at rest, particularly at night when the leg is elevated. Pain is relieved by dangling the leg off the bed or moving to an upright position
    - Non-healing wounds: Wounds present for >2 weeks with little to no evidence of healing
  - Erectile dysfunction can be associated with vascular disease
- Claudication and critical limb ischemia have different natural histories. Claudication generally follows a benign indolent course. 70% of individuals with claudication will have the same symptoms after five years with no progression. Critical limb ischemia, on the other hand, is associated with a high rate of limb loss (25%) and death (35%) one year after presentation
- Simultaneous venous and arterial systems evaluation are unusual but are occasionally needed
- Post-angioplasty/reconstruction: follow-up imaging is principally guided by symptoms. See also:
  - **Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)**
  - **Post-Procedure Surveillance Studies (PVD-7.3)**



## Procedure Coding (PVD-1.2)

PVD.GG.0001.2.A

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Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
<ul style="list-style-type: none"> <li>Limited bilateral noninvasive physiologic studies of upper or lower extremity arteries.</li> <li>Non-invasive physiologic studies of upper or lower extremity arteries, single level, bilateral (e.g., ankle/brachial indices, Doppler waveform analysis, volume plethysmography, transcutaneous oxygen tension measurement).</li> </ul>	93922
<ul style="list-style-type: none"> <li>Complete bilateral noninvasive physiologic studies of upper or lower extremity arteries, 3 or more levels.</li> <li>Non-invasive physiologic studies of upper or lower extremity arteries, multiple levels or with provocative functional maneuvers, complete bilateral study (e.g., segmental blood pressure measurements, segmental Doppler waveform analysis, segmental volume plethysmography, segmental transcutaneous oxygen tension measurements, measurements with postural provocative tests, measurements with reactive hyperemia).</li> </ul>	93923

- CPT® 93922 and CPT® 93923 can be requested and reported only once for the upper extremities and once for the lower extremities.
- CPT® 93922 and CPT® 93923 should not be ordered on the same request nor billed together for the same date of service.
- CPT® 93924 and CPT® 93922 and/or CPT® 93923 should not be ordered on the same request and should not be billed together for the same date of service.
- ABI studies performed with handheld dopplers, where there is no hard copy output for evaluation of bidirectional blood flow, are not reportable by these codes.

Non-Invasive Physiologic Studies of Extremity Arteries	CPT®
Non-invasive physiologic studies of lower extremity arteries, at rest and following treadmill stress testing, complete bilateral study.	93924

Arterial Duplex – Upper and Lower Extremities	CPT®
Duplex scan of <b>lower</b> extremity arteries or arterial bypass grafts; complete bilateral.	93925
<ul style="list-style-type: none"> <li>A complete duplex scan of the lower extremity arteries includes examination of the full length of the common femoral, superficial femoral and popliteal arteries.</li> <li>The iliac, deep femoral, and tibioperoneal arteries may also be examined.</li> </ul>	
Duplex scan of <b>lower</b> extremity arteries or arterial bypass grafts; unilateral or limited study.	93926

<b>Arterial Duplex – Upper and Lower Extremities</b>		<b>CPT®</b>
<ul style="list-style-type: none"> <li>The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).</li> </ul>		
Duplex scan of <b>upper</b> extremity arteries or arterial bypass grafts; complete bilateral.		<b>93930</b>
<ul style="list-style-type: none"> <li>A complete duplex of the upper extremity arteries includes examination of the subclavian, axillary, and brachial arteries.</li> <li>The radial and ulnar arteries may also be included.</li> </ul>		
Duplex scan of <b>upper</b> extremity arteries or arterial bypass grafts; unilateral or limited study.		<b>93931</b>
<ul style="list-style-type: none"> <li>The limited study is reported when only one extremity is examined or when less than a full examination is performed (e.g. only one or two vessels or follow-up).</li> </ul>		

<b>Cerebrovascular Artery Studies</b>		<b>CPT®</b>
Duplex scan of extracranial arteries; complete bilateral study.		<b>93880</b>
Duplex scan of extracranial arteries; unilateral or limited study.		<b>93882</b>
<ul style="list-style-type: none"> <li>This study is often referred to as a “carotid ultrasound” or “carotid duplex”.</li> <li>Typically, it includes evaluation of the common, internal, and external carotid arteries.</li> </ul>		

<b>Transcranial Doppler Studies</b>		<b>CPT®</b>
Transcranial Doppler study of the intracranial arteries; complete study		<b>93886</b>
Transcranial Doppler study of the intracranial arteries; limited study		<b>93888</b>
Transcranial Doppler vasoreactivity study		<b>93890</b>
Transcranial Doppler study of the intracranial arteries; emboli detection without intravenous microbubble injection		<b>93892</b>
Transcranial Doppler study of the intracranial arteries; emboli detection with intravenous microbubble injection		<b>93893</b>

<b>Venous Studies - Extremities</b>		<b>CPT®</b>
Duplex scan of extremity veins, including responses to compression and other maneuvers; complete bilateral study.		<b>93970</b>
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.		<b>93971</b>

Venous Studies - Extremities	CPT®
<ul style="list-style-type: none"> <li>• These codes are used to report studies of lower or upper extremity veins.</li> <li>• A complete bilateral study of the lower extremity veins includes examination of the common femoral, proximal deep femoral, great saphenous and popliteal veins. Calf veins may also be included.</li> <li>• A complete bilateral study of upper extremity veins includes examination of the subclavian, jugular, axillary, brachial, basilica, and cephalic veins. Forearm veins may also be included.</li> </ul>	

Visceral Vascular Studies	CPT®
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.	<b>93975</b>
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study	<b>93976</b>
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study	<b>93978</b>
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; unilateral or limited study	<b>93979</b>

Duplex for Hemodialysis Access	CPT®
Duplex scan of hemodialysis access (including arterial inflow, body of access and venous outflow).	<b>93990</b>
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete bilateral study	<b>93985</b>
Duplex scan of arterial inflow and venous outflow for preoperative vessel assessment prior to creation of hemodialysis access; complete unilateral study	<b>93986</b>

# General Guidelines – Imaging (PVD-1.3)

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- Imaging Studies:
  - Carotid studies MRA Neck (CPT® 70543) or CTA Neck (CPT® 70491) capture the area from the top of the aortic arch (includes the origin of the innominate artery, common carotid artery, and subclavian artery, which gives off the vertebral artery) to the base of the skull.
  - CTA or MRA Abdomen (CPT® 74175 or CPT® 74185) images from the diaphragm to the umbilicus or iliac crest
  - CTA or MRA Chest (CPT® 71275 or CPT® 71555) images from the base of the neck to the dome of the liver
  - Runoff studies (CPT® 75635 for CTA or CPT® 74185, CPT® 73725, and CPT® 73725 for MRA) image from the umbilicus to the feet
    - CTA Abdomen and lower extremities should be reported as CPT® 75635, rather than using the individual CPT® codes for the abdomen, pelvis, and legs
    - MRA Abdomen, MRA Pelvis and MRA Lower extremities should be reported as CPT® 74185, CPT® 73725, and CPT® 73725. The CPT® code for MRA Pelvis (CPT® 72198) should not be included in this circumstance
  - Studies used to quantify plaque morphology in noncoronary vessels (CPT® 0710T, CPT® 0711T, CPT® 0712T, CPT® 0713T) are considered experimental, investigational, or unproven.

# References

**v1.0.2024**

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# Genetic Predisposition to Arterial Disease

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# Screening for Suspected Peripheral Artery Disease/Aneurysmal Disease (PVD-2)

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## Asymptomatic Screening (PVD-2.1)

- Routine screening of asymptomatic individuals for PAD is not advised. Those with CVD risk factors should be placed on best medical management and should be questioned on symptoms of PAD at annual physicals.
- Currently, there is no evidence to demonstrate that screening all individuals with PAD for asymptomatic atherosclerosis in other arterial beds improves clinical outcome. <sup>1 2 3</sup>
- Resting ABI's may be indicated in individuals with abnormal pulse exams. <sup>2,3</sup>

## Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)

- Vascular related genetic connective tissue Disorders include:
  - Familial Aneurysm Syndromes
  - Fibromuscular Dysplasia
  - Spontaneous Coronary Artery Dissection (SCAD)
  - Ehlers-Danlos
  - Marfan
  - Loeys-Dietz
- Screening for Familial Syndromes in individuals with a positive family history (1<sup>st</sup> degree relative with dissection/TAA) but no known genetic syndrome/mutation, otherwise known as Suspected **Familial** Aneurysm Syndrome.
  - ECHO (CPT® 93306, CPT® 93307, or CPT® 93308) and chest x-ray for all First-degree relatives (parents, siblings, children) of individuals with TAA and/or dissection.
  - Any imaging listed in the Table of Thoracic Aorta Imaging Options can be performed if these studies identify a TAA or are equivocal or do not visualize the ascending or descending aorta adequately.

<sup>1</sup> Andras A, Ferket B. Screening for peripheral arterial disease. Cochrane Database Syst Rev. 2014;(4):CD010835. Published 2014 Apr 7. doi:10.1002/14651858.CD010835.pub2

<sup>2</sup> Firnhaber JM, Powell CS. Lower Extremity Peripheral Artery Disease: Diagnosis and Treatment [published correction appears in Am Fam Physician. 2019 Jul 15;100(2):74]. Am Fam Physician. 2019;99(6):362-369

<sup>3</sup> US Preventive Services Task Force, Curry SJ, Krist AH, et al. Screening for Peripheral Artery Disease and Cardiovascular Disease Risk Assessment with the Ankle-Brachial Index:US Preventive Services Task Force Recommendation Statement. JAMA. 2018;320(2):177. doi:10.1001/jama.2018.8357

**Table of Thoracic Aorta Imaging Options**

Description	CPT®
CT Chest without contrast	71250
CT Chest with contrast	71260
CTA Chest	71275
MRA Chest	71555
Transesophageal echocardiogram (TEE)	93312 or 93313 or 93314

- Studies can be repeated at 2 year intervals if prior results are negative
- Initial imaging for individuals with documented SCAD/fibromuscular dysplasia/Marfan/Loeys-Dietz/Ehlers-Danlos type IV:
  - On initial diagnosis of Ehlers-Danlos, Loeys Deitz or Marfans or SCAD or suspicion of fibromuscular dysplasia, full vascular imaging should be performed from head to pelvis with:
    - CTA or MRA Head (CPT® 70496 or CPT® 70546 or CPT® 70545)
    - CTA or MRA Neck (CPT® 70498 or CPT® 70548 or CPT® 70549)
    - CTA or MRA Chest or CT Chest with contrast
    - CTA Abdomen/Pelvis or MRA Abdomen/Pelvis (CPT® 74174) or (CPT® 74185 and CPT® 72198)
  - If there are no identified aneurysms or dissections, repeat imaging can be obtained at two-year intervals
- Surveillance imaging
  - If an aneurysm is identified in individuals with fibromuscular dysplasia, then the aneurysm can be surveilled per the typical timeframe as described in **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)**, **Abdominal Aortic Aneurysm (PVD-6.3)**, **Iliac Artery Aneurysm (PVD- 6.4)**, and **Visceral Artery Aneurysm (PVD-6.5)**.
  - Follow-Up of aneurysms in individuals with documented SCAD/Marfan's/Loeys-Dietz/Ehlers-Danlos type IV
    - Imaging can be performed every 6 months once an aneurysm has been identified until a decision has been made to repair.
      - Intracranial aneurysm – CTA or MRA Head (CPT® 70496 or 70544)
      - Aneurysm of a cervical artery – Carotid duplex or CTA or MRA neck if unable to fully visualize with carotid duplex
      - Thoracic aorta – CTA Chest (CPT® 71275) or CT Chest with (CPT® 71260) or without (CPT® 71250), MRA chest (CPT® 71555)
      - Abdominal aneurysm – Abdominal duplex (CPT® 93975/93976/93978/93979/76770/76775)
      - Visceral aneurysm – These can be difficult to visualize on duplex. If not visible on duplex, can obtain a CTA or MRA Abdomen and Pelvis.



**Background and supporting information**

Fibromuscular dysplasia and spontaneous coronary artery dissection is diagnosed radiographically. Loeys-Dietz, Marfans, Ehlers-Danlos type IV are diagnosed with genetic testing.

**Screening for TAA with bicuspid aortic valves (PVD-2.3)**

- Screening in individuals with bicuspid aortic valve:
  - Screening, any requested imaging from the “Table of Thoracic Aorta Imaging Options” and/or ECHO (CPT® 93306, CPT® 93307, or CPT® 93308).

**Table of Thoracic Aorta Imaging Options**

Description	CPT®
CT Chest without contrast	71250
CT Chest with contrast	71260
CTA Chest	71275
MRA Chest	71555
Transesophageal echocardiogram (TEE)	93312 or 93313 or 93314

- Additional imaging such as Cardiac MRI, Cardiac CT, or CCTA is NOT generally indicated.
  - There is no evidence-based data to support screening relatives of individuals with bicuspid aortic valve for TAA except with echocardiogram.
  - Follow-up per TAA Follow-Up guidelines in **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)**
- If no dilatation of the aortic root or ascending thoracic aorta is found, there is no evidence-based data to support continued surveillance imaging.

**Screening for Vascular Related Disorders in Multisystemic Smooth Muscle Syndrome (MSMS)/Smooth Muscle Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PVD 2.4)**

## Initial imaging

Upon initial genetic confirmation, all of the following studies can be approved:

- Transthoracic echocardiogram (TTE) (CPT® 93306)
- MRA Chest (CPT® 71555) or CTA Chest and CT Chest with contrast (CPT® 71275 and 71260)
- MRA Abdomen and Pelvis (CPT® 74185 and 72198) or CTA Abdomen and Pelvis (CPT® 74174)
- MRI Perfusion study Brain CPT® 70553
- MRA Head and Neck (CPT® 70544 or 70545 AND 70548)
- Ultrasound Upper extremity(ies) (CPT® 93930 or 93931) or CTA Upper extremity (CPT® 73206) or MRA Upper extremity (CPT® 73225)

## Repeat testing

Repeat testing with any of the studies listed under initial imaging is indicated when there is documentation of new signs or symptoms.

## Surveillance imaging

Surveillance imaging with any of the studies listed in initial imaging is indicated according to the following:

- Transthoracic echocardiogram repeat every 6 months
- Chest imaging can be repeated every 12 months starting at age 10
- Abdomen and pelvis imaging can be repeated every 12 months starting age 10
- Upper extremity imaging can be repeated every 12 months starting age 10
- MRI perfusion study Brain see **Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)**
- MRA Head and Neck see **Dysfunction Syndrome (SMDS)/ACTA2 Mutations (PEDHD-12.8)**

## Background and supporting information

Smooth Muscle Dysfunction Syndrome presents as congenital mydriasis, a patent ductus arteriosus (PDA), pulmonary arterial hypertension (PAH) during infancy. Patients go on to developed aortic, peripheral arterial, and cerebrovascular disorders in childhood.

- Caused by heterozygous mutation of ACTA2. P.Arg179His
- Cases mostly due to de novo mutations, so imaging screening based on family history without genetic confirmation is not supported.
- Because radiation is a known risk factor for moyamoya disease. MRI/MRA Head is recommended instead of Computed Tomography (CT)/CTA

# References

**v1.0.2024**

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# Cerebrovascular Imaging

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# Cerebrovascular and Carotid Disease - Initial Imaging (PVD-3.1)

PVD.CV.0003.1.A

v1.0.2024

- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) should generally be used to evaluate possible carotid artery disease, prior to considering advanced imaging, when ANY of the following apply:
  - Known or suspected retinal arterial emboli or Hollenhorst plaque
  - Pulsatile neck masses
  - Carotid or cervical bruit
  - Abnormal findings on physical exam of the carotid arteries (e.g., absent carotid pulses)
  - Preoperative evaluation of individuals with evidence of severe diffuse atherosclerosis, scheduled for major cardiovascular surgical procedures
  - Preoperative evaluation of individuals prior to elective cardiovascular surgery in individuals older than 65 years of age and in those with peripheral artery disease, history of cigarette smoking, history of stroke or TIA, or carotid bruit
  - Suspected Subclavian Steal Syndrome
    - See **Subclavian Steal Syndrome (CH-27)** in the Chest Imaging Guidelines
  - Blunt neck trauma in the absence of focal neurologic symptoms
  - Neurologic complaints after chiropractic neck manipulation
  - Vasculitis potentially involving carotid arteries, such as Takayasu's arteritis and fibromuscular dysplasia (FMD). In patients with neurologic symptoms and concern for cerebral vasculitis, see **Cerebral vasculitis (HD 22.1)**
  - Remote history of stroke or TIA (Greater than one month).
- Typical Symptoms of TIA/Stroke, see **Stroke/TIA (HD-21)** in the Head Imaging Guidelines
- CTA or MRA Neck is indicated for suspected internal carotid artery dissection, in individuals with **ANY** of the following mechanisms of injury or risk factors for arterial dissection:
  - Chiropractic manipulation of neck
  - Whiplash injury
  - Fibromuscular dysplasia/Marfan's
  - Stroke in the young (age ≤50)
- CTA or MRA Neck can be approved for suspected vertebrobasilar pathology:
  - Symptoms include:
    - Vertigo associated with nausea and vomiting
    - Diplopia
    - Loss of vision in one or both eyes

- Dysarthria
- Bilateral numbness
- Bilateral extremity weakness and/or numbness
- Acute changes in mental status
- Loss of consciousness
- Ataxia
- MRA or CTA of **both** Neck and Head are required to visualize the entire vertebral-basilar system for evaluation of posterior circulation disease. See **General Guidelines – CT and MR Angiography (HD-1.5)** in the Head Imaging Guidelines
- Surveillance imaging, post-stenting or known vertebrobasilar disease, interval determined by Vascular Specialist, Neurologist, or Neurosurgeon or any provider in consultation with a vascular specialist, neurologist, or neurosurgeon for ANY of the following:
  - Asymptomatic
  - Unchanged symptoms
  - New or worsening symptoms
- **After Intracranial Hemorrhage:**
  - Initial Imaging see **Head Trauma (HD-13.1)** in the Head Imaging Guidelines
  - Surveillance Imaging
    - Interval determined by neurosurgeon or neurologist or any provider in consultation with a neurologist or neurosurgeon.
- For Suspected Subclavian Steal Syndrome:
  - Initial imaging should be a carotid duplex
    - If initial duplex demonstrates high-grade stenosis or occlusion of the subclavian artery, advanced imaging is NOT indicated unless the individual is symptomatic with arm claudication or signs of hypo-perfusion of the vertebral artery with recurrent dizziness
  - Surveillance of subclavian arterial disease is NOT indicated if there has not been any intervention such as a carotid-subclavian bypass or subclavian stent
  - Advanced imaging, see **Subclavian Steal Syndrome – General (CH-27)** in the Chest Imaging Guidelines
- Carotid ultrasound screening in asymptomatic individuals due only to risk factors is **not** indicated.
- Repeat imaging of the cervical vessels (regardless of when the previous carotid imaging was performed) is indicated for new signs and symptoms consistent with carotid artery disease (e.g., TIA, amaurosis fugax, change in nature of a carotid bruit) using one of the following:
  - Duplex ultrasound (CPT® 93880 bilateral study or CPT® 93882 unilateral study)
  - MRA Neck with contrast (CPT® 70548) or without and with contrast (CPT® 70549)

- CTA Neck (CPT® 70498)

# Surveillance Imaging with NO History of Carotid Surgery or Intervention (PVD-3.2)

PVD.CV.0003.2.A

v1.0.2024

- Surveillance imaging is indicated once a year for individuals with fibromuscular dysplasia of the extracranial internal carotid arteries.
- Reporting standards for carotid stenosis varies widely. The most commonly used criteria, however, is noted in the chart below published by the Society of Radiology in 2003

Primary parameters			Additional Parameters	
% Stenosis	ICA PSV (cm/sec)	Plaque estimate (%)	ICA/CCA PSV ratio	ICA/EDV (cm/sec)
Normal	< 125	None	< 2.0	< 40
< 50	< 125	< 50	< 2.0	< 40
50-69	125-230	≥ 50	2.0-4.0	40-100
≥ 70 but less than near occlusion	> 230	> 50	> 4.0	> 100
Near occlusion	High, low, or undetectable	Visible	Variable	Variable
Total occlusion	undetectable	Visible- no detectable lesion	Not applicable	Not applicable

- If normal study, no routine follow-up imaging is indicated
- If <50% internal carotid stenosis
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) can be performed every **two** years
- Between 50% and 70% internal carotid stenosis



- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) can be performed annually.
- A repeat duplex (CPT® 93880 bilateral or CPT® 93882 unilateral) may be performed in three to six months until stability is reached when **one** of the following occurs:
  - Change in the character of the bruit
  - Duplex demonstrates rapid progression, including:
    - Doubling of peak systolic velocities in the internal carotid arteries
    - Increase of the ICA/CCA ratio
    - Heavy calcification in the internal carotid arteries
    - Thrombus in the internal carotid arteries
    - Ulcerated plaque in the internal carotid arteries
    - Echolucent plaque in the internal carotid arteries
- A one-time CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated to confirm degree of stenosis in individuals with ulcerated plaque or heavy calcification of the internal carotid artery seen on duplex.
- Internal carotid stenosis  $\geq 70\%$  or ICA/CCA ratio  $>4$ 
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) or MRA Neck with contrast (CPT® 70548) or CTA Neck (CPT® 70498) can be performed at the following intervals:
    - Every 6 months until one of the following occurs:
      - Intervention is performed
      - Decision is made to not intervene
  - MRA Neck with contrast (CPT® 70548) or CTA Neck (CPT® 70498) is indicated if duplex Ultrasound shows  $\geq 70\%$  occlusion/stenosis of the internal carotid artery or the ICA/CCA ratio is  $>4.0$ , even with a lower percentage of stenosis.
  - If carotid stent is planned
    - MRA Head (CPT® 70544, or CPT® 70545, or CPT® 70546) or CTA Head (CPT® 70496) can be added

# Surveillance Imaging WITH History of Carotid Surgery or Intervention (PVD-3.3)

PVD.CV.0003.3.A  
v1.0.2024

- Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) is indicated post-carotid surgery or intervention at the following intervals:
  - 1 month after procedure
  - Every 6 months for 2 years after procedure
  - Then annually
- If  $\geq 70\%$  residual internal carotid stenosis is seen on duplex at 1 month after procedure
  - Duplex ultrasound (CPT® 93880 bilateral or CPT® 93882 unilateral) or CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated at the following intervals:
    - Every 3-6 months for one year
    - Then annually or until decision is made to re-intervene.
- If  $\geq 70\%$  residual internal carotid stenosis is seen on duplex at any time post-procedure, then
  - CTA Neck (CPT® 70498) or MRA Neck (CPT® 70548) is indicated for further evaluation and at six-month intervals until decision is made to re-intervene.

## **Background and Supporting Information**

- Carotid intima-media thickness using duplex ultrasound imaging (Category III code 0126T) is not recommended in clinical practice for risk assessment for a first ASCVD event. Although outcomes data are lacking, Texas has adopted this method in Texas Heart Attack Preventive Screening Bill (HR 1290)
- Texas Heart Attack Preventive Screening Law (HR 1290) mandates that insurers in Texas cover either a calcium scoring study (CPT® 75571 or HCPCS S8092) or a carotid intima-media thickness study (ultrasound—Category III code 0126T) every five years for certain populations. To qualify, the following must apply:
  - Must be a member of a fully-insured Texas health plan.
  - Must be male sex assigned at birth age 45 to 75 or female sex assigned at birth age 55 to 75.
  - Must have either diabetes or a Framingham cardiac risk score of intermediate or higher.
  - Must not have had a calcium scoring study or a carotid intima-media thickness study within the past 5 years

- MRA Neck (CPT® 70548) or CTA Neck (CPT® 70498) may be indicated if ultrasound is technically difficult or confirmation of the degree of stenosis on ultrasound is needed because an interventional procedure is being considered

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# Aortic Imaging

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# Aortic Disorders General Information (PVD-6.1)

PVD.AD.0006.1.A

v1.0.2024

Duplex ultrasound for visceral vascular studies	CPT <sup>®</sup>
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study.	93975
Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study.	93976
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study.	93978
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; unilateral or limited study.	93979
Ultrasound, abdominal aorta, real time, with image documentation, screening study for abdominal aortic aneurysm (AAA) for AAA screening	76706

- In clinical practice, CT, CTA, MRA are usually preferred to evaluate for stenosis of these vessels rather than ultrasound (Exception: Duplex ultrasound is indicated to rule out testicular or ovarian torsion or to evaluate an abdominal bruit or a pulsatile abdominal mass).
- Mesenteric Ischemia
  - See **Mesenteric/Colonic Ischemia (AB-6)** in the Abdomen Imaging Guidelines.

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# Thoracic Aortic Aneurysm (TAA) (PVD-6.2)

PVD.AI.0006.2.A

v1.0.2024

- Advanced imaging with a CT or MR is preferred imaging for this diagnosis. Transesophageal echocardiogram (TEE) can also be indicated for initial imaging of ascending and descending thoracic aortic aneurysms. For repeat imaging or established thoracic aneurysms, TEE is indicated **only** when imaging with CT or MR is contraindicated.
- Given the diversity of studies, pathology, and provider preference, **ONE** of the imaging studies in the Table of Thoracic Aorta Imaging Options can be approved for Thoracic Aortic Aneurysm (TAA) as indicated in this section

Table of Thoracic Aorta Imaging Options	CPT®
CT Chest with contrast	71260
CT Chest without contrast	71250
CTA Chest	71275
MRA Chest	71555
TEE	93312- 93314

- For TAA associated with a dissection, please see section **Aortic Dissection and Other Aortic Conditions (PVD-6.7)**
- For suspected TAA, any requested imaging from the Table of Thoracic Aorta Imaging Options above:
  - Abnormalities identified on chest x-ray (abnormality including widened mediastinum, suspicious calcifications) or other imaging studies (fluoroscopy, MRI Spine, etc.) abnormality.
- For known TAA accompanied with chest pain or back pain and suspicion of rupture, any requested imaging from the Table of Thoracic Aorta Imaging Options above.
- For planning for pre-thoracic endovascular repair (TEVAR) of thoracic aorta disease.
  - CTA Chest, and/or Abdomen, and/or Pelvis (CPT® 71275, CPT® 74175, CPT® 72191, CPT® 74174); or
  - MRA Chest, and/or Abdomen, and/or Pelvis (CPT® 71555, CPT® 74185, CPT® 72198).
- For follow-up of ascending aortic aneurysms CTA Chest (CPT® 71275) or CT Chest (CPT® 71250 or CPT® 71260) or MRA chest (CPT® 71555)
  - Operative treatment is reasonable for asymptomatic individuals when the diameter of the arch exceeds 5.5 cm.

- For individuals with ascending aortic aneurysms <4.0 cm in diameter
  - Repeat imaging annually
- For individuals with ascending aortic aneurysms ≥4.0 cm
  - Repeat imaging 6 months.
- TEE is indicated **only** when imaging with CT or MR is contraindicated
- For follow-up of descending aortic aneurysms, any requested imaging from the “Table of Thoracic Aorta Imaging Options” above for the following:
  - “Medically” treated/observation.
    - 3.5cm to 4.4 cm TAA can be followed annually.
    - ≥4.5 cm TAA can be followed every 6 months.
    - ≥3.0 cm TAA when there is concern for growth can have a one-time 3-month interval advanced imaging.
  - TEE is indicated **only** when imaging with CT or MR is contraindicated
- Screening in the presence of other aortic aneurysms.
  - In an individual with a known TAA, screening for AAA is indicated with an abdominal duplex. See **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)**.
  - In an individual with a known AAA, screening for TAA is not supported by sufficient evidence.
- Screening in individuals with bicuspid aortic valve or familial TAA syndromes. See **Screening for TAA with bicuspid aortic valve (PVD-2.3)**. See **Screening for Vascular related genetic connective tissue Disorders (PVD-2.2)**

### **Background and Supporting Information**

The thoracic aorta is generally divided into two segments: the ascending aorta, which includes the aortic root, aortic arch and ends just distal to the left subclavian artery and the descending aorta, which starts just distal to the left subclavian artery to the level of the diaphragm.

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# Abdominal Aortic Aneurysm (AAA) (PVD-6.3)

PVD.AD.0006.3.C

v1.0.2024

- Ultrasound abdominal aorta with any of the studies from the table of Duplex ultrasound for visceral vascular studies in **Aortic Disorders General Information (PVD-6.1)** is the preferred imaging study to:
  - Screen for AAA and
  - Survey known AAA or
  - To evaluate a pulsatile abdominal mass
- **Obese Individual (BMI ≥ 35)**: CT Abdomen and Pelvis with contrast (CPT® 74177) or without contrast (CPT® 74176) can be substituted for US using the same timeline as a non-obese individual. Ultrasound abdominal aorta should ideally first be attempted to see if the image quality is adequate
- Screening
  - One-time screening recommendations for AAA (Ultrasound CPT® 76706)
    - Individuals 65 to 75 years of age with a history of tobacco use
    - Individuals older than 75 years with a history of tobacco use and in otherwise good health who have not previously received a screening ultrasound examination
    - All first-degree relatives of individuals who present with an AAA and are between 65 and 75, or in those older than 75 in good health
  - AAA screening is reasonable with ultrasound (CPT® 76706, 93975, 93976, 93978, or 93979) if there is a documented thoracic aortic aneurysm; however, there is insufficient evidence to support the use of advanced imaging to screen for a thoracic aortic aneurysm in individuals with known abdominal aortic aneurysm.
- Surveillance recommendations for AAA (CPT® 76706, 93975, 93976, 93978, 93979)
  - >2.5 cm but <3.0 cm: 10 years
  - 3.0 cm to 3.9 cm: 3 year intervals
  - 4.0 cm to 4.9 cm: every 12 months
  - 5.0 cm to 5.4 cm: every 6 months
  - >5.4 cm or aortic diameter has increased in size by 0.5 cm in six months, or at least 1 cm in a year may undergo more frequent monitoring and should be evaluated by a Vascular Specialist
- Additional Imaging
  - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without contrast (CPT® 74176), or CTA Abdomen and Pelvis (CPT® 74174), or CTA Abdomen (CPT® 74175), or CTA Pelvis (CPT® 72191).

- Suspected or known AAA with recent-onset abdominal or back pain, particularly in the presence of a pulsatile epigastric mass or significant risk factors for AAA
- Pre-operative imaging for AAA repair

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# Iliac Artery Aneurysm (IAA) (PVD-6.4)

PVD.AD.0006.4.A

v1.0.2024

- Ultrasound (CPT® 76882 or CPT® 93925) for evaluation of a suspected IAA
  - CT Pelvis with contrast (CPT® 72193) if ultrasound is equivocal.
  - Ultrasound for follow-up imaging annually if an aneurysm is  $\geq 2$ cm
- Additional Imaging
  - CT Abdomen and Pelvis with contrast (CPT® 74177), CT Abdomen and Pelvis without and with contrast (CPT® 74178), or CTA Abdomen and Pelvis (CPT® 74174) for preoperative imaging if endovascular or open repair is being considered

## Background and Supporting Information

- Isolated IAA's are rare and are typically associated with AAA
- Approximately one third to one half of isolated IAA's are bilateral at time of presentation
- Abdominal Aortic aneurysm rupture usually occurs at a diameter of 5 cm or larger, whereas common iliac aneurysms that are less than 3 cm in diameter almost never rupture

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# Aortic and Arterial Dissection and Other Aortic Conditions (PVD-6.7)

PVD.AD.0006.7.A

v1.0.2024

Imaging for Aortic conditions	CPT <sup>®</sup>
CT Chest, and/or Abdomen, and/or Pelvis	71260
	74177
	74160
	72193
CTA Chest, and/or Abdomen, and/or Pelvis	71275
	74175
	72191
	74174
MRA Chest, and/or Abdomen, and/or Pelvis	71555
	74185
	72198

- CTA or MRA of the entire aorta (including arch branches) and extending through the femoral arteries for suspected aortic dissection. Any of the following studies can be used if acute dissection is suspected:
  - CT Chest (CPT<sup>®</sup> 71260 or CPT<sup>®</sup> 71270) and/or one of the following:
    - CT Abdomen (CPT<sup>®</sup> 74160 or CPT<sup>®</sup> 74170) with or without and with contrast
    - CT Pelvis (CPT<sup>®</sup> 72193 or CPT<sup>®</sup> 72194) with or without and with contrast
    - CT Abdomen and Pelvis (CPT<sup>®</sup> 74177 or CPT<sup>®</sup> 74178) with or without and with contrast
  - CTA Chest (CPT<sup>®</sup> 71275) and/or **one** of the following:
    - CTA Abdomen (CPT<sup>®</sup> 74175)
    - CTA Pelvis (CPT<sup>®</sup> 72191)
    - CTA Abdomen and Pelvis (CPT<sup>®</sup> 74174)
  - MRA Chest and/or Abdomen and/or Pelvis (CPT<sup>®</sup> 71555 and/or CPT<sup>®</sup> 74185 and/or CPT<sup>®</sup> 72198)
- Chronic Aortic Dissections- 1/3 of individuals with chronic type B dissections that were not treated via open or endovascular repair will go on to develop aneurysmal disease requiring subsequent intervention.

- Advanced imaging of the affected segment of the aorta with any of the studies in above table **Imaging for Aortic conditions** can be performed as follows:
  - In individuals with a persistent false lumen or initial aortic diameter of  $\geq 4$ cm:
    - Every 6 months for two years until stability has been reached
    - Then annually
  - In individuals with initial aortic diameter of  $< 4$ cm and/or a thrombosed false lumen:
    - Annually
  - Any time if the individual is symptomatic with chest pain, back pain or has any evidence of end organ ischemia: renal dysfunction, mesenteric ischemia or acute limb ischemia
- In individuals with Marfan syndrome/Loeys-Dietz/Ehlers-Danlos
  - As aneurysmal expansion within a dissection can occur rapidly, post-dissection imaging in these individuals is indicated as follows:
    - 1 month
    - 3 months
    - 6 months
    - 12 months
    - yearly thereafter
  - Depending on the location of the dissection the following may be approved:
    - CTA or MRA Head (CPT<sup>®</sup> 70496 or CPT<sup>®</sup> 70544)
    - Carotid duplex or CTA Neck or MRA Neck (CPT<sup>®</sup> 93980, CPT<sup>®</sup> 70498, or CPT<sup>®</sup> 70547)
    - CTA or MRA Chest (CPT<sup>®</sup> 71275 or CPT<sup>®</sup> 71555)
    - CTA Abdomen and Pelvis (CPT<sup>®</sup> 74174); or CTA or MRA Abdomen (CPT<sup>®</sup> 74175 or CPT<sup>®</sup> 74185); or CTA or MRA Pelvis (CPT<sup>®</sup> 72191 or CPT<sup>®</sup> 72198)
- Asymptomatic incidentally found arterial dissections not affecting the aorta including but not excluded to iliac arteries, visceral arteries, extracranial arteries can be imaged according to the general schedule:
  - Within one month of discovery
  - Six months
  - 12 months
  - No further imaging after 12 months if noted to be stable
- Asymptomatic penetrating aortic ulcers can be imaged according to the following time intervals:
  - Within one month of discovery
  - Three months
  - Six months
  - Twelve months
  - Annually until decision made to intervene

## Background and Supporting Information

Classic symptoms of sharp, severe acute onset of retrosternal or interscapular chest pain is seen in 96% and is best adapted to the emergent setting. Chest x-ray is imprecise; any suspicion should be considered since up to 10% of individuals with aortic dissection present without classic symptoms.

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# Post Aortic Endovascular/Open Surgery Surveillance Studies (PVD-6.8)

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- Aortic root/ascending aortic aneurysm/aortic dissection repair - post-operative echocardiography (TEE/TTE) is indicated:
  - Every three months for the first year
  - Every six months during the second year
  - Annually thereafter
- Open descending thoracic aortic aneurysm repair - **One** of the following post-operative studies [CT Chest with contrast (CPT® 71260) **or** CT Chest without contrast (CPT® 71250) **or** CTA Chest (CPT® 71275)], is indicated as follows:
  - 3-6 months post-procedure
  - 12 months post-procedure
  - Every two years thereafter
- Open Aortic Abdominal Aneurysm Repair - contrast and non-contrast enhanced CT of the entire aorta (CPT® 74176, CPT® 74177, CPT® 74174):
  - Every 5-years
  - As requested to assess for suspected infection of the graft (see **Nuclear Medicine Imaging indications (PVD-10.1)** for nuclear medicine imaging for vascular graft infection).

## Post-operative surveillance after TEVAR for any indication (PVD-6.8.1)

Imaging for post-operative TEVAR	CPT®
CT Chest, and/or Abdomen, and/or Pelvis	71260
	74177
	74160
	72193
CTA Chest, and/or Abdomen, and/or Pelvis	71275
	74175
	72191
	74174

Imaging for post-operative TEVAR	CPT®
MRA Chest, and/or Abdomen, and/or Pelvis	71555
	74185
	72198

- ANY of the above studies listed in the table can be performed at one month, six months, twelve months and then annually
- Abdomen and Pelvis imaging is indicated only if TEVAR performed for a dissection that extends into the abdomen or pelvis

### Post-operative surveillance after abdominal EVAR (endovascular aneurysm repair) (PVD-6.8.2)

Imaging for post-operative abdominal EVAR	CPT®
CT Abdomen and/or Pelvis with contrast	74160
	72193
	74177
CT Abdomen and/or Pelvis without and with contrast	74170
	72194
	74178
CTA Abdomen and/or Pelvis	74175
	72191
	74174
MRA Abdomen and/or Pelvis	74185
	72198

- CT as per above coding as requested and color duplex ultrasound (CPT® 93975, CPT® 93976, CPT® 93978, or CPT® 93979) one month after EVAR
- If no endoleak, or sac enlargement, repeat **either** preferred CT or duplex ultrasound (**but not both**) at 12 months
- If a type II endoleak is observed 1 month after EVAR, may approve **BOTH at 6 months**:
  - Any of the above CT with contrast
  - Color duplex US
- If no endoleak or AAA sac enlargement is detected at 1 year after EVAR annual surveillance with:
  - Color duplex US

- If DGUS is not available, any of the above CT can be performed
- If a type II endoleak is associated with an aneurysm sac that is shrinking or stable in size:
  - Continue surveillance with color duplex US every 6 months for 2 years
  - Annually thereafter.
- If US detects a new endoleak, graft migration, or aneurysm sac growth > 5mm:
  - Any of the above CT scan as requested.
  - Non-contrast CT of the entire aorta at 5-year intervals (CPT®74176)

### Post-endoleak intervention surveillance imaging

Surveillance imaging after EVAR or any subsequent endoleak intervention is based on the most recent intervention unless it increases the frequency of interval imaging of prior established interval

For any subsequent interventions for endoleak repair, imaging can be obtained at 1 month with CT and then follow protocol as above.

### Endovascular (Stent) Iliac Repair (PVD-6.8.3)

Imaging for endovascular iliac repair (stent)	CPT®
CT Pelvis	72193
	72194
CTA Pelvis	72191
MRA Pelvis	72198

- One of the above studies can be performed for endovascular iliac repair (stent)
- If performed in conjunction with EVAR, surveillance can follow the same schedule as EVAR.
- For isolated iliac artery aneurysm repair, surveillance can be performed with an arterial duplex (CPT® 93975, CPT® 93976, CPT® 93978, or CPT® 93979) or CT or MR as above if duplex unavailable:
  - Post-operatively within the first month
  - 6 months after endovascular treatment
  - Annually

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# Large Vessel Vasculitis (PVD-6.9)

PVD.AD.0006.9.A

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- Large vessel vasculitis is generally sub-grouped into three areas
  - Aortitis (Inflammatory Aortitis)
  - Giant Cell Vasculitis
  - Takayasu Arteritis

## Inflammatory Aortitis (PVD-6.9.1)

Imaging for Inflammatory Aortitis	CPT®
CTA Chest	71275
MRA Chest	71555
CTA Pelvis	72191
MRA Pelvis	72198
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Abdomen	74185

## Initial imaging

- Initial imaging with CTA or MRA of the affected body region is considered medically necessary after the following workup:
  - Lab studies: CBC, CMP, elevated inflammatory markers such as ESR or CRP
  - Clinical history suggestive of disease listed below in **Background and Supporting information**
  - PET/CT is considered **not medically necessary** for management of pediatric vasculitis at this time.

## Repeat imaging

- Follow-up imaging with CTA or MRA of the affected body region is considered medically necessary for:
  - Change in signs/symptoms
  - Known aneurysm monitoring
    - See **Aneurysm and AVM (HD-12)** in the Head Imaging Guidelines
    - See **Thoracic Aortic Aneurysms (PVD-6.2)**
    - See **Abdominal Aortic Aneurysms (PVD-6.3)**

### Background and Supporting Information

Aortitis may be congenital (Marfan's, Hypermobility Syndromes, others) or acquired, including traumatic, atherosclerotic (dissecting aneurysm, other), infectious (syphilis, tuberculosis, other), neoplastic or inflammatory (Ankylosing Spondylitis, Giant Cell Arteritis, Cogan's, Relapsing Polychondritis, Behcet's Syndrome, Polyarteritis Nodosa, Granulomatous Polyangiitis, Lupoid, idiopathic, other).

### Giant Cell Arteritis (GCA) (PVD-6.9.2)

Imaging for Giant Cell Arteritis	CPT®
CTA Chest	71275
MRA Chest	71555
CTA Pelvis	72191
MRA Pelvis	72198
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Abdomen	74185
MRA Head without contrast	70544
MRA Head with contrast	70545
MRA Neck without contrast	70547
MRA Neck with contrast	70548
CTA Neck	70498
PET/CT skull base to mid-thigh	78815

### Initial imaging

- GCA may be subdivided into two basic types; Cranial and Extra-cranial
  - **Cranial GCA** is the more common type with temporal artery involvement. For predominantly Cranial GCA:
    - US (CPT® 93880 or CPT® 93882) of the temporal (and or axillary) arteries is the preferred modality. Ultrasound should be considered prior to advanced imaging.
    - MRA Head and/or MRA Neck (CPT® 70544, or CPT® 70545, or CPT® 70547, or CPT® 70548) may be considered when:
      - Vascular trained ultrasonography is not available
      - US is negative or equivocal with a clinical suspicion of GCA

- CT and PET are **not** currently recommended for the assessment of inflammation of cranial arteries.

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**Note** For suspected cerebral vasculitis in individuals with neurologic symptoms, see **Cerebral Vasculitis (HD-22)** in the Head Imaging Guidelines

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- **Extra-cranial GCA:** less commonly encountered. None of the “classic” clinical signs or symptoms of cranial GCA are present initially but may develop later.
  - Extra-cranial GCA is characterized by at least two or more of the following:
    - Jaw and/or upper extremity claudication
    - Fever/weight loss or fever of unknown origin (FUO) symptoms
    - New murmurs
    - Pulse asymmetry
    - Abdominal pain
    - Pulsatile mass
    - High inflammatory markers such as CRP or ESR > 50 mm/h
  - Imaging for aortic root, arch or abdomen involvement:
    - MRA Chest (CPT® 71555), MRA Neck (CPT® 70547), MRA Abdomen (CPT® 74185), CTA Chest (CPT® 71275), CTA Neck (CPT® 70498) or CTA Abdomen (CPT® 74175)
    - PET (CPT® 78815) is indicated if MRA or CTA are non-diagnostic and there is still suspicion for aortic root, arch or abdomen involvement

### Repeat imaging

- Follow-up imaging is indicated for **any** of the following:
  - One-time documentation of remission or disease control
  - Change in signs/symptoms suggesting progression of disease
  - Although individuals with GCA can develop aortic aneurysms over time screening in the absence of signs or symptoms is not medically necessary
  - In individuals with known thoracic or abdominal aortic aneurysm:
    - See **Thoracic Aortic Aneurysm (TAA) (PVD-6.2)** for thoracic aneurysm surveillance
    - See **Abdominal Aortic Aneurysm (AAA) (PVD-6.3)** for abdominal aneurysm surveillance.
- Follow-up imaging is not routinely recommended for individuals in clinical and biochemical remission or without aneurysm/complication.

### Background and supporting information

Giant Cell Arteritis is the most commonly encountered vasculitis in adults. Although classically thought of as a disease of the temporal arteries, aortic arch involvement is

now recognized as a frequent complication (up to 50% of individuals) and responsible for many of the more serious morbidities encountered such as blindness.

### Takayasu Arteritis (PVD-6.9.3)

Imaging for Takayasu Arteritis	CPT®
CTA Chest	71275
CTA Pelvis	72191
CTA Abdomen and Pelvis	74174
CTA Abdomen	74175
MRA Chest	71555
MRA Pelvis	72198
MRA Abdomen	74185

#### Initial imaging

- Initial imaging is indicated for signs and symptoms suggestive of disease such as absent radial pulse, difficulty obtaining BP in one arm, or unexplained hypertension.
- Any of the following modalities may be indicated for evaluation of Takayasu arteritis:
  - MRA of the affected body area(s) (contrast as requested)
  - CTA of the affected body area(s) (contrast as requested)
  - Ultrasound with Doppler of the affected body area(s)

#### Repeat imaging

Repeat imaging is indicated at the following intervals:

- Every 3 months to monitor treatment response during active treatment with systemic therapy.
- Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention

#### References (PVD-6.9)

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## Medium Vessel Vasculitis (PVD-6.10)

PVD.AD.0006.10.A

v1.0.2024

- There are two main types of medium-size vessel vasculitis:
  - Polyarteritis nodosa
  - Kawasaki disease

### Kawasaki disease

- Imaging guidelines for Kawasaki Disease are addressed in **Kawasaki Disease (PEDCD-6)** in the Pediatric Cardiac imaging guideline
- Long-term routine surveillance imaging in asymptomatic Kawasaki disease is indicated as follows:

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
All			All risk levels 4-6 weeks after acute illness		
1	Normal	Normal	One echo 2- 12 months after acute illness	none	none
2	Dilation	Dilation	6 months  One year  If dilation remains echo every 2-5 years until resolves	None	None

AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
		Normal	After acute illness: 2-12 months  One echocardiogram at one year  No echocardiogram after one year		
3.1	Small	Small	6 months 12 months then yearly	2-3 years	3-5 years
3.2	Small	Normal or dilated	6 months 12 months Then yearly	3-5 years	none
4.1	Medium	Medium	3 months 6 months 12 months Every 6-12 months after that	1-3 years	2-5 years
4.2	Medium	Small	6 months and 12 months, every 1 year	2-3 years	3-5 years
4.3	Medium	Normal Or Dilated	Every 1-2 years	2-4 years	none



AHA risk level	Largest Aneurysm At Any Point	Largest Current Aneurysm	Routine Echo	Routine Stress Imaging	Routine Coronary Imaging
5.1	Large	Large	1 month 3 months 6 months 9 months 12 months Then every 3-6 months	6-12 months	at 2-6 months, every 1-5 years
5.2	Large	Medium	Every 6-12 months	yearly	2-5 years
5.3	Large	Small	6-12 month	1-2 years	2-5 years
5.4	Large	Normal Or Dilation	1-2 years	2-5 years	none

## Polyarteritis Nodosa

### Initial imaging

Any **ONE** of the following modalities is indicated for documented clinical suspicion of Polyarteritis Nodosa:

- MRA of the affected body area(s) (contrast as requested)
- CTA of the affected body area(s) (contrast as requested)
- Ultrasound (US) with Doppler of the affected body area(s)

### Repeat imaging

Imaging with MRA, CTA, or US with Doppler of the affected body area(s) is indicated for established Polyarteritis Nodosa as follows:

- Every 3 months during active treatment with systemic therapy to evaluate treatment response
- Annually for surveillance of known involved body areas to detect progressive vascular damage that may require intervention

**Background and supporting information**

- Based on AHA recommendations, the following classifications are used in risk stratification of coronary artery abnormalities<sup>4</sup>
  - Z-Score classification accounts for the effects of body size and age through use of baseline coronary dimensions adjusted for body surface area. The Z score value represents the number of standard deviation above the mean. (e.g., z=0 pt. has coronary artery dimension value equal to mean, z=2 person has value 2 standard deviation above the mean, based on age, gender, BSA).
  - Coronary Artery Abnormalities Risk Classification based on Z-Score:
    - 1 - No involvement at any time point (Z score always <2)
    - 2 - Dilation only (Z score 2 to <2.5)
    - 3 - Small aneurysm (Z score  $\geq 2.5$  to <5)
      - 3.1 - Current or persistent
      - 3.2 - Decreased to dilation only or normal luminal dimension
    - 4 - Medium aneurysm (Z score  $\geq 5$  to <10, and absolute dimension <8 mm)
      - 4.1 - Current or persistent
      - 4.2 - Decreased to small aneurysm
      - 4.3 - Decreased to dilation only or normal luminal dimension
    - 5 - Large and giant aneurysm (Z score  $\geq 10$ , or absolute dimension  $\geq 8$  mm)
      - 5.1 - Current or persistent
      - 5.2 - Decreased to medium aneurysm
      - 5.3 - Decreased to small aneurysm
      - 5.4 - Decreased to dilation only or normal luminal dimension
  - Additional clinical features that may increase the long-term risk of myocardial ischemia
    - Greater length and distal location of aneurysms that increase the risk of flow stasis
    - Greater total number of aneurysms
    - Greater number of branches affected
    - Presence of luminal irregularities
    - Abnormal characterization of the vessel walls (calcification, luminal myofibroblastic proliferation)
    - Presence of functional abnormalities (impaired vasodilation, impaired flow reserve)
    - Absence or poor quality of collateral vessels
    - Previous revascularization performed
    - Previous coronary artery thrombosis
    - Previous myocardial infarction

<sup>4</sup> Mccrindle BW, Rowley AH, Newburger JW, et al. Diagnosis, Treatment, and Long-Term Management of Kawasaki Disease: A Scientific Statement for Health Professionals from the American Heart Association. *Circulation*. 2017;135(17). doi:10.1161/cir.0000000000000484.

- Presence of ventricular dysfunction

# Small Vessel Vasculitis (PVD-6.11)

PVD.AD.0006.11.A

v1.0.2024

- Advanced imaging is not sensitive enough to detect changes in small vessels, and is not indicated for primary assessment of any small vessel vasculitis.
- End-organ damage occurs with several of the small vessel vasculitides. Advanced imaging indicated for the following:
  - Henoch-Schönlein Purpura (HSP)
  - Granulomatosis with polyangiitis (GPA, formerly known as Wegener's granulomatosis)
  - Eosinophilic granulomatosis with polyangiitis (EGPA, formerly known as ChurgStrauss Syndrome)
  - Immune complex associated small-vessel vasculitis [immunoglobulin A-associated vasculitis (IgAV)]

## IgA vasculitis Henoch-Schönlein Purpura (HSP)

### Initial imaging

Ultrasound (US) Abdomen (CPT® 76700) is indicated to evaluate possible gastrointestinal complications of known or suspected HSP including **any** of the following:

- Bowel wall edema and hemorrhage
- Intussusception

CT Abdomen with contrast (CPT® 74160) if additional information is needed after ultrasound for management

### Repeat imaging

US Abdomen (CPT® 76700) is indicated for known HSP to evaluate new or worsening gastrointestinal symptoms

### *Background and Supporting Information*

Henoch-Schönlein Purpura (HSP) is the most common vasculitis of childhood, mainly involving small blood vessels. .

### **Granulomatosis with polyangiitis (GPA) formerly Wegener's granulomatosis**

**Initial imaging**

CT Sinuses (CPT® 70486) and/or CT Chest without contrast (CPT® 71250) or with contrast (CPT® 71260) is indicated to evaluate the extent of the disease

**Repeat imaging**

CT Sinuses (CPT® 70486) and/or CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is indicated for **any** following:

- New or worsening clinical symptoms affecting the body area requested
- Assess response to medical therapy when a change in treatment regimen is being considered
- Annually-to evaluate the extent of disease

**Eosinophilic granulomatosis with polyangiitis (EGPA) formerly Churg-Strauss Syndrome****Initial imaging**

- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is indicated in the initial evaluation of Eosinophilic granulomatosis with polyangiitis (EGPA) formerly known as Churg-Strauss Syndrome.

**Repeat imaging**

- CT Chest without contrast (CPT® 71250) or CT Chest with contrast (CPT® 71260) is indicated for any of the following:
  - New or worsening clinical symptoms affecting the body area requested
  - Assess response to medical therapy when a change in treatment regimen is being considered
  - Annually-to evaluate the extent of disease

**Immune complex associated small-vessel vasculitis****Initial imaging**

- Doppler ultrasound (US) of the affected body part (most commonly abdomen) is indicated in the initial evaluation of immune complex associated small-vessel vasculitis

## Repeat imaging

- Doppler ultrasound (US) of the affected body part (most commonly abdomen) is indicated in the following circumstances
  - New or worsening clinical symptoms affecting the body area requested
  - To assess response to medical therapy when a change in treatment is being considered
  - Annually-to evaluate the extent of disease

## References (PVD-6.9)

1. Anderson JL, Halperin JL, Albert N, et al. Management of Patients with Peripheral Artery Disease (Compilation of 2005 and 2011 ACCF/AHA Guideline Recommendations). *J Am Coll Cardiol*. 2013;61(14):1555-1570. doi:10.1016/j.jacc.2013.01.004.
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3. Persu A, Giavarini A, Touzé E, et al. European consensus on the diagnosis and management of fibromuscular dysplasia. *Journal of Hypertension*. 2014;32(7):1367-1378. doi:10.1097/hjh.0000000000000213.
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8. Soussan M, Nicolas P, Schramm C, et al. Management of Large-Vessel Vasculitis With FDG-PET. *Medicine*. 2015;94(14). doi:10.1097/md.0000000000000622.
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# Peripheral Arterial Imaging

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# Upper Extremity PVD – Imaging (PVD-4.1)

PVD.AI.0004.1.A

v1.0.2024

## Initial Imaging

- Arterial ultrasound upper extremities (CPT® 93930 or CPT® 93931) for signs and symptoms of arterial insufficiency including:
  - Arm or hand claudication, cramping or fatigue of the unilateral extremity with use or with raising limb overhead that is relieved with rest and is reproducible. See **Subclavian Steal Syndrome (CH-27)** in the Chest Imaging Guidelines
  - Systolic blood pressure differential between arms of >15mmHg. See **Subclavian Steal Syndrome (CH-27)** in the Chest Imaging Guidelines
  - Bluish discoloration of the hand or fingers
  - Unilateral cold, painful, pulseless hand
  - Non-healing wound (>2 weeks with no healing or evidence of healing) or frank gangrene
- CTA Upper extremity (CPT® 73206) or MRA of Upper extremity (CPT® 73225), **and/or** CTA Chest (CPT® 71275) or MRA Chest (CPT® 71555) for:
  - Abnormal results
  - Equivocal results
  - Pre-operative planning
- For suspected Fibromuscular Dysplasia of the brachial artery, appropriate studies include:
  - MRA Upper extremity (CPT® 73225)
  - CTA Upper extremity (CPT® 73206)
  - Arterial Ultrasound (CPT® 93930 bilateral study or CPT® 93931 unilateral study)

## Post-revascularization

- Arterial Duplex (CPT® 93931) can be obtained following upper extremity arterial revascularization at:
  - Baseline (within one month)
  - 6 months
  - Then annually if stable
  - Anytime for new or worsening symptoms of arterial insufficiency

## References (PVD-4)

1. Skeik N, Soo-Hoo SS, Porten BR, et al. Arterial Embolisms and Thrombosis in Upper Extremity Ischemia. *Vascular and Endovascular Surgery*. 2015;49(5-6):100-109. doi:10.1177/1538574415596740.
2. Desjardins B, Rybicki FJ, Kim HS, et al. ACR Appropriateness Criteria® Suspected Upper Extremity Deep Vein Thrombosis. *J Am Coll Radiol* 2012;9(9):613-619. doi:10.1016/j.jacr.2012.05.021.



3. Kraaijpoel N, Es NV, Porreca E, Büller HR, Nisio MD. The diagnostic management of upper extremity deep vein thrombosis: A review of the literature. *Thrombosis Research*. 2017;156:54-59. doi:10.1016/j.thromres.2017.05.035.
4. Hughes K, Cubangbang M, Blackman K, et al. Upper Extremity Bypass for Chronic Ischemia—A National Surgical Quality Improvement Program Study Database Study. *Vascular and Endovascular Surgery*. 2013;47(3):192-194. doi:10.1177/1538574413478472.

# Renovascular Hypertension/Renal Artery Stenosis (PVD-6.6)

PVD.AI.0006.6.A

v1.0.2024

## Initial imaging

- MRA Abdomen (CPT® 74185) or CTA Abdomen (CPT® 74175) or US kidney retroperitoneal (CPT® 76775) and/or Doppler (CPT® 93975, 93976, 93978, or 93979 if expertise is available) are indicated when there is documentation of **any** of the following:
  - Individual is adherent to full doses of three blood pressure medications (including a diuretic) yet has still not achieved goal
  - Sudden and persistent worsening of previously controlled hypertension
  - Onset of hypertension younger than 30 years of age
  - Malignant hypertension with coexistent evidence of acute end-organ damage (acute renal failure, new visual or neurological disturbance and/or advanced retinopathy) or flash pulmonary edema
  - Individuals who develop hypertension ( $\geq 140/90$ ) within the first 20 weeks of pregnancy when hypertension persists  $>12$  weeks post-partum
  - New or worsening renal function/increasing creatinine (especially after the administration of an ACE inhibitor or with angiotensin receptor blocking agent)
- Carotid duplex (CPT® 93880) is reasonable to screen for carotid involvement in individuals with documented or highly suspicious renal artery stenosis due to fibromuscular dysplasia (mostly women between 15 and 50 years of age).

## Screening

CTA Abdomen (CPT® 74175) or MRA Abdomen (CPT® 74185) to screen for renovascular fibromuscular dysplasia in hypertensive individuals with documented cervicocephalic fibromuscular dysplasia. The assessment of other vascular beds should be considered if supported by suggestive symptoms or medical history.

Carotid duplex (CPT® 93880) is reasonable to screen for carotid involvement in individuals with documented or highly suspicious renal artery stenosis due to fibromuscular dysplasia (mostly women between 15 and 50 years of age)

**Repeat imaging post revascularization**

- CTA Abdomen (CPT® 74175), or MRA Abdomen (CPT® 74185), or CT Abdomen with contrast (CPT® 74160) is indicated after stent placement at the following intervals:
  - 1 month post-procedure
  - 6 months post-procedure
  - 12 months post-procedure
  - Then annually

**Background and Supporting Information**

Renal artery revascularization has **not** been shown to be more effective than medical therapy in most situations and should not be pursued except in extreme cases, or if there is concern for Takayasu arteritis or fibromuscular dysplasia.

Gadolinium agents may be contraindicated in individuals with severe renal disease or on dialysis due to the risk of developing nephrogenic systemic sclerosis

**References (PVD-6.6)**

1. Harvin HJ, Verma N, Nikolaidis P, et al. ACR Appropriateness Criteria® Renovascular Hypertension. *J Am Coll Radiol*. 2017;14(11). doi:10.1016/j.jacr.2017.08.040..
2. Moser M, Setaro JF. Resistant or Difficult-to-Control Hypertension. *N Engl J Med*. 2006;355(4):385-392. doi:10.1056/nejmcp041698.
3. Whelton PK, Carey RM, Aronow WS, et al. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018;71(6). doi:10.1161/hyp.000000000000065.
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# Visceral Artery Aneurysm (PVD-6.5)

PVD.AD.0006.5.A

v1.0.2024

- Treatment is generally indicated for visceral aneurysms  $\geq 2$ cm.
- Workup for suspected visceral artery aneurysm (spleen, kidney, liver or intestines) if calcifications seen on plain film imaging can include:
  - Ultrasound (CPT<sup>®</sup> 76700, 76705, 93975, 93976, 93978, or 93979), or
  - CTA Abdomen (CPT<sup>®</sup> 74175), or
  - CT Abdomen with contrast (CPT<sup>®</sup> 74160).
- Ultrasound (CPT<sup>®</sup> 76700, 76705, 93975, 93976, 93978, or 93979) **or** CTA Abdomen (CPT<sup>®</sup> 74175) **or** CT Abdomen with contrast (CPT<sup>®</sup> 74160) for further monitoring based on the intervals below or as determined by a vascular specialist or any provider in consultation with a vascular specialist:
  - Splenic artery aneurysms:
    - $< 20$ mm can be imaged every three years
    - 20mm to 29mm can be imaged annually
    - If  $\geq 30$ mm, they should be referred for treatment, either stent, excision or splenectomy
  - For all other visceral artery aneurysms:
    - Initial evaluation with six-month follow-up for one year
    - Further follow-up annually if no significant enlargement is seen
- CTA Abdomen (CPT<sup>®</sup> 74175), MRA Abdomen (CPT<sup>®</sup> 74185), or CT Abdomen with contrast (CPT<sup>®</sup> 74160) are indicated following stent placement at:
  - 1 month
  - 6 months
  - 12 months
  - Then every year

## Background and Supporting Information

- Splenic artery aneurysms, the most common (60%), tend to exhibit very slow rates of growth, while the other visceral artery aneurysms are more unpredictable in their rate of growth with a greater tendency to rupture.
- Visceral Artery Aneurysms are defined by an increase of more than 50% of the original arterial diameter and include hepatic, renal and intestinal artery aneurysms.
- Vascular specialty consultation is beneficial in order to determine the time-frame to intervention.

## References (PVD-6.5)

1. Alcantara S, Yank CK. The evidence for nonoperative management of visceral arterial dissections. A single center experience. *Annals of Vasc Surg* 2015; 29: 103–108.

2. Chaer R, Abularrage C, Coleman D et al. The Society for Vascular Surgery clinical practice guidelines on the management of visceral aneurysms. *Journal of Vasc Surg* 2020;72:3S-39S.

# Median Arcuate Ligament Syndrome, Nutcracker Syndrome and other Abdominal Vascular Compression Syndromes (PVD-18)

PVD.AI.0018.A

v1.0.2024

## Median Arcuate Ligament Syndrome

### Codes included

CPT®	Description
74175	Computed tomographic angiography, abdomen, with contrast material(s), including noncontrast images, if performed, and image postprocessing
74185	Magnetic resonance angiography, abdomen, with or without contrast material(s)
93975	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study
93976	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study

### Initial Imaging

- Duplex Doppler Ultrasound of Mesenteric Arteries (CPT® 93975 or 93976) is indicated as the initial imaging
- CTA or MRA Abdomen (CPT® 74175 or 74185) is indicated for **either**:
  - US results are equivocal
  - Preoperative planning

### Repeat imaging

- Surveillance imaging is not indicated post-operatively in the absence of abdominal symptoms.

### Background and supporting information

A non-atherosclerotic cause of chronic mesenteric ischemia.

Patients are typically younger with an average age range of 30-50 years old and a female to male ratio of 4:1

Patients may have symptoms of postprandial abdominal pain, nausea, vomiting, food aversion, weight loss. Symptoms are nonspecific, so MALS may be considered a diagnosis of exclusion.

Imaging will demonstrate compression of the celiac artery by fibers of the median arcuate ligament, but this is a nonspecific finding and may be seen in the asymptomatic population.

Pathophysiologically related to foregut ischemic from compression of the celiac artery; may also be related to neuropathic pain secondary to compression of the celiac ganglion.

Treatment is generally surgical, via a variety of approaches.

## References

1. Columbo JA, Trus T, Nolan B, et al. Contemporary management of median arcuate ligament syndrome provides early symptom improvement. *J Vasc Surg.* 2015;62(1):151-156. doi:10.1016/j.jvs.2015.01.050.
2. Goodall R, Langridge B, Onida S, Ellis M, Lane T, Davies AH. Median arcuate ligament syndrome. *J Vasc Surg.* 2020;71(6):2170-2176. doi:10.1016/j.jvs.2019.11.012.
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5. Expert Panels on Vascular Imaging and Gastrointestinal Imaging.; Ginsburg M, Obara P, et al. ACR Appropriateness Criteria® Imaging of Mesenteric Ischemia. *J Am Coll Radiol.* 2018;15(11S):S332-S340. doi:10.1016/j.jacr.2018.09.018.

## Left Renal Vein Compression (“Nutcracker”) Syndrome

Codes included

CPT®	description
93975	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; complete study
93976	Duplex scan of arterial inflow and venous outflow of abdominal, pelvic, scrotal contents and/or retroperitoneal organs; limited study
74174	Computed tomographic angiography, abdomen and pelvis, with contrast material(s), including noncontrast images, if performed, and image postprocessing
72198	Magnetic resonance angiography, pelvis, with or without contrast material(s)
74185	Magnetic resonance angiography, abdomen, with or without contrast material(s)

### Initial Imaging

- Abdominal duplex (CPT® 93975 or 93976) is indicated as the initial imaging to confirm left renal vein compression syndrome.
- CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) is indicated for preoperative planning when left renal vein compression syndrome is confirmed by duplex ultrasound.

### Repeat imaging

- Postoperative follow up imaging is not indicated in the absence of symptomatology.

### Background and supporting information

Patients may present with symptoms related to compression of the left renal vein between the aorta and superior mesenteric artery. A less common presentation (“posterior nutcracker syndrome”) is related to compression of a retroaortic (or circumaortic) left renal vein between the aorta and vertebral body.

The radiologic finding may be asymptomatic or considered a normal variant.

Signs/symptoms may include hematuria, proteinuria, flank pain, pelvic congestion/ associated pain in females, varicocele in males.

There may be an overlap in symptom complex with patients who have pelvic congestion syndrome, iliac vein compression (May-Thurner).

There is no single accepted treatment modality. Approaches will range from conservative/medical (esp in younger patients), to endovascular, to open/laparoscopic/robotic surgical.

### References

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# Lower Extremity Artery Aneurysms (PVD-7.4)

PVD.AI.0007.4.A

v1.0.2024

- For Iliac artery aneurysm see **Iliac Artery Aneurysm (IAA) (PVD-6.4)**
- Femoral artery aneurysm
  - Initial imaging
    - Ultrasound (CPT® 93925 bilateral study or CPT® 93926 unilateral study).
  - Surveillance imaging
    - Symptomatic true femoral aneurysms smaller than 2.5 cm in diameter
      - Ultrasound (CPT® 93926 unilateral study) annually
    - Symptomatic true femoral aneurysms larger than 2.5 cm
      - Ultrasound (CPT® 93926 unilateral study) every 6 months
  - Other imaging
    - CTA or MRA Lower extremity (CPT® 73706 or 73725 or 74198 or 75635):
      - Preoperative study for individuals with no plans for invasive angiography
      - Technically limited or abnormal ultrasound results
- Popliteal artery aneurysm
  - Initial imaging
    - Ultrasound (CPT® 93925 bilateral study or CPT® 93926 unilateral study) and Ultrasound to assess for a contralateral popliteal aneurysm and abdominal aortic aneurysm (CPT® 76770 or CPT® 76775)
  - Surveillance imaging
    - Ultrasound (CPT® 93926 unilateral study) annually
    - Post-interventional functional testing (ABI) (CPT® 93922) may be useful as clinically indicated
  - Other imaging
    - CTA or MRA (CPT® 73706 or 73725 or 74185 or 75635) for:
      - Preoperative study
      - Technically limited or abnormal ultrasound results

## References (PVD-7.4)

1. Hall HA, Minc S, Babrowski T. Peripheral artery aneurysm. *Surg Clin North Am.* 2013;93(4):911-ix. doi:10.1016/j.suc.2013.04.008.
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# Claudication and Critical Limb Ischemia (PVD-7.1)

PVD.AI.0007.1.A

v1.0.2024

- Resting ABI for initial evaluation of suspected PAD. This can be accomplished at the bedside as part of the physical examination or requested as CPT® 93922 (limited Doppler ultrasound) or CPT® 93923 (multi-level complete Doppler ultrasound)
  - CPT® 93923 may be performed once
  - Follow-up studies may be performed with CPT® 93922
  - Post-exercise ABI (CPT® 93924) can be performed if the resting ABI is >0.89 and PAD is still highly suspected clinically.
- History and physical suggestive of PAD include:
  - History
    - Claudication- reproducible calf or thigh cramping with exertion that is relieved completely with rest
    - Critical limb ischemia
    - Rest pain suggestive of ischemia-pain in the ball of foot when the leg is in an elevated position particularly at night
    - Distal non-healing wound or punched out ulcer with sharply demarcated edges present for >2 weeks with no evidence of healing, i.e. presence of granulation tissue
  - Physical Examination
    - Abnormal lower extremity pulse examination
    - Vascular bruit
    - Non-healing lower extremity wound
    - Lower extremity gangrene
    - Other suggestive lower extremity physical findings (e.g., elevation pallor/dependent rubor)
    - Atrophic nails, hair loss, shiny skin
- If resting ABI (CPT® 93922) is normal (0.9 to 1.3) and disease is still suspected:
  - Differentiate from “pseudoclaudication”. See **Lumbar Spinal Stenosis (SP-9)** in the Spine Imaging Guidelines
  - Re-measure ABI after exercise (CPT® 93924)
  - A TBI (toe-brachial index) may be used as further screening in individuals with ABI's  $\geq 1.4$
  - Advanced imaging is necessary only if there is consideration for invasive therapy not to confirm diagnosis

- Duplex ultrasound (CPT® 93925 bilateral study or CPT® 93926 unilateral study) and Doppler studies are adjuncts to abnormal ABI that may be used to identify location and extent of disease once there has been a decision for revascularization.
- MRA Aorta and Pelvic vessels, and Lower extremities (CPT® 74185, CPT® 73725 and CPT® 73725), **or** CTA with run-off (CPT® 75635) to further evaluate the lower extremity arteries for **ANY** of the following:
  - Potentially limb-threatening vascular disease evidenced by:
    - Skin breakdown
    - Non-healing ischemic ulcers
    - Resting leg pain
    - Gangrene
  - Blue Toe Syndrome:
    - Emboli from aortic plaque or mural thrombus
    - Hyperviscosity syndrome
    - Hypercoagulable states
    - Vasculitis
  - Preoperative planning for Intermittent claudication (i.e., non-limb threatening ischemia) **AND** there is documentation of both of the following:
    - Failed 3-months' conservative medical therapy (physician supervised walking/exercise program plus medical therapy)
    - Functional disability (e.g., exercise impairment sufficient to threaten the individual's employment or to require significant alterations in the individual's lifestyle)
  - CTA lower extremity (CPT® 73706) OR MRA lower extremity (CPT® 73725) can be approved for evaluation of PVD when aortoiliac disease is not a concern or the state of the aorta and iliac arteries is already known as documented in the clinical history

**Note** MRA Pelvis (CPT® 72198) should not be requested/billed with CPT® 74185, CPT® 73725 and CPT® 73725

### **Background and Supporting Information**

Claudication symptoms usually remain stable (70% to 80% of individuals) and do not worsen or improve at rapid rates. Repeat studies to assess the efficacy of medical therapy are not indicated unless there is a negative change in clinical status for the purpose of preoperative planning such as worsening claudication or progression to critical limb ischemia.

### **References (PVD-7)**

1. Dick F, Ricco J-B, Davies A.H, Cao P, et. al. Chapter VI: Follow-up after Revascularization. *European Journal of Vascular and Endovascular Surgery*, Volume 42, Supplement 2, 2011 pp.S75-90.

2. Lane TRA et al. Post-Operative Surveillance after Open Peripheral Arterial Surgery. *Eur J Vasc Endovasc Surg*. Volume 42, Issue 1, July 2011. Pages 59-77.
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12. Ahmed O, Hanley M, Bennett SJ, et al. ACR Appropriateness Criteria® Vascular claudication -Assessment for Revascularization. *J Am Coll Radiol*. 2017 May;14(5S):S372-S379. doi: 10.1016/j.jacr.2017.02.037.
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# Popliteal Artery Entrapment Syndrome (PVD-7.2)

PVD.AI.0007.2.A

v1.0.2024

- Diagnosis of popliteal artery stenosis or occlusion due to compression by adjacent muscle and tendons:
  - Ultrasound (CPT® 93926 unilateral study), CTA Lower extremity (CPT® 73706), or MRA Lower extremity (CPT® 73725).
  - CT or MRI Lower Extremity (contrast as requested) if requested by the operating surgeon

## **Background and Supporting Information**

Popliteal Artery Entrapment Syndrome is typically seen in young men (ages 20 to 40) but is not exclusive to this gender or age group.

## **References (PVD-7.2)**

1. Hall HA, Minc S, Babrowski T. Peripheral artery aneurysm. *Surg Clin North Am.* 2013;93(4):911-ix. doi:10.1016/j.suc.2013.04.008.
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# Post-Procedure Surveillance Studies (PVD-7.3)

PVD.AI.0007.3.A

v1.0.2024

- Scheduled Interval
  - ABI (CPT® 93922) following any revascularization procedure
    - ABI (CPT® 93922) or Duplex ultrasound (CPT® 93926 unilateral study) at each routine follow up is indicated generally after a history/physical has been performed
    - Further imaging studies such as CTA or MRA are indicated for worsening symptoms, an abnormal duplex or a significant reduction (>0.15) in the ABI

Indication	Imaging
Suprainguinal Revascularization, both open and endovascular therapy, including Aortobifem/iliofem/fem-fem bypass/iliac angioplasty/stent	<ul style="list-style-type: none"> <li>• Clinical examination and ABI (CPT® 93922) with arterial duplex (CPT® 93978 or CPT® 93979) at:               <ul style="list-style-type: none"> <li>• Within 1 month</li> <li>• 6 months</li> <li>• 12 months</li> <li>• Then annually</li> </ul> </li> </ul>
Infrainguinal Open Revascularization (Femoral-popliteal, femoral-tibial, femoral-distal bypass)	
<ul style="list-style-type: none"> <li>• With vein or autologous conduit</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93978 or CPT® 93979)               <ul style="list-style-type: none"> <li>• Post-operatively</li> <li>• 3 months</li> <li>• 6 months</li> <li>• 12 months</li> <li>• Then annually</li> </ul> </li> </ul>
<ul style="list-style-type: none"> <li>• With Prosthetic conduit (PTFE/Dacron)</li> </ul>	<ul style="list-style-type: none"> <li>• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93978 or CPT® 93979)               <ul style="list-style-type: none"> <li>• Post-operatively</li> <li>• 6 months</li> <li>• 12 months</li> <li>• Then annually</li> </ul> </li> </ul>

Indication	Imaging
Infringuinal Endovascular Revascularization Femoropopliteal angioplasty/stent	<ul style="list-style-type: none"> <li>• Clinical exam and ABI (CPT® 93922) with arterial duplex (CPT® 93978 or CPT® 93979):               <ul style="list-style-type: none"> <li>• Within 1 month</li> <li>• 3 month</li> <li>• Every 6 months for two years</li> <li>• Then annually</li> </ul> </li> </ul>

### After suprainguinal intervention (PVD-7.3.1)

- One of the following studies: Arterial duplex, CTA Abdomen and Pelvis, CT Abdomen and Pelvis with contrast, CTA Aorta with lower extremity runoff, MRI Abdomen and Pelvis, MRA Abdomen and Pelvis, or MRA Aorta with lower extremity runoff for any **one** of the following:
  - Worsening signs or symptoms
  - Reduction of ABI >0.15
  - Peak systolic velocities or PSV ratio suggestive of high grade stenosis or in-stent re-stenosis

### After infringuinal intervention (PVD-7.3.2)

- CTA Lower Extremity (CPT® 73706) or MRA Lower Extremity (CPT® 73725) or CTA aorta with lower extremity runoff CPT® 75635) for any **one** of the following:
  - Worsening signs or symptoms
  - Reduction of ABI >0.15
  - Duplex suggestive of threatened graft
- If intervention was performed for a non-healing wound and wound has gone on to heal, no additional imaging is recommended for surveillance.
- Repeat arterial duplex imaging can be obtained for worsening clinical signs and symptoms such as the presence of a new wound or rest pain

### References (PVD-7.3)

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# Arterial Imaging for Free Flaps in Reconstructive Surgery (PVD-7.5)

PVD.AI.0007.5.A

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- For breast reconstruction preoperative planning. See **Breast Reconstruction (BR-3)** in the Breast Imaging Guidelines
- For head and neck reconstruction, CTA or MRA unilateral lower extremity (CPT® 73706 or 73725) of the harvest site is indicated for evaluation of perforator anatomy for planned fibular flap

## References (PVD-7.4)

1. Hall HA, Minc S, Babrowski T. Peripheral artery aneurysm. *Surg Clin North Am.* 2013;93(4):911-ix. doi:10.1016/j.suc.2013.04.008.
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# Arteriovenous Malformations (AVMs) (PVD-9.1)

PVD.AI.0009.1.A

v1.0.2024

- See **Pulmonary AVMs (CH-24.1)** in the Chest Imaging Guidelines
- See **Arteriovenous Malformations (AVMs) and Related Lesions (HD 12.2)** in the Head Imaging Guidelines
- See **Arteriovenous Malformations (AVMs) and Fistulas (PEDPVD-2.5)** in the Pediatric Peripheral Vascular Disease Imaging Guidelines
- See **Pelvic Pain/Dyspareunia, Female (PV-11.1)** in the Pelvis Imaging Guidelines

## Initial imaging

- Ultrasound with Doppler is indicated as an initial examination for superficial lesions in the limbs.
  - Large lesion characterization may be limited by ultrasound imaging window.
  - Ultrasound is also limited in evaluating AVM relationship to airway or bony structures.

## Evaluation and surveillance

- MRI without contrast or without and with contrast of the affected body part is the study of choice for abdominal AVMs and deep tissue (below the skin) AVM's in the limbs.
- MRA (contrast as requested) of the affected body part can be approved for evaluation and surveillance of known AVMs.
- It is unusual for both MRI and MRA to be necessary for routine treatment response or surveillance imaging of AVMs, but both may be approved for preoperative planning.
- CT and CTA can also be used to characterize AVMs and their relationship to normal structures but is generally not better than MRI and has associated radiation risks.
  - CT with contrast and/or CTA (contrast as requested) of the affected body part can be approved when MRI and/or MRA is inconclusive or contraindicated.

## Post-embolization

- Advanced imaging can be approved one-time post-embolization to evaluate for successful resolution of the AVM.
- Additional imaging (same study performed pre-procedure or as requested by the treating provider) can be approved for treatment planning purposes if resolution of the AVM was not achieved.

## Background and Supporting Information

Arteriovenous malformations are characterized by a network of multiple abnormal vascular channels interposed between enlarged feeding arteries and draining veins. The arteriovenous fistula has a single communication interposed between a feeding artery and a draining vein. The normal capillary bed is absent in both lesions. Both lesions may have an aggressive clinical course and are characterized by a reddish pulsatile mass which has a thrill or bruit. Though often recognized at birth, these lesions may grow and present near adolescence.

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1. Pizzo PA, Poplack DG, Krishnamurthy R, Daldrup-Link HE, Jones JY, et. al. Imaging studies in the diagnosis and management of pediatric malignancies. In: Principles and Practice of Pediatric Oncology. Vol 7. Philadelphia: Wolters Kluwer; 2016:185-234.
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15. White CL, Olivieri B, Restrepo R, et.al. Low-Flow Vascular Malformation Pitfalls: From Clinical Examination to Practical Imaging Evaluation—Part 1, Lymphatic Malformation Mimickers. *American Journal of Roentgenology*. 2016;206(5):940-951. doi:10.2214/ajr.15.15793.

# Venous Imaging

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# Venous Imaging General Information (PVD-11)

PVD.VI.0011.A

v1.0.2024

## Abbreviations and glossary (PVD-11.1)

Abbreviation	Definition
CTV	Computed Tomography Venography
DVT	Deep Venous Thrombosis
EVA	Endovenous ablation – a minimally invasive procedure using heat to obliterate the saphenous vein for the treatment of venous reflux
IVC	Inferior vena cava
May-Thurner's	Syndrome of compression of the left iliac vein via an overlying right common iliac artery. The pulsations of the artery into the vein against the 5 <sup>th</sup> lumbar vertebrae can predispose to DVT
MRV	Magnetic Resonance Venography
Phlebectomy	Removal of a vein usually through a small incision
Post-thrombotic syndrome	Constellation of symptoms including chronic edema and pain that develops after a DVT
Sclerotherapy	Injection of an irritant into a vein to obliterate it
SEPS	Sub-fascial endoscopic perforator surgery
SVT	Superficial venous thrombosis
VVI	Venous Valvular Insufficiency – a study utilizing ultrasound to assess for the presence of reflux within the superficial and deep veins of the lower extremity.

## Venous imaging - General guidelines (PVD-11.2)

- A current clinical evaluation (within 60 days), including medical treatments, are required prior to considering advanced imaging, which includes:
  - Relevant history and physical examination including:
    - The affected limb(s), the extent of the edema (calf and/or thigh), pitting or non-pitting. With regard to venous insufficiency, presence or absence of hyperpigmentation or other skin changes, ulcerations if applicable, size of varicosities if present as well as distribution
    - Arterial examination to rule out phlegmasia alba/cerulea dolens which is comprised arterial flow secondary to extensive DVT if applicable
    - Appropriate laboratory studies, for example d-dimer, if applicable

- Non-advanced imaging modalities, such as a venous duplex or venous valvular insufficiency study (VVI) after symptoms started or worsened
- Other meaningful contact (telephone call, electronic mail or messaging) by an established patient can substitute for a face-to-face clinical evaluation.
- **General Guidelines-Imaging (PVD-11.4)**
  - Venous duplex (CPT® 93970, CPT® 93971) of the limb is the initial imaging of choice
    - Follow-up duplex imaging (CPT® 93970, CPT® 93971) is not generally indicated to document resolution and should only be obtained for new signs/symptoms or for concerns of propagation of thrombus when the treatment plan would change (Insertion of IVC filter, change of anticoagulation, etc.)
  - Imaging studies
    - Venous duplex (CPT® 93970, CPT® 93971) should visualize the veins, with demonstration of the presence or absence of compressibility and venous flow.
    - Venous valvular insufficiency studies (CPT® 93970, CPT® 93971) visualize the veins of the lower extremity, assess for reflux (reversal of venous antegrade flow after valve closure) and measure its duration.
    - CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) images with contrast involves taking images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature

### **Background and Supporting Information**

Venous disease can be classified into three categories:

- **Veno-occlusive disease**
  - Types of thrombotic disease
    - Superficial venous thrombosis
    - Deep venous thrombosis
    - Iliac vein obstruction, unilateral or bilateral
    - May-Thurner's syndrome
  - Signs/Symptoms of veno-occlusive disease is generally sudden onset of pain and edema in the limb.
  - Risk factors include age >40, obesity, pregnancy, prolonged immobility, post-surgery, and malignancy among others.
  - Procedures related to veno-occlusive disease include:
    - Thrombolysis
    - Thrombectomy

- Post-iliac vein stent/angioplasty
- **Venous insufficiency**
  - Types of venous insufficiency:
    - Superficial and deep venous reflux
    - Varicose veins
    - Reticular and spider veins.
  - Signs/symptoms of venous insufficiency include:
    - Chronic swelling in the leg that is relieved with elevation
    - Chronic swelling in the leg that is worse in the evenings
    - Aching or sense of heaviness in the leg
    - Hyperpigmentation of the calf particularly around the ankle
    - Itchy skin on legs and feet
    - Leather appearance of the skin of the calves
    - Skin ulcers in the calf particularly around the medial malleolus
    - Varicose veins
    - Spider veins/reticular veins/telangiectasias
  - Procedures related to the venous insufficiency include:
    - Endovenous laser ablation utilizing either chemical, laser or radio-frequency
    - Saphenous vein high ligation and stripping
    - Phlebectomy, stab or powered
    - Sclerotherapy, liquid or foam
- **Venous malformations**
  - Types of venous malformations include:
    - Arterio-venous malformations which can occur throughout the body
    - See **Pulmonary AVM (CH-24)** in the Chest imaging guidelines
    - See **Aneurysm and AVM (HD-12)** in the Head imaging guidelines
    - See **Pelvic Pain/Dyspareunia, Female (PV-11)** in the Pelvic imaging guidelines
    - Klippel-Trenaunay which affects primarily the lower extremity venous circulation and is characterized by varicose veins, limb size discrepancies, and port-wine stains.
  - Treatment includes:
    - Primarily embolization
    - Sclerotherapy
      - Klippel-Trenaunay: treatment can include phlebectomy and sclerotherapy of symptomatic varicose veins provided they meet the criteria for intervention.

**Procedure Coding (PVD-11.3)**

Venous Studies – Extremities	CPT®
CTV Abdomen and Pelvis involves obtaining images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	<b>74174</b>
CTV Pelvis involves obtaining images from the top of the pelvic brim to the upper thighs or just below the inguinal ligament. The venogram portion is performed by obtaining images after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	<b>72191</b>
MRV Abdomen and Pelvis involves taking images from the diaphragm to just below the inguinal ligament after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	<b>74185</b> and <b>72198</b>
MRV Pelvis involves obtaining images from the top of the pelvic brim to the upper thighs or just below the inguinal ligament. The venogram portion is performed by obtaining images after a delay of a few minutes after IV contrast is administered to optimize filling and therefore visualization of the venous vasculature.	<b>72198</b>
Duplex scan of extremity veins, including responses to compression and other maneuvers; complete bilateral study.	<b>93970</b>
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	<b>93971</b>
<ul style="list-style-type: none"> <li>• These codes are used to report studies of lower <b>or</b> upper extremity veins.</li> <li>• A complete bilateral study of the lower extremity veins includes examination of the external iliac veins, common femoral, proximal deep femoral, great saphenous and popliteal veins. Calf veins may also be included.</li> <li>• A complete bilateral study of upper extremity veins includes examination of the subclavian, jugular, axillary, brachial, basilic, and cephalic veins. Forearm veins may also be included.</li> </ul>	
Duplex scan of aorta, inferior vena cava, iliac vasculature, or bypass grafts; complete study	<b>93978</b>
Duplex scan of extremity veins, including responses to compression and other maneuvers; unilateral or limited study.	<b>93979</b>

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# Upper Extremity Venous – Imaging (PVD-4.2)

PVD.AI.0004.1.A

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- For symptoms of venous insufficiency including but not limited to unilateral pain and swelling of the upper extremity
  - Venous duplex upper extremities (CPT® 93970 or CPT® 93971) should be performed initially
  - If duplex ultrasound is non-diagnostic:
    - MRV Upper extremity (CPT® 73225) and/or MRV Chest (CPT® 71555), or
    - CTV Upper extremity (CPT® 73206) and/or CTV Chest (CPT® 71275)
      - CTV Upper extremity (CPT® 73206) or MRV Upper extremity (CPT® 73225), and/or CTV Chest (CPT® 71275) or MRV Chest (CPT® 71555) can be performed if there is a history of exertion with the limb such as with weight lifting or in the presence of central venous access (port, PICC line, to name a few) with a negative venous duplex. See **Thoracic Outlet Syndrome (CH-31.1)** in the Chest Imaging Guidelines.
- For Superior Vena Cava Syndrome (upper extremity and facial symptoms) **one** of the following can be approved when stenting of the SVC is being considered:
  - CT Chest with contrast (CPT® 71260)
  - MRV Chest (CPT® 71555)
  - CTV Chest (CPT® 71275)

## References (PVD-4)

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# Acute Limb Swelling (PVD-12)

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## Superficial venous thrombosis (SVT) (PVD-12.1)

- The diagnosis of superficial venous thrombosis is generally made on the basis of physical examination.
  - Duplex ultrasound (CPT® 93970, CPT® 93971) is the initial imaging if the diagnosis is equivocal
  - Follow-up duplex ultrasound (CPT® 93970, CPT® 93971) is indicated only if thrombus in the superficial systems is encroaching onto the deep venous system (saphenofemoral or saphenopopliteal junction)

## Background and Supporting Information

Superficial venous thrombosis (SVT) refers to acute or chronic thrombosis of the superficial veins in both the upper (cephalic and basilic veins) and lower extremities (greater [great] saphenous vein, lesser [small] saphenous vein, gastrocnemius and soleal veins). Treatment: Elevation and warm compresses until pain and swelling subsides.

## Acute deep venous thrombosis (DVT) (PVD-12.2)

- Duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is the initial imaging study for any suspected DVT
  - Deep venous thrombosis can present as
    - Symptomatic
      - Swelling
      - Pain
      - Warmth
      - Erythema
      - Pain with dorsiflexion of the foot (Homan's Sign)
      - Or with progression, such as phlegmasia cerulean dolens
      - Risk factors for DVT include age >40, obesity, malignancy, prolonged immobilization, hypercoagulability as well as those outlined in **Pulmonary Embolism (PE) (CH-25)** in Chest Imaging Guidelines.
- CTA/CTV Abdomen and pelvis with contrast can be performed to rule out IVC thrombus secondary to the filter when there is acute bilateral lower extremity swelling in an individual with a history of an IVC filter in place.
- When there is concern for proximal DVT (iliofemoral):

- Focused abdominal duplex can generally visualize the iliac veins and IVC to determine the absence or presence of iliac vein thrombus in an individual. If the results are equivocal or indeterminate:
  - CTV or MRV Abdomen and Pelvis with contrast (CPT® 74174 or CPT® 74185 and CPT® 73725) can be performed.
- For request concerning abdominal vein thrombosis, see **Abdominal Veins other than Hepatic and Portal Veins (AB-43.2)** in the Abdomen Imaging Guidelines
- For proximal DVT's (iliac vein DVT's or in cases of phlegmasia (extensive DVT compromising arterial inflow), thrombectomy (rarely performed) or thrombolysis can be performed.
- If the cause of the DVT is found to be due to May-Thurner, iliac vein angioplasty followed by stenting of the left iliac vein is generally performed. See **May-Thurner Syndrome (PVD-13.3)**

### ***Background and Supporting Information***

Deep venous thrombosis is characterized by thrombosis of a deep vein in either the upper (brachial, axillary, subclavian veins) or the lower extremity (peroneal, posterior tibial, popliteal, femoral or iliac veins).

### **Follow-up imaging of known DVT (PVD-12.3)**

- Duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) can be repeated in order to rule out proximal extension of a calf vein DVT in those individuals who cannot be anticoagulated, most commonly after recent surgery. Time interval for follow-up study includes:
  - One week after the initial diagnosis.
  - Serial imaging (up to 3 studies) over the first three weeks if calf DVT is not treated.
- Imaging during or to terminate long-term anticoagulation therapy to determine venous recanalization is not supported by evidence. Repeat imaging to make decisions on whether or not to continue or terminate anticoagulation is not indicated.

### **Follow-up imaging after venous surgery (PVD-12.4)**

- Venous duplex (CPT® 93971 unilateral study) of the treated limb is indicated to rule out a DVT within seven days of endovenous ablation.
- Follow-up routine imaging is **not indicated** after other venous procedures including:
  - Saphenous vein ligation and stripping
  - Phlebectomy
  - Sclerotherapy

### Generalized bilateral lower extremity edema (PVD-12.5)

Bilateral lower extremity edema is multifactorial. Prior to any request for advanced imaging, a workup for causes of the edema should be instituted including echocardiogram to rule out congestive heart failure and laboratory studies to exclude renal insufficiency and liver disease. The following imaging is indicated based on the suspected cause of the edema:

- Suspected abdominal or pelvic pathology
  - Abdominal ultrasound or duplex is the initial imaging
  - CT Abdomen and Pelvis or CT pelvis either with or without contrast can be performed if abdominal US is equivocal or indeterminate
- Suspected chronic venous insufficiency
  - A venous duplex CPT® 93970 (bilateral) or CPT® 93971 (unilateral) is indicated to evaluate for venous reflux.
- Suspected lymphedema
  - When initial noninvasive studies, such as ultrasound, are negative for venous valvular insufficiency **either** of the following advanced imaging studies is indicated:
    - Lymphoscintigraphy (CPT® 78195)
    - MRI lymphangiography (CPT® 73718)

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# Chronic limb swelling due to chronic deep venous thrombosis (DVT)/May-Thurner syndrome (PVD-13)

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## Chronic DVT with incompletely lysed or residual DVT (PVD-13.1)

Individuals with incompletely lysed or residual DVT can develop post-thrombotic syndrome that can be characterized as chronic edema, venous stasis changes, pain and in advanced cases venous stasis ulceration.

- Imaging is indicated to evaluate for iliac venous obstruction from incompletely lysed thrombus in individuals with a history of proximal (iliofemoral) DVT who have developed post thrombotic syndrome.
  - Initial imaging is duplex (CPT® 93970 bilateral study or CPT® 93971 unilateral study)
  - Either a CTV or MRV Abdomen and Pelvis (CPT® 74174) or (CPT® 74185 and 72198) OR CTV Pelvis (CPT® 72191) or MRV Pelvis (CPT® 72198), or venography for treatment planning purposes.
- Imaging for post-thrombotic syndrome is only indicated for **either**:
  - Signs and symptoms suggestive of a new acute DVT
  - Preoperative planning for iliac vein/stenting for suspected iliac vein stenosis or occlusion

## Background and Supporting Information

- Chronic deep venous thrombosis is defined as an acute DVT that is greater than 14 days old.
- Incompletely lysed DVT can cause luminal narrowing of the vein restricting venous outflow leading to stenosis or occlusion and /or can lead to valve dysfunction resulting in reflux of venous blood retrograde towards gravity. Both pathologies ultimately lead to chronic edema which can cause chronic pain and venous stasis disease.
  - The mainstay of treatment for chronic deep venous thrombosis is compression stockings
  - Selected individuals may be a candidate for iliac vein angioplasty/stenting.

## Post-thrombotic syndrome (PVD-13.2)

- Imaging for post-thrombotic syndrome is indicated when:
  - There are signs and symptoms suggestive of a new acute DVT

- For preoperative planning for iliac vein/stenting in the setting of known iliac venous obstruction in those with a history of a proximal (iliofemoral) DVT.
- Imaging for post-thrombotic syndrome is NOT indicated for chronic swelling that has not changed in severity or character

### May-Thurner syndrome (PVD-13.3)

- CTV or MRV Abdomen and Pelvis (CPT® 74174, or 74185 and 72198) OR CTV Pelvis or MRV Pelvis (CPT® 72191 or 72198) can be approved in individuals with a history of **one** of the following:
  - Left lower extremity iliac DVT
  - Persistent left lower extremity edema OR varicose veins OR venous stasis ulcer despite treatment of superficial venous disease in that extremity
  - Persistent left lower extremity edema OR varicose vein OR venous stasis ulcer in the absence of saphenous vein reflux.
- Imaging and/or prophylactic treatment of May-Thurner syndrome, in the absence of acute or chronic DVT **OR** chronic left lower extremity edema and its sequelae such as varicose veins or venous stasis ulcers, is **NOT** considered medically necessary

### Background and Supporting Information

In approximately 25% of people, the right iliac artery overlies the left iliac vein over the fifth lumbar vertebrae and its pulsations can compress the vein increasing the risk of DVT in the left extremity.

- Treatment is with iliac vein angioplasty/stenting

### Pelvic congestion syndrome (PVD-13.4)

- Signs and symptoms of pelvic congestion syndrome include:
  - Chronic pelvic pain OR post-coital discomfort >6 months.
  - Associated symptoms can include the presence of labial varicosities OR heavy menstrual periods.
- Initial imaging is via transvaginal or pelvic ultrasound to exclude other pathologies of chronic pelvic pain
- CT Venogram of the abdomen/pelvis or MRA of the abdomen/pelvis is indicated if initial ultrasound is inconclusive or non-diagnostic.

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# Chronic limb swelling due to venous insufficiency/Venous stasis changes/Varicose veins (PVD-14)

PVD.VI.0014.A  
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## Venous Reflux (PVD-14.2)

- Diagnosis is made with a venous valvular insufficiency study (CPT® 93970 bilateral study or CPT® 93971 unilateral study) which documents the presence of reflux (>500ms) in the greater saphenous vein as well as the size of the refluxing vein (3-15mm).
- Treatment of superficial venous reflux is amenable to intervention in selected individuals who are symptomatic and have failed conservative therapy. A duplex ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) demonstrating the presence of pathologic reflux within the greater and lesser saphenous veins should be undertaken within the last six months. Vein size should be documented.
- A post-ablation venous ultrasound (CPT® 93970 bilateral study or CPT® 93971 unilateral study) is indicated within seven days post-procedure. If thrombus is noted within the saphenofemoral junction, repeat imaging can be performed within seven days to assess for propagation into the deep system.
- Ultrasound mapping or monitoring techniques are considered medically necessary only to initially determine the extent and configuration of symptomatic varicosities or valvular insufficiency. Post-procedure assessment by imaging techniques is inappropriate to confirm efficacy or outcome of the procedure.

## Background and Supporting Information

### Venous insufficiency — General information

- Venous insufficiency is characterized by failure of the venous blood to flow in its normal antegrade path of flow and instead reflux backwards by the force of gravity usually secondary to malfunction of the venous valves.
- Risk factors include previous DVT, obesity, female sex assigned at birth, hereditary, and environmental factors such as prolonged standing on a hard surface.
- Venous insufficiency loosely includes the diagnosis of venous reflux, varicose veins, venous stasis ulcers and spider/reticular veins.

### Venous reflux

- Symptoms of venous reflux include chronic edema, pain, and venous stasis ulcerations. Symptoms of venous reflux can be ameliorated with compression therapy with graded compression stockings, elevation, avoidance of prolonged

standing and weight loss. Venous reflux can be seen in both the deep and superficial venous systems. Reflux within the deep system is not amenable to intervention.

- Treatment of deep venous reflux is via active compression with compression stockings, pneumatic pumps or specialized dressings such as Unna boots.
- Treatment of symptomatic superficial venous reflux is via endovenous laser radiofrequency ablation of the greater or lesser saphenous vein resulting in closure of the vein allowing for venous blood to be rerouted to the deep venous system.
- Treatment of symptomatic superficial venous reflux can also be treated via saphenous vein ligation and stripping which has fallen out of favor but can be performed for a tortuous or enlarged (>15mm) greater or lesser saphenous vein. One complication of endovenous ablation is deep venous thrombosis.

### Varicose Veins

- If the varicosities remain symptomatic despite conservative therapy, varicose veins are treated with sclerotherapy or phlebectomy generally on the basis of size.
- Varicose veins are defined as enlarged, tortuous veins visible under the skin. Symptoms associated with varicose veins include aching and heaviness of the legs and pain/discomfort over the varicosities. Varicose veins can exist both in the absence and presence of venous reflux.
- Treatment involves conservative therapy such as compression stockings, avoidance of prolonged standing, intermittent elevation, weight loss (if applicable) and exercise which relieves the distention of the varicose veins ameliorating the symptoms.

### Spider veins/reticular veins

- Spider veins are formed by the dilation of a cluster of blood vessels within the dermis – generally <3mm in diameter. Diagnosis is via physical examination. Spider veins are usually asymptomatic but can cause aching, burning and tenderness in the area overlying the abnormal veins. Spider veins can exist in the absence or presence of venous reflux. The presence of spider veins should not be an indication for treatment of venous reflux.
- Treatment of spider veins is generally cosmetic except in certain cases and can be treated with sclerotherapy.

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# Imaging for Hemodialysis Access (PVD-8)

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## Arterial Evaluation and Venous Mapping Prior to AV Fistula (PVD-8.1)

- Imaging prior to AV fistula creation:
  - For vessel mapping CPT® 93985 or 93986
  - MRA Upper Extremity (CPT® 73225) may be needed if duplex imaging is equivocal
- Arterial evaluation to assess arterial suitability (size, degree of stenosis and calcification) prior to AV fistula creation may be indicated
  - CPT® 93930 or CPT® 93931 can be used to report upper extremity arterial evaluation
- Venous mapping (CPT® 93970 or CPT® 93971) to assess venous suitability prior to AV fistula creation may be indicated

## Hemodialysis access imaging (PVD-8.2)

- Indications for Duplex ultrasound (CPT® 93990) of hemodialysis access include but are not limited to:
  - Individuals with decreased flow rates during hemodialysis.
  - Development of arm swelling or discomfort after access placement surgery or a hemodialysis session.
  - Prolonged immaturity of a surgically created AV fistula.
  - Suspected pseudoaneurysm.
  - Suspected AV fistula or graft stenosis.
  - Known or suspected fluid collection adjacent to an AV fistula or graft.
  - One Duplex US (CPT® 93990) can be performed after a surgically created AV fistula for assessment, although it is not generally needed.
- Central venous stenosis can cause new dialysis access to fail to mature or cause the premature failure of existing fistulas/grafts.
- CT Chest with contrast (CPT® 71260), or CTA Chest (CPT® 71275), or MRA Chest (CPT® 71555) is indicated when there is documentation of either:
  - Signs and symptoms of central venous stenosis including:
    - Arm swelling
    - Presence of numerous collateral veins
    - Prolonged bleeding from dialysis puncture sites
  - A history of pacemaker placement or previous tunneled dialysis graft, regardless of signs and symptoms.

**References (PVD-8)**

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## IVC filters – Treatment (PVD-16.2)

PVD.VI.0016.A

v1.0.2024

- IVC filter insertion
  - An initial venous duplex can be performed to assess for the presence of thrombus in the femoral vein which would affect the approach (transjugular or transfemoral)
  - Advanced imaging is not indicated
- CT Abdomen and Pelvis with contrast CPT® 74177 for ANY of the following:
  - A KUB demonstrates tilting of the filter or malposition of one of the filter thongs
  - New **bilateral** lower extremity swelling (venous duplex should be performed first)
  - Filter present for >12 months, with documentation stating intent to remove

### Background and Supporting Information

- IVC filters are placed in individuals with known DVT that cannot be anti-coagulated, individuals with poor pulmonary reserve and high risk for DVT, or prophylaxis in trauma and surgical individuals.
- Most IVC filters inserted are retrievable and should be removed as soon as clinically feasible. After 12 months, removal of IVC filters can become technically more difficult.

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# Post iliac vein stenting/angioplasty (PVD-17.1)

PVD.VI.0017.A

v1.0.2024

Iliac venous stents can be placed after thrombolysis for DVT associated with May-Thurner's syndrome, DVT associated with extrinsic compression or for post thrombotic iliac obstruction.

- Arterial duplex (CPT® 93975, 93976, 93978, 93979) can be obtained for:
  - Surveillance of iliac venous stents
  - Worsening signs or symptoms including increased edema when stent malfunction is suspected
  - Postoperatively within the first month, at six months, twelve months and then annually
- CTV or MRV Abdomen and Pelvis can be obtained for an abnormal or indeterminate duplex

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