

Ostomy Supplies

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Introduction

Ostomy supplies are addressed by this guideline.

Health Equity Consideration

Health equity is the highest level of health for all individuals; health inequity is the avoidable difference in health status or distribution of health resources due to the social conditions in which individuals are born, grow, live, work, and age. Social determinants of health are the conditions in the environment that affect a wide range of health, functioning, and quality of life outcomes and risks. Examples include the following: safe housing, transportation, and neighborhoods; racism, discrimination, and violence; education, job opportunities, and income; access to nutritious foods and physical activity opportunities; access to clean air and water; and language and literacy skills.

Criteria

Ostomy supplies are considered medically necessary for an individual with an ostomy (e.g., colostomy, ileostomy, urostomy).

The following ostomy supplies are considered medically necessary to prevent and/or manage drainage for individuals with continent stomas:

- stoma caps
- stoma plugs
- stoma absorptive covers or gauze pads

Either a liquid ostomy skin barrier (or individual wipes/swabs) is considered medically necessary; however, the use of both concurrently is not considered medically necessary.

Either a bag **or** bottle is considered medically necessary for drainage at night for individuals with urinary ostomies.

The medically necessary quantity of ostomy supplies for an individual is determined primarily by the type of ostomy, its location, its construction, and the condition of the skin surface surrounding the stoma. There will be variation according to individual's medical needs which may vary over time.

Table 1 references the quantity of supplies that are usually considered medically necessary. The actual quantity that is considered medically necessary for a particular individual may be more or less than the amount listed depending on the factors that affect the frequency of barrier and pouch change.

The request for an additional quantity of supplies must be accompanied by clear documentation of medical necessity in the individual's medical records.

Table 1: Usual Maximum Number of Supplies

Code	Description	Number per Month
A4357	Bedside drainage bag, day or night, with or without anti-reflux device, with or without tube, each	2
A4362	Skin barrier; solid, 4 x 4 or equivalent; each	20
A4364	Adhesive, liquid or equal, any type, per oz	4
A4367	Ostomy belt, each	1
A4369	Ostomy skin barrier, liquid (spray, brush, etc.), per oz	2
A4377	Ostomy pouch, drainable, for use on faceplate, plastic, each	10
A4381	Ostomy pouch, urinary, for use on faceplate, plastic, each	10
A4402	Lubricant, per ounce	4
A4404	Ostomy ring, each	10
A4405	Ostomy skin barrier, non-pectin based, paste, per ounce	4
A4406	Ostomy skin barrier, pectin-based, paste, per ounce	4
A4414	Ostomy skin barrier, with flange (solid, flexible or accordion), without built-in convexity, 4 x 4 inches or smaller, each	20
A4415	Ostomy skin barrier, with flange (solid, flexible or accordion), without built-in convexity, larger than 4 x 4 inches, each	20
A4416	Ostomy pouch, closed, with barrier attached, with filter (1 piece), each	60

Code	Description	Number per Month
A4417	Ostomy pouch, closed, with barrier attached, with built-in convexity, with filter (1 piece), each	60
A4418	Ostomy pouch, closed; without barrier attached, with filter (1 piece), each	60
A4419	Ostomy pouch, closed; for use on barrier with non-locking flange, with filter (2 piece), each	60
A4420	Ostomy pouch, closed; for use on barrier with locking flange (2 piece), each	60
A4423	Ostomy pouch, closed; for use on barrier with locking flange, with filter (2 piece), each	60
A4424	Ostomy pouch, drainable, with barrier attached, with filter (1 piece), each	20
A4425	Ostomy pouch, drainable; for use on barrier with non-locking flange, with filter (2 piece system), each	20
A4426	Ostomy pouch, drainable; for use on barrier with locking flange (2 piece system), each	20
A4427	Ostomy pouch, drainable; for use on barrier with locking flange, with filter (2 piece system), each	20
A4429	Ostomy pouch, urinary, with barrier attached, with built-in convexity, with faucet-type tap with valve (1 piece), each	20
A4431	Ostomy pouch, urinary; with barrier attached, with faucet-type tap with valve (1 piece), each	20
A4432	Ostomy pouch, urinary; for use on barrier with non-locking flange, with faucet-type tap with valve (2 piece), each	20
A4433	Ostomy pouch, urinary; for use on barrier with locking flange (2 piece), each	20
A4434	Ostomy pouch, urinary; for use on barrier with locking flange, with faucet-type tap with valve (2 piece), each	20
A4436	Irrigation supply; sleeve, reusable, per month	1

Code	Description	Number per Month
A4437	Irrigation supply; sleeve, disposable, per month	1
A4450	Tape, non-waterproof, per 18 square inches	40
A4452	Tape, waterproof, per 18 square inches	40
A5051	Ostomy pouch, closed; with barrier attached (1 piece), each	60
A5052	Ostomy pouch, closed; without barrier attached (1 piece), each	60
A5053	Ostomy pouch, closed; for use on faceplate, each	60
A5054	Ostomy pouch, closed; for use on barrier with flange (2 piece), each	60
A5055	Stoma cap	31
A5056	Ostomy pouch, drainable, with extended wear barrier attached, with filter, (1 piece), each	40
A5057	Ostomy pouch, drainable, with extended wear barrier attached, with built in convexity, with filter, (1 piece), each	40
A5061	Ostomy pouch, drainable; with barrier attached, (1 piece), each	20
A5062	Ostomy pouch, drainable; without barrier attached (1 piece), each	20
A5063	Ostomy pouch, drainable; for use on barrier with flange (2 piece system), each	20
A5071	Ostomy pouch, urinary; with barrier attached (1 piece), each	20
A5072	Ostomy pouch, urinary; without barrier attached (1 piece), each	20
A5073	Ostomy pouch, urinary; for use on barrier with flange (2 piece), each	20
A5081	Stoma plug or seal, any type	31
A5082	Continent device; catheter for continent stoma	1
A5083	Continent device, stoma absorptive cover for continent stoma	150

Code	Description	Number per Month
A5093	Ostomy accessory; convex insert	10
A5121	Skin barrier; solid, 6 x 6 or equivalent, each	20
A5122	Skin barrier; solid, 8 x 8 or equivalent, each	20
A5126	Adhesive or non-adhesive; disk or foam pad	20
A5131	Appliance cleaner, incontinence and ostomy appliances, per 16 oz.	1
A6216	Gauze, non-impregnated, non-sterile, pad size 16 sq. in. or less, without adhesive border, each dressing	60
A4361	Ostomy faceplate, each	3
A4371	Ostomy skin barrier, powder, per oz	10
A4398	Ostomy irrigation supply; bag, each	2
A4399	Ostomy irrigation supply; cone/catheter, with or without brush	2
A5102	Bedside draining bottle with or without tubing, rigid or expandable, each	2
A5120	Skin wipes or swabs, each	150

Other codes addressed in this guideline

Code	Description
A4455	Adhesive remover or solvent (for tape, cement or other adhesive), per ounce
A4363	Ostomy clamp, any type, replacement only, each
A4366	Ostomy vent, any type, each
A4368	Ostomy filter, any type, each
A4372	Ostomy skin barrier, solid 4 x 4 or equivalent, standard wear, with built-in convexity, each
A4373	Ostomy skin barrier, with flange (solid, flexible or accordion), with built-in convexity, any size, each
A4375	Ostomy pouch, drainable, with faceplate attached, plastic, each

Code	Description
A4376	Ostomy pouch, drainable, with faceplate attached, rubber, each
A4378	Ostomy pouch, drainable, for use on faceplate, rubber, each
A4379	Ostomy pouch, urinary, with faceplate attached, plastic, each
A4380	Ostomy pouch, urinary, with faceplate attached, rubber, each
A4382	Ostomy pouch, urinary, for use on faceplate, heavy plastic, each
A4383	Ostomy pouch, urinary, for use on faceplate, rubber, each
A4384	Ostomy faceplate equivalent, silicone ring, each
A4385	Ostomy skin barrier, solid 4 x 4 or equivalent, extended wear, without built-in convexity, each
A4387	Ostomy pouch, closed, with barrier attached, with built-in convexity (1 piece), each
A4388	Ostomy pouch, drainable, with extended wear barrier attached, (1 piece), each
A4390	Ostomy pouch, drainable, with extended wear barrier attached, with built-in convexity (1 piece), each
A4391	Ostomy pouch, urinary, with extended wear barrier attached (1 piece), each
A4392	Ostomy pouch, urinary, with standard wear barrier attached, with built-in convexity (1 piece), each
A4393	Ostomy pouch, urinary, with extended wear barrier attached, with built-in convexity (1 piece), each
A4394	Ostomy deodorant, with or without lubricant, for use in ostomy pouch, per fluid ounce
A4395	Ostomy deodorant for use in ostomy pouch, solid, per tablet
A4396	Ostomy belt with peristomal hernia support
A4400	Ostomy irrigation set
A4407	Ostomy skin barrier, with flange (solid, flexible, or accordion), extended wear, with built-in convexity, 4 x 4 inches or smaller, each

Code	Description
A4408	Ostomy skin barrier, with flange (solid, flexible or accordion), extended wear, with built-in convexity, larger than 4 x 4 inches, each
A4410	Ostomy skin barrier, with flange (solid, flexible or accordion), extended wear, without built-in convexity, larger than 4 x 4 inches, each
A4411	Ostomy skin barrier, solid 4 x 4 or equivalent, extended wear, with built-in convexity, each
A4412	Ostomy pouch, drainable, high output, for use on a barrier with flange (2 piece system), without filter, each
A4413	Ostomy pouch, drainable, high output, for use on a barrier with flange (2 piece system), with filter, each
A4421	Ostomy supply; miscellaneous
A4422	Ostomy absorbent material (sheet/pad/crystal packet) for use in ostomy pouch to thicken liquid stomal output, each
A4428	Ostomy pouch, urinary, with extended wear barrier attached, with faucet-type tap with valve (1 piece), each
A4430	Ostomy pouch, urinary, with extended wear barrier attached, with built-in convexity, with faucet-type tap with valve (1 piece), each
A4435	Ostomy pouch, drainable, high output, with extended wear barrier (one-piece system), with or without filter, each

Evidence Discussion

A 2024 prospective interventional study by Karhu et al. evaluated the effect of ostomy belt use on health-related quality of life among individuals with a stoma and found statistically significant improvements across multiple domains. A total of 45 individuals, including 20 females with a mean age of 48 years, participated and used an ostomy belt continuously for eight weeks. Quality of life was measured using the Stoma Quality of Life Scale at baseline, four weeks, and eight weeks. Results showed significant improvements from baseline to four weeks in overall life satisfaction ($p < 0.001$), work and social functioning ($p < 0.001$), and body image ($p = 0.04$), and stoma function ($p < 0.001$), with benefits sustained at eight weeks. No significant changes were observed in financial impact or skin irritation domains. The authors concluded that ostomy belt use represented a low-cost supportive intervention that improved functional and

psychosocial aspects of quality of life for individuals living with a stoma in the home setting. Study limitations included the open-label design, lack of a control group, relatively small sample size, short follow-up duration, and reliance on self-reported outcomes, which limited generalizability and causal inference.

A 2024 prospective cohort study (Martín-Gil, et al.) examined changes in perceived quality of life during the first year after ostomy creation among individuals cared for under a structured best practice nursing program and found that overall quality of life remained stable without deterioration over time. The study included 55 individuals who underwent ostomy surgery and were followed at two or three time points during the first postoperative year using the Stoma Quality of Life instrument. Results indicated that individuals reported a moderate-to-good perception of quality of life across personal and social dimensions throughout follow-up. Although complications such as urinary leakage and peristomal dermatitis were more frequently observed at early follow-up and parastomal hernia and prolapse at later follow-up, these complications did not result in a measurable decline in quality of life scores. Multivariate analysis showed that female sex and younger age were associated with a higher likelihood of no improvement in quality of life, but not with worsening outcomes. The authors concluded that when individuals with an ostomy received consistent, guideline-based nursing support, quality of life could be maintained during the first year of living with an ostomy, supporting the feasibility of long-term ostomy management in the home setting. Study limitations included the relatively small sample size, single-center design, lack of a comparison group receiving usual care, and reliance on self-reported measures, which limited generalizability and causal inference.

Codes Addressed in This Guideline

Urological HCPCS Codes

HCPCS Code	Description
A4311-A4216	Indwelling catheters
A4326-A4328	External catheters/Collection Devices
A4310-A4316, A4353, A4354	Catheter Insertion Tray
A4314-A4316, A4353, A4357, A4358, A5112	Urinary Drainage Collection System

HCPSC Code	Description
A4320, A4322, A4217, A4355, A4313, A4316, A4346	Irrigation Supplies
A4409	Ostomy skin barrier, with flange (solid, flexible or accordion), extended wear, without built-in convexity, 4 x 4 inches or smaller, each
A4421	Ostomy supply; miscellaneous
A4430	Perianal fecal collection pouch with adhesive, each

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