Preauthorization of Sleep for Blue Cross and Blue Shield Medicare Program

Provider Orientation



Company Overview



Headquartered in Bluffton, SC Offices across the US including:

- Lexington, MA
- Colorado Springs, CO
- Franklin, TN
- · Greenwich, CT

- Melbourne, FL
- Plainville, CT
- Sacramento, CA





The industry's most comprehensive clinical evidence-based guidelines



4k+ employees including **1k clinicians**

Engaging with 570k+ providers



Advanced, innovative, and intelligent technology









Sleep Solution Experience – Our Experience

16 Regional

and National Clients

1k+

Cases built per day

10 Years

Managing Sleep Management Services





Members Managed

- 10.9M Commercial Members
- 3.6M Medicare Members
- 1.6M Medicaid Members







Our Clinical Approach

Clinical Staffing

Multi-Specialty Expertise

Dedicated nursing and physician specialty teams for various solutions

>300 Medical Directors Covering
51
different specialties

800 Nurses with diverse specialties / experience

- Anesthesiology
- Cardiology
- Ohiropractic
- Emergency Medicine
- Family Medicine
 - Family Medicine / OMT
 - Public Health & General Preventative Medicine
- Internal Medicine
 - Cardiovascular Disease
 - Critical Care Medicine
 - Endocrinology, Diabetes & Metabolism
 - Geriatric Medicine
 - Hematology
 - Hospice & Palliative Medicine
 - Medical Oncology
 - Pulmonary Disease
 - Rheumatology
 - Sleep Medicine
 - Sports Medicine

- Medical Genetics
- Nuclear Medicine
- OB/GYN
 - · Maternal-Fetal Medicine
- Oncology / Hematology
- Orthopedic Surgery
- Otolaryngology
- Pain Mgmt. / Interventional Pain
- Pathology
 - · Clinical Pathology
- Pediatric
 - Pediatric Cardiology
 - Pediatric Hematology-Oncology
- Physical Medicine & Rehabilitation Pain Medicine
- Physical Therapy
- Radiation Oncology

Radiology

- Diagnostic Radiology
- Neuroradiology
- Radiation Oncology
- Vascular & Interventional Radiology
- Sleep Medicine
- Sports Medicine
- Surgery
 - Cardiac
 - General
 - Neurological
 - Spine
 - Thoracic
 - Vascular
- Urology

Evidence-Based Guidelines

The foundation of our solutions:





Contributions from a panel of community physicians



Experts associated with academic institutions



Current clinical literature

Aligned with National Societies

- American College of Cardiology
- American Heart Association
- American Society of Nuclear Cardiology
- Heart Rhythm Society
- American College of Radiology
- American Academy of Neurology
- American College of Chest Physicians
- American College of Rheumatology
- American Academy of Sleep Medicine
- American Urological Association
- National Comprehensive Cancer Network

- American College of Therapeutic Radiology and Oncology
- American Society for Radiation Oncology
- American Society of Clinical Oncology
- American Academy of Pediatrics
- American Society of Colon and Rectal Surgeons
- American Academy of Orthopedic Surgeons
- North American Spine Society
- American Association of Neurological Surgeons
- American College of Obstetricians and Gynecologists
- The Society of Maternal-Fetal Medicine

Service Model

Enabling Better Outcomes

Enhancing outcomes through Client and Provider engagement



Client & Provider Operations

Client Provider Representatives are cross-trained to investigate escalated provider and health plan issues.



Client Experience Manager

Client Service Managers lead resolution of complex service issues and coordinate with partners for continuous improvement.



Regional Provider Engagement Managers

Regional Provider Engagement Managers are on-the-ground resources who serve as the voice of eviCore to the provider community.

Why Our Service Delivery Model Works



One centralized intake point allows for timely identification, tracking, trending, and reporting of all issues. It also enables eviCore to quickly identify and respond to systemic issues impacting multiple providers.

Complex issues are escalated to resources who are the subject matter experts and can quickly coordinate with matrix partners to address issues at a root-cause level.

Routine issues are handled by a <u>team</u> of representatives who are cross trained to respond to a variety of issues. There is no reliance on a single individual to respond to your needs.

Preauthorization Program for Blue Cross and Blue Shield Medicare Program

Program Overview

eviCore began accepting requests on May 22, 2017 for dates of service June 1, 2017 and beyond.

Preauthorization applies to services that are:

- Outpatient
- Elective / Non-emergent

eviCore Preauthorization does not apply to services that are performed in:

- Emergency room
- Inpatient
- 23-hour observation

It is the responsibility of the ordering provider to request preauthorization approval for services.

Applicable Membership

<u>Authorization is required</u> for Blue Cross and Blue Shield members enrolled in the following programs:

- Blue Cross and Blue Shield of Illinois
 - Medicare members
- Blue Cross and Blue Shield of Montana
 - Medicare members
- Blue Cross and Blue Shield of New Mexico
 - Medicare members
- Blue Cross and Blue Shield of Oklahoma
 - Medicare members
- Blue Cross and Blue Shield of Texas
 - Medicare members

Preauthorization Required:

- 95806/G0399 Home Sleep Testing
- 95807/95808/95810 Attended Polysomnography (PSG)
- 95811 Attended Polysomnography with PAP titration
- 95805 Multiple Sleep Latency Test (MSLT)
- E0470/E0471/E0601 PAP Therapy devices
- A4604 and A7027 A7046 PAP supply codes
- E0561 and E0562 PAP Therapy humidifiers

To find a list of CPT (Current Procedural Terminology) codes that require preauthorization through eviCore, please visit:

https://www.evicore.com/healthplan/bcbs

Sleep Study Site of Service Authorization

- During the clinical review process, physicians who order sleep testing or PAP devices, for eligible members, will receive an authorization.
- What happens if an attended sleep study is requested, but an HST is more appropriate?
 - If the member meets medical appropriateness criteria for an HST, an authorization for the attended study will not be given.
 - The ordering clinician will be offered the choice to suspend the request for an attended study in favor of an HST.
 - If the provider selects the HST option, the CPT code will be changed to G0399/95806 and the HST will be approved.
 - If the provider does not select the HST option, the case will go to medical review and could lead to non-certification of the attended sleep study.
- If a provider would like to <u>order an HST</u> for a member, they can do so directly by completing the authorization process via the phone or eviCore website.

