Interventional Pain Management

Provider Presentation for Aetna



By EVERNORTH



Agenda



Solutions Overview

Interventional Pain Management

Submitting Requests

Prior Authorization Outcomes, Special Considerations & Post-Decision Options

EviCore Provider Portal

Overview, Features, and Benefits

Provider Resources

Questions & Next Steps

Appendix

- Step-by-Step Case Submission
- Self-Service Peer-to-Peer Scheduling Tool



Solution Overview





Aetna Prior Authorization Services

Applicable Membership

- HMO plans
- HNO plans
- Medicare plans
- PPO plans

Prior authorization applies to the following services

- Outpatient
- Elective/Non-emergent
- Inpatient (procedure only)*

Prior authorization does NOT apply to services performed in

- Emergency Rooms
- 23 hour observation Services



It is the responsibility of the ordering provider to request prior authorization approval for services.



Interventional Pain Management | Joint & Spine Surgery

Interventional Pain

- Spinal injections
- Spinal implants
 - Spinal cord stimulators
 - Pain pumps



To find a list of CPT codes that require prior authorization through EviCore, please visit:

Aetna MSK Provider Resource Site



Interventional Pain Requirements

- Interventional Pain procedures require a separate pre-service authorization request for each date of service. The patients response to prior interventional pain injections will determine if a subsequent injection is appropriate. ***Including the response to the prior interventional pain injection in the office notes will help avoid processing delays.
- For an epidural injection, a patient must have a radiculopathy or radicular pattern confirmed on imaging or EMG/NCS. For a facet procedure, loading of the joint in extension and lateral rotation is needed. For sacroiliac joint injection, a patient must have 3 or 5 positive stress maneuvers of the sacroiliac joint.
- An epidural injection and facet joint injection in the same region is not allowed, except when there is a facet joint cyst compressing the exiting nerve
 root.
- No more than 1 level interlaminar epidural, 1 nerve root selective nerve root block, 2 level therapeutic transforaminal epidural, 3 level facet/medial branch nerve blocks are indicated in a single session.
- 6 weeks of conservative care is need prior to an epidural steroid injection. 4 weeks of conservative care is needed prior to facet/medial branch nerve blocks and sacroiliac joint injections.
- For cervical and thoracic epidural injections, advanced imaging must be performed within the last 12 months.
- Fluoroscopic or CT scan image guidance is required for all interventional pain injections.
- The limit of diagnostic facet/medial branch nerve blocks is 2 prior to possible radiofrequency ablation. The limit of epidural steroid injections is 3 per episode and 4 per 12 month period.



Interventional Pain Requirements

• Epidural injections require a 2 week outcome prior to preauthorization of a subsequent epidural. Radiofrequency ablation of the medial branch nerves from C2 – 3 to L5 – S1 require a 6 week interval.



- An epidural steroid injection must have a least 2 of the following:
- 50% or greater relief of radicular pain.
- Increased level of function/physical activity.
- And or decreased use of medication and/or additional medical services such as Physical Therapy/Chiropractic care.
- A diagnostic facet/medial branch nerve block must have at least 80% relief from the anesthetic. 2 facet/medial branch nerve blocks with a least 80% relief are needed for radiofrequency ablation.
- A therapeutic sacroiliac joint injection following a diagnostic joint injection must have >75% pain relief.
- A repeat therapeutic sacroiliac joint injection must have >75% pain relief and either an increase in level function or reduction in use of pain medication and/or medical services such as PT/Chiropractic care.



Submitting Requests





How to Request Prior Authorization

The EviCore Provider Portal is the easiest, most efficient way to request clinical reviews and check statuses.

- Save time: Quicker process than requests by phone or fax.
- Available 24/7.
- Save your progress: If you need to step away, you can save your progress and resume later.
- Upload additional clinical information: No need to fax supporting clinical documentation; it can be uploaded on the portal.
- View and print determination information: Check case status in real time.
- Dashboard: View all recently submitted cases.
- E-notification: Opt to receive email notifications when there is a change to case status.
- Duplication feature: If you are submitting more than one request, you can duplicate information to expedite submissions.

To access the EviCore Provider Portal, visit www.EviCore.com



Phone: 888-622-7329Monday – Friday

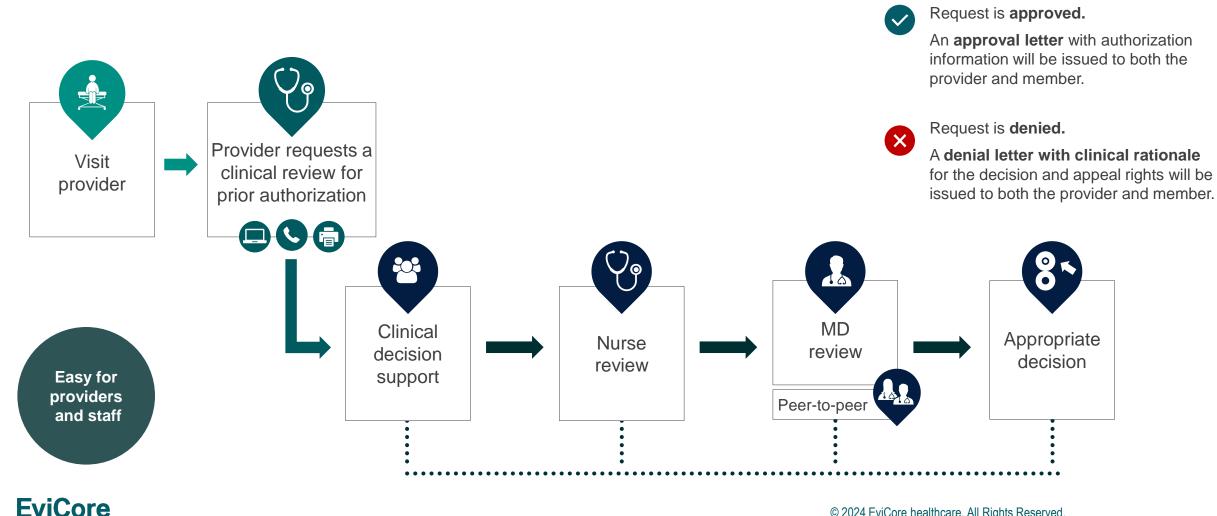
7 AM – 7 PM (local time)

