

Evidence Discussion (COLON 18)

Occult Blood and Positive Cologuard

Options for colon cancer screening other than colonoscopy include non-invasive options. These options are Fecal occult blood tests, FIT (fecal immunochemical test), and stool based DNA tests (Cologuard). Colonoscopy is indicated for positive result of any of the above tests. Screening tests should be performed starting at age 45 and older with an average risk of colon cancer. FIT testing should be done annually, cologuard every 3 years. (1,2)

References:

- 1) Wolf AMD, Fontham ETH, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. CA Cancer J Clin. 2018;68(4):250-281
- 2) The impact of the rising colorectal cancer incidence in young adults on the optimal age to start screening: Microsimulation analysis I to inform the American Cancer Society colorectal cancer screening guideline
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