PAP Therapy Compliance

During the first 90 days of Therapy, DME providers should continue to support member PAP use

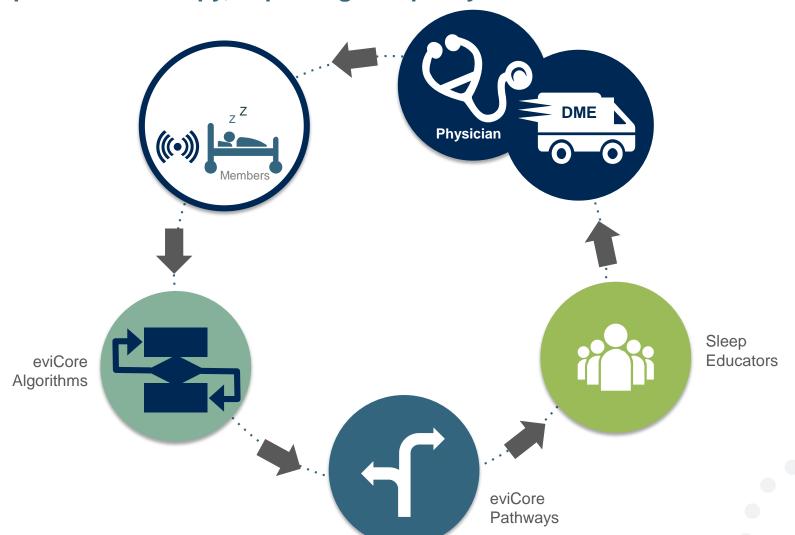
- BCBS members that are prescribed PAP therapy will need to demonstrate PAP compliance in order to qualify for continued PAP therapy and supplies.
- For the first 90 days of PAP therapy, DME suppliers must dispense <u>PAP devices</u> equipped with a modem for remote monitoring capability.
- In order to enable compliance monitoring by eviCore, the DME provider will need to visit the online systems of the members' PAP machine manufacturer to enter specific member information. A web-based tutorial and detailed instructions for each PAP manufacturer will be located at www.evicore.com.
- During the initial 90 day period of PAP use, device-generated patient compliance data will be monitored by eviCore.

PAP Therapy Compliance (continued)

- The DME provider is expected to work with the patient during this time period to maximize member compliance with PAP treatment.
- When the member reaches the compliance threshold for PAP purchase, according to health plan criteria, an authorization for purchase will be generated by eviCore and sent to the DME provider.
- Beyond the first 90 days of therapy, periodic monitoring through SD card (or similar) reporting of daily PAP usage will be required.

TherapySupportSM is eviCore's proprietary PAP compliance monitoring system

Once usage is detected, eviCore supports provider efforts to keep members compliant with therapy, improving the quality of care for members



19

Needed Information

Member Member ID Member name Date of birth (DOB)



Referring Physician

Physician name National provider identifier (NPI) Tax identification number (TIN) Fax number

Rendering Facility

Facility name National provider identifier (NPI) Tax identification number (TIN) Street address

Supporting Clinical

CPT Code(s)
Diagnosis Code(s)
Previous Test Results
Detailed Written Order (if applicable)



Preauthorization Outcomes



- All requests are processed within 14 calendar days.
- Authorizations for diagnostic tests are good for 90 days from the date of determination.



- Faxed to ordering provider (verbal outreach for urgent requests)
- Mailed to the member (verbal outreach for urgent requests)
- Information can be printed on demand from the eviCore healthcare Web Portal



- Communication of denial determination
- Communication of the rationale for the denial
- How to request a Peer Review



- Faxed to the ordering provider and rendering facility (verbal outreach for urgent requests)
- Mailed to the member (verbal outreach for urgent requests)

Special Circumstances



Authorization Appeals

- eviCore will manage first level authorization appeals.
- Appeals must be submitted in writing within 120 calendar days of the determination. eviCore will respond within 30 calendar days.



Outpatient Urgent Studies:

- Contact eviCore by phone or web portal to request an expedited preauthorization review and provide clinical information.
- Urgent Cases will be reviewed with 72 hours of the request.

Preauthorization Outcomes

Pre-E

Pre-Decision Consultation

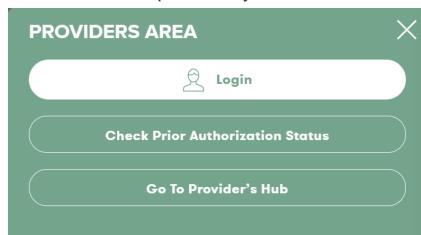
- If your case requires further clinical discussion for approval, we welcome requests for clinical determination discussions from referring physicians prior to a decision being rendered.
- In certain instances, additional information provided during the predecision consultation is sufficient to satisfy the medical necessity criteria for approval

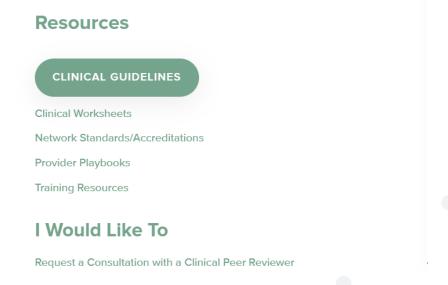
Clinical Consultation

- Provides the ability to review clinical aspects of the case with a peer
- Be prepared to provide information that was not submitted previously
- Schedule the clinical consultations on line

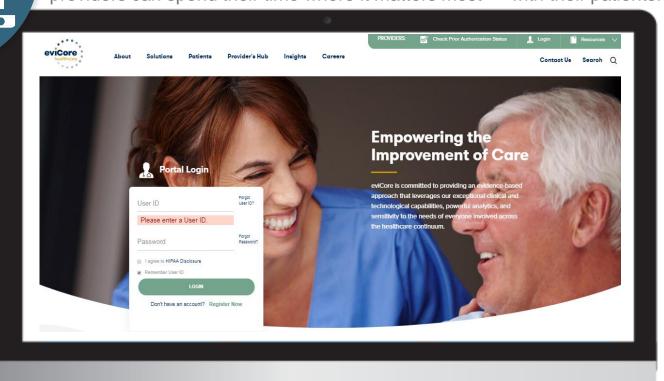


Select "Request a Consultation with a Clinical Peer Reviewer"





The eviCore online portal is the quickest, most efficient way to request prior authorization and check authorization status and is available 24/7. By visiting www.eviCore.com providers can spend their time where it matters most — with their patients!



Or by phone:

Phone Number:

XXX-XXX-XXXX

7:00 a.m. to 7:00p.m. (Monday - Friday

WEB

Web Portal Services

Portal Compatibility

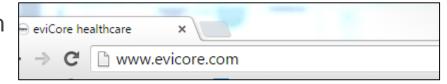
The eviCore.com website is compatible with the following web browsers:

- Google Chrome
- Mozilla Firefox
- Internet Explorer 9, 10, and 11

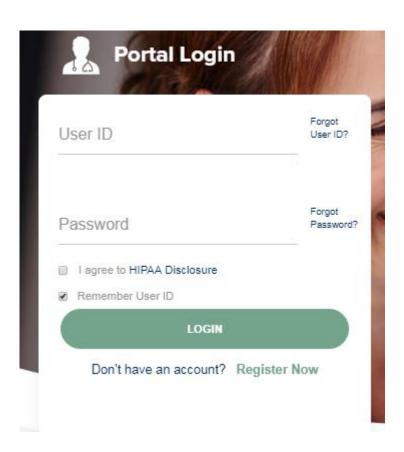
You may need to disable pop-up blockers to access the site. For information on how to disable pop-up blockers for any of these web browsers, please refer to our <u>Disabling Pop-Up Blockers guide</u>.