Fax: 855-774-1319



Utilization Management | Prior Authorization

By EVERNORTH





Necessary Information for Prior Authorization

To obtain prior authorization on the very first submission, the provider submitting the request will need to gather information within four categories:

Member

- Health Plan ID
- Member name
- Date of birth (DOB)

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Referring (Ordering) Provider

- Physician name
- National provider identifier (NPI)
- Phone & fax number

Rendering Facility

- · Facility name
- Address
- National provider identifier (NPI)
- Tax identification number (TIN)
- Phone & fax number

Supporting Clinical

- Pertinent clinical information to substantiate medical necessity for the requested service
- CPT/HCPCS Code(s)
- Diagnosis Code(s)
- Previous test results



Insufficient Clinical | Additional Documentation Needed

If during case build all required pieces of documentation are not received, or are insufficient for EviCore to reach a determination, the following will occur:

A hold letter will be faxed to the requesting provider requesting additional documentation.

The provider must submit the additional information to EviCore.

EviCore will review the additional documentation and reach a determination.

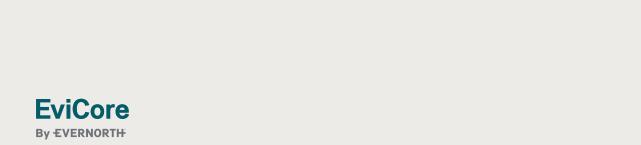
The hold letter will inform the provider about what clinical information is needed, as well as the **date by which it is needed**.

Requested information must be received within the timeframe as specified in the hold letter, or EviCore will render a determination based on the original submission.

Determination notifications will be sent.



Prior Authorization Outcomes, Special Considerations & Post-Decision Options



Prior Authorization Outcomes

Determination Outcomes:

- Approved Requests: Authorizations are valid for up to 90 days from the date of approval.
- Partially Approved Requests: In instances where multiple CPT codes are requested, some may be approved and some denied. In these instances, the determination letter will specify what has been approved as well as post decision options for denied codes, including denied Site of Care.
- **Denied Requests:** Based on evidence-based guidelines, if a request is determined as inappropriate, a notification with the rationale for the decision and post decision/ appeal rights will be issued.

Notifications:

- Authorization letters will be faxed to the ordering provider.
- Web initiated cases will receive e-notifications when a user opts to receive.
- Members will receive a letter by mail.
- Approval information can be printed on demand from the EviCore portal: <u>www.EviCore.com</u>





Special Circumstances

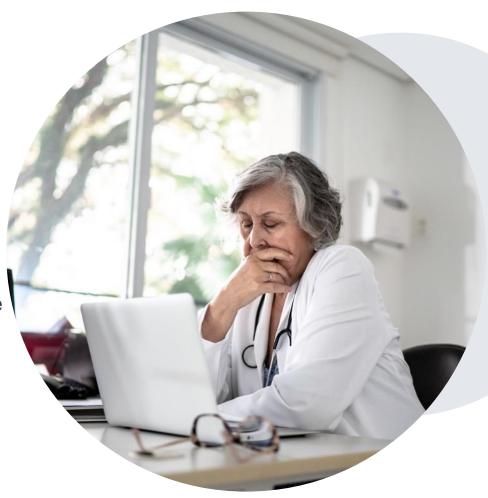
Alternative Recommendations

- An alternative recommendation may be offered, based on EviCore's evidence-based clinical guidelines.
- The ordering provider can either accept the alternative recommendation or request a reconsideration for the original request.
- Providers have up to 14 calendar days to contact EviCore to accept the alternative recommendation.

Authorization Update

- If updates are needed on an existing authorization, you can contact EviCore by phone at 888-624-0756.
- While EviCore needs to know if changes are made to the approved request, any change could result in the need for a separate clinical review and require a new request (and the original approved request would need to be withdrawn).
- If the authorization is not updated, it may result in a claim denial.





Post-Decision Options

......

My case has been denied. What's next?

Your **determination letter** is the best immediate source of information to assess what options exist on a case that has been denied. You may also call EviCore at **888-624-0756** to speak with an agent who can provide available option(s) and instruction on how to proceed.

Alternatively, select **All Post Decisions** under the **Authorization Lookup** function on **EviCore.com** to see available options.

Reconsiderations

- Reconsiderations are <u>not</u> allowed for Medicare (based on CMS rules).
- Providers can request a reconsideration review.
- Reconsiderations must be requested within 14
 calendar days after the determination date.
- Reconsiderations can be requested in on the portal, in writing or verbally via a Clinical Consultation with an EviCore physician.



- Appeals must be initiation through Aetna.
- The denial notification will include instructions on how to appeal.



Special Circumstances

Retrospective (Retro) Authorization Requests

- Must be submitted within 14 calendar days from the date of service
- Reviewed for clinical urgency and medical necessity.
- Retro requests are processed within 30 calendar days after receiving all necessary information.
- When authorized, the start date will be the submitted date of service.

Urgent Prior Authorization Requests

- EviCore uses the NCQA/URAC definition of urgent: when a delay in decision-making may seriously jeopardize the life or health of the member.
- Can be initiated on provider portal or by phone.
- Urgent cases are typically reviewed within 24 to 72 hours.





