

Evidence Discussion: Hiatal Hernia (AB-12.3)

- Hiatal hernias can become symptomatic. If so, evaluation should follow the guidelines for the specific symptom complex (such as reflux, cough, abdominal or chest pain, vomiting, dysphagia, abnormal chest X-ray, etc.)
- To avoid unnecessary testing and radiation exposure, advanced imaging for hiatal hernias should be reserved for specialist requests for preoperative evaluation or for complications of the primary disease or surgery.

References:

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3. International guidelines for groin hernia management. Hernia. 2018;22(1):1-165. doi:10.1007/s10029-017-1668-x.
4. Murphy KP, Oconnor OJ, Maher MM. Adult Abdominal Hernias. American Journal of Roentgenology. 2014;202(6). doi:10.2214/ajr.13.12071.
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