eviCore healthcare website

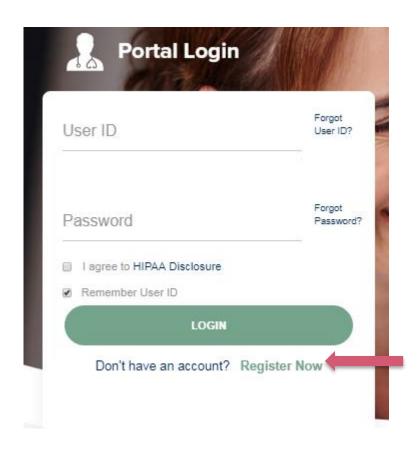
Point web browser to evicore.com



Login or Register

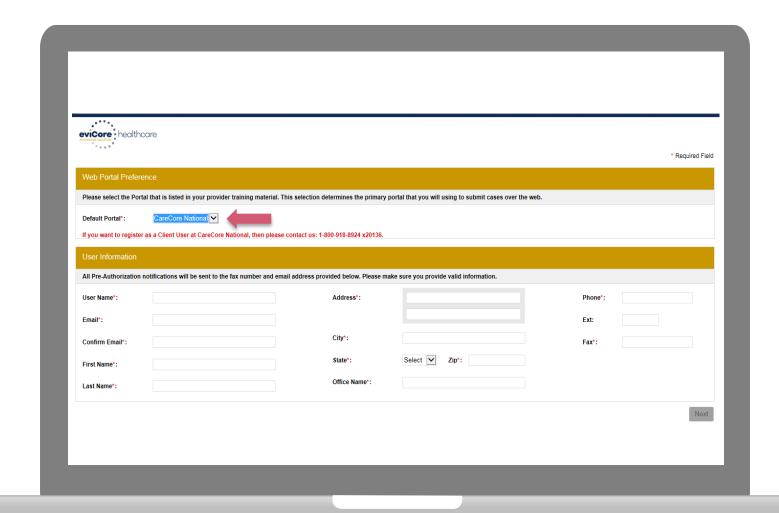


Creating An Account



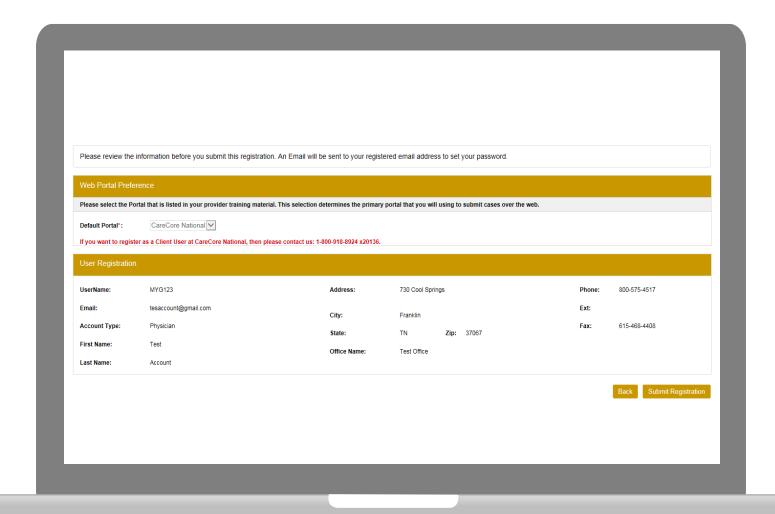


Creating an Account



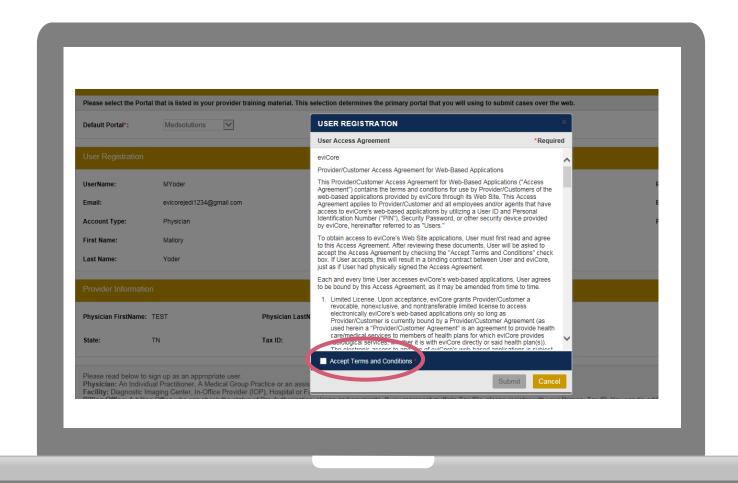


Creating an Account





User Registration-Continued





User Registration-Continued

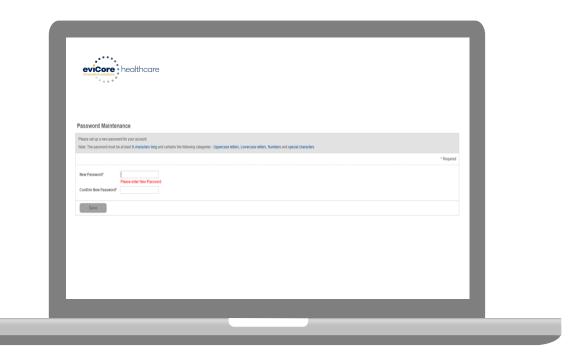


You will receive a message on the screen confirming your registration is successful. You will be sent an email to create your password.

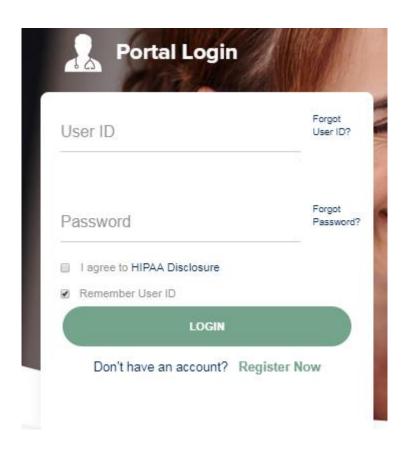
Create a Password

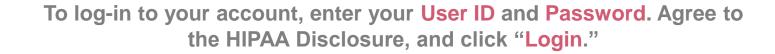
Your password must be at least (8) characters long and contain the following:

- Uppercase letters
- Lowercase letters
- Numbers
- Characters (e.g., ! ? *)



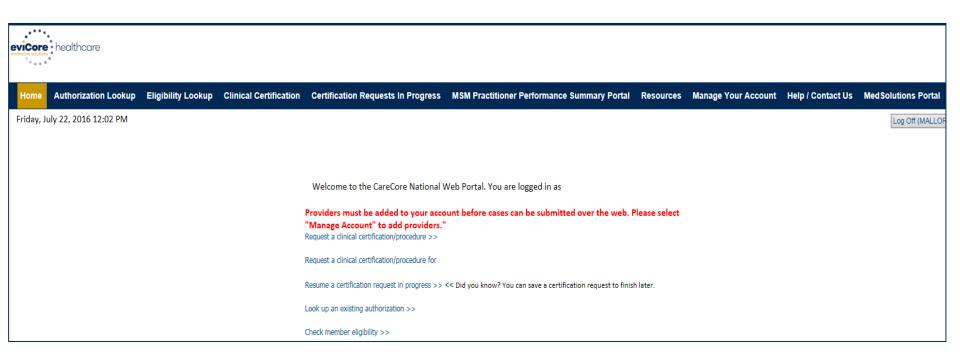
Account Log-In





Account Overview

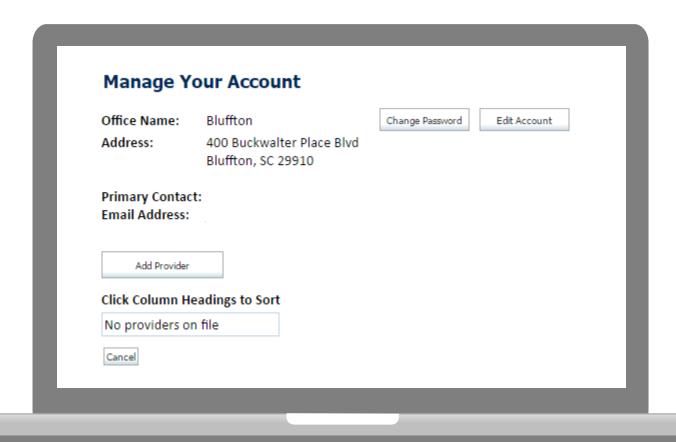
Welcome Screen



Providers will need to be added to your account prior to case submission. Click the "Manage Account" tab to add provider information.