EviCore Provider Portal





EviCore Provider Portal | Access and Compatibility

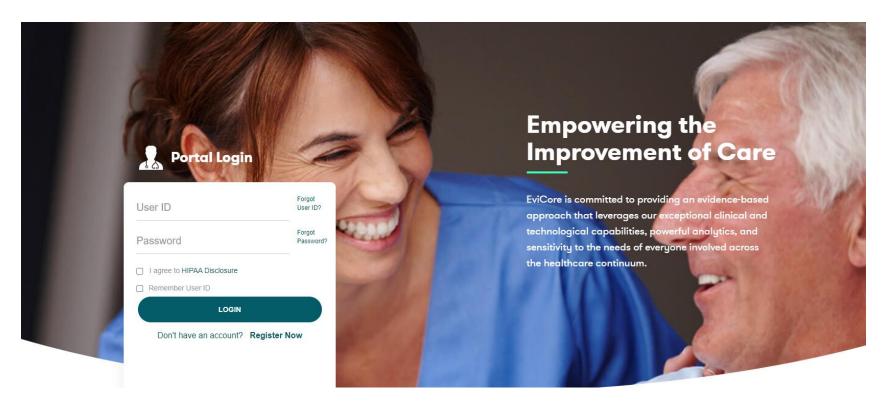
Most providers are already saving time submitting clinical review requests online vs. telephone.

To access resources on the EviCore Provider Portal, visit EviCore.com/provider

Already a user?

Log in with User ID & Password.

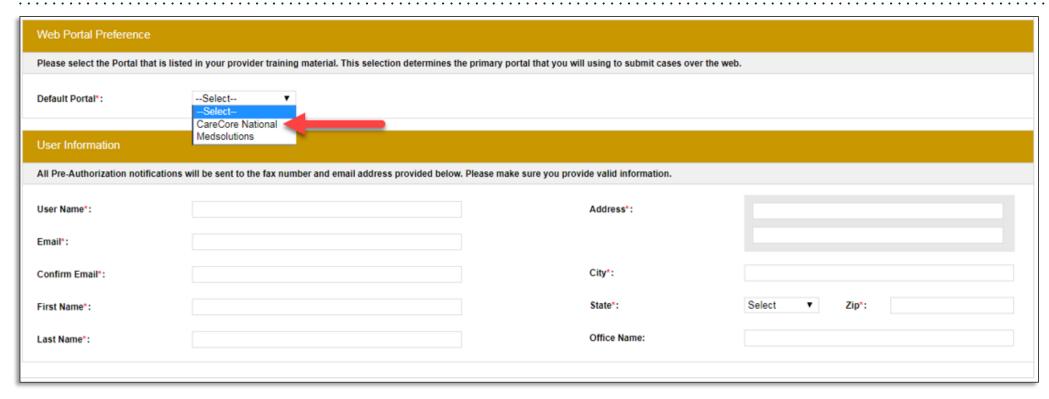
Don't have an account? Click Register Now.





EviCore's website is compatible with **all web browsers**. If you experience issues, you may need to **disable pop-up blockers** to access the site.

Creating an EviCore Provider Portal Account



- Select CareCore National as the Default Portal.
- Complete the User Information section in full and Submit Registration.
- You will immediately be sent an email with a link to create a password. Once you have created a password, you will be
 redirected to the login page.



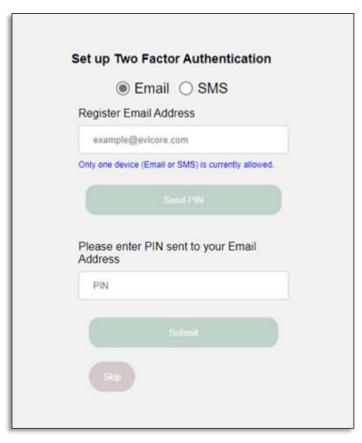
Setting Up Multi-Factor Authentication (MFA)

To safeguard your patients' private health information (PHI), we have implemented a multi-factor

authentication (MFA) process.

 After you log in, you will be prompted to register your device for MFA.

- Choose which authentication method you prefer: Email or SMS.
 Then, enter your email address or mobile phone number.
- Once you select **Send PIN**, a 6-digit pin will be generated and sent to your chosen device.
- After entering the provided PIN in the portal display, you will successfully be authenticated and logged in.

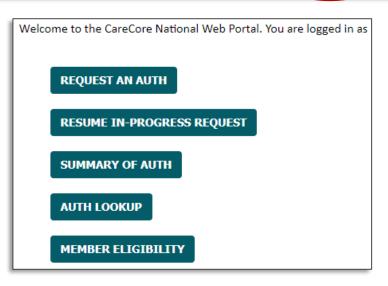




Welcome Screen | Adding Providers to Registration

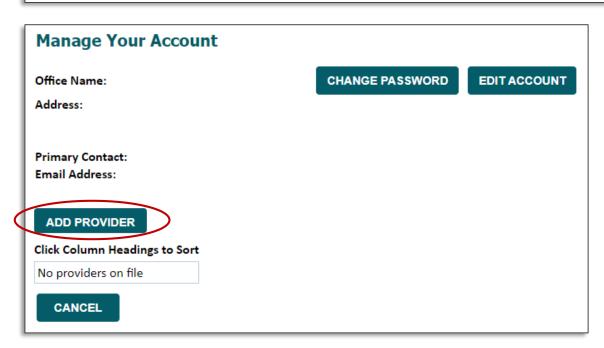


- Providers can be added to your account prior to case submission.
- Click the Manage Your Account tab to add providers to the web registration.





