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EviCore healthcare Clinical Decision Support Tool Diagnostic Strategies: This tool addresses common symptoms and symptom complexes. Imaging requests for individuals with atypical symptoms or clinical presentations that are not specifically addressed will require physician review. Consultation with the referring physician, specialist, and/or individual's Primary Care Physician (PCP) may provide additional insight.

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# **General Information**

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# **General information**

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# Terms used in this guideline

**Abbreviations** 

**ACE inhibitor** Angiotensin-converting enzyme inhibitor

**AMI** Acute myocardial infarction

**ARVC** Arrhythmogenic right ventricular cardiomyopathy

**AV** Atrioventricular

**CC** Complications/comorbid conditions

**CHF** Congestive heart failure

**CM** Cardiomyopathy

**CRT** Cardiac resynchronization therapy

**EP** Electrophysiology

**GDMT** Guideline-directed medical therapy

**HCM** Hypertrophic cardiomyopathy

ICD Implantable cardioverter defibrillator

**LBBB** Left bundle branch block

**LV** Left ventricle

**LVEF** Left ventricular ejection fraction

MCC Major complications/comorbid conditions

MI Myocardial infarction

NCCM Non-compaction cardiomyopathy

NYHA New York Heart Association functional classification

**RBBB** Right bundle branch block

**RV** Right ventricle

**TAVI** Transcatheter aortic valve implantation

**TAVR** Transcatheter aortic valve replacement

**VF** Ventricular fibrillation

VT Ventricular tachycardia

## **Definitions**

# NYHA Heart Failure Definitions

**class I** - No symptoms and no limitation in ordinary physical activity, e.g. shortness of breath when walking, climbing stairs etc.

**class II** - Mild symptoms (mild shortness of breath and/or angina) and slight limitation during ordinary activity.

**class III** - Marked limitation in activity due to symptoms, even during less-than-ordinary activity, e.g. walking short distances (20–100 m). Comfortable only at rest.

**class IV** - Severe limitations. Experiences symptoms even while at rest. Mostly bed-bound patients

# Abnormal blood pressure response to exercise

Flat response/failure to augment; rise then fall during exercise; vasoactive cardiovascular drugs may result in an abnormal blood pressure response to exercise

Ambulatory class IV CHF

Class IV heart failure with: 1) no active acute coronary syndrome; 2) no inotropes; and 3) on GDMT

Incessant VT:

Frequent recurrences of ongoing hemodynamically stable VT

# Hypertrophic cardiomyopathy

Hypertrophic Cardiomyopathy (HCM) is a clinical diagnosis, established by imaging with 2D echocardiography or cardiovascular magnetic resonance (CMR) showing a maximal end-diastolic wall thickness of ≥15 mm anywhere in the left ventricle, in the absence of another cause of hypertrophy in adults. More limited hypertrophy (13–14 mm) can be diagnostic, particularly when present in family members of a patient with HCM or in conjunction with a positive genetic test, and/or associated with typical dynamic outflow obstruction, or distinctly abnormal ECG patterns.

# Long QT Syndrome (LQTS):

A congenital disorder characterized by a prolongation of the QT interval on ECG and a propensity to ventricular tachyarrhythmias, which may lead to syncope, cardiac arrest, or sudden death.

The QT interval on the ECG, measured from the beginning of the QRS complex to the end of the T wave, represents the duration of activation and recovery of the ventricular myocardium. QT intervals corrected for heart rate (QTc) longer than 0.44 seconds are generally considered abnormal, though a normal QTc can be more prolonged in females (up to 0.46 sec). The Bazett formula is the formula most commonly used to calculate the QTc, as follows: QTc = AT/square root of the R-R interval (in seconds).

# Non-Compaction Cardiomyopathy:

A rare congenital cardiomyopathy that affects children and adults. It results from the failure of myocardial development during embryogenesis. It is also called spongiform cardiomyopathy. Symptoms are often a result of a poor pumping performance by the heart. The disease can be associated with other problems with the heart and the body.

Non-Sustained Ventricular Three or more consecutive ventricular beats at a rate of greater than 120 beats/min with a duration of less than 30

**Tachycardia (NSVT):** seconds

Optimal Medical Therapy:

Optimal medical therapy for heart failure should include a beta-blocker and one of the following:

- · ACE inhibitor
- angiotensin II receptor blocker
- angiotensin receptor-neprilysin inhibitor

Structural Heart Disease:

A structural or functional abnormality of the heart, or of the blood vessels supplying the heart, that impairs its normal functioning.

**TAVR (TAVI)** A minimally invasive procedure to treat aortic valve stenosis

# **General Guidelines (CRID-1.0)**

# **General requirements**

Current clinical information, which may include history, physical examination, symptoms, laboratory results, and imaging reports, are necessary for determining the medical necessity of implantable cardiac devices.

- The information provided should have clinical relevance to the request.
- If the information provided makes no reference to the potential indication for the request, then the medical necessity for the procedure(s) cannot be supported.
- Requests for a device when a same or similar device has already been placed is not supported without clear documentation that fulfills guideline criteria.