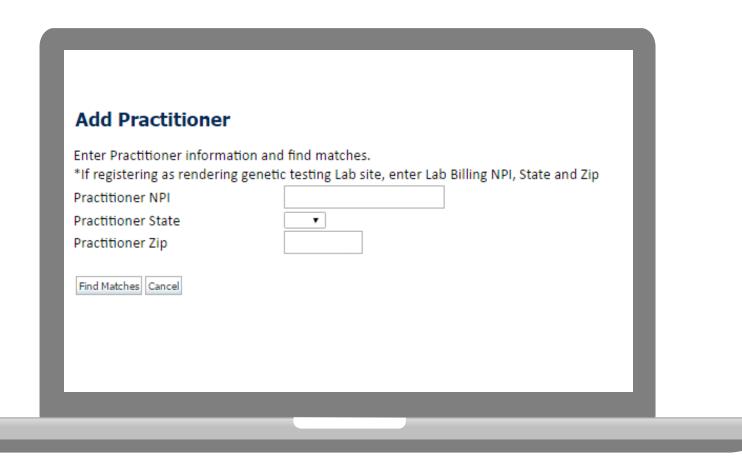
<u>Note</u>: You can access the MedSolutions Portal at any time if you are registered. Click the MedSolutions Portal button on the top right corner to seamlessly toggle back and forth between the two portals without having to log-in multiple accounts.

Add Practitioners



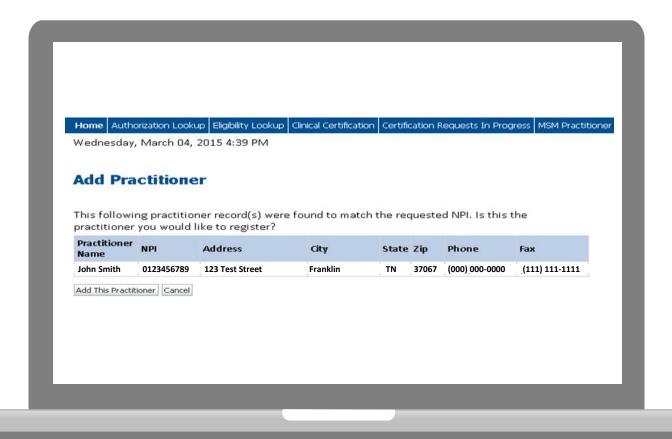
Click the "Add Provider" button.

Add Practitioners



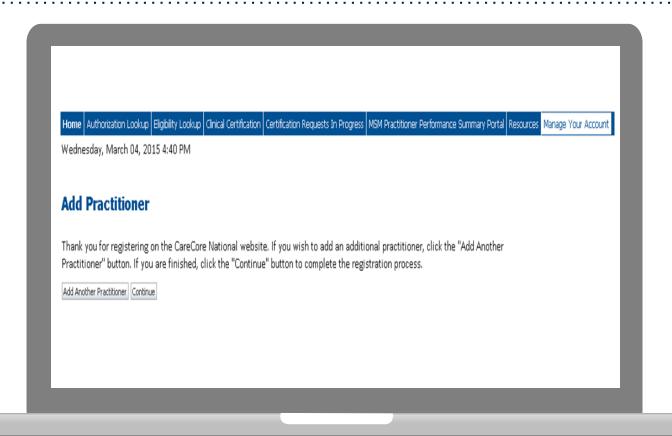
Enter the Provider's NPI, State, and Zip Code to search for the provider record to add to your account. You are able to add multiple Providers to your account.

Adding Practitioners



Select the matching record based upon your search criteria

Manage Your Account



- Once you have selected a practitioner, your registration will be completed.
 You can then access the "Manage Your Account" tab to make any necessary updates or changes.
- You can also click "Add Another Practitioner" to add another provider to your account.

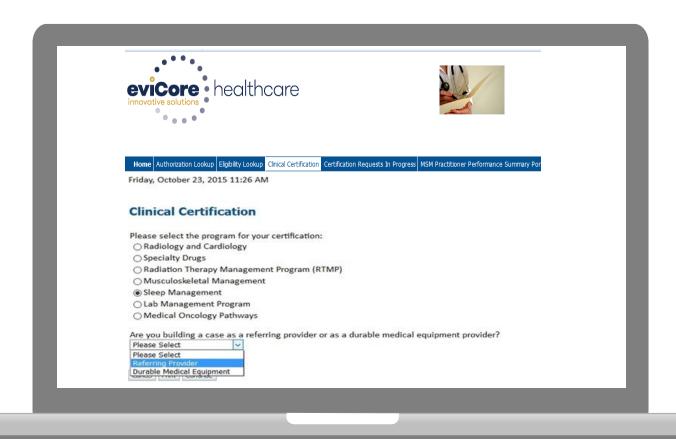
Case Initiation

Initiating a Case

Welcome to the CareCore National Web Portal. You are logged in as Request a clinical certification/procedure >> Resume a certification request in progress >> << Did you know? You can save a certification request to finish later. Look up an existing authorization >> Check member eligibility >> © CareCore National, LLC. 2015 All rights reserved. Privacy Policy | Terms of Use | Contact Us

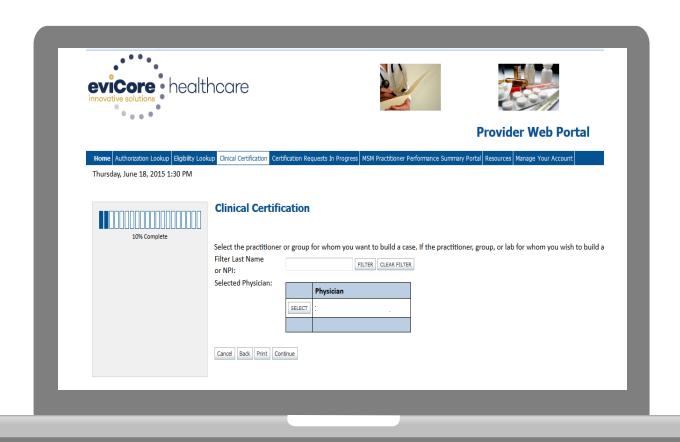
 Choose "request a clinical certification/procedure" to begin a new case request.