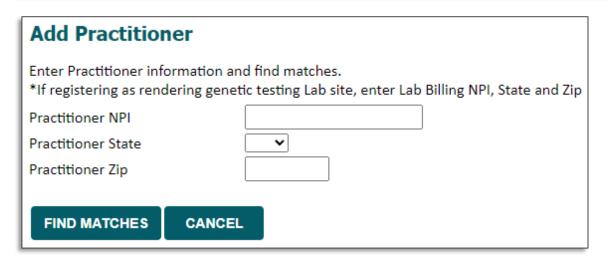
Certification **Authorization** Eligibility Clinical **Certification Requests** MedSolutions **MSM Practitioner** Manage Help / Home Resources Lookup Lookup Certification In Progress Perf. Summary Portal **Your Account Portal Contact Us** Summary



Click the Add Provider button.



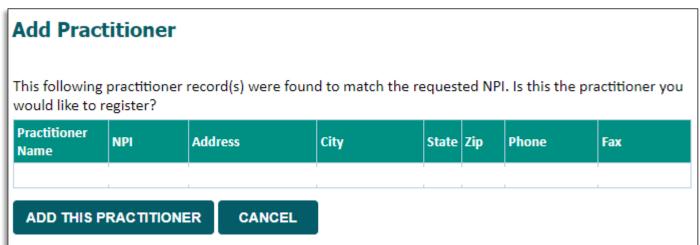




- Enter the Provider's NPI, state, and zip code to search for the provider record.
- Once entered, click Find Matches.
- Multiple providers can be added to your account.







Select the matching record based upon your search criteria.





Add Practitioner

Thank you for registering on the CareCore National website. If you wish to add an additional practitioner, click the "Add Another Practitioner" button. If you are finished, click the "Continue" button to complete the registration process.

ADD ANOTHER PRACTITIONER

CONTINUE

- Once you have selected a practitioner, your registration will be completed and ready for building a case.
- You can click on Add Another Practitioner to add another provider to your account or click Continue.

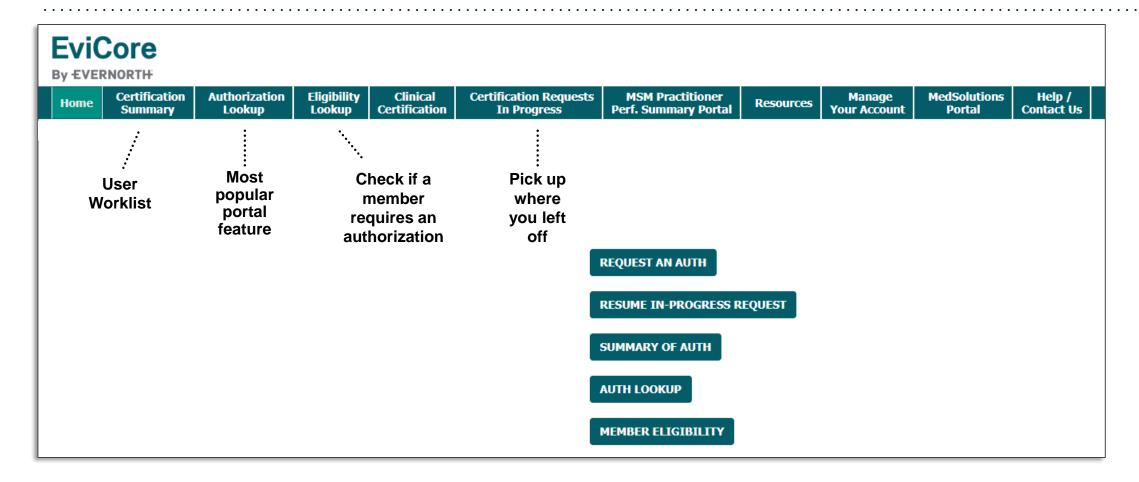


EviCore Portal Features



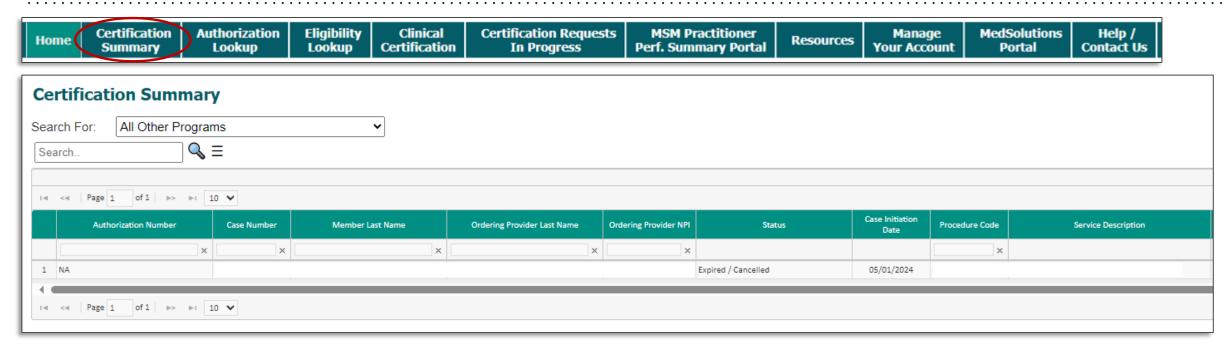


Provider Portal | Feature Access





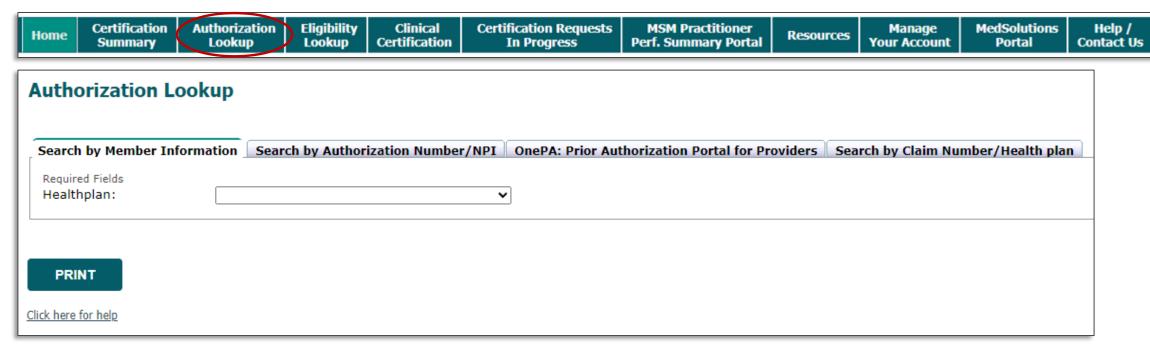
Certification Summary | User Worklist



- The Certification Summary tab allows you to track recently submitted cases.
- The worklist can also be filtered.



