

Evidence Discussion (CMM 207)

Adhesiolysis Procedure

Epidural adhesiolysis attempts to free the nerve root of adhesions and allow introduction of medications to the affected nerve root. There is insufficient scientific evidence to support the use of epidural adhesiolysis, performed by catheter or endoscopically, as a treatment for back pain. LOA complication rates are higher than for conventional epidural steroid injection.

1. Jamison D, Hsu E, Cohen S. Epidural adhesiolysis: an evidence-based review. J Neurosurg Sci. 2014 Jun;58(2):65-76.9728028666