Select Program



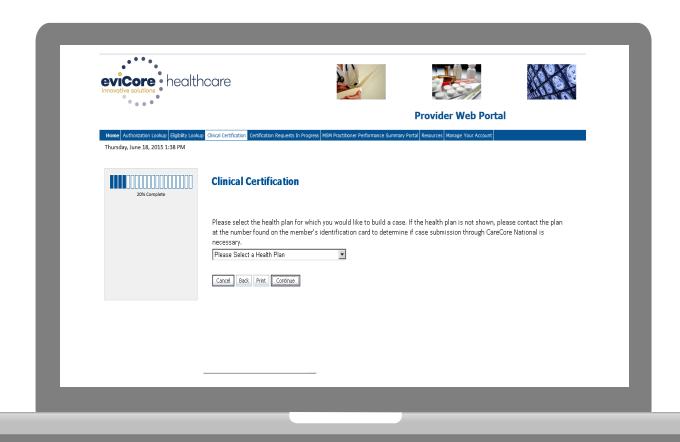


Select Referring Physician



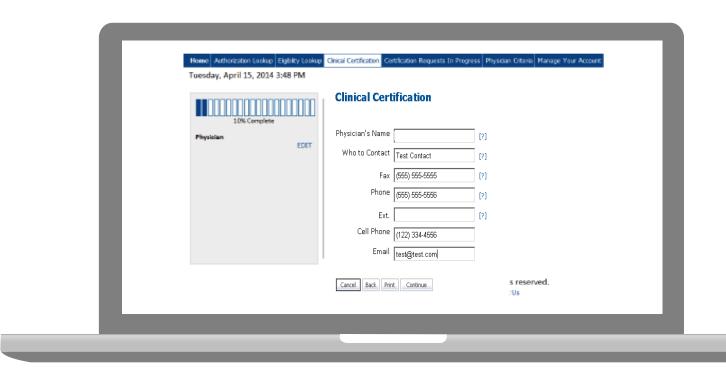
Select the Practitioner/Group for whom you want to build a case.

Select Health Plan



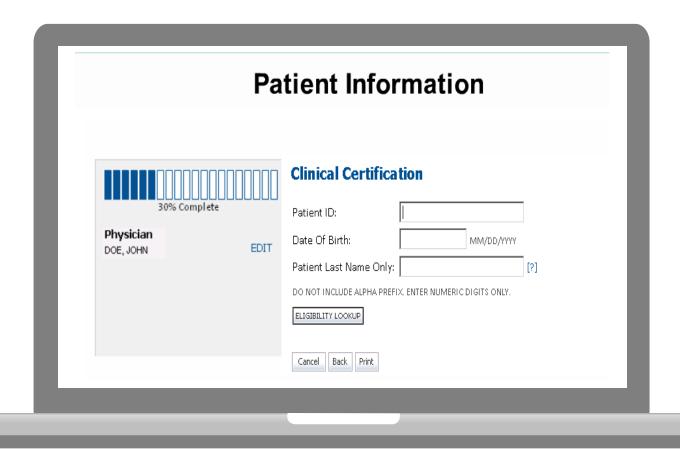
Choose the appropriate Health Plan for the case request.

Contact Information



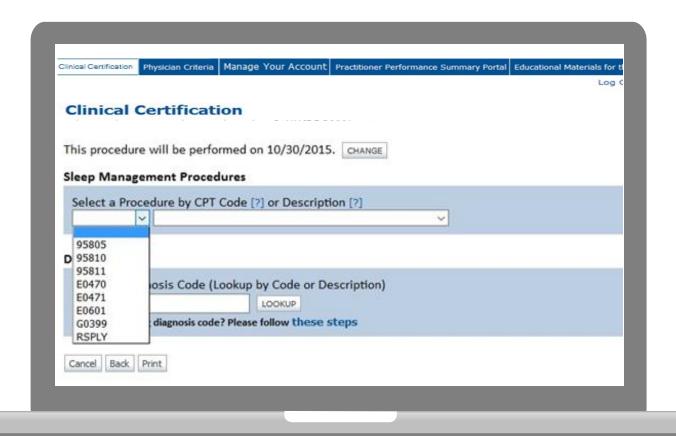
Enter the Physician's name and appropriate information for the point of contact individual.

Member Information



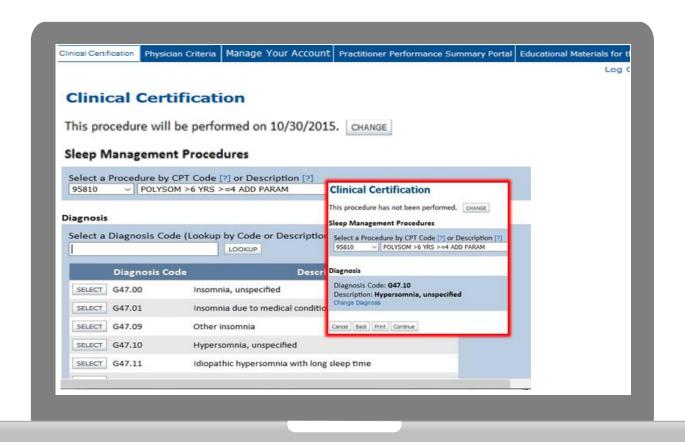
Enter the member information including the Patient ID number, date of birth, and patient's last name. Click "Eligibility Lookup."

Clinical Details





Clinical Details



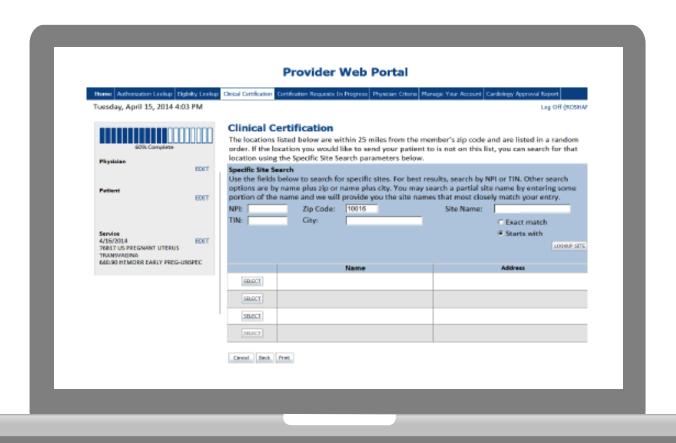


Verify Service Selection





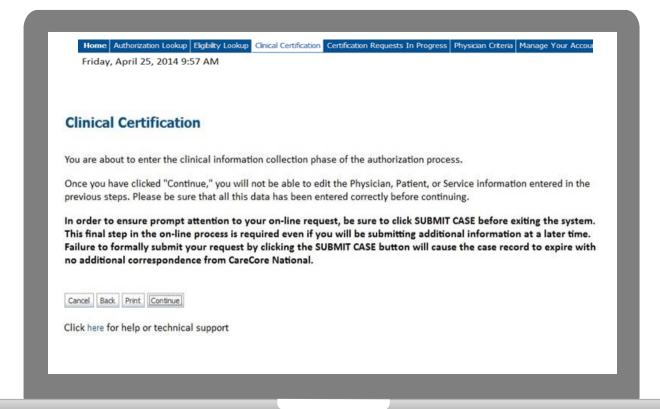
Site Selection



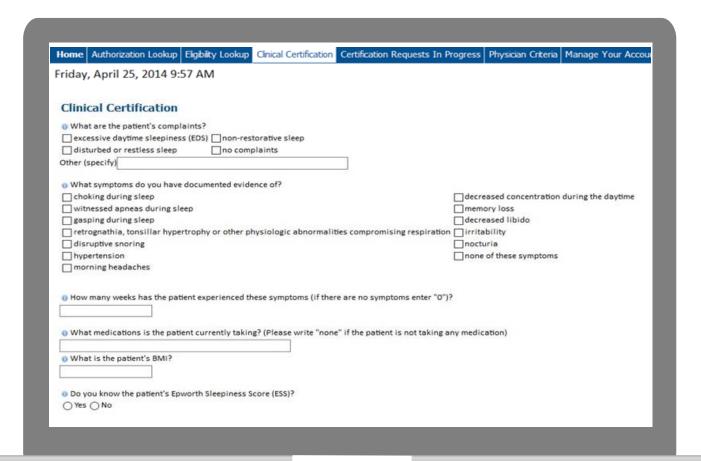
Select the site. Verify all information entered and make any needed changes prior to moving into the clinical collection phase of the preauthorization process.

You will not have the opportunity to make changes after that point.

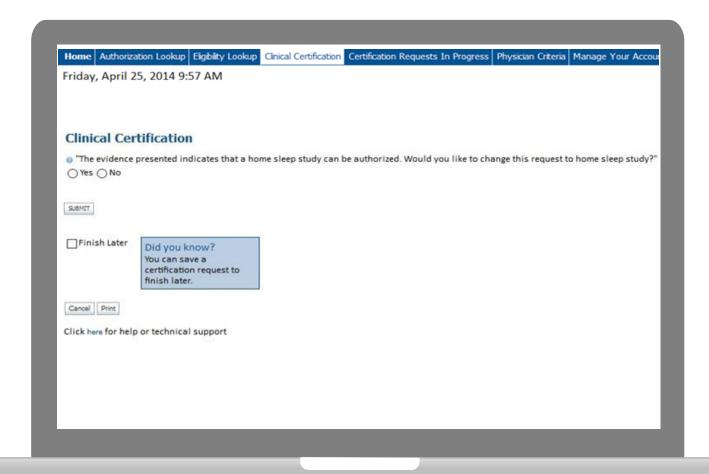
Clinical Collection



Clinical Collection



Clinical Collection



Offer of HST redirection is made on the web.

Medical Review

Clinical Certification □ I acknowledge that this request IS NOT clinically urgent regardless of documentation attached or additional information/notes provided during the clinical collection section of this web case initiation process. Additionally, I acknowledge to being informed of the appropriate method for submission of clinically urgent requests. Clinical urgency is defined by the following: 1. A delay in care could seriously jeopardize the life or health of the patient or the patient's ability to regain maximum function. 2. In the opinion of a provider, with knowledge of the member's medical condition, indicates a delay in care would subject the member to severe pain that cannot be adequately managed without the care or treatment requested in the prior authorization. □ I also further acknowledge that the clinical information submitted to support this authorization request is accurate and specific to this member, and that all information has been provided. I have no further information to provide at this time. SUBMIT CASE Print

Acknowledge the Clinical Certification statements, and hit "Submit Case."

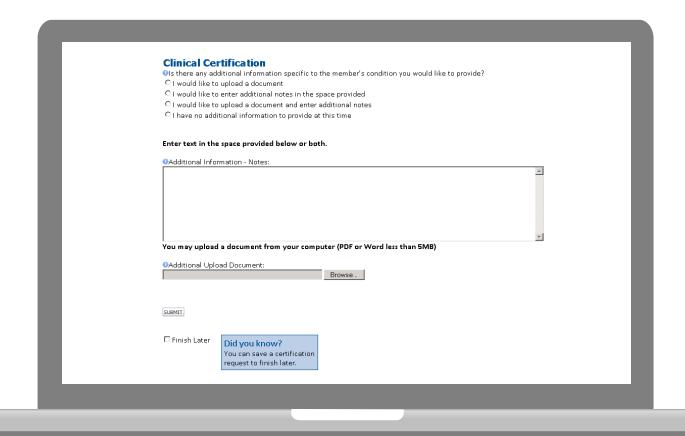
Approval

Your case has been A	pproved.			
Provider Name:		Contact:		
Provider Address:		Phone		
		Number:		
<u> </u>		Fax Number:		
Patient Name:		Patient Id:		
Insurance Carrier:				
Site Name:	2500	Site ID:		
Site Address:				
Primary Diagnosis Code:		Description:		
Secondary Diagnosis Code:		Description:		
CPT Code:		Description:		
Modifier:				
Authorization Number:				
Review Date:				
Expiration Date:				
Status:	Your case has been Approved.			

Determination at the end of the pathway is given to the provider.

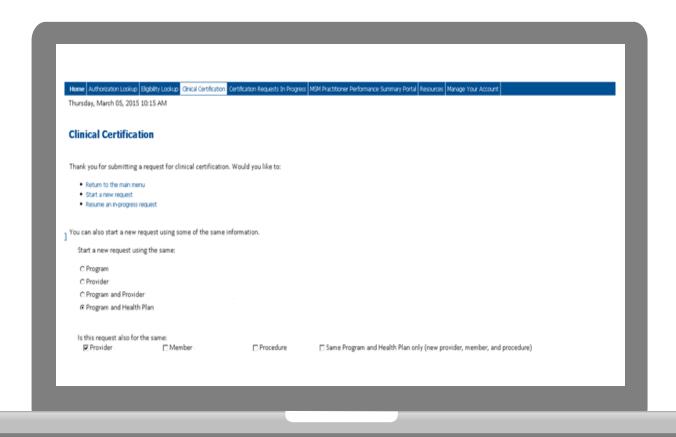
A case number and next steps will be listed.

Medical Review



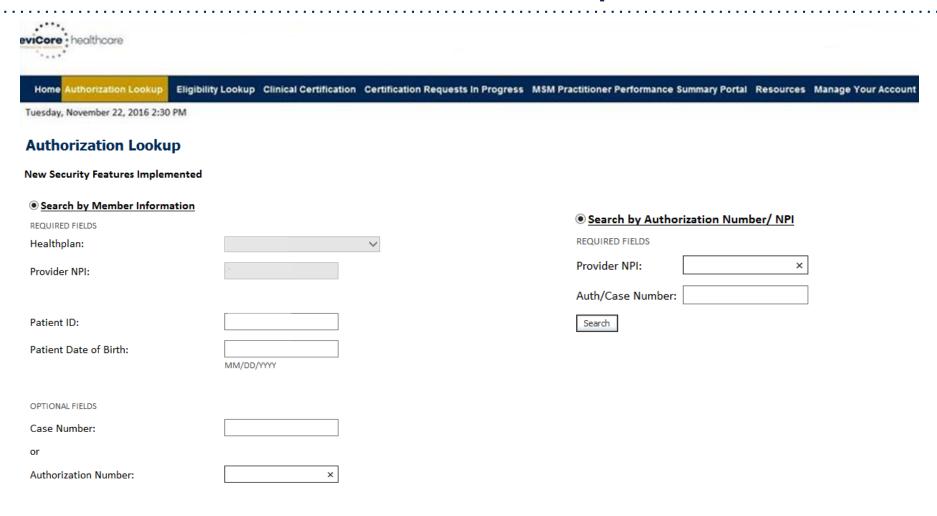
If additional information is required, you will have the option to either upload documentation, enter information into the text field, or contact us via phone.

Building Additional Cases



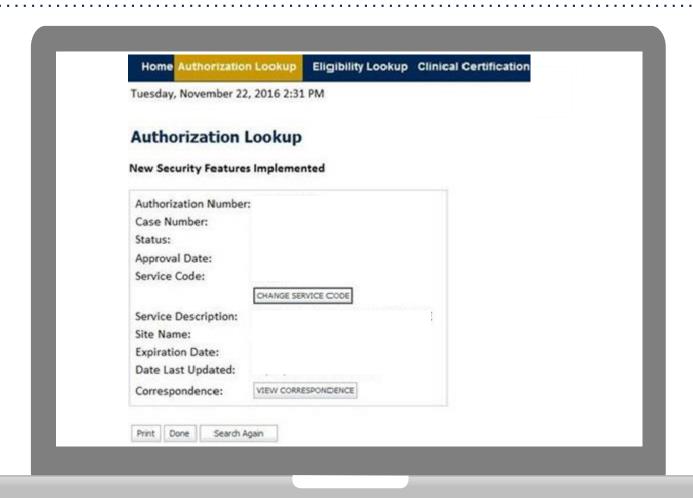
Once a case has been submitted for clinical certification, you can return to the Main Menu, resume an in-progress request, or start a new request. You can indicate if any of the previous case information will be needed for the new request.

Authorization Look Up



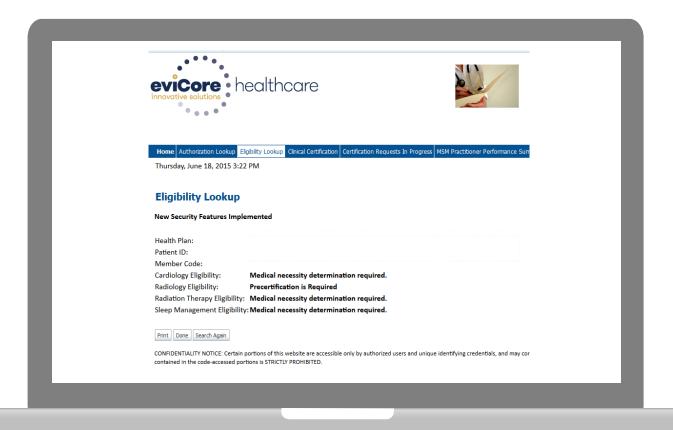
- Select Search by Authorization Number/NPI. Enter the provider's NPI and authorization or case number. Select Search.
- You can also search for an authorization by Member Information, and enter the health plan, Provider NPI, patient's ID number, and patient's date of birth.

Authorization Status



The authorization will then be accessible to review. To print authorization correspondence, select View Correspondence.

Eligibility Look Up



Provider Resources







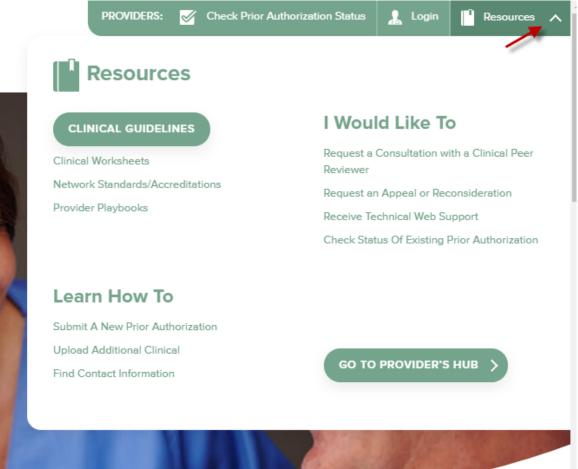


Online Resources

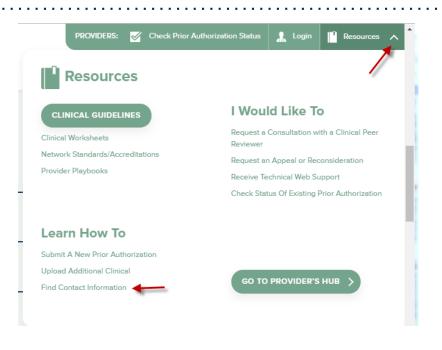
You can access important tools and resources at <u>www.evicore.com</u>.

Select the Resources to view FAQs, Clinical Guidelines, Online Forms, and

more.



Quick Reference Tool





Access health plan specific contact information at www.evicore.com by clicking the resources tab then select Find Contact Information, under the Learn How to section. Simply select Health Plan and Solution to populate the contact phone and fax numbers as well as the appropriate legacy portal to utilize for case requests.

Sleep Management Program

evi	core healthcare	Sleep Study Work PH#: 888-511-0401 (The following form mu			w.eviCore.com all sleep testing)		
Patient	Patient Name:						
	Insurance Plan:	N	Member ID:				
	Epworth Sleepiness Score (ESS, see page 4):						
	BMI:	Height:	W	eight:			
Physician	Ordering Physician Nan	ne:	M	D NPI #:			
	Physician Address:						
	City:	State:			ZIP:		
	Split Sleep Study (95811) Polysomnography - Attended (95810) PAP Titration or Re-titration (95811) b. Has the member had a sleep study in the past? If yes, please complete sections (5) and (6) below. c. If a facility study is checked, but only a Home Sleep Test meets criteria, would you like to order a HST instead? d. Has the patient had a comprehensive sleep evaluation by the ordering physician? e. Participating site if a facility based study is authorized. Name: TIN:						
2	a. Complaints and Symptoms: (Check all that apply) Snoring Excessive daytime sleepiness Non-restorative sleep Morning headaches Memory loss Choking during sleep Gasping during sleep Frequent unexplained arousals Decreased libido Irritability Patient works night shift Patient sleeps <6hrs per night						

- Worksheets for attended sleep studies and MSLT procedures are on the eviCore website.
- The provider should complete this worksheet prior to contacting eviCore for an authorization
- The worksheet is a tool to help providers prepare for authorization request.

Do <u>NOT</u> fax this sheet to eviCore to build a case.

Provider Resources: Web-Based Services





Web-Based Services



Operations



www.evicore.com

To speak with a Web Specialist, call (800) 646-0418 (Option #2) or email portal.support@evicore.com.

- Request authorizations and check case status online 24/7
- Pause/Start feature to complete initiated cases
- Upload electronic PDF/word clinical documents

Provider Resources: Preauthorization Call Center





Web-Based Services





7:00 AM - 7:00 PM (Local Time): 855-252-1117

- Obtain pre-certification or check the status of an existing case
- Discuss questions regarding authorizations and case decisions
- Change facility or CPT Code(s) on an existing case

Provider Resources: Client Provider Operations





Web-Based Services





clientservices@evicore.com

- Eligibility issues (member, rendering facility, and/or ordering physician)
- Questions regarding accuracy assessment, accreditation, and/or credentialing
- Issues experienced during case creation
- Request for an authorization to be re-sent to the health plan

Provider Resources: Implementation Website





Web-Based Services





Provider Enrollment Questions

Contact your Provider Network Consultant for more information

Blue Cross and Blue Shield Implementation site - includes all implementation documents:

https://www.evicore.com/healthplan/bcbs

- Provider Orientation Presentation
- CPT code list of the procedures that require preauthorization
- Quick Reference Guide
- eviCore clinical guidelines
- FAQ documents and announcement letters

You can obtain a copy of this presentation on the implementation site listed above. If you are unable to locate a copy of the presentation, please contact the Client Provider Operations team at ClientServices@evicore.com.

eviCore healthcare PAP COMPLIANCE PROGRAM: THERAPYSUPPORT

HCSC DME PROVIDER Training



What's Changing?



- Beginning June 1, 2017, PAP compliance data will be monitored for BCBS Medicare and Medicaid members by eviCore healthcare.
- 90 day PAP compliance will need to be objectively validated to qualify for purchase authorization.
- For at least the first 90 days of usage,
 PAP machines must be equipped with a modem can be wireless or wired.
- Data entry at setup will be critical to proper monitoring and payment.

Current State of Compliance Tracking

Process for tracking patient compliance can be labor-intensive.

Comprehensive online databases from manufacturers are not fully utilized

Process = authorization of PAP \rightarrow PAP set up \rightarrow compliance monitoring \rightarrow PAP purchase authorization \rightarrow resupply

This workflow can be complicated and time consuming.

DMEs vary in frequency, periodicity, and completeness of checks which results in greater variability in outcomes



PAP Compliance Matters

PAP usage data <u>directly</u> from patient device via SleepLink

Standardizes compliance process across all DME providers

Sleep Educators support behavior change

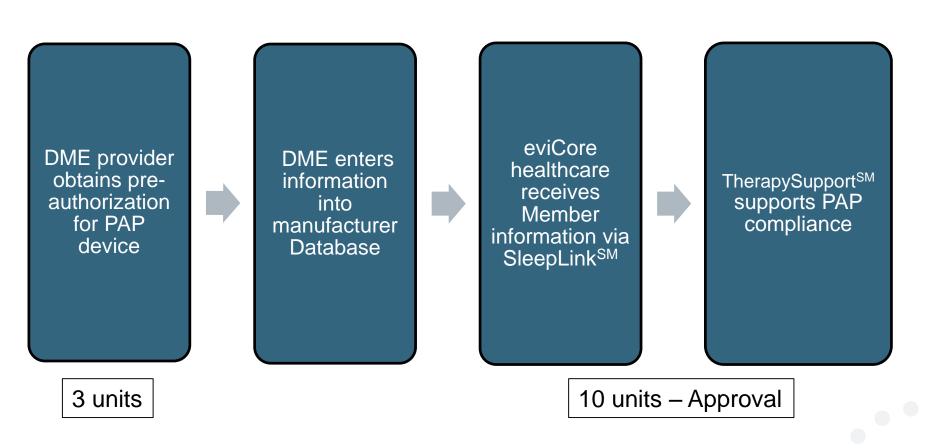
Minimal additional work for DME providers

Enables DME provider reports

Goal: Improve patient outcome and reduce costs

TherapySupportSM Workflow

Process for utilizing compliance data is very straightforward



What does this mean for the DME Provider?

eviCore healthcare will monitor member compliance with PAP machines BUT DME providers still need to work with their patients

Non-compliant members: eviCore healthcare will outreach to DME and physician periodically to support compliance

Support for non-compliant members will allow time for member to become comfortable with Therapy and will escalate as needed

Compliant members: eviCore healthcare interaction will be minimal

**Authorization for the remaining rental units of PAP therapy will be sent to DME when member reaches the compliance goal – you will not need to contact eviCore healthcare for the compliance authorization!

NOTES: The program supports properly equipped machines from ResMed, Respironics, and Fisher & Paykel.

Respironics users: complete BAA and return to eviCore healthcare to be set up in system

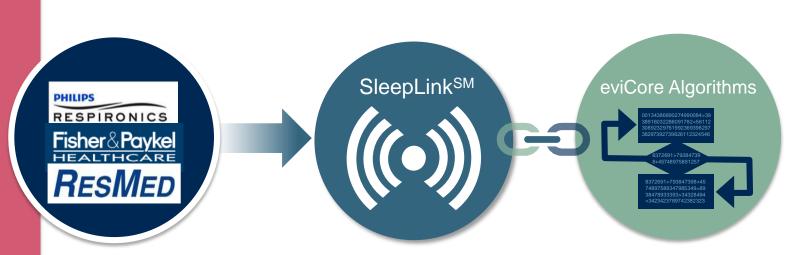
The TherapySupportSM Process

TherapySupportSM

The key to PAP compliance

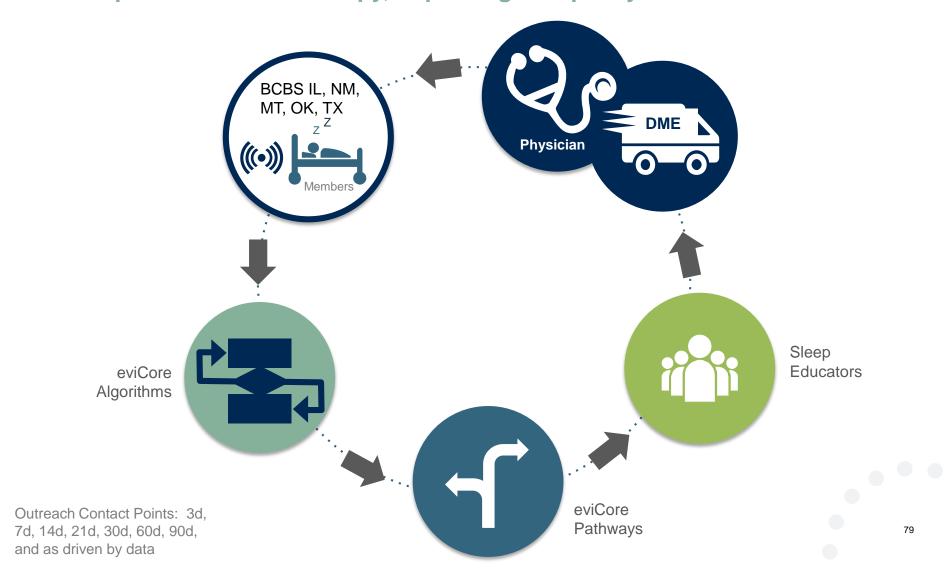
The key to PAP Sompliance

SleepLinkSM connects eviCore to the three largest manufacturers of PAP devices



Therapy Compliance

Once usage is detected, eviCore can ensure that members are compliant with their therapy, improving the quality of care for members



Demonstrations of Online Systems

MANUFACTURER DEMOS

ResMed - www.airview.com

Respironics – <u>www.encoreanywhere.com</u>

Fisher & Paykel – www.fpinfosmart.com

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Thank You!