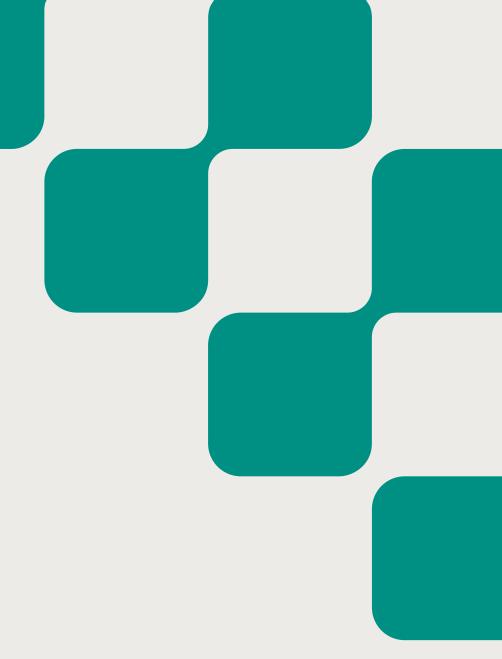
Authorization Lookup | Popular Tool



- You can lookup an authorization case status on the portal.
- Search by member information OR
- Search by authorization number with ordering NPI.
- Initiate appeals and/or schedule Peer-to-Peer calls.
- View and print any correspondence.



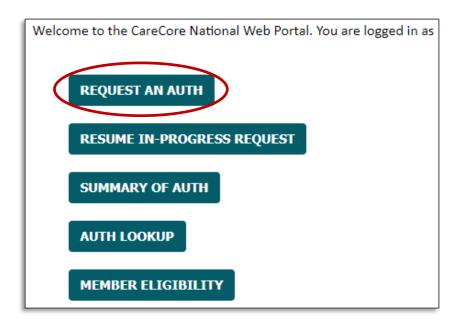
Initiating a Case





Initiating a Case

Eligibility Clinical Certification **Authorization Certification Requests** MedSolutions **MSM Practitioner** Manage Help / **Home** Resources Lookup Certification In Progress Perf. Summary Portal **Your Account** Summary Lookup **Contact Us** Portal



- Click the Clinical Certification tab to get started.
- Choose Request an Auth to begin a new case request.



Select Program

Certification **Authorization Eligibility** Clinical **Certification Requests** MedSolutions **MSM Practitioner** Manage Help / **Home** Resources Lookup Lookup Certification In Progress **Perf. Summary Portal Your Account** Summary **Portal Contact Us**

Request an Authorization

To begin, please select a program below:

- Durable Medical Equipment(DME)
- Gastroenterology
- O Lab Management Program
- Medical Oncology Pathways
- Musculoskeletal Management
- O Pharmacy Drugs (Express Scripts Coverage)
- Radiation Therapy Management Program (RTMP)
- Radiology and Cardiology
- Sleep Management
- Specialty Drugs

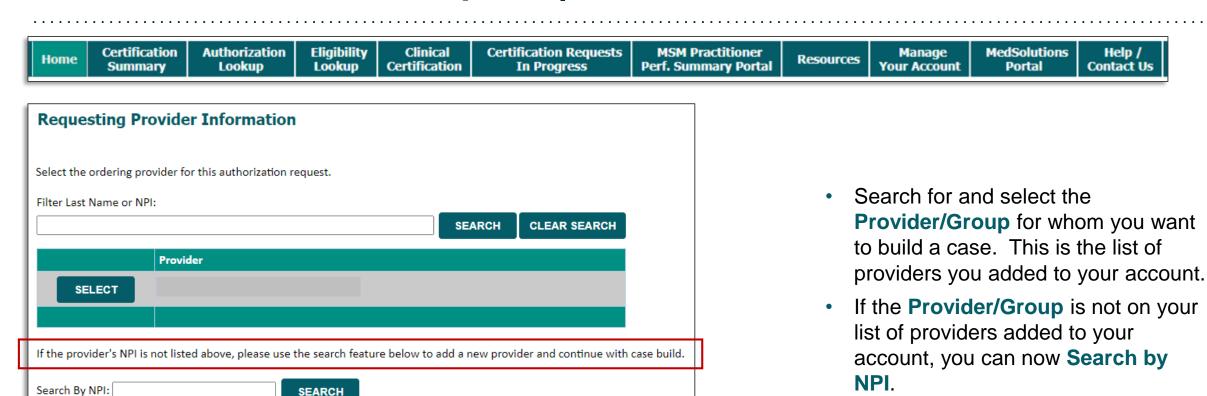
CONTINUE

Click here for help

Select the **Program** for your certification.