# Procedure codes (CRID-1.1)

Procedure description	CPT®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial	33206
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); ventricular	33207

Procedure description	CPT®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial and ventricular	33208
Insertion of pacemaker pulse generator only; single existing single lead	33212
Insertion of pacemaker pulse generator only; with existing dual leads	33213
Upgrade of implanted pacemaker system, conversion of single chamber system to dual chamber system (includes removal of previously placed pulse generator, testing of existing lead, insertion of new lead, insertion of new pulse generator)	33214
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; single lead system	33227
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; dual lead system	33228
Insertion of pacemaker pulse generator only; with existing multiple leads	33221
Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, with attachment to previously placed pacemaker or pacing cardioverter-defibrillator pulse generator	33224
Insertion of pacing electrode, cardiac venous system, for left ventricular pacing, at time of insertion of pacing cardioverter-defibrillator pulse generator (including upgrade to dual chamber system and pocket revision)	33225
Removal of permanent pacemaker pulse generator with replacement of pacemaker pulse generator; multiple lead system	33229
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing dual leads	33230
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing multiple leads	33231
Insertion of pacing cardioverter-defibrillator pulse generator only; with existing single leads	33240
Insertion or replacement of permanent pacing cardioverter-defibrillator system with transvenous lead(s), single or dual chamber	33249
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; single lead system	33262

Procedure description	CPT®
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; dual lead system	33263
Removal of pacing cardioverter-defibrillator pulse generator with replacement of pacing cardioverter-defibrillator pulse generator; multiple lead system	33264
Insertion or replacement of permanent subcutaneous implantable defibrillator system, with subcutaneous electrode, including defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters when performed	33270
Transcatheter insertion or replacement of permanent leadless pacemaker, right ventricular, including imaging guidance (e.g., fluoroscopy, venous ultrasound, ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed	33274
Transcatheter implantation of wireless pulmonary artery pressure sensor for long-term hemodynamic monitoring, including deployment and calibration of the sensor, right heart catheterization, selective pulmonary catheterization, radiological supervision and interpretation, and pulmonary artery angiography, when performed	33289
Implantation or replacement of carotid sinus baroreflex activation device; total system	0266T
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator with transvenous electrodes	0408T
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator only	0409T
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; complete system (includes electrode and generator [transmitter and battery])	0515T

Procedure description	CPT®
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; electrode only	0516T
Insertion of wireless cardiac stimulator for left ventricular pacing, including device interrogation and programming, and imaging supervision and interpretation, when performed; pulse generator component(s) (battery and/or transmitter) only	0517T
Removal and replacement of wireless cardiac stimulator for left ventricular pacing; pulse generator component(s) (battery and/or transmitter)	0519T
Removal and replacement of wireless cardiac stimulator for left ventricular pacing; pulse generator component(s) (battery and/or transmitter), including placement of a new electrode	0520T
Insertion or replacement of implantable cardioverter-defibrillator system with substernal electrode(s), including all imaging guidance and electrophysiological evaluation (includes defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters), when performed	0571T
Removal and replacement of substernal implantable defibrillator pulse generator	0614T
Transcatheter insertion of permanent dual-chamber leadless pacemaker, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; complete system (i.e., right atrial and right ventricular pacemaker components)	0795T
Transcatheter insertion of right atrial pacemaker component (when an existing right ventricular single leadless pacemaker exists to create a dual-chamber leadless pacemaker system)	0796T
Transcatheter insertion of right ventricular pacemaker component (when part of a dual-chamber leadless pacemaker system)	0797T

Procedure description	CPT®
Transcatheter removal and replacement of permanent dual-chamber leadless pacemaker, including imaging#guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; dual-chamber system (i.e., right atrial and right ventricular pacemaker components)	0801T
Transcatheter removal and replacement of right atrial pacemaker component	0802T
Transcatheter removal and replacement of right ventricular pacemaker component (when part of a dual-chamber leadless pacemaker system)	0803T
Transcatheter insertion of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0823T
Transcatheter removal and replacement of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0825T
Insertion of permanent cardiac contractility modulation-defibrillation system component(s), including fluoroscopic guidance, and evaluation and programming of sensing and therapeutic parameters; pulse generator and dual transvenous electrodes/leads (pacing and defibrillation)	0915T
Insertion of permanent cardiac contractility modulation-defibrillation system component pulse generator only	0916T
Removal and replacement of permanent cardiac contractility modulation defibrillation pulse generator only	0923T
Transcatheter implantation of wireless left atrial pressure sensor for long-term left atrial pressure monitoring, including sensor calibration and deployment, right heart catheterization, transseptal puncture, imaging guidance, and radiological supervision and interpretation	0933T

# Removal and replacement (CRID-1.2)

- Generator replacement (CPT® 33212, 33213, 33221, 33227, 33228, 33229, 33230, 33231, 33240, 33262, 33263, 33264, 0614T, 0801T, 0802T, 0803T) with a same or similar device is indicated when:
  - Interrogation shows device is nearing Elective Replacement Indicator (ERI) or End of Life (EOL).
  - Interrogation report documents the device is not functioning correctly and requires replacement.

# Pacemaker Devices

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# Permanent Pacemaker Implantation (CRID-7)

CID.PM.107.A

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# Codes included

Description	<b>CPT</b> ®
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial	33206
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); ventricular	33207
Insertion of new or replacement of permanent pacemaker with transvenous electrode(s); atrial and ventricular	33208

# **Indications for Permanent Pacemaker (CRID-7)**

# Sinus node dysfunction

Permanent pacemaker implantation is indicated for any of the following:

- Symptomatic sinus node dysfunction as evidenced by both of the following:
  - Documented sinus node dysfunction including one of the below:
    - Sinus bradycardia at rate <50 beats per minute</li>
    - Sinus pauses >3 seconds
  - Symptoms attributable to sinus node dysfunction including one of the below:
    - Syncope or pre-syncope
    - Heart failure symptoms
    - Exertional fatigue and impaired exercise tolerance
- Sinus bradycardia at rate <40 beats per minute and symptoms possibly related to bradycardia
- Symptomatic sinus bradycardia (as defined above) is a consequence of essential medical management and continued treatment is clinically necessary
- Symptoms attributable to bradycardia as listed above and evidence of tachy-brady syndrome (sinus bradycardia, ectopic atrial bradycardia, or sinus pause alternating with periods of atrial flutter or atrial fibrillation)

Symptomatic chronotropic incompetence defined as limitations due to the inability to achieve 80% of maximum predicted heart rate (220-age)

# Atrioventricular block (AVB)

Permanent pacemaker implantation is indicated for any of the following:

- AVB including one of the below with or without symptoms:
  - Second-degree Mobitz type II
  - High-grade (≥2 consecutive P waves at a constant physiologic rate that do not conduct to the ventricles)
  - Third-degree (complete heart block)
- Any degree of AVB with one of the following symptoms that are clearly attributable to the AVB:
  - Syncope or pre-syncope
  - Heart failure symptoms
  - Exertional fatigue and impaired exercise tolerance
- Third-degree and advanced second-degree AV block at any anatomic level associated with sustained or non-sustained ventricular tachycardia (ventricular rhythm at rate >100 bpm lasting ≥3 consecutive beats) presumed due to AV block
- Marked first-degree AVB (PR interval >0.3 seconds) or second-degree AVB with symptoms similar to those of pacemaker syndrome
- Symptomatic AVB as a consequence of guideline directed management and continued treatment is clinically necessary
- Persistent or permanent atrial fibrillation and symptomatic bradycardia including one of the following:
  - Rate <50 beats per minute</li>
  - Regular QRS intervals indicating complete AVB
- Second degree AV block with a documented pause of ≥5 seconds during waking in the presence of atrial fibrillation, with or without symptoms
- Second degree AV block with documented periods of asystole ≥3.0 seconds in the presence of sinus rhythm, with or without symptoms
- Second-degree AVB noted to be located at intra- or infra-His levels at electrophysiology study (EPS), with or without symptoms
- Any AVB indication listed above occurring after acute myocardial infarction that does not resolve within 5 days
- Congenital complete or high-degree AVB in the presence of any of the following:
  - Symptoms related to bradycardia such as syncope, pre-syncope, heart failure symptoms, exertional fatigue, or impaired exercise tolerance
  - Wide QRS escape rhythm
  - Mean daytime heart rate below 50 bpm

- Pauses >3 times the cycle length of the ventricular escape rhythm
- Complex ventricular ectopy
- Prolonged QT interval
- · Ventricular dysfunction, ventricular dilatation or significant mitral regurgitation

# Conduction Disorders with 1:1 Atrioventricular Conduction

Permanent pacemaker implantation is indicated for any of the following:

- Individuals with syncope and bundle branch block and one of the following at electrophysiology study (EPS):
  - Baseline HV interval ≥70 ms
  - Second- or third-degree intra- or infra-Hisian block during incremental atrial pacing
- Alternating bundle branch block with or without symptoms
- HV interval ≥100 milliseconds noted at EPS, with or without symptoms
- · Intra- or infra- Hisian block noted at EPS, with or without symptoms

# Recurrent syncope

Permanent pacemaker implantation is indicated for individuals with recurrent syncope and any of the following:

- Spontaneous documented symptomatic asystolic pause >3 seconds due to sinus arrest or atrioventricular block (AVB)
- Spontaneous documented asymptomatic asystolic pause >6 seconds due to sinus arrest or AVB
- Cardioinhibitory carotid sinus syndrome as documented by one of the below:
  - Syncope caused by spontaneously occurring carotid sinus stimulation
  - Carotid sinus pressure that induces syncope and/or ventricular asystole of ≥3 seconds
- Syncope associated with asystole of ≥3 seconds during tilt testing
- Bundle branch block and one of the following at electrophysiology study (EPS):
  - Baseline HV interval ≥70 ms
  - Second- or third-degree intra- or infra-Hisian block during incremental atrial pacing
- Syncope after cardiac transplantation with or without documentation of bradyarrhythmia

# Peri-procedural and post-operative indications

Permanent pacemaker implantation is indicated for any of the following:

 Prior to a planned catheter ablation of the atrioventricular (AV) junction for one of the following:

- Rate control strategy for management of atrial fibrillation
- Supraventricular tachycardia resulting in tachycardia induced cardiomyopathy that is not controlled with ablation or medical therapy
- Post Transcatheter Aortic Valve Implantation (TAVI) for any of the following:
  - Complete or high-degree atrioventricular block (AVB) that persists for 24 to 48 hours after TAVI
  - New-onset alternating bundle branch block after TAVI
  - Pre-existing right bundle branch block (RBBB) and new conduction abnormality onset during or after (TAVI) such as:
    - Transient high-degree AVB
    - PR prolongation
    - QRS axis change
- Sinus node dysfunction or AVB associated with symptoms or hemodynamic instability occurring after cardiac surgery that does not resolve within 5 days
- · Post cardiac transplant for any of the following:
  - Relative bradycardia that is prolonged or recurrent, which limits rehabilitation or discharge after postoperative recovery
  - Syncope with or without documentation of bradyarrhythmia

## Neuromuscular diseases known to involve the heart

Permanent pacemaker implantation may be considered for progressive neuromuscular diseases known to involve the heart with any degree of atrioventricular (AV) block including first degree AV block or any fascicular block, with or without symptoms, because there may be unpredictable progression of AV conduction disease. Progressive neuromuscular diseases known to involve the heart include:

- Myotonic muscular dystrophy
- Kearns-Sayre syndrome
- Erb dystrophy (limb-girdle muscular dystrophy)
- Peroneal muscular atrophy

# Permanent Pacemaker Implantation - Non-indications (CRID-9)

- Permanent pacemaker implantation is **not** indicated in any of the following settings:
  - Sinus node dysfunction when there is documentation of any of the following
    - Individual is asymptomatic
    - The symptoms suggestive of bradycardia have been clearly documented to occur in the absence of bradycardia

- Sinus node dysfunction is due to nonessential drug therapy
- Fascicular block without AV block or without symptoms concerning for AV block
- Incidentally noted hypersensitive cardioinhibitory response to carotid sinus stimulation when the individual remains asymptomatic or has vague symptoms
- Asymptomatic first-degree AV block
- Asymptomatic type-1 second-degree AV block at the supra-His (AV node) level or that which is not known to be intra- or infra-Hisian
- Asymptomatic transient AV block in the absence of intraventricular conduction defects or in isolated single fascicular block
- Situational vasovagal syncope when avoidance behavior is effectively preventing syncopal episodes
- Prior to Transcatheter Aortic Valve Replacement (TAVR) as a prophylactic measure in individuals with right bundle branch block (RBBB) when there is no indication for permanent pacing
- For the purpose of cardiac contractility modulation

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# **Leadless Pacemaker (CRID-11.1)**

CID.PM.111.A

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# **Codes included**

Description	<b>CPT</b> ®
Transcatheter insertion or replacement of permanent leadless pacemaker, right ventricular, including imaging guidance (e.g., fluoroscopy, venous ultrasound, ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed	33274
Transcatheter insertion of permanent dual-chamber leadless pacemaker, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography, right ventriculography, femoral venography) and device evaluation (e.g., interrogation or programming), when performed; complete system (i.e., right atrial and right ventricular pacemaker components)	0795T
Transcatheter insertion of permanent single-chamber leadless pacemaker, right atrial, including imaging guidance (e.g., fluoroscopy, venous ultrasound, right atrial angiography and/or right ventriculography, femoral venography, cavography) and device evaluation (e.g., interrogation or programming), when performed	0823T

# **Indications**

# Leadless right ventricular pacemaker (CRID-11.1.1)

Indications for permanent right ventricular leadless pacemaker (CPT® 33274) implant - all of the following must be met:

- Meets one of the following indications for leadless right ventricular pacemaker:
  - Symptomatic paroxysmal or permanent high-grade AV block in the presence of Atrial Fibrillation (AF)
  - Symptomatic paroxysmal or permanent high-grade AV block in the absence of AF, as an alternative to dual chamber pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy
  - Symptomatic bradycardia-tachycardia syndrome or sinus node dysfunction (sinus bradycardia or sinus pauses), as an alternative to atrial or dual chamber

pacing, when atrial lead placement is considered difficult, high risk, or not deemed necessary for effective therapy

- The following contraindications for leadless pacemaker are **not** present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

# Leadless dual chamber pacemaker system (CRID-11.1.2)

Indications for permanent dual chamber leadless pacemaker implant (CPT® 0795T) - **all** of the following must be met:

- Meets one of the following indications for leadless dual chamber pacemaker:
  - Sick sinus syndrome
  - Chronic, symptomatic second- and third-degree AV block
  - Recurrent Adams-Stokes syndrome
  - Symptomatic bilateral bundle branch block when tachyarrhythmia and other causes have been ruled out
- The following contraindications for leadless pacemaker are **not** present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

# Leadless right atrial pacemaker (CRID-11.1.3)

Indications for permanent leadless right atrial pacemaker implant (CPT® 0823T) - **all** of the following must be met:

- Meets the following indication for leadless right atrial pacemaker:
  - Sinus node dysfunction with normal AV and intraventricular conduction systems
- The following contraindications for leadless pacemaker are not present:
  - An implanted inferior vena cava filter
  - A mechanical tricuspid valve

# **General information**

# Right ventricular leadless pacemaker

The permanent right ventricular leadless pacemakers (CPT® 33274) consists of a single leadless device implanted directly into the right ventricle. The Medtronic Micra™ VR and Abbott Aveir™ VR right ventricular leadless pacemakers are capable only of VVI and VVIR pacing. The Medtronic Micra™ AV right ventricular leadless

pacemaker is also capable of VDD pacing. The right ventricular leadless pacemakers do not have capability for atrial pacing. The estimated battery life is about 10 years

# Dual chamber leadless pacemaker

In contrast to the right ventricular leadless pacemakers referred to above, the dual chamber leadless pacemaker (i.e., Abbott Aveir™ DR leadless pacemaker system) has dual-chamber sensing and pacing functionality. The Abbott Aveir™ DR leadless pacemaker system consists of two separate components: one implanted in the right atrium and the other in the right ventricle.

# References

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# Implantable Cardioverter-Defibrillator (ICD) Devices

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# Indications for ICD implantation (CRID-2)

CID.ICD.002.A

v1.0.2025

# Codes included

Description	CPT®
Insertion or replacement of permanent pacing cardioverter-defibrillator system with transvenous lead(s), single or dual chamber	33249
Insertion or replacement of permanent subcutaneous implantable defibrillator system, with subcutaneous electrode, including defibrillation threshold evaluation, induction of arrhythmia, evaluation of sensing for arrhythmia termination, and programming or reprogramming of sensing or therapeutic parameters when performed	33270

# **Survivors of cardiac arrest (CRID-2.1)**

 ICD implantation is indicated in individuals who are survivors of cardiac arrest due to ventricular tachycardia (VT) or ventricular fibrillation (VF) after evaluation has excluded any completely reversible causes

# Structural heart disease with sustained VT (CRID-2.2)

 ICD implantation is indicated in individuals with structural heart disease (such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction) and spontaneous, sustained VT (greater than 30 seconds), whether hemodynamically stable or unstable

# Syncope of undetermined origin and positive EP study (CRID-2.3)

ICD implantation is indicated in individuals with syncope of undetermined origin who
have clinically relevant, hemodynamically significant sustained VT or VF induced at
electrophysiology (EP) study

# **Unexplained syncope (CRID-2.4)**

 ICD implantation is indicated in individuals with unexplained syncope, significant left ventricular (LV) dysfunction (LV ejection fraction less than 50%), and structural heart disease such as prior myocardial infarction (MI), congenital heart disease, and/or ventricular dysfunction

# Ischemic cardiomyopathy (CRID-2.5)

- ICD implantation is indicated in individuals with any of the following:
  - Left ventricular systolic dysfunction due to ischemic heart disease and all of the following:
    - LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy
    - Symptomatic heart failure (NYHA functional Class II or III)
  - Left ventricular systolic dysfunction due to ischemic heart disease and all of the following:
    - LV ejection fraction ≤30% despite ≥3 months of optimal medical therapy
    - NYHA functional Class I
  - Left ventricular systolic dysfunction due to ischemic heart disease and all of the following:
    - LV ejection fraction ≤ 40% despite ≥3 months of optimal medical therapy
    - Non-sustained ventricular tachycardia
    - Inducible sustained monomorphic ventricular tachycardia at electrophysiological (EP) study

# **Optimal medical therapy** should include a beta-blocker and **one** of the following:

- · ACE inhibitor
- angiotensin II receptor blocker
- angiotensin receptor-neprilysin inhibitor

# Non-ischemic dilated cardiomyopathy (DCM) (CRID-2.6)

- ICD implantation is indicated in individuals with nonischemic dilated cardiomyopathy who have **all** of the following:
  - LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy
  - Symptomatic heart failure (NYHA Class II or III CHF)

# Sustained ventricular tachycardia with normal LV function (CRID-3.2)

 ICD implantation is reasonable for individuals with sustained VT and normal or nearnormal ventricular function

# Cardiomyopathy (CRID-3.3)

Individuals with cardiomyopathy who have one or more risk factors for sudden cardiac death

# **Hypertrophic Cardiomyopathy:**

ICD implantation is reasonable for individuals with hypertrophic cardiomyopathy who have one or more risk factors for sudden cardiac death including the following:

- Unheralded syncope
- · Family history of sudden death
- Septal wall thickness ≥ 30 mm
- · Ventricular tachycardia, sustained or nonsustained
- · LV apical aneurysm, independent of size
- LV ejection fraction < 50%</li>
- Extensive late gadolinium enhancement (LGE) comprising ≥15% of LV mass

# Cardiomyopathy due to Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC):

ICD implantation is reasonable for individuals with ARVC who have one or more risk factors for sudden cardiac death Risk factors for sudden cardiac death include the following:

- Unheralded syncope
- Family history of sudden death
- Ventricular tachycardia, sustained or non-sustained
- Clinical signs of RV failure

# Long QT syndrome (CRID-3.4)

- ICD implantation is reasonable in Long-QT Syndrome in the following settings:
  - Syncope and/or VT while receiving beta-blockers or if beta-blockers are contraindicated
  - Asymptomatic with other risk factors for sudden cardiac death
    - Risk factors for sudden cardiac death include the following:
      - QT<sub>c</sub> greater than 500 msec or

- LQT 2 or 3
- Family history of sudden death

# Brugada syndrome (CRID-3.5)

- ICD implantation is reasonable for individuals with Brugada Syndrome who have had the following:
  - Syncope or
  - Documented or inducible VT or VF

# Catecholaminergic polymorphic ventricular tachycardia (CRID-3.6)

• ICD implantation is reasonable for individuals with catecholaminergic polymorphic VT who have syncope and/or documented sustained VT while receiving beta-blockers.

# Other indications (CRID-3.7)

- ICD implantation is reasonable, regardless of LV ejection fraction measurement, for individuals with:
  - Cardiac sarcoidosis
  - · Giant cell myocarditis
  - Chagas disease
- · LV non compaction
  - ICD implantation should be considered for the primary prevention of sudden cardiac death due to malignant ventricular arrhythmias in individuals with noncompaction cardiomyopathy and impaired LV function (LV ejection fraction less than 50%)
    - ICD implantation is also indicated for normal LV function (LVEF greater than 50%) primary prevention cases with positive family history of sudden cardiac death. This exception is due to the presence of sarcomeric gene mutations reported in non-compaction cardiomyopathy
- ICD implantation may be considered in affected individuals with a familial cardiomyopathy associated with sudden death

# Muscular Dystrophy (CRID-3.8)

- ICD implantation is reasonable, regardless of LV ejection fraction for any of the following:
  - Emery-Dreifuss muscular dystrophy (EDMD)

- Limb-Girdle Type 1B muscular dystrophy (LGMD1B)
- Myotonic Dystrophy Type 1 with an indication for a permanent pacemaker
- Lamin A/C (LMNA) mutation (for patients who don't meet the above criteria of EDMD or LGMD1B) when there is documentation of **two or more** of the following risk factors for sudden cardiac death:
  - Non-sustained ventricular tachycardia
  - LVEF < 45%</li>
  - Non-missense mutation (ins-del/truncating or mutations affecting splicing)
  - Male sex at birth
- For sustained VT see <u>Sustained Ventricular Tachycardia with Normal LV</u> Function

# ICD implantation non-indications (CRID-4)

CID.ICD.002.A

v1.0.2025

# Ischemic cardiomyopathy (CRID-4.1)

- ICD implantation is **not** indicated in individuals who have had a myocardial infarction
  within the past 40 days or who have had coronary revascularization within the past 90
  days **unless** the following applies:
  - A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

# NYHA class IV CHF (CRID-4.2)

- ICD implantation is **not** indicated for individuals with NYHA functional class IV symptoms **unless** one of the following applies:
  - It is a CRT-D device meeting the indications for CRT-D implantation listed in <u>Sinus</u>
     <u>Rhythm, Dilated Cardiomyopathy with NYHA Class II, III, or IV Congestive</u>
     <u>Heart Failure (CHF)</u>
  - The individual is awaiting heart transplantation
  - Left ventricular assist device (LVAD) is being used as destination therapy

# **Limited life expectancy (CRID-4.3)**

- ICD implantation is **not** indicated for individuals who do not have a reasonable
  expectation of survival with an acceptable functional status for at least one year, even
  if they meet ICD implantation criteria listed in:
  - Definite Indications for ICD Implantation or
  - Reasonable Indications for ICD Implantation

# Incessant VT or VF (CRID-4.4)

- · ICD implantation is not indicated for individuals with incessant VT or VF
  - Incessant VT or VF is defined as hemodynamically stable VT or VF continuing for hours

# **Psychiatric conditions (CRID-4.5)**

 ICD implantation is **not** indicated in individuals with significant psychiatric illnesses that may be aggravated by device implantation or that may preclude systematic follow-up.

# Reversible causes of VT/VF (CRID-4.6)

- ICD implantation is not indicated when VF or VT is due to a reversible cause such as:
  - Severe electrolyte disturbance
  - Drug-induced torsades de pointes
  - Acute, reperfused myocardial infarction with preserved ejection fraction

# Ablation candidate, no structural heart disease (CRID-4.7)

• ICD implantation is **not** indicated if the individual has no structural heart disease and is a candidate for ablation. Surgical or catheter ablation can be curative in this setting.

# Substernal implantable cardioverter-defibrillator (CRID-4.8)

# **CPT® 0571T**

- Substernal implantable cardioverter-defibrillator systems involve inserting a
  defibrillator lead directly beneath the sternum anterior to the heart, and is intended
  to provide anti-tachycardia pacing as well as post-shock pacing without intravenous
  leads.
- At this time substernal implantable cardioverter-defibrillator systems are considered experimental and investigational.

# Cardiac Resynchronization Therapy (CRT) Devices

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# Indications for cardiac resynchronization therapy (CRT)-D implantation (CRID-5)

CID.CRT.005.A

v1.0.2025

# Procedures included

CPT® 33224, 33225, 33208, 33229, 33249, 33264

# Sinus rhythm, dilated cardiomyopathy with LBBB (CRID-5.1)

- CRT-D is indicated in individuals with ischemic or nonischemic dilated cardiomyopathy who have all of the following
  - LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy (OMT)
  - Left bundle branch block with QRS ≥120 msec
  - Symptomatic heart failure NYHA functional Class II, III, or ambulatory class IV
- · CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Sinus rhythm, dilated cardiomyopathy with non-LBBB (CRID-5.3)

- CRT-D is indicated in individuals with ischemic or nonischemic dilated cardiomyopathy who have all of the following
  - LV ejection fraction ≤35% despite ≥3 months of <u>optimal medical therapy (OMT)</u>
  - Non-LBBB pattern with QRS duration ≥150 ms
  - Symptomatic heart failure NYHA class III, or ambulatory class IV
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Atrial fibrillation and NYHA class II, III, or IV Congestive Heart Failure (CRID-5.4)

- CRT-D is indicated in individuals with atrial fibrillation who have **all** of the following:
  - LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy (OMT)
  - Meet one of the following CRT criteria:

- Left bundle branch block (LBBB) with a QRS duration ≥120 ms and symptomatic heart failure New York Heart Association (NYHA) functional class II, III, or ambulatory class IV
- Non-LBBB pattern with a QRS duration ≥150 and symptomatic heart failure NYHA class III or ambulatory class IV
- Non-pharmacologic or pharmacologic rate control will allow near 100% biventricular pacing with CRT
- CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Dilated Cardiomyopathy with atrial fibrillation requiring AV Junction ablation for heart rate control (CRID-5.5)

CRT-D is indicated in individuals with atrial fibrillation and **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy (OMT)
- Uncontrolled heart rate requiring atrioventricular (AV) Junction ablation

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Dilated Cardiomyopathy with high-grade AV block (CRID-5.6)

CRT-D is indicated in individuals in sinus rhythm or atrial fibrillation who have **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy (OMT)
- · High-grade atrioventricular (AV) block requiring ventricular pacing

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Indications for upgrade to CRT-D (CRID-5.7)

Upgrade to CRT-D is indicated in individuals who have **all** of the following:

- LV ejection fraction ≤35% despite ≥3 months of optimal medical therapy (OMT)
- New or worsening symptomatic heart failure (NYHA functional Class II, III, or ambulatory class IV) following implantation of a non-CRT pacemaker or cardioverterdefibrillator (ICD)
- Ventricular pacing >40%

CRT-P can be indicated when all of the requirements of CRT-D have been met and the individual in consultation with the providing physician declines the ICD function

# Cardiac resynchronization therapy (CRT)-D implantation - non-indications (CRID-6)

CID.CRT.006.A

v1.0.2025

# Ischemic cardiomyopathy (CRID-6.1)

- CRT-D or CRT-P implantation is **not** indicated in individuals who have had a myocardial infarction within the past 40 days or who have had coronary revascularization within the past 90 days **unless** the following applies
  - A separate indication for permanent pacemaker implantation exists (thus preventing a likely repeat procedure for an upgraded device in the near future)

# Reversible causes of cardiomyopathy (CRID-6.2)

- CRT-D implantation is **not** indicated in the setting of a reversible cardiomyopathy such as: toxic, metabolic, or tachycardia induced cardiomyopathy
  - · Once the reversible aberration is corrected, clinical reassessment is indicated

# Cardiac resynchronization therapy (CRT)-P (CRID-10)

CID.CRT.010.A

v1.0.2025

# **Indications for CRT-P (CRID-10.1)**

## **Procedures included**

CPT® 33224, 33225, 33208, 33229

CRT-P is indicated for any of the following:

- High grade AV block and NYHA Class I, II or III Congestive Heart Failure:
  - CRT-P implantation is indicated in individuals who have **all** of the following:
    - LV ejection fraction <50%</li>
    - NYHA Class I, II, or III heart failure
    - High grade AV block, including AV nodal ablation, requiring more than 40% ventricular pacing CRT-P
- Pacing-induced cardiomyopathy
  - Upgrade from non-CRT pacemaker to CRT-P is indicated in individuals who have all of the following:
    - LV EF >50% prior to implantation of non-CRT pacemaker
    - Right ventricular pacing burden ≥40%
    - One of the following occurring after implantation of non-CRT pacemaker:
      - Decline in LV EF ≥10%
      - New or worsening heart failure symptoms NYHA Class II or III
- See also <u>Indications for Cardiac Resynchronization Therapy (CRT)-D</u>
   <u>Implantation</u> for individuals who have met requirements for CRT-D, but decline the ICD function

# Indications for conduction system pacing

His bundle pacing or left bundle branch area pacing (CPT® 33207 or CPT® 33208) may be considered when **Indications for CRT-P (CRID 10.1)** are met and one of the following applies:

- LV lead placement was attempted and was unsuccessful or suboptimal
- His bundle pacing or left bundle branch area pacing is planned in place of biventricular pacing

# Wireless Cardiac Resynchronization (CRID-11.2)

**CID.CRT.112.A** 

v1.0.2025

# Wireless cardiac resynchronization - Criteria (CRID-11.2)

 Permanent LV leadless pacemakers (CPT® 0515T) are implanted directly in the left ventricle for synchronization with RV leads in the setting of cardiac resynchronization therapy. At this time they are considered experimental and investigational.

# Other Cardiac Implantable Devices

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# Cardiac devices for other conditions

CID.OD.011.A

v1.0.2025

# Wireless pulmonary artery pressure sensor - Criteria (CRID-11.3)

## Codes addressed

Description	CPT®
Transcatheter implantation of wireless pulmonary artery pressure sensor for long-term hemodynamic monitoring, including deployment and calibration of the sensor, right heart catheterization, selective pulmonary catheterization, radiological supervision and interpretation, and pulmonary artery angiography, when performed	33289

## **Indications**

Although FDA approved, the wireless pulmonary artery pressure sensor device (e.g., CardioMEMS™ HF System) has yet to be incorporated into the standard of care is considered experimental, investigational, or unproven at this time.

# **Evidence Discussion**

Wireless Pulmonary Artery Pressure Sensor devices (CPT® 33289) such as, CardioMEMS™ HF System, are implanted into a branch of the pulmonary artery during right heart catheterization and require a specialized delivery system. These devices monitor constant pulmonary artery pressures over time, utilizing the concept that as pulmonary artery pressures increase, outpatient medical therapy can be adjusted. This can potentially reduce inpatient admissions and treatment.

 Although FDA approved, these devices have yet to be incorporated into the standard of care and remain investigational and experimental at this time.

# Wireless left atrial pressure sensor (CID-11.4)

## Codes included

Description	CPT®
Transcatheter implantation of wireless left atrial pressure sensor for long-term left atrial pressure monitoring, including sensor calibration and deployment, right heart catheterization, transseptal puncture, imaging guidance, and radiological supervision and interpretation	0933T

# **Indications**

Further studies are needed to evaluate the safety, clinical efficacy, and long-term stability of the wireless left atrial pressure sensor device. Wireless left atrial pressure sensor is considered experimental, investigational, or unproven at this time.

# **Evidence Discussion**

Wireless left atrial pressure sensor (e.g., V-LAP™ system) implantation is performed percutaneously via femoral vein access and trans-atrial septal approach. It is proposed that the availability of hemodynamic parameters might allow clinicians to tailor heart failure treatment.

# **Cardiac Contractility Modulation**

# Codes included

Description	CPT®
Insertion or replacement of permanent cardiac contractility modulation system, including contractility evaluation when performed, and programming of sensing and therapeutic parameters; pulse generator with transvenous electrodes	0408T
Insertion of permanent cardiac contractility modulation-defibrillation system component(s), including fluoroscopic guidance, and evaluation and programming of sensing and therapeutic parameters; pulse generator and dual transvenous electrodes/leads (pacing and defibrillation)	0915T

# Cardiac contractility modulation (CCM) CPT® 0408T

Currently, there is insufficient evidence of benefit of cardiac contractility modulation (CCM) on clinical outcomes. CCM devices (e.g.,Optimizer Smart®) are considered experimental, investigational, or unproven at this time.

# Combined Cardiac Contractility Modulation and Implantable Cardioverter Defibrillator Device (CCM-D)

**CPT® 0915T** 

Currently there is insufficient evidence of safety, efficacy, and benefit of combined cardiac contractility modulation and implantable cardioverter defibrillator devices (CCM-D) devices on clinical outcomes. CCM-D devices (e.g., Optimizer<sup>®</sup> Integra™ CCM-D System) are considered experimental, investigational, or unproven at this time.

# **Evidence Discussion**

Cardiac contractility modulation (CCM) delivers electrical signals during the ventricular absolute refractory period. This does not generate an action potential or mechanical contraction but is proposed to enhance ventricular contractile strength. CCM has been proposed as a potential treatment option for individuals with symptomatic heart failure with reduced left ventricular ejection fraction who are not candidates for cardiac resynchronization therapy.

CCM has previously been used along with a separate implantable cardioverter defibrillator device (ICD). The Combined Cardiac Contractility Modulation and Implantable Cardioverter Defibrillator Device (CCM-D) combines CCM and ICD functionality in one device.

# **Baroreflex Activation Therapy**

## **Barostim**

Description	CPT®
Implantation or replacement of carotid sinus baroreflex activation device; total system	0266T

Currently there is insufficient evidence of benefit of baroreflex activation therapy on clinical outcomes. Carotid baroreflex activation therapy (e.g., Barostim<sup>™</sup> device) is considered experimental, investigational, or unproven at this time.

# **Evidence Discussion**

Carotid baroreflex activation therapy (e.g., Barostim<sup>™</sup> device) uses a subcutaneously implanted pulse generator and electrode system to deliver electrical impulses to the carotid artery baroreceptors. Carotid baroreflex activation is aimed at decreasing sympathetic activity and increasing parasympathetic activity and has been proposed as a potential treatment option for individuals with symptomatic heart failure with reduced left ventricular ejection fraction.

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CID.OD.011.A

v1.0.2025

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