Musculoskeletal Management | Pain, Joint and Spine Surgery

Provider Orientation Session for The Health Plan













Agenda

Company Overview

- Clinical Approach
- Program Overview
- Submitting Requests
- Prior Authorization Outcomes & Special Considerations
- Reconsideration Options
- Provider Portal Overview
- Additional Provider Portal Features
- Provider Resources
- Q & A

Company Overview



Medical Benefits Management (MBM)

Addressing the complexity of the healthcare system



10 Comprehensive solutions



Evidence-based clinical guidelines



5k+ employees, including 1k+ clinicians



Advanced, innovative, and intelligent technology

Clinical Approach



Evidence-Based Guidelines

The foundation of our solutions





Contributions from a panel of community physicians



Experts associated with academic institutions



Current clinical literature

Aligned with National Societies:

- · American College of Cardiology
- · American Heart Association
- American Society of Nuclear Cardiology
- Heart Rhythm Society
- American College of Radiology
- · American Academy of Neurology
- American College of Chest Physicians
- · American College of Rheumatology
- · American Academy of Sleep Medicine
- American Urological Association

- National Comprehensive Cancer Network
- American Society for Radiation Oncology
- · American Society of Clinical Oncology
- American Academy of Pediatrics
- · American Society of Colon and Rectal Surgeons
- American Academy of Orthopedic Surgeons
- North American Spine Society
- American Association of Neurological Surgeons
- American Association of Occupational Therapy
- American Association of Physical Therapy
- American College of Obstetricians and Gynecologists
- The Society of Maternal-Fetal Medicine

Clinical Staffing – Multispecialty Expertise

Dedicated nursing and physician specialty teams for a wide range of solutions

- Anesthesiology
- Cardiology
- Ohiropractic
- Emergency Medicine
- Family Medicine
 - Family Medicine / OMT
 - Public Health & General Preventative Medicine
- Gastroenterology
- Internal Medicine
 - Cardiovascular Disease
 - Critical Care Medicine
 - Endocrinology, Diabetes
 Metabolism
 - Geriatric Medicine
 - Hematology
 - Hospice & Palliative Medicine
 - Medical Oncology
 - Pulmonary Disease
 - Rheumatology
 - Sleep Medicine
 - Sports Medicine

- Medical Genetics
- Nuclear Medicine
- O OB / GYN
 - Maternal-Fetal Medicine
- Occupational Therapy
- Oncology / Hematology
- Orthopedic Surgery
- Otolaryngology
- Pain Mgmt. / Interventional Pain Pathology
- Clinical Pathology

Pediatric

- Pediatric Cardiology
- Pediatric Hematology-Oncology

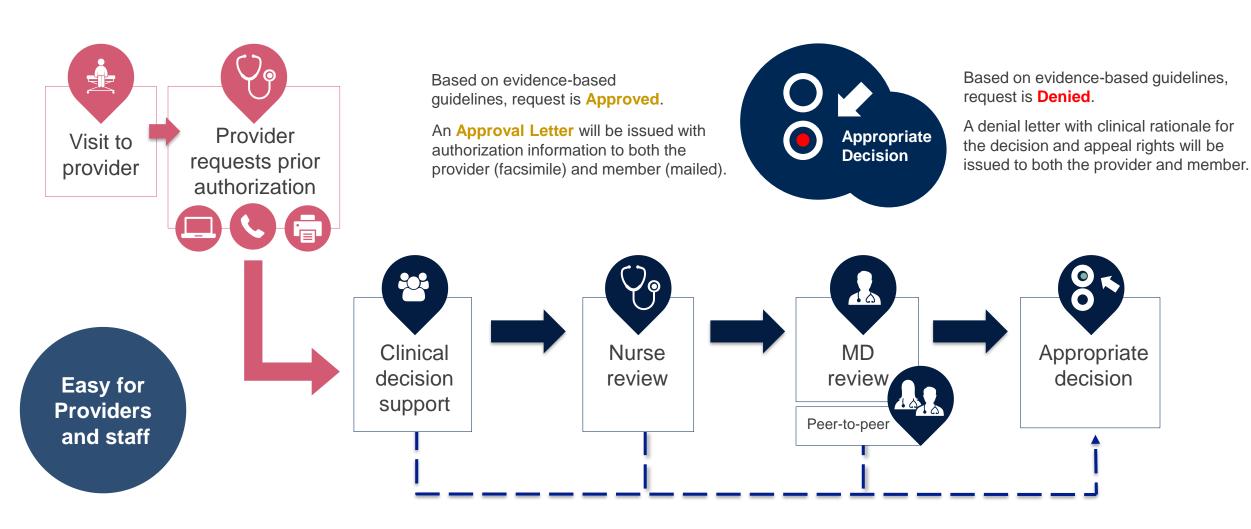
Physical Medicine & Rehabilitation

- Pain Medicine
- Physical Therapy Radiation Oncology
- Radiology
 - Diagnostic Radiology
 - Neuroradiology
 - Radiation Oncology
 - Vascular & Interventional Radiology

- Sleep Medicine
- Sports Medicine
- Surgery
 - Cardiac
 - General
 - Neurological
 - Spine
 - Thoracic
 - Vascular
- Urology



Utilization Management – the Prior Authorization Process



Program Overview

Prior Authorization Required:

Interventional Pain:

- Spinal injections
- Spinal implants
 - Spinal cord stimulators
 - Pain pumps

Joint Surgery:

- Large joint replacement
 - Arthroscopic and open procedures

Spine Surgery:

- Spinal implants
 - Spinal cord stimulators
 - Pain pumps
- Cervical/Thoracic/Lumbar
 - Decompressions
 - Fusions

To find a complete list of Current
Procedural Terminology (CPT) codes that
require prior authorization through
eviCore, please visit:

https://www.evicore.com/resources/health plan/thp

Site of Care/Inpatient Stays:

Program overview

- eviCore healthcare will review the Spine and Joint surgery precertification request for medical necessity and make a determination based on the clinical information provided.
- eviCore will collect the requested place of service during the precertification process.
- If an inpatient stay is deemed medically necessary, eviCore will communicate the appropriate length of the inpatient stay in the determination letter.
- eviCore does not provide concurrent bed day management for inpatient admissions. All modifications/extensions to the approved length of stay are managed by the healthplan using their existing concurrent review process.



The Health Plan Prior Authorization Services

eviCore healthcare (eviCore) will begin accepting prior authorization requests for radiology services on December 13,2021 for dates of service January 1, 2022 and after.

Prior authorization applies to the following services:

- Outpatient
- Diagnostic
- Elective / Non-emergent

Prior authorization does **NOT** apply to services that are secondary or part of an inpatient admission for care:

- Emergency Rooms
- Observation Services
- Inpatient Stays



Providers should verify member eligibility and benefits on the secured provider log-in section at: https://myplan.healthplan.org/Account/Login

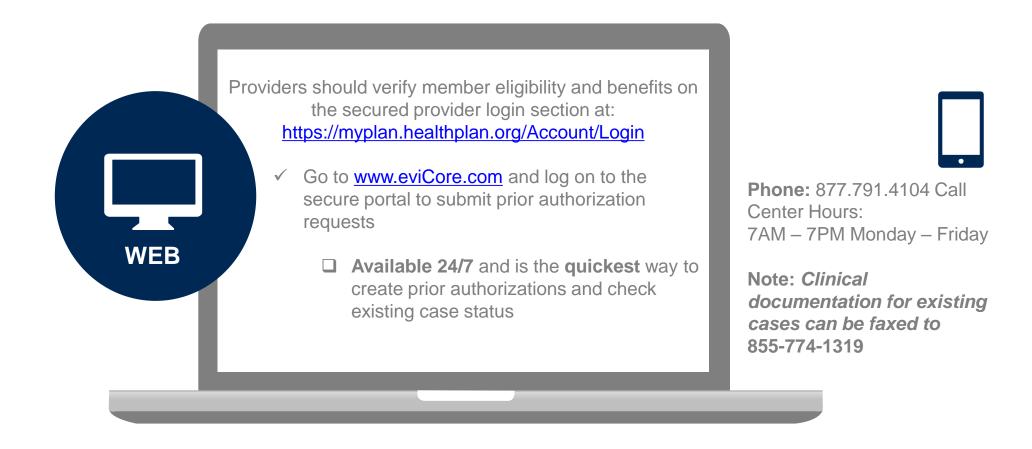
Applicable Memberships

Prior Authorization is required for The Health Plan members who are enrolled in the following lines of business/programs:

Medicare	 SecureCare HMO, SecureChoice PPO, and Dual Eligible Special Needs plans in West Virginia and Ohio
Medicaid	Mountain Health Trust, SSI and WV Health Bridge plans
Commercial	HMO, PPO, POS, and WV PEIA plans

Submitting Requests

Methods for Authorization Requests



Important: Providers will access eviCore web portal directly through eviCore.com - However we recommend you go to THP's website to ensure redirection to eviCore for the appropriate CPT Code(s)

Benefits of Provider Portal

Did you know that most providers are already saving time submitting prior authorization requests online? The provider portal allows you to go from request to approval faster. Following are some benefits & features:

- Saves time: Quicker process than phone authorization requests
- Available 24/7: You can access the portal any time and any day
- Save your progress: If you need to step away, you can save your progress and resume later
- Upload additional clinical information: No need to fax in supporting clinical documentation, it can be uploaded on the portal to support a new request or when additional information is requested
- View and print determination information: Check case status in real-time
- Dashboard: View all recently submitted cases
- Duplication feature: If you are submitting more than one prior authorization request, you can duplicate information to expedite submittals

Keys to Successful Prior Authorizations

To obtain prior authorization on the very first submission, the provider submitting the request will need to gather four categories of information:

1. Member

- ID
- Member name
- Date of birth (DOB)

Necessary Information

2. Referring (Ordering) Physician

- Physician name
- National provider identifier (NPI)
- Phone & fax number

3. Rendering Facility

- Facility name
 - Address
- National provider identifier (NPI)
- Tax identification number (TIN)
 - · Phone & fax number

4. Supporting Clinical

- Pertinent clinical information to substantiate medical necessity for the requested service
- CPT/HCPCS Code(s)
- Diagnosis Code(s)
- Previous test results

Insufficient Clinical – Additional Documentation Needed

Additional Documentation to Support Medical Necessity

If all required pieces of documentation are not received, or are insufficient for eviCore to reach a determination, the following will occur:

A Hold Letter will be faxed to the Requesting Provider requesting additional documentation

To ensure that a determination is completed within the designated standard timeframe for each LOB, the case will remain on hold as follows:

Medicare: 1 daysMedicaid: 4 daysCommercial: 3 days

The Provider must submit the additional information to eviCore

Requested information must be received within the timeframe as specified in the Hold Letter.

eviCore will review the additional documentation and reach a determination

Determination will be completed within 14 calendar days



Prior Authorization Outcomes & Special Considerations

Prior Authorization Approval

Approved Requests

- Each case is reviewed in the order that it was received, and are processed within 2 BD not to exceed 10 calendar days for OH COM, not to exceed 7 calendar days for WV COM, not to exceed 14 calendar days for Medicare, and not to exceed 7 calendar days for Medicaid.
- Authorizations are valid for 90 days from the date of the submission
- Authorization letters will be faxed to the ordering physician & rendering facility
- When initiating a case on the web you can receive e-notifications when a determination is made
- Members will receive a letter by mail
- Approval information can be printed on demand from the eviCore portal: <u>www.eviCore.com</u>



When a Request is Determined as Inappropriate



Based on evidence-based guidelines, request is determined as **inappropriate**.

A denial letter with the rationale for the decision and the appeal rights will be issued to both the provider and member.

Special Circumstances

Retrospective (Retro) Authorization Requests

Retrospective Requests are only allowed when a study had to be performed on an urgent basis, on a holiday or over a weekend (notification to eviCore within 2 business days from date of service); All other retro requests will be directed to The Health Plan

Urgent Prior Authorization Requests

- eviCore uses the NCQA/URAC definition of urgent: when a delay in decisionmaking may seriously jeopardize the life or health of the member
- Can be initiated on provider portal or by phone
- Urgent cases are typically reviewed within 24 to 72 hours



Reconsideration Options

Post-Decision Options

My case has been denied. What's next?

- Providers are often able to utilize post-decision activity to secure case review for overturn consideration
- Your determination letter is the best immediate source of information to assess what options exist on a case that has been denied. You can also call us at 877.791.4104 to speak to an agent who can provide available option(s) and instruction on how to proceed.



Post-Decision Options: Commercial and Medicaid Members

My case has been denied. What's next?

Reconsiderations

- Providers and/or staff can request a reconsideration review
- Reconsiderations must be requested within 14 calendar days for WV COM and Medicaid, and 7 calendar days for OH COM, after the determination date
- Reconsiderations can be requested via a Clinical Consultation with an eviCore physician

Appeals

- eviCore will process first-level appeals for Commercial and Medicaid requests
- Appeal requests must be submitted to eviCore within
 60 calendar days days from the initial determination
- Appeal requests can be submitted in writing and verbally
- All clinical information and the prior authorization request will be reviewed by a physician other than the physician who made the initial determination
- A written notice of the appeal decision will be mailed to the member and faxed to the ordering provider

Pre-Decision Options: Medicare Members

I've received a request for additional clinical information. What's next?

Submission of Additional Clinical Information

- eviCore will notify providers telephonically and in writing before a denial decision is issued on Medicare cases
- You can submit additional clinical information to eviCore for consideration per the instructions received
- Additional clinical information must be submitted to eviCore in advance of the due date referenced

Pre-Decision Clinical Consultation

- Providers can choose to request a Pre-Decision Clinical Consultation instead of submitting additional clinical information
- The Pre-Decision Clinical Consultation must occur prior to the due date referenced
- If additional information was submitted, we proceed with our determination and are not obligated to hold the case for a Pre-Decision Clinical Consultation, even if the due date has not yet lapsed

Post-Decision Options: Medicare Members

My case has been denied. What's next?

Clinical Consultation

- Providers can request a Clinical Consultation with an eviCore physician to better understand the reason for denial
- Once a denial decision has been made, however, the decision cannot be overturned via Clinical Consultation

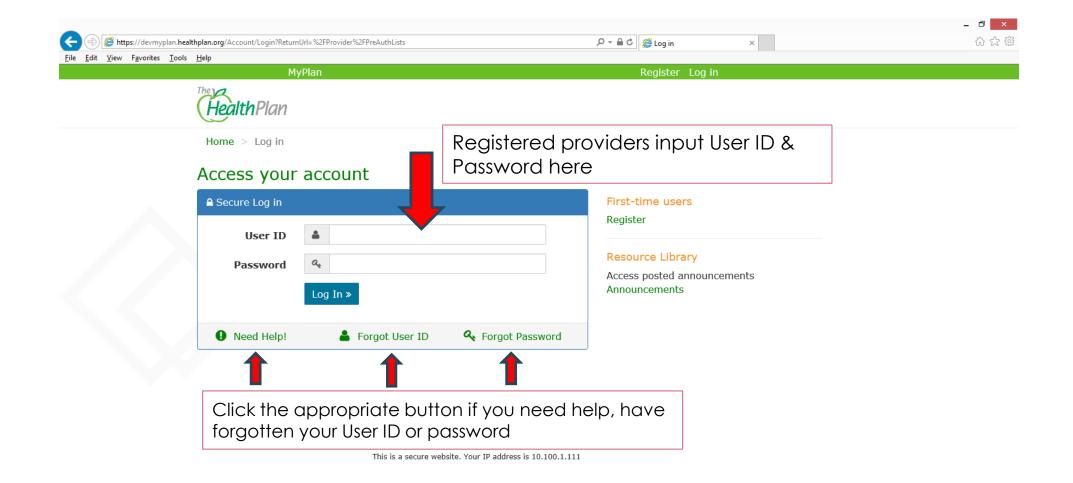
Reconsideration

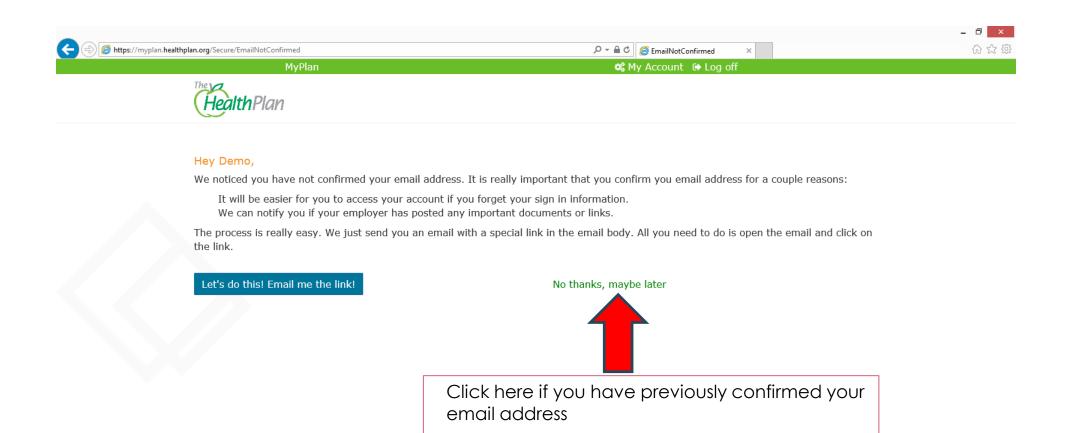
 Medicare cases do not include a Reconsideration option

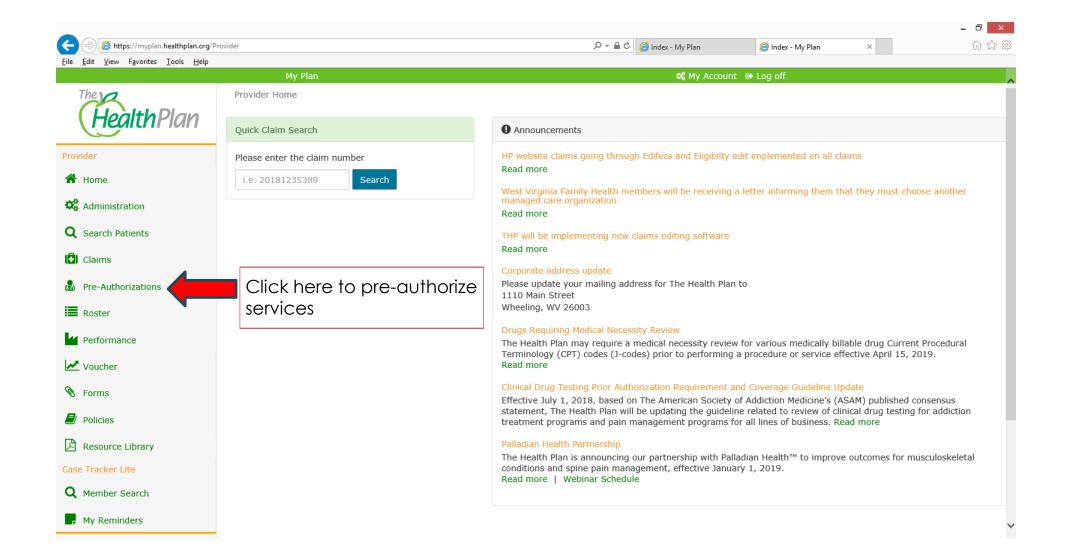
Appeals

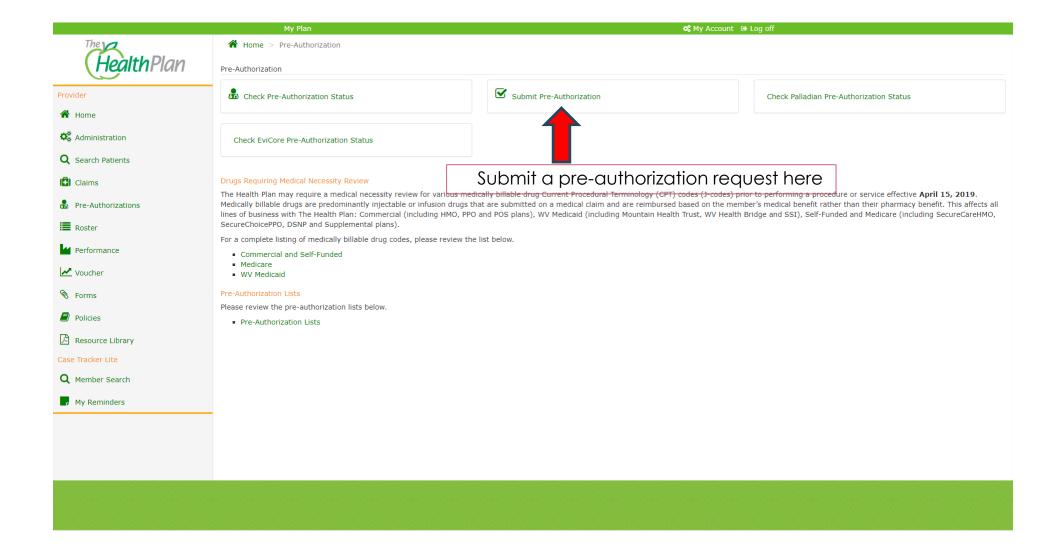
- eviCore will not process first-level appeals
- Information on how to initiate an appeal with The Health Plan will be outlined on the denial notification letter

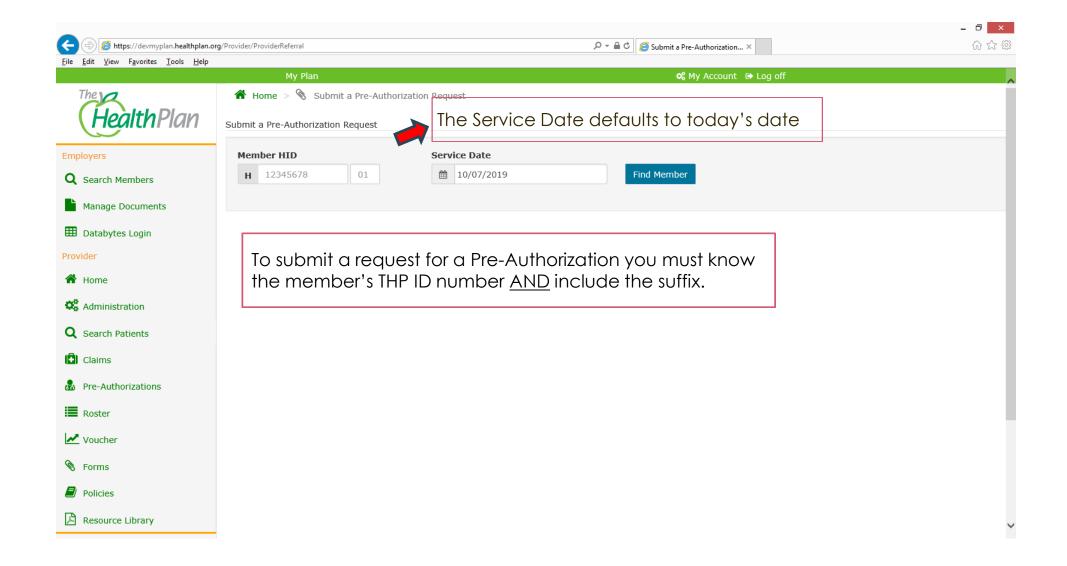
Provider Portal Overview

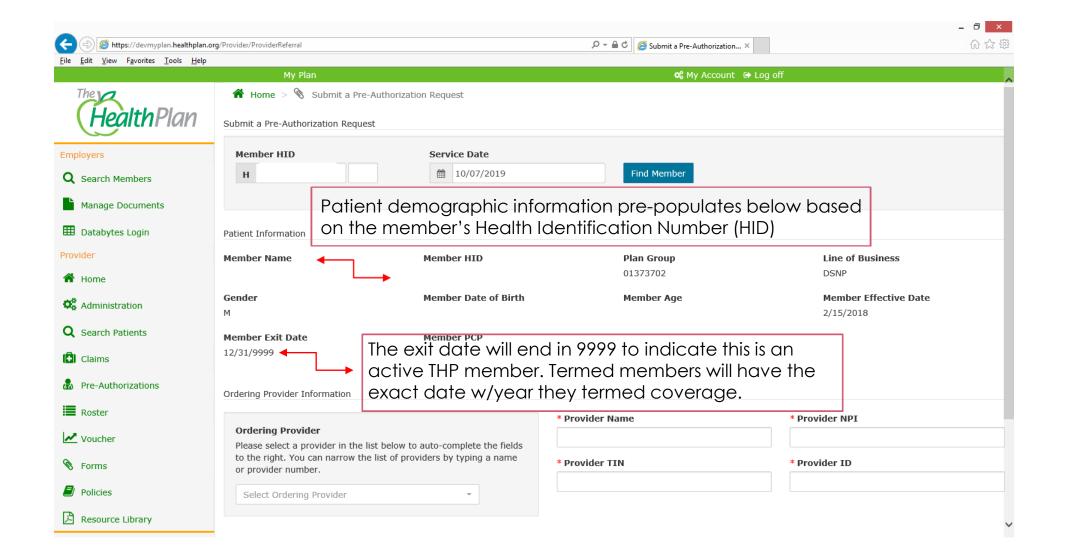


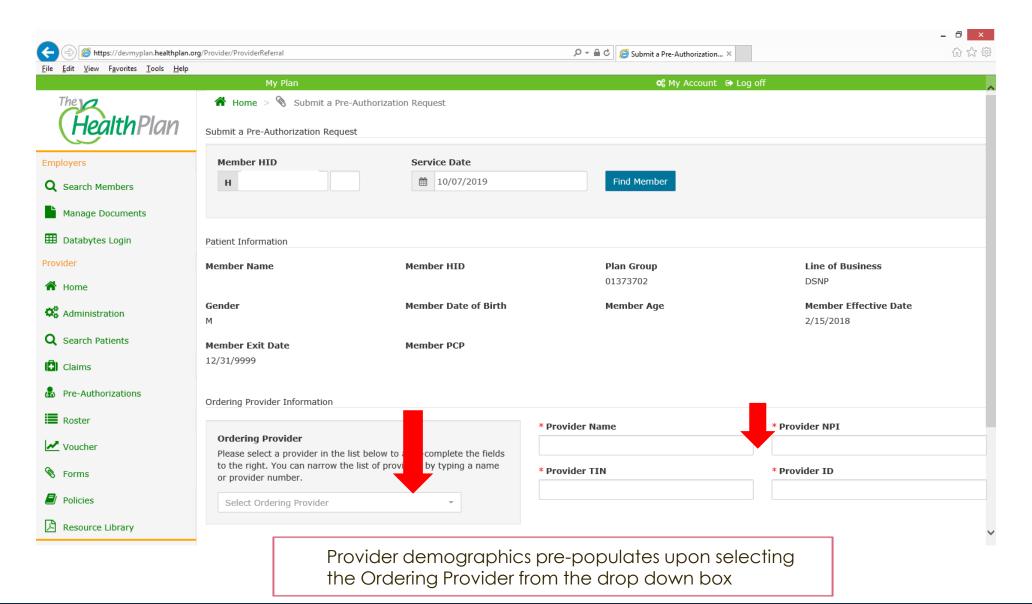


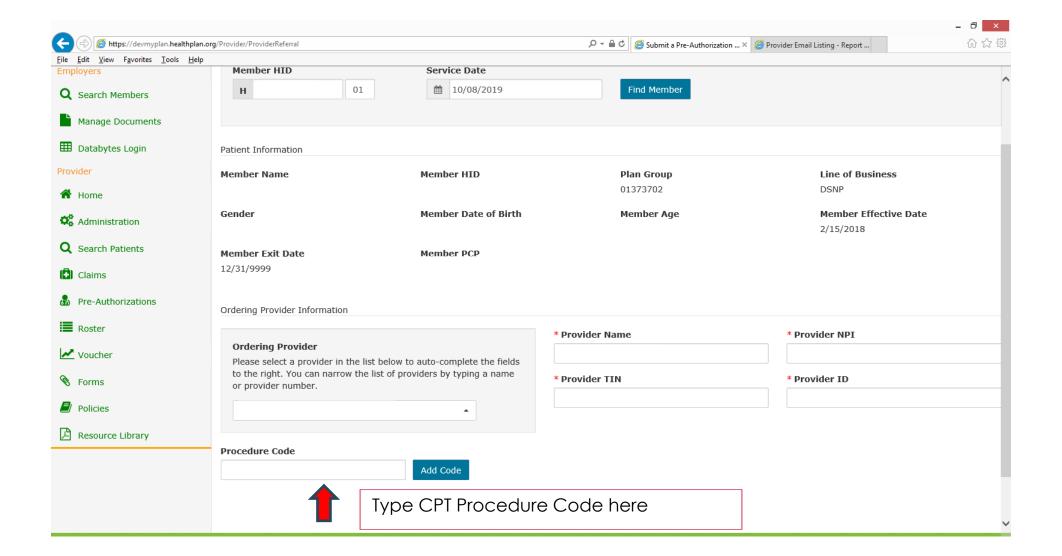


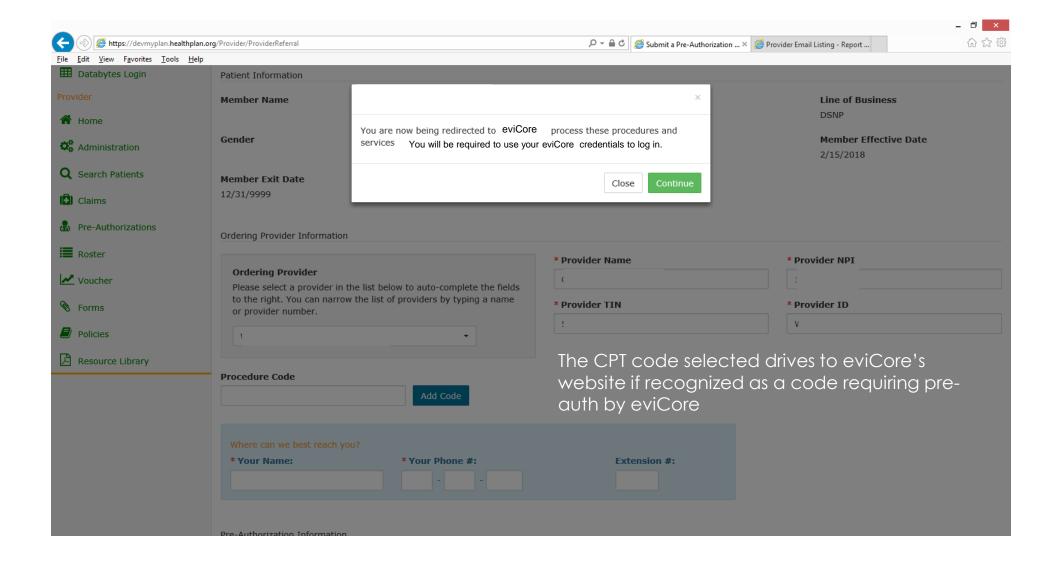


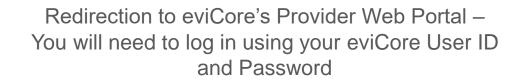


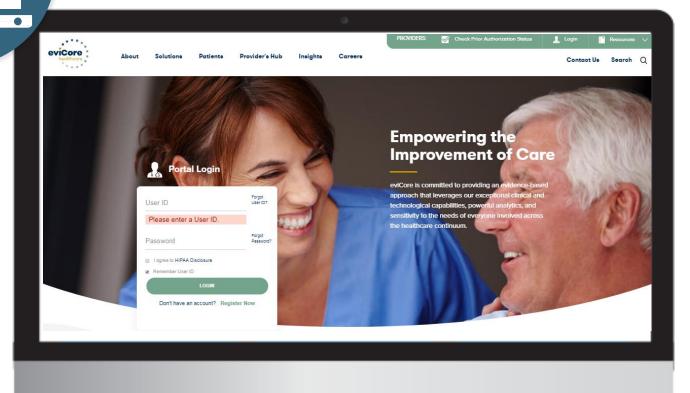












WEB

Select Program

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Certification Requests Certification Authorization Eligibility Clinical MSM Practitioner Manage Help / Home Resources **Summary** Lookup Lookup Certification In Progress Perf. Summary Portal **Your Account** Contact Us

Monday, June 22, 2020 3:28 PM

Request an Authorization

To begin, please select a program below:

- Durable Medical Equipment(DME)
- Gastroenterology
- Lab Management Program
- Medical Oncology Pathways
- Musculoskeletal Management
- Radiation Therapy Management Program (RTMP)
- Radiology and Cardiology
- Sleep Management
- Specialty Drugs



Click here for help

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Type of Request

Attention!

Physical Therapy, Occupational Therapy, Speech Therapy, Massage Therapy, Chiropractic Care, and Acupuncture services are eligible for case duplication and date extensions. Are you requesting one of these services?