Clinical Certification Request | Search and Select Provider





BACK

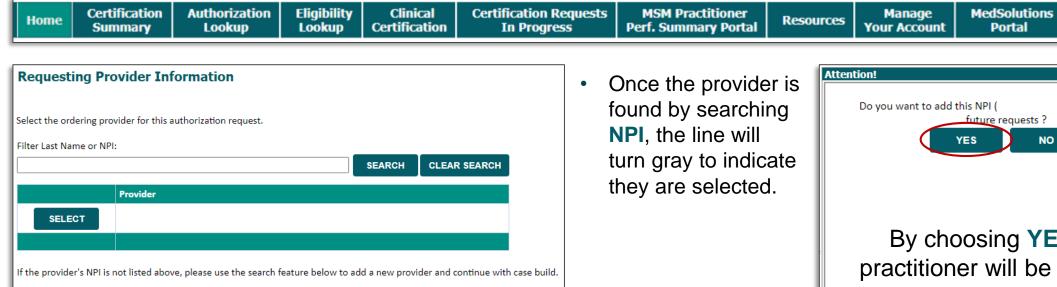
Click here for help

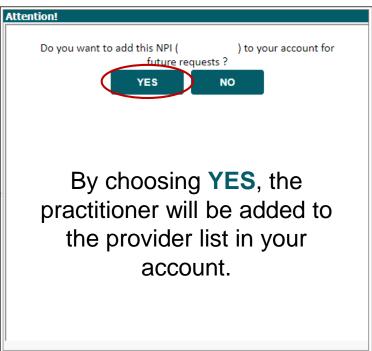
CONTINUE

Help /

Contact Us

Clinical Certification Request | Search and Select Provider





Help /

Contact Us



Search By NPI:

SELECT

BACK

Click here for help

Practitioner

Name

CONTINUE

NPI

SEARCH

Address

City

State ZipCode

Phone

Fax

Clinical Certification Request | Select Health Plan





- request.
- Another drop down will appear to select the appropriate address for the **provider**.
- Click CONTINUE.



Clinical Certification Request | Enter Contact Information

Home	Certification Summary	Authorization Lookup	Eligibility Lookup	Clinical Certification	Certification In Prog	MSM Practitioner Perf. Summary Portal	Resources	Manage Your Account	MedSolutions Portal
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Pho	Fax:* one:* Ext.:	[2]				actitioner name, e-populate; edit a			
Cell Ph	mail:	otification of case status	s changes. Please	e enter email address	in box above.	 o notification be			I

default to enable email notices for any updates on case status changes. Make sure to uncheck this box if you prefer to receive faxed notices.



contact the Health Plan.

BACK

Click here for help

Please review the fax and phone numbers presented for accuracy.

CONFIRM FAX AND CONTINUE

necessary and click "Confirm Fax and Continue" to confirm they are correct. Changes apply only to this specific request. If you wish the change to be permanent, please

Help /

Contact Us

Clinical Certification Request | Procedure Date



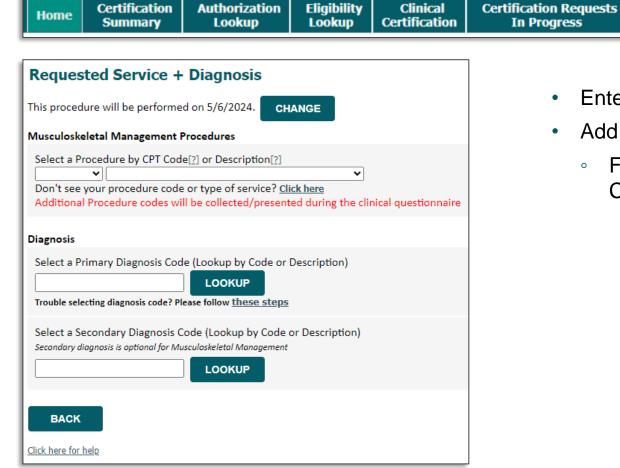


SUBMIT

If the Date of Service is unknown, please enter today's date.

Clinical Certification Request | Procedure and Diagnosis Codes

In Progress



Enter the primary CPT code.

MSM Practitioner

Perf. Summary Portal

- Add diagnosis code(s):
 - For pain procedures, enter the numeric CPT.

Resources



Manage

Your Account

MedSolutions

Portal

Help /

Contact Us

Clinical Certification Request | Enter Member Information

ome	Certification Summary	Authorization Lookup	Eligibility Lookup	Clinical Certification	Certification Requests In Progress	MSM Practitioner Perf. Summary Portal	Resources	Manage Your Account	MedSolutions Portal	Help / Contact Us
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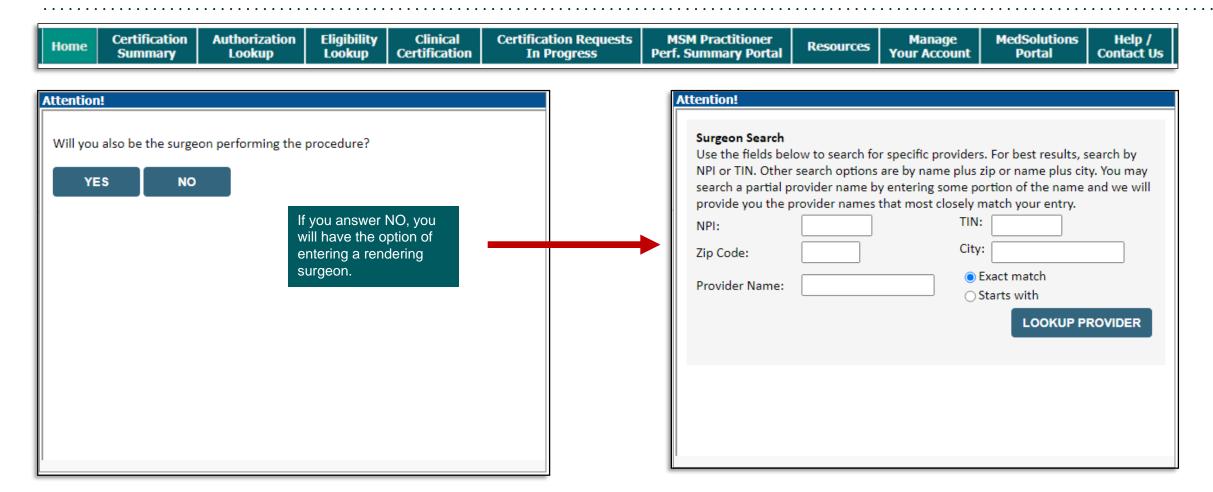


