



## Sleep Management Job Aid

**Authorization is required** for BlueCross and BlueShield of Minnesota (Blue Cross) members enrolled in the following programs:

- **Blue Cross Commercial Fully Insured**
- **Blue Cross Medicare Advantage**

Members who do not require prior authorization through eviCore healthcare are:

- **Blue Cross Commercial Self Insured Members**
- **Blue Cross Federal Employee Members**
- **Blue Cross Medicaid Members**

eviCore is accepting Prior Authorization requests that apply to:

- **Outpatient**
- **Elective / Non-emergent**
- **Diagnostic**

Prior authorization through eviCore healthcare does not apply to services that are performed in:

- **Emergency room**
- **Inpatient**
- **23-hour observation**

Submissions for prior authorization should be initiated at [www.availity.com](http://www.availity.com) or by phone at 844-224-0494, available Monday through Friday 7:00 am to 7:00 pm Central Time

All requests and corresponding notification are typically processed within **10 business days** after receipt of all necessary clinical information (10 days is the MN state statute).

A link to additional tools and resources can be found at the below link:

<https://www.bluecrossmn.com/healthy/public/personal/home/providers/medical-affairs/>

A link to additional tools and resources can be found at the below link:

<https://www.evicore.com/resources/healthplan/blue-cross-blue-shield/minnesota#solutiondocs>

You will find the following information available at the above link:

- Provider Orientation Presentation
- CPT Code List
- Provider Manual
- eviCore evidence-based Clinical Guidelines

**Urgent requests** must be initiated by phone at 844-224-0494

Request Clinical Consultation: Link available on **Payer Spaces** through **Availity**

Web Support for issues experienced within the eviCore portal: [portal.support@evicore.com](mailto:portal.support@evicore.com) or by phone at **800-646-0418, option 2**

Additional questions or information, contact: [ClientServices@evicore.com](mailto:ClientServices@evicore.com) or by phone at **800-575-4517, option 3**

\*Please include **Blue Cross** in the subject line of the email for expedited response time

### Approval Timeframes

- Commercial CPAP should be approved for 10 total months. Initial approval for 3 months, with a compliance check at 3 months. If within compliance (4hrs per night on 70% of nights during a consecutive 30 days), 7 additional months will be approved.
- Medicare CPAP should be approved for 13 total months. Initial approval for 3 months, with a compliance check at 3 months. If within compliance (4hrs per night on 70% of nights during a consecutive 30 days), 10 additional months will be approved.

<b>LOB</b>	<b>eviCore Sleep Program</b>
Commercial CPAP	Maximum approved for 10 total months
Medicare CPAP	Maximum approved for 13 total months
<b>Authorization Timeframes</b>	
90 Days for Diagnostic sleep tests, 180 days for PAP devices and supplies	
<b>DME Purchase Instructions</b>	
DME is considered purchased after 10 months of rental payments. Ten months rental for a particular item equals Blue Cross allowed amount for the purchase price of that item. No additional claims for rental or purchase of the same device should be submitted after the Blue Cross allowed amount for the purchase price of that item has been met.	

### Utilization Management for Sleep Management

- Provider will submit all relevant clinical information for review
- eviCore will review clinical information and make a determination
- Requests that do not meet criteria per the evidence based guidelines could result in an adverse determination; this determination will not include education language in the rationale

**Complete clinical information must be submitted with each prior authorization request for Medical Necessity Determination.**