

Tissue of Origin Testing for Cancer of Unknown Primary

MOL.TS.228.A
v1.0.2025

Introduction

Tissue of origin testing for cancer of unknown primary is addressed by this guideline.

Procedures addressed

The inclusion of any procedure code in this table does not imply that the code is under management or requires prior authorization. Refer to the specific Health Plan's procedure code list for management requirements.

Procedures addressed by this guideline	Procedure codes
Oncology (Tissue of Origin), Microarray Gene Expression Profiling of Greater than 2000 genes (e.g. Tissue of Origin Testing)	81504
Oncology (Tumor of Unknown Origin), mRNA, Gene Expression Profiling of Real-time RT-PCR of 92 Genes to Classify Tumor into Main Cancer Type and Subtype (e.g. CancerTYPE ID)	81540
Unlisted Molecular Testing for Tumor of Unknown Origin	81479

Criteria

Introduction

Requests for tissue of origin testing for cancer of unknown primary are reviewed using the following criteria.

This test is considered Experimental, Investigational, or Unproven.

- Experimental, Investigational, or Unproven (E/I/U) refers to tests, or uses of tests, that have insufficient data to demonstrate an overall health benefit. This typically means there is insufficient data to support that a test accurately assesses the outcome of interest (analytical and clinical validity) and significantly improves patient health outcomes (clinical utility). Such tests are also not generally accepted as the standard of care in the evaluation or management of a particular condition.

- In the case of laboratory testing, FDA approval or clearance is not a reliable standard given the number of laboratory developed tests that currently fall outside of FDA oversight. In addition, FDA approval or clearance often does not include an assessment of clinical utility.

What is cancer of unknown primary testing?

Definition

In order to determine the most effective treatment regimen for an individual with cancer it is important to identify the cancer cell type.¹

- When a cancer is found in one or more metastatic sites but the primary site is not known, it is called a cancer of unknown primary (CUP) or an occult primary cancer.² This happens in a small portion of cancers.
- The most commonly used techniques to identify tissue of origin (TOO) for CUP include light microscopy, immunohistochemistry (IHC) staining and computed tomography (CT) or positron emission tomography (PET) imaging.^{1,3} However, conventional methods have had poor success.^{4,5}
- With advances in technology, some laboratory tests utilize gene expression profiling or other molecular techniques in cancer cells. Ramaswamy et al. found that a cancer-intrinsic gene expression pattern distinguished primary from metastatic adenocarcinomas.⁶ By comparing the pattern of gene expression in the CUP sample to the patterns seen with other known types of cancer, a CUP may be identified as belonging to a particular cancer type. Survival, quality of life (QOL), and/or disease symptoms may improve in some cases if the site and type of primary origin can be accurately detected and appropriate therapy administered early in the disease course.^{7,8}

Test information

Introduction

A number of different companies and approaches are being utilized to diagnose metastatic neoplasms for individuals with CUP, typically using gene expression analysis.

A representative example of a tissue-of-origin test, CancerTYPE ID (Biotheranostics, Inc), is a gene expression test designed to identify the most likely tissue of origin from 50 tumor types in individuals with cancer of unknown primary.⁹ "CancerTYPE ID uses real-time RT-PCR to measure the expression of 92-genes in the patient's tumor and classifies the tumor by matching the gene expression pattern to a database of over 2,000 known tumor types and subtypes...The test reports a molecular diagnosis of the cancer type with the highest probability match, as well as a list of tumor types that may be ruled out with 95% confidence."⁹

Guidelines and evidence

Introduction

This section includes relevant guidelines and evidence pertaining to tissue of origin testing.

European Society for Medical Oncology

The European Society for Medical Oncology (ESMO, 2023) Clinical Practice Guideline for the diagnosis, treatment and follow-up of cancer of unknown primary stated the following:¹⁰

- "Despite a promising pilot study, two randomised trials failed to demonstrate superiority of gene expression profiling-based 'site-specific' therapy over standard empiric ChT with either carboplatine—paclitaxel or cisplatin—gemcitabine, respectively. Consequentially, no recommendation for the use of gene expression profiling-based 'site-directed' therapy can currently be provided."

National Comprehensive Cancer Network

The National Comprehensive Cancer Network Guidelines in Oncology: Occult Primary (NCCN, 2024) stated the following regarding tissue of origin testing:¹¹

- "Gene sequencing to predict tissue of origin is not recommended."
- "...the clinical benefit of using molecular profiling to guide treatment decisions in CUP remains to be determined."
- "Currently there is no evidence of improved outcomes with the use of site-specific therapy guided by molecular testing in patients with CUP."
- "While there may be a diagnostic benefit to GEP [gene expression profiling], a clinical benefit has not been demonstrated. Consequently, the panel does not currently recommend use of gene sequencing to predict tissue of origin. Until more robust outcomes and comparative effectiveness data are available, pathologists and oncologists must collaborate on the judicious use of IHC and GEP on a case-by-case basis, with the best possible individualized patient outcome in mind."

National Institute for Health and Care Excellence

The National Institute for Health and Care Excellence (NICE, 2023) clinical guideline for metastatic malignant disease of unknown primary origin stated that further research is required to determine whether gene-expression-based profiling "could be beneficial addition to standard management in CUP."¹²

Select Relevant Publications

In systematic reviews of cancer of unknown primary site, gene-profiling diagnosis was noted to have high sensitivity, but additional prospective studies were deemed

necessary to establish whether outcomes for individual's with cancer are improved by its clinical use.^{1,13-22}

References

Introduction

These references are cited in this guideline.

1. Meleth S WN, Evans TS, Lux L. Technology assessment on genetic testing or molecular pathology testing of cancers with unknown primary site to determine origin. In: Rockville, MD: Agency for Healthcare Research and Quality (AHRQ). February 20, 2013. Accessed 28 Dec 2023. Available at: <http://www.cms.gov/Medicare/Coverage/DeterminationProcess/downloads/id90TA.pdf>
2. Cancer of Unknown Primary. American Cancer Society website. Accessed 28 Dec 2023. Available at: <https://www.cancer.org/cancer/types/cancer-unknown-primary/about/cancer-of-unknown-primary.html>
<http://www.cancer.org/cancer/cancerofunknownprimary/index>
3. Ross JS, Wang K, Gay L, et al. Comprehensive genomic profiling of carcinoma of unknown primary site: New routes to targeted therapies. *JAMA Oncol.* 2015;1(1):40-49. doi: 10.1001/jamaoncol.2014.216.
4. Burton EC, Troxclair DA, Newman WP, 3rd. Autopsy diagnoses of malignant neoplasms: how often are clinical diagnoses incorrect? *JAMA.* 1998;280(14):1245-1248. doi: 10.1001/jama.280.14.1245.
5. van Laar RK, Ma XJ, de Jong D, et al. Implementation of a novel microarray-based diagnostic test for cancer of unknown primary. *Int J Cancer.* 2009;125(6):1390-1397. doi: 10.1002/ijc.24505.
6. Ramaswamy S, et al. Multiclass cancer diagnosis using tumor gene expression signatures. *Proc Natl Acad Sci U S A.* 2001. 98(26): 15149-15154. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC64998/>
7. Hemminki K, Riihimaki M, Sundquist K, et al. Site-specific survival rates for cancer of unknown primary according to location of metastases. *Int J Cancer.* 2013;133(1):182-189. doi: 10.1002/ijc.27988.
8. Kurahashi I, Fujita Y, Arao T, et al. A microarray-based gene expression analysis to identify diagnostic biomarkers for unknown primary cancer. *PLoS One.* 2013;8(5):e63249. doi: 10.1371/journal.pone.0063249.

9. Biotheranostics, Inc. Identifying Tumor Origin with CancerTYPE ID. Updated 2023. Accessed 28 Dec 2023. Available at: <https://www.hologic.com/hologic-products/tests/cancertype-id?forwarding=hcp-what-is-ctid>
10. Kramer A, Bochtler T, Pauli C, et al. Cancer of unknown primary: ESMO Clinical Practice Guideline for diagnosis, treatment and follow-up. *Ann Oncol*. 2023;34(3):228-246. doi:10.1016/j.annonc.2022.11.013
11. National Comprehensive Cancer Network (NCCN) Guidelines – v1.2024 Occult Primary (Cancer of Unknown Primary [CUP]) available at: https://www.nccn.org/professionals/physician_gls/pdf/occult.pdf. Referenced with permission from the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines™) for Occult Primary (Cancer of Unknown Primary [CUP]) – v1.2024. © 2024 National Comprehensive Cancer Network, Inc. All rights reserved. The NCCN Guidelines™ and illustrations herein may not be reproduced in any form for any purpose without the express written permission of the NCCN.
12. National Institute for Health and Care Excellence. Metastatic malignant disease of unknown primary origin in adults: diagnosis and management. Updated April 26, 2023 <https://www.nice.org.uk/guidance/cg104/resources/metastatic-malignant-disease-of-unknown-primary-origin-in-adults-diagnosis-and-management-pdf-35109328970437>.
13. Pavlidis, N. and G. Pentheroudakis. Cancer of unknown primary site. *Lancet*. 2012;379(9824): 1428-1435. doi:10.1016/S0140-6736(11)61178-1
14. Wu AHB, Drees JC, Wang H, et al. Gene expression profiles help identify the tissue of origin for metastatic brain cancers. *Diagn Pathol*. 2010;5:26. doi: 10.1186/1746-1596-5-26.
15. Beck AH, Rodriguez-Paris J, Zehnder J, et al. Evaluation of a gene expression microarray-based assay to determine tissue type of origin on a diverse set of 49 malignancies. *Am J Surg Pathol*. 2011;35(7):1030-1037. doi: 10.1097/PAS.0b013e3182178b59.
16. Dumur CI, Fuller CE, Blevins TL, et al. Clinical verification of the performance of the pathwork tissue of origin test: utility and limitations. *Am J Clin Pathol*. 2011;136(6):924-933. doi: 10.1309/AJCPDQPF073SSNFR.
17. Laouri M, Halks-Miller M, Henner WD, et al. Potential clinical utility of gene-expression profiling in identifying tumors of uncertain origin. *Per Med*. 2011;8(6):615-622. doi: 10.2217/pme.11.65.
18. Pillai R, Deeter R, Rigl CT, et al. Validation and reproducibility of a microarray-based gene expression test for tumor identification in formalin-fixed, paraffin-embedded specimens. *J Mol Diagn*. 2011;13(1):48-56. doi: 10.1016/j.jmoldx.2010.11.001.

19. Lal A, Panos R, Marjanovic M, et al. A gene expression profile test for the differential diagnosis of ovarian versus endometrial cancers. *Oncotarget*. 2012;3(2):212-223. doi: 10.18632/oncotarget.450.
20. Monzon FA, Lyons-Weiler M, Buturovic LJ, et al. Multicenter validation of a 1,550-gene expression profile for identification of tumor tissue of origin. *J Clin Oncol*. 2009;27(15):2503-2508. doi: 10.1200/JCO.2008.17.9762.
21. Nystrom SJ, Hornberger JC, Varadhachary GR, et al. Clinical utility of gene-expression profiling for tumor-site origin in patients with metastatic or poorly differentiated cancer: impact on diagnosis, treatment, and survival. *Oncotarget*. 2012;3(6):620-628. doi: 10.18632/oncotarget.521.
22. Dumur CI, Lyons-Weiler M, Sciulli C, et al. Interlaboratory performance of a microarray-based gene expression test to determine tissue of origin in poorly differentiated and undifferentiated cancers. *J Mol Diagn*. 2008;10(1):67-77. doi: 10.2353/jmoldx.2008.070099.