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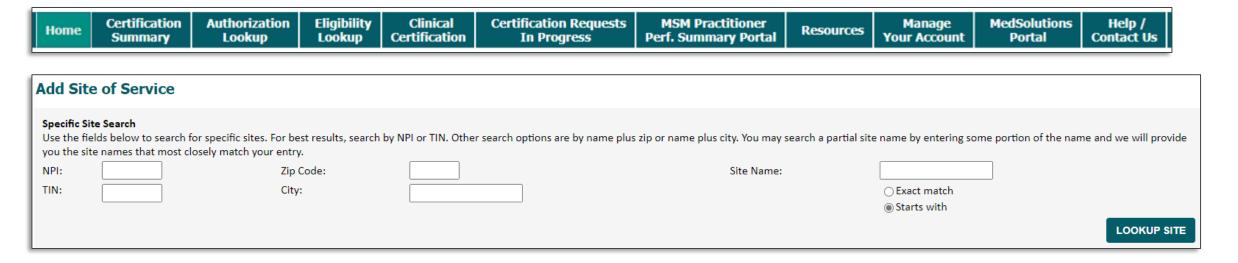
CONTINUE

Clinical Certification Request | Clinical Details





Clinical Certification Request | Site Selection



- Search for the **site of service** where the procedure will be performed (for best results, search with NPI, TIN, **or** zip code).
- Select the specific site where the procedure will be performed.



Clinical Certification Request | Clinical Certification

Certification Requests Certification Authorization Eligibility Clinical MSM Practitioner Manage MedSolutions Help / Home Resources Perf. Summary Portal Certification In Progress Summary Lookup Lookup **Your Account Portal** Contact Us

Proceed to Clinical Information

You are about to enter the clinical information collection phase of the authorization process.

Once you have clicked "CONFIRM AND CONTINUE," you will not be able to edit the Provider, Patient, or Service information entered in the previous steps. Please be sure that all this data has been entered correctly before continuing.

In order to ensure prompt attention to your online request, be sure to complete the clinical review before exiting the system. Even if you will be submitting additional information at a later time, please continue through the final summary page. Failure to formally submit your full request will cause the record to expire with no additional correspondence from eviCore.

I acknowledge that the clinical information I am about to submit for this authorization request is accurate and specific to this member, and that all information will be provided for this request.

BACK

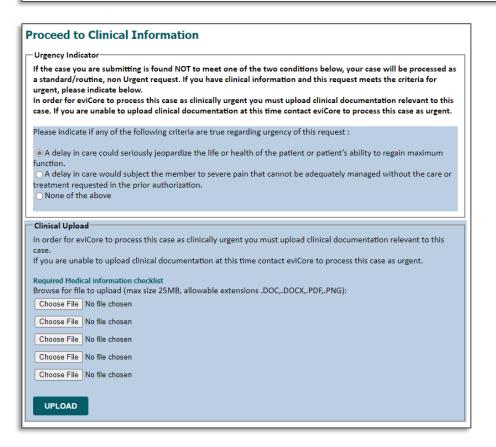
CONFIRM AND CONTINUE

- Verify that all information is entered and correct.
- Check the acknowledgement statement.
- You will not have the opportunity to make changes after this point.



Clinical Certification Request | Standard or Urgent Request?

Certification Authorization Eligibility Clinical Certification Requests MSM Practitioner MedSolutions Manage Help / **Home** Resources Perf. Summary Portal **Your Account** Summary Lookup Lookup Certification In Progress **Portal** Contact Us





- If the case is standard, select Yes.
- If your request is urgent, select No.
- When a request is submitted as urgent, you will be required to upload relevant clinical information.
- Upload up to FIVE documents.
 (.doc, .docx, or .pdf format; max 5MB size)
- Your case will only be considered urgent if there is a successful upload.



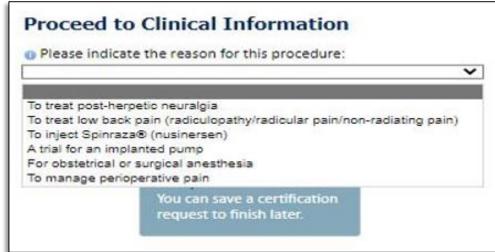
Interventional Pain Pathway

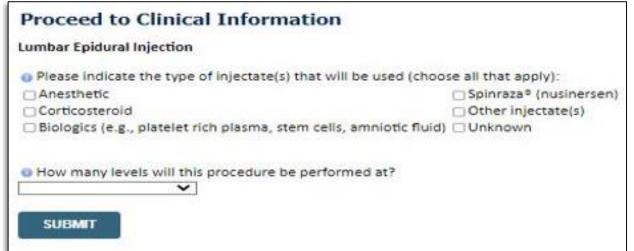




Clinical Collection Process | Pathway Questions









Clinical Collection Process | Pathway Questions





Clinical Collection Process | Pathway Questions

Home	Certification Summary	Authorization Lookup	Eligibility Lookup	Clinical Certification	Certification Requests In Progress	MSM Practitioner Perf. Summary Portal	Resources	Manage Your Account	MedSolutions Portal	Help / Contact Us
Proceed	Proceed to Clinical Information									

Proceed to Clinical Information	
Ooes physical exam/patient history indicate any of the following: (Choose all that apply)	
Pain and/or abnormal sensation (numbness, tingling, burning, etc.) that radiates into the arm or leg	 Change in sensation to light touch, pressure, pin prick or temperature
☐ Symptomatic spinal stenosis ☐ Positive straight leg raise/crossed leg raise test (for lumbar procedures) or Spurling's maneuver (for cervical procedures) ☐ Loss of strength	 □ Decreased, absent or asymmetric reflex(es) □ Positive electrodiagnostic study (EMG/NCV) for nerve root compression □ None of the above or unknown
Please indicate the documented number of weeks of conservative care prior to this request: (e.g. number of w The second	reeks of exercise, physical therapy, chiropractic care, NSAIDS, or analgesics
 Will your patient be participating in an active rehabilitation or therapeutic exercise program following this injectory of the participating of the participating in an active rehabilitation or therapeutic exercise program following this injectory of the participating in an active rehabilitation or therapeutic exercise program following this injectory. 	ction?
SUBMIT	



Case Summary | Medical Review

Summary of Your Request Please review the details of your request below and if everything looks correct click SUBMIT Your case has been sent to clinical review. You will be notified via fax within 2 business days if additional clinical information is needed. If you wish to speak with eviCore at anytime, please call 1-888-333-8641. Provider Name: OR RESIDENCE MARKET MERCHAN SECTION Contact: Provider Address: Phone Number: MARKET COUNTY, MARKET SCHOOL Fax Number: Patient Id: Patient Name: MARKET MALES Insurance Carrier: Site Name: Site ID: Site Address: STREET, A. MITTER Primary Diagnosis Code: Description: Other cervical disc displacement, unspecified cervical region Secondary Diagnosis Code: Description: Date of Service: CPT Code: Description: Spine Surgery Case Number: Review Date: 5/13/2020 2:36:00 PM **Expiration Date:** Your case has been sent to clinical review. You will be notified via fax within 2 business days if additional clinical information is needed. If you wish to speak with eviCore at anytime, please Status: call 1-888-333-8641.



Case Summary | Approval

Summary of Your Request Please review the details of your request below and if everything looks correct click SUBMIT Your case has been Approved. Provider Name: DR. BHABATH MANU ARKARA VEETS. Contact: Provider Address: 1,200 cTH AUE No Phone Number: SAIRY CLOUD, MW 56301 Fax Number: Patient Name: Patient Id: the second Insurance Carrier: Site Name: Site ID: Site Address: Married Co., Married Primary Diagnosis Code: Description: Spondylolisthesis, lumbar region M43.16 Secondary Diagnosis Code: Description: Date of Service: Not provided SPINE Spine Surgery Description: CPT Code: Authorization Number: Review Date: 5/13/2020 1:52:08 PM **Expiration Date:** 6/27/2020 Your case has been Approved. Status: CONTINUE CANCEL PRINT



Provider Resources





Contact EviCore's Dedicated Teams

Client and Provider Services

For eligibility issues (member or provider not found in system) or transactional authorization related issues requiring research.

• Email: <u>ClientServices@EviCore.com</u>

• Phone: **800-646-0418** (option 4).

Web-Based Services and Portal Support

Live chat

Email: Portal.Support@EviCore.com

Phone: 800-646-0418 (option 2)



Call Center/Intake Center

Call **888-693-3211.** Representatives are available from 7 a.m. to 7 p.m. local time.





Provider Resources at EviCore.com

EviCore maintains provider resource pages that contain health-planspecific and solution-specific educational material to assist providers and their staff on a daily basis. This page will include:

- Frequently asked questions
- Quick reference guides
- Provider training
- CPT code list

To access these helpful resources, visit:

Aetna Provider Resource Site

EviCore also maintains online resources <u>not</u> specific to health plans, such as guidelines and our required clinical information checklist.

To access these helpful resources, visit EviCore's **Provider's Hub**.



Ongoing Provider Portal Training

The EviCore Portal Team offers general portal training, twice a week, every week.

All online orientation sessions are free of charge and will last approximately one hour. Advance registration is required, so follow the instructions below to sign up:

How To Register:

- 1. Go to http://EviCore.webex.com/
- 2. Click on the "hamburger" menu on the far left hand side (below the EviCore logo), then choose **Webex Training**.
- 3. On the **Live Sessions** screen, click the **Upcoming** tab. In the search box above the tabs, type: **EviCore Portal Training.**
- 4. Choose the date and time for the session you would like to attend, and click the **Register** link beside it. (You will need to register separately for each session.)
- 5. Complete the required information and click the **Register** button.

Immediately after registering, you will receive an e-mail containing the toll-free phone number, meeting number, conference password, and a link to the web portion of the conference. Please keep the registration e-mail so you will have the Web conference information for the session in which you will be participating.





Provider Resource Review Forum

The EviCore website contains multiple tools and resources to assist providers and their staff during the prior authorization process.

We invite you to attend a **Provider Resource Review Forum** to learn how to navigate **EviCore.com** and understand all the resources available on the Provider's Hub.

Learn how to access:

- EviCore's evidence-based clinical guidelines
- Clinical worksheets
- Existing prior authorization request status information
- Search for contact information.
- Podcasts & insights
- Training resources

Register for a Provider Resource Review Forum:

Provider's Hub > Scroll down to EviCore Provider Orientation Session Registrations > Upcoming





EviCore's Provider Newsletter

Stay up to date with our free provider newsletter!

To subscribe:

- Visit <u>EviCore.com</u>.
- Scroll down to the section titled Stay Updated With Our Provider Newsletter.
- Enter a valid email address.





Thank You





Appendix

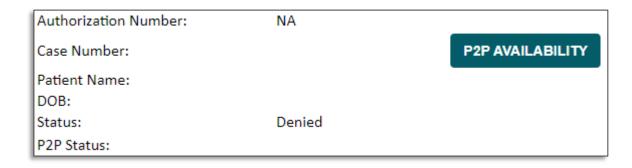




Online Peer-to-Peer Scheduling Tool



- Log into your account at <u>www.EviCore.com</u>
- Perform Authorization Lookup to determine the status of your request.
- Click on the P2P Availability button to determine if your case is eligible for a Peer-to-Peer conversation:



 If your case is eligible for a Peer-to-Peer conