# Triptodur® (triptorelin extended-release suspension)

When requesting Triptodur® (triptorelin extended-release suspension), the individual requiring treatment must be diagnosed with an FDA-approved indication or an approved off-label compendial use and meet the specific coverage guidelines and applicable safety criteria for the covered indication.

## FDA-approved Indication

Triptodur is indicated for the treatment of pediatric patients 2 years of age and older with central precocious puberty (CPP).

## Approved Off-label Compendial Use

Gender-dysphoric/gender-incongruent individuals; individuals undergoing gender reassignment

## Coverage Guidelines

The individual meets one of the following for approval:

- Has a diagnosis of central precocious puberty;

  OR

- Is gender-dysphoric/gender-incongruent OR is undergoing gender reassignment; AND
- Triptodur is prescribed by or in consultation with an endocrinologist or a physician who specializes in the treatment of transgender patients.

**Approval duration: 12 months**

## Recommended Dosing

The recommended dose of Triptodur is 22.5 mg administered as a single intramuscular injection once every 24 weeks.


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## References


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5. Hembree WC, Cohen-Kettenis PT, Gooren L, et al. Endocrine treatment of gender-dysphoric/gender-incongruent persons: an Endocrine Society clinical practice guidelines. *J Clin Endocrinol Metab*. 2017;102:3869-3903.
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