Date Extension

Continuing Care

Continue to Build a New Case

Requests for Spine Surgery, Joint Replacement, Arthroscopy, and Pain Management, please select "Continue to Build a New Case"

Clinical Details

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Home

Certification Summary

on Authorization Lookup Eligibility Lookup Clinical Certification Certification Requests In Progress MSM Practitioner Perf. Summary Portal

Resources

Manage Your Account Help / Contact Us

Wednesday, July 01, 2020 2:54 PM

og Off (JDMASC

Requested Service + Diagnosis

This procedure will be performed on 7/5/2020.

CHANGE

Musculoskeletal Management Procedures

Select a Procedure by CPT Code[?] or Description[?]

SPINE SURGERY

Don't see your procedure code or type of service? Click here

Diagnosis

Primary Diagnosis Code: M54.16

Description: Radiculopathy, lumbar region

Change Primary Diagnosis

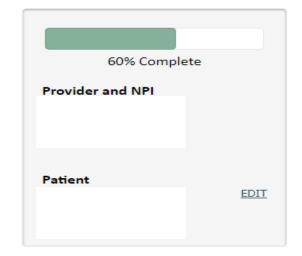
Select a Secondary Diagnosis Code (Lookup by Code or Description)

Secondary diagnosis is optional for Musculoskeletal Management

LOOKUP

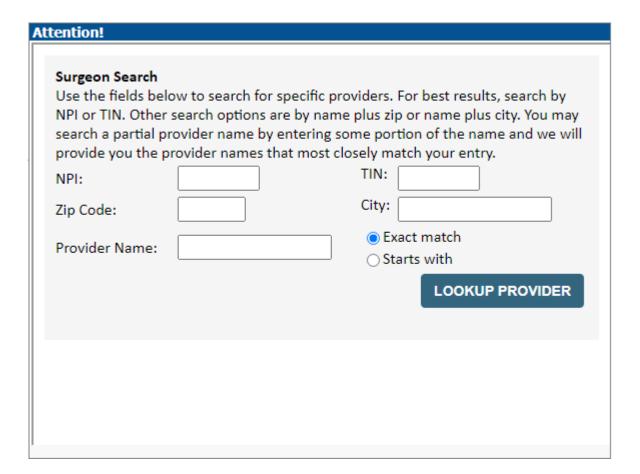
BACK

CONTINUE



Clinical Details

Attention! Will you also be the surgeon performing the procedure? YES NO



Verify Treatment Selection

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Certification Summary Authorization Lookup Eligibility Lookup Clinical Certification Certification Requests In Progress MSM Practitioner Perf. Summary Portal

Resources

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Wednesday, July 1, 2020 3:14 PM

Log Off (JDMASO

Requested Service + Diagnosis

Confirm your service selection.

Procedure Date: 7/5/2020 CPT Code: SPINE

Description: SPINE SURGERY

Primary Diagnosis Code: M54.16

Primary Diagnosis: Radiculopathy, lumbar region

Secondary Diagnosis Code:

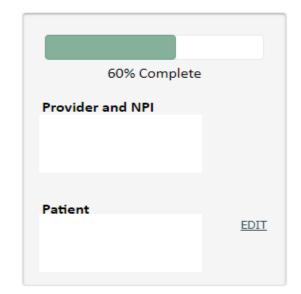
Secondary Diagnosis:

<u>Change Procedure or Primary Diagnosis</u> Change Secondary Diagnosis



CONTINUE

Click here for help



Clinical Collection Process – Pathway Questions



Proceed to Clinical Information

Please enter the	rimary CPT code for this surgery.	
How many units?	Units for an assistant or co-surgeon should NOT be included here. Indicate the assistant / co-surgeon by requesting the appropriate m	odifier)
1		
• Which region of t	e spine will this procedure be performed?	
○ Thoracic	e spine will this procedure be performed:	
○ Cervical		
○ Lumbar		
Sacral		
	E0760 and is NOT related to a spinal condition.	
	·	
SUBMIT		
☐ Finish Later		
	Did you know?	
	ou can save a certification	

CANCEL

Clinical Collection Process – Pathway Questions

evicore healthcare

Home

Certification Summary Authorization Lookup Eligibility Lookup Clinical Certification Certification Requests In Progress MSM Practitioner Perf. Summary Portal

Resources

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Wednesday, July 01, 2020 3:31 PM

Loa Off (JE

Proceed to Clinical Information

1 Do you want to enter a second code for this surgery?



SUBMIT

☐ Finish Later

Did you know?

You can save a certification request to finish later.

CANCEL

Clinical Collection Process – Pathway Questions



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Certification Summary Authorization Lookup Eligibility Lookup Clinical Certification Certification Requests In Progress MSM Practitioner Perf. Summary Portal

Resources

Manage Your Account Help / Contact Us

Wednesday, July 01, 2020 3:32 PM

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Proceed to Clinical Information

SPINE / LEVEL

- (Choose ALL that apply):
- C1 C2 C5 C6
- C2 C3 C6 C7
- C3 C4 C7 T1
- C4 C5 Other/Unknown
- How many previous cervical fusions has your patient had?
- 0 (This is the first cervical fusion)
- 1 previous cervical fusion
- 2 or more cervical fusions
- Unknown or not sure
- Does your patient have any of the following urgent or emergent conditions:

No urgent or emergent conditions exist

~

SUBMIT

Clinical Certification - Case Summary - Medical Review

Summary of Your Request Please review the details of your request below and if everything looks correct click SUBMIT Your case has been sent to clinical review. You will be notified via fax within 2 business days if additional clinical information is needed. If you wish to speak with eviCore at anytime, please call 1-888-333-8641 Provider Name: THE RESIDENCE MADE IN COLUMN TWO IS NOT THE Contact: Provider Address: Phone Number: CORP. AND ASSESSED. WART COURSE, MICH SOURCE Fax Number: Patient Name: MARKET MALES Patient Id: Insurance Carrier: Site Name: Site ID: Site Address: ET ORGET SANSTON COMMONS AS MATERIAL Primary Diagnosis Code: Description: Other cervical disc displacement, unspecified cervical region Secondary Diagnosis Code: Description: Date of Service: CPT Code: Description: Spine Surgery Case Number: Review Date: 5/13/2020 2:36:00 PM **Expiration Date:** N/A Your case has been sent to clinical review. You will be notified via fax within 2 business days if additional clinical information is needed. If you wish to speak with eviCore at anytime, please Status:

call 1-888-333-8641.

Clinical Certification - Case Summary - Approval

Summary of Your Request Please review the details of your request below and if everything looks correct click SUBMIT Your case has been Approved. Provider Name: DR. BHARATH MARK! ARKARA VEETS. Contact: Provider Address: 1,200 cTH AUE N Phone Number: SARWT CLOROD, MWW 54/3019 Fax Number: Patient Id: Patient Name: Insurance Carrier: Site Name: Site ID: Site Address: Market A. Market Primary Diagnosis Code: M43.16 Description: Spondylolisthesis, lumbar region Secondary Diagnosis Code: Description: Date of Service: Not provided SPINE Spine Surgery CPT Code: Description: Authorization Number: Review Date: 5/13/2020 1:52:08 PM Expiration Date: 6/27/2020 Your case has been Approved. Status: CONTINUE PRINT CANCEL

Additional Provider Portal Features

Certification Summary

- Certification Summary tab allows you to track recently submitted cases
- The work list can also be filtered

Authorization Lookup



- You can look-up authorization status on the portal
- Search by member information OR
- Search by authorization number with ordering NPI
- View and print any correspondence

Duplication Feature

GO

Thank you for submitting a request for clinical certification. Would you like to: Return to the main menu Start a new request Resume an in-progress request You can also start a new request using some of the same information. Start a new request using the same: Program (Radiation Therapy Management Program) Provider () Program and Provider (Radiation Therapy Management Program and) Program and Health Plan (Radiation Therapy Management Program and CIGNA)

- Duplicate feature allows you to start a new request using same information
- Eliminates entering duplicate information
- Time saver!

Provider Resources

Dedicated Call Center

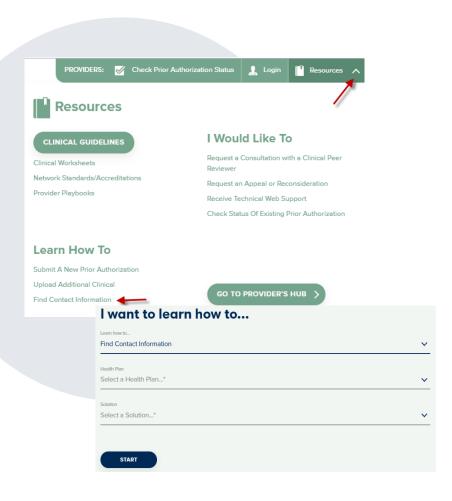
Prior Authorization Call Center - 877.791.4104

Our call centers are open from 7AM to 7 PM (local time).

Providers can contact our call center to perform the following:

- Request Prior Authorization
- Check Status of existing authorization requests
- Discuss questions regarding authorizations and case decisions
- Change facility or CPT Code(s) on an existing case
- Request to speak to a clinical reviewer
- Schedule a clinical consultation with an eviCore Medical Director.





Online Resources

Web-Based Services and Online Resources

- You can access important tools, health plan-specific contact information, and resources at <u>www.evicore.com</u>
- Select the Resources to view Clinical Guidelines, Online Forms, and more.
- Provider's Hub section includes many resources
- Provider forums and portal training are offered weekly, you can find a session on <u>www.eviCore.WebEx.com</u>, select WebEx Training, and search upcoming for a "eviCore Portal Training" or "Provider Resource Review Forum"
- The quickest, most efficient way to request prior authorization is through our provider portal. Our dedicated **Web Support** team can assist providers in navigating the portal and addressing any web-related issues during the online submission process.
- To speak with a Web Specialist, call (800) 646-0418 (Option #2) or email portal.support@evicore.com

Client & Provider Operations Team

Client and Provider Services

Dedicated team to address provider-related requests and concerns including:

- Questions regarding Accuracy Assessment, Accreditation, and/or Credentialing
- Requests for an authorization to be resent to the health plan
- Consumer Engagement Inquiries
- Eligibility issues (member, rendering facility, and/or ordering physician)
- Issues experienced during case creation
- Reports of system issues

How to Contact our Client and Provider Services team

Email: ClientServices@evicore.com (preferred)

Phone: 1 (800) 646 - 0418 (option 4)

For prompt service, please have all pertinent information available. When emailing, make sure to include the health plan in the subject line with a description of the issue, with member/provider/case details when applicable.



Provider Engagement Team

Provider Engagement team

Regional team that on-boards providers for new solutions and provides continued support to the provider community. How can the provider engagement team help?

- Partner with the health plan to create a market-readiness strategy for a new and/or existing program
- Conduct onsite and WebEx provider-orientation sessions
- Provide education to supporting staff to improve overall experience and efficiency
- Create training materials
- Monitor and review metrics and overall activity
- Conduct provider-outreach activities when opportunities for improvement have been identified
- Generate and review provider profile reports specific to a TIN or NPI
- Facilitate clinical discussions with ordering providers and eviCore medical directors

How to contact the Provider Engagement team?

You can find a list of Regional Provider Engagement Managers at evicore.com → Provider's Hub → Training Resources

Provider Resource Website

Provider Resource Pages

eviCore's Provider Experience team maintains provider resource pages that contain client- and solution-specific educational materials to assist providers and their staff on a daily basis. The provider resource page will include, but is not limited to, the following educational materials:

- Frequently Asked Questions
- Quick Reference Guides
- Provider Training
- CPT code list

To access these helpful resources, please visit

https://www.evicore.com/resources/healthplan/thp



The Health Plan Provider Services: 1.877.847.7901 or email providersupport@healthplan.org

Provider Newsletter

Stay Updated With Our Free Provider Newsletter

eviCore's provider newsletter is sent out to the provider community with important updates and tips. If you are interested in staying current, feel free to subscribe:

- Go to eviCore.com
- Scroll down and add a valid email to subscribe
- You will begin receiving email provider newsletters with updates



Provider Resource Review Forums

The eviCore website contains multiple tools and resources to assist providers and their staff during the prior authorization process.

We invite you to attend a Provider Resource Review Forum, to navigate www.eviCore.com and understand all the resources available on the Provider's Hub. Learn how to access:

- eviCore's evidence-based clinical guidelines
- Clinical worksheets
- Check-status function of existing prior authorization
- Search for contact information
- Podcasts & Insights
- Training resources



How to register for a Provider Resource Review Forum?

You can find a list of scheduled **Provider Resource Review Forums** on <u>www.eviCore.com</u> → Provider's Hub → Scroll down to eviCore Provider Orientation Session Registrations → Upcoming

Thank You!



Pain Management, and Joint & Spine Surgery Requirement Highlights

Complete guidelines can be found on: www.eviCore.com, under the Resources tab at the top right of your screen











Interventional Pain Requirements

- Interventional Pain procedures require a separate pre-service authorization request for each date of service.
- The patients response to prior interventional pain injections will determine if a subsequent injection is appropriate. ***Including the response to the prior interventional pain injection in the office notes will help avoid processing delays.
- For an epidural injection, a patient must have a radiculopathy or radicular pattern confirmed on imaging or EMG/NCS. For a facet procedure, loading of the joint in extension and lateral rotation is needed. For sacroiliac joint injection, a patient must have 3 or 5 positive stress maneuvers of the sacroiliac joint.
- An epidural injection and facet joint injection in the same region is not allowed, except when there is a facet joint cyst compressing the exiting nerve root.
- No more than 1 level interlaminar epidural, 1 nerve root selective nerve root block, 2 level therapeutic transforaminal epidural, 3 level facet/medial branch nerve blocks are indicated in a single session.
- 6 weeks of conservative care is need prior to an epidural steroid injection. 4 weeks of conservative care is needed prior to facet/medial branch nerve blocks and sacroiliac joint injections.
- For cervical and thoracic epidural injections, advanced imaging must be performed within the last 12 months.
- Fluoroscopic or CT scan image guidance is required for all interventional pain injections.

Interventional Pain Requirements continued

- The limit of diagnostic facet/medial branch nerve blocks is 2 prior to possible radiofrequency ablation. The limit of epidural steroid injections is 3 per episode and 4 per 12 month period.
- Epidural injections require a 2 week outcome prior to preauthorization of a subsequent epidural. Radiofrequency ablation of the medial branch nerves from C2 3 to L5 S1 require a 6 week interval.
- An epidural steroid injection must have a least 2 of the following:
 - o 50% or greater relief of radicular pain.
 - Increased level of function/physical activity.
 - o And or decreased use of medication and/or additional medical services such as Physical Therapy/Chiropractic care.
- A diagnostic facet/medial branch nerve block must have at least 80% relief from the anesthetic. 2 facet/medial branch nerve blocks
 with a least 80% relief are needed for radiofrequency ablation.
- A therapeutic sacroiliac joint injection following a diagnostic joint injection must have >75% pain relief.
- A repeat therapeutic sacroiliac joint injection must have >75% pain relief and either an increase in level function or reduction in use of pain medication and/or medical services such as PT/Chiropractic care.

Spine Surgery Requirements

Prior Authorization requests should be submitted at least 2 weeks prior to the date of an elective spinal surgery

Minimum documentation requirements:

- CPT codes, disc levels, or motion segments involved for planned surgery and ICD-10 codes.
- Detailed documentation of the type, duration, and frequency of provider directed non-surgical treatment with response to each with details if less than clinically meaningful improvement to treatment.
- Written reports/interpretations of the most recent advanced diagnostic imaging studies by independent radiologist.
- Acceptable imaging modalities for purposes of the Spine Surgery guidelines are: CT, MRI and Myelography.

For Spinal Fusion surgery requests:

- Documentation of flexion-extension plan X-rays based upon indications for instability and/or other plain X-rays that document failure of instrumentation, fusion, etc.
- Documentation of nicotine-free status, as evidenced by either of the following, unless this is an urgent/emergent request, for decompression only without fusion, disc arthroplasty, or when myelopathy is present.
- evidenced by blood cotinine lab results of <10ng/mL. (In order to complete the prior authorization process for spinal fusion surgery, allow for sufficient time for submission of lab results performed after the 6-week cessation period.

Spine Surgery Requirements continued

Some procedures in the eviCore Spine Surgery Guidelines require a trial of epidural steroid injections (ESIs)/selective nerve root blocks (SNRBs) unless there is a documented contraindications to ESIs/SNRBs

Contraindications to ESIs/SNRBs include the presence of ANY of the following:

- · Allergy to the medication to be administered
- A significantly altered or eliminated epidural space (e.g. congenital anatomic anomalies or previous surgery)
- Anticoagulation therapy
- Bleeding disorder
- Localized infection in the region to be injected
- Systemic infection
- Other co-morbidities which could be exacerbated by steroid usage (e.g. poorly controlled hypertension, severe congestive heart failure, diabetes, etc.)

eviCore Musculoskeletal Guidelines for Advanced Procedures:

https://www.evicore.com/provider/clinical-guidelines-details?solution=musculoskeletal%20advanced%20procedures

Joint Surgery Requirements

Partial Knee and Total Knee Replacement is considered medically necessary when all of the following criteria have been met:

- Function-limiting pain at short distances (e.g. walking less than ¼ mile, limiting activity to two city blocks, the equivalent to walking the length of a shopping mall) for at least 3 months duration.
- Loss of knee function which interferes with the ability to carry out age appropriate activities of daily living and/or demands of employment.

Radiographic or arthroscopic findings of either of the following:

- Severe unicompartmental (medial, lateral, or patellofemoral) degenerative arthritis evidenced by either Large osteophytes, marked narrowing of joint space, severe sclerosis, and definite deformity of bone contour (i.e., Kellgren-Lawrence Grade IV radiographic findings) or Exposed subchondral bone (i.e., Modified Outerbridge Classification Grade IV arthroscopy findings)
- Avascular necrosis (AVN) of the femoral condyles and/or proximal tibia.
- Intact, stable ligaments, in particular the anterior cruciate ligament
- Knee arc of motion (full extension to full flexion) greater than 90 degrees

Failure of at least 3 months of provider directed non-surgical management

- For patients with BMI > 40, there must be failure of a least 6 months of provider directed non-surgical management
- Provider directed non-surgical management may be inappropriate. The medical record must clearly document why provider directed non-surgical management is not appropriate.

Total knee replacement is considered medically necessary for a fracture of the distal femur when conservative management or surgical fixation is not considered a reasonable option.

Joint Surgery Requirements

The determination of medical necessity for the performance of shoulder surgery is always made on a case by case basis.

Shoulder arthroscopic or open surgical procedures may be considered medically necessary for individuals when surgery is being performed for fracture, tumor, infection or foreign body that has led to or will likely lead to progressive destruction.

Diagnostic Arthroscopy is considered medically necessary as a separate procedure when all of the following criteria have been met:

Function limiting pain (e.g. loss of shoulder function which interferes with the ability to carry out age appropriate activities of daily living and /or demands of employment for at least 6 months in duration.

Individual demonstrates any of the following abnormal shoulder physical examination findings as compared to the non involved side.

- Functionally limited range of motion (active or passive)
- Measurable loss in strength
- Positive Neer Impingement Test or Hawkins-Kennedy Impingement Test.
- Failure of provider directed non-surgical management for at least 3 months in duration.
- Advanced diagnostic imaging study (e.g., MRI; CT) is inconclusive for internal derangement/pathology
- Other potential pathological conditions including, but not limited to: fracture, thoracic outlet syndrome, brachial plexus disorders, referred neck pain, and advanced glenohumeral osteoarthritis have been excluded.

Diagnostic arthroscopy is considered not medically necessary for any other indication or condition.

eviCore Musculoskeletal Guidelines for Advanced Procedures:

https://www.evicore.com/provider/clinical-guidelines-details?solution=musculoskeletal%20advanced%20procedures

Reconsideration and Peer to Peer Requests via the Web Portal







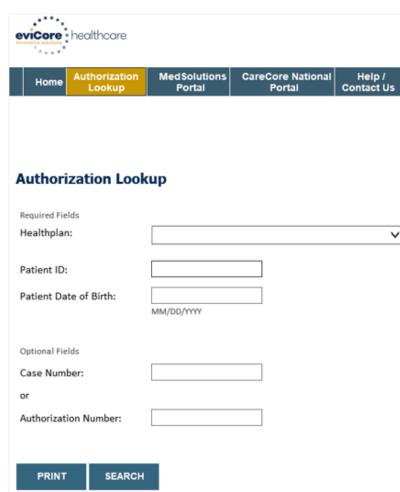




eviCore Reconsideration Review Process on the Web

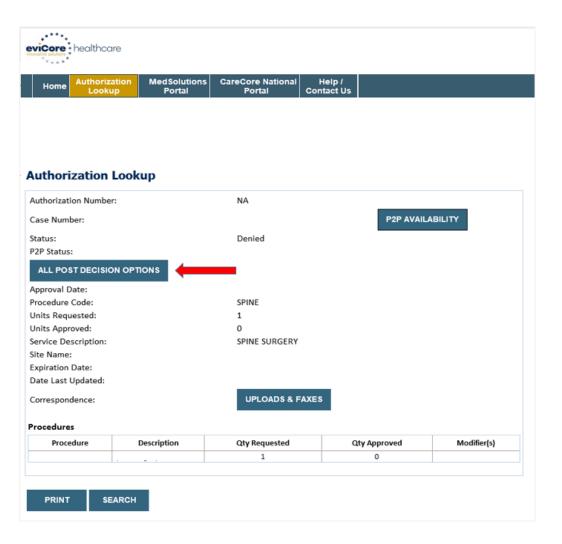
Select "Auth Lookup", health plan and enter the patient information





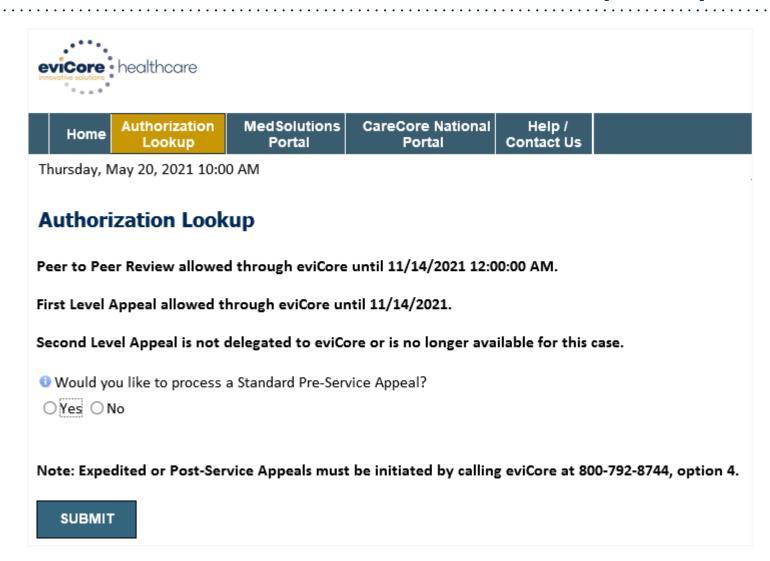
eviCore Reconsideration Review Process on the Web (cont.)

 Select "All Post Decision Options" to view available options



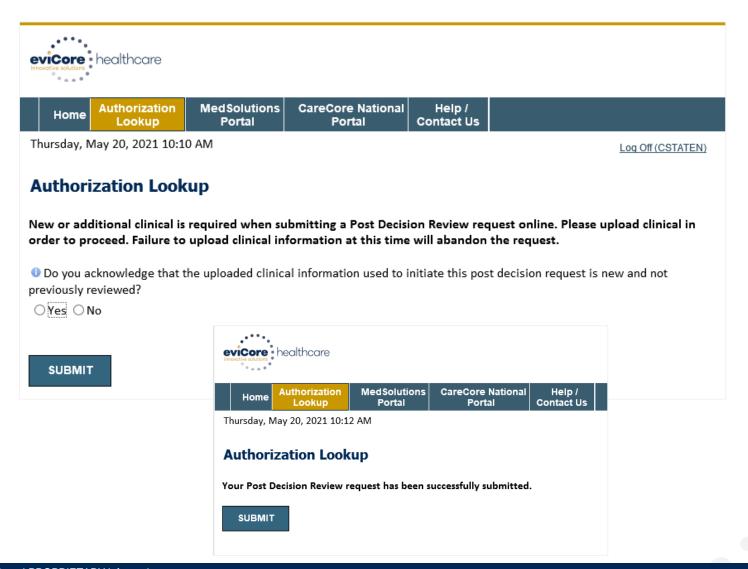
eviCore Reconsideration Review Process on the Web (cont.)

- If a reconsideration or first level appeal is delegated through eviCore, the user will see the following question at the bottom of available appeal options
- User can answer "Yes" to move forward
- If the user answers "No" an appeal or reconsideration will not be started and the following notation will be placed on the case: Post Decision Review process opened and abandoned by Web User. Case will not proceed to Reconsideration or Appeal review at this time.
- Note: Select 'No' to go back to schedule a Peer-to-Peer



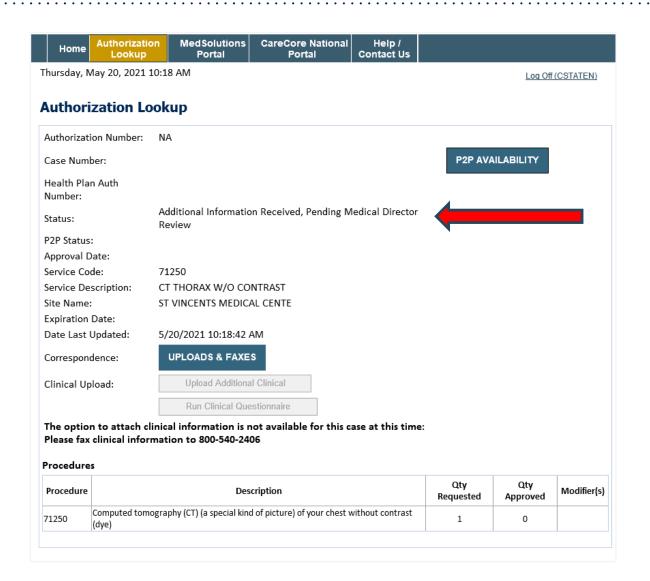
eviCore Reconsideration Process on the Web (cont.)

- New or additional clinical documentation is required
- Failure to upload new or additional clinical documentation will cancel the request
- Once the clinical information is uploaded, the user will receive message "Your Post Decision Review request has been successfully submitted"
- Select 'Submit' to initiate the request



eviCore Reconsideration Review Process on the Web (cont.)

- After the post decision review is initiated, the user will return to the authorization lookup
- Status will be updated to show additional information was submitted and pending review
- A determination will be faxed to the provider



How to schedule a Peer to Peer Request

- Log into your account at <u>www.evicore.com</u>
- Perform Authorization Lookup to determine the status of your request.
- Click on the "P2P Availability" button to determine if your case is eligible for a Peer to Peer conversation:

 If your case is eligible for a Peer to Peer conversation, a link will display allowing you to proceed to scheduling without any additional messaging.

P2P AVAILABILITY Request Peer to Peer Consultation

Authorization Lookup

Authorization Number:

Case Number:

Status:

Denied

P2P AVAILABILITY

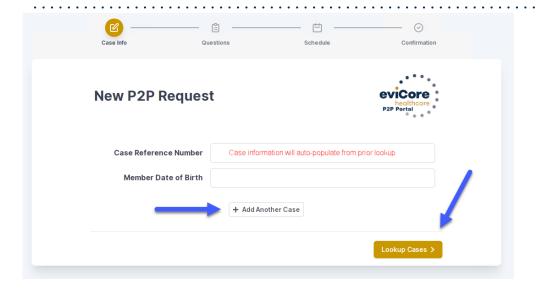
How to schedule a Peer to Peer Request

Pay attention to any messaging that displays. In some instances, a Peer to Peer conversation is allowed, but the case decision cannot be changed. When this happens, you can still request a Consultative Only Peer to Peer. You may also click on the "All Post Decision Options" button to learn what other action may be taken.

Authorization Lookup Authorization Number: NA Case Number: Request Peer to Peer Consultation Status: Denied Post-decision options for this case have been exhausted or are not delegated to eviCore. You may continue to P2P Eligibility Result: schedule a Peer to Peer discussion for this case but it will be considered consultative only and the original decision cannot be modified. P2P Status: ALL POST DECISION OPTIONS

Once the "Request Peer to Peer Consultation" link is selected, you will be transferred to our scheduling software via a new browser window.

How to Schedule a Peer to Peer Request

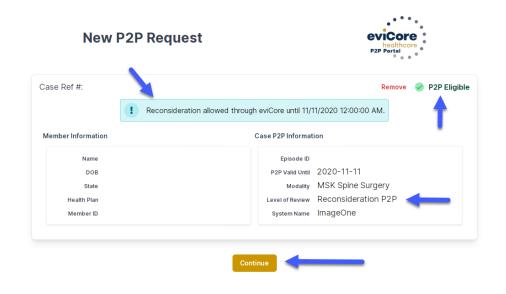


Upon first login, you will be asked to confirm your default time zone.

You will be presented with the Case Number and Member Date of Birth (DOB) for the case you just looked up.

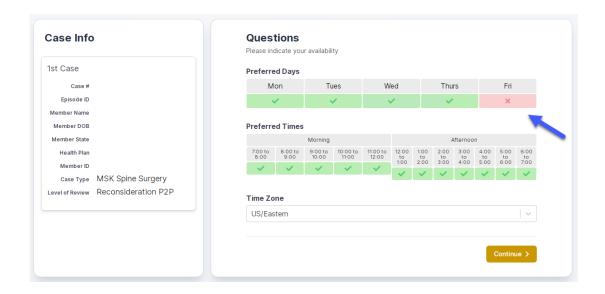
You can add another case for the same Peer to Peer appointment request by selecting "Add Another Case"

You will receive a confirmation screen with member and case information, including the Level of Review for the case in question. Click Continue to proceed.



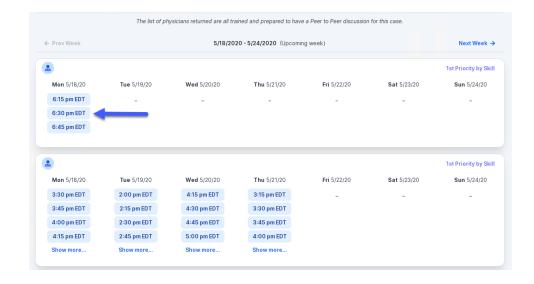
To proceed, select "Lookup Cases"

How to Schedule a Peer to Peer Request



You will be prompted to identify your preferred Days and Times for a Peer to Peer conversation. All opportunities will automatically present. Click on any green check mark to deselect the option and then click Continue.

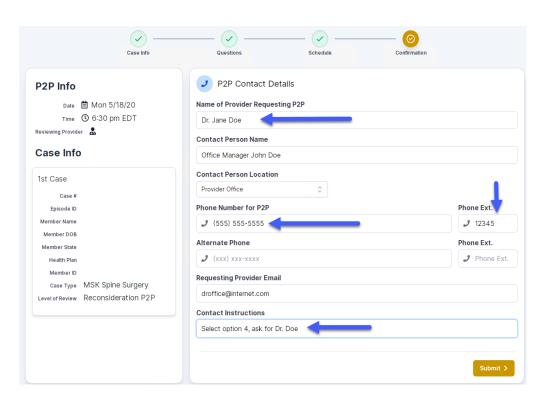
You will be prompted with a list of eviCore Physicians/Reviewers and appointment options per your availability. Select any of the listed appointment times to continue.



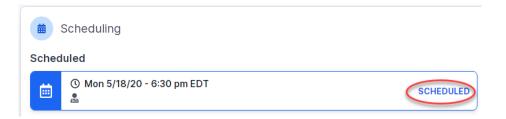
How to Schedule a Peer to Peer

Confirm Contact Details

 Contact Person Name and Email Address will auto-populate per your user credentials



- Be sure to update the following fields so that we can reach the right person for the Peer to Peer appointment:
 - Name of Provider Requesting P2P
 - Phone Number for P2P
 - Contact Instructions
- Click submit to schedule appointment. You will be presented with a summary page containing the details of your scheduled appointment.



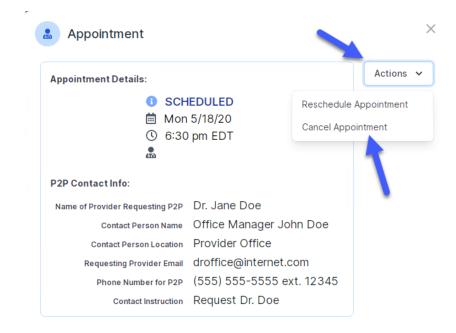
Canceling or Rescheduling a Peer to Peer Appointment

To cancel or reschedule an appointment

- Access the scheduling software per the instructions above
- Go to "My P2P Requests" on the left pane navigation.
- Select the request you would like to modify from the list of available appointments
- Once opened, click on the schedule link. An appointment window will open
- Click on the Actions drop-down and choose the appropriate action

If choosing to reschedule, you will have the opportunity to select a new date or time as you did initially.

If choosing to cancel, you will be prompted to input a cancellation reason



Close browser once done