

Evidence Discussion: Spigelian, Ventral, Umbilical, or Incisional Hernia (AB-12.2)

EviCore
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Spigelian, Ventral, Umbilical, or Incisional Hernia

- Hernias of the abdominal wall can have a variable presentation and a challenging physical exam. In addition, there may be secondary hernias that are not noted on physical exam or the hernia may track through different layers of the abdominal wall. The size of the hernia defect is also an important consideration in determining operative approach. Ultrasound is limited in being able to evaluate size and extent of hernia through various tissue planes. Advanced imaging may be appropriate for both diagnosis and in planning treatment. Limits to imaging only involve targeting imaging to the appropriate body region.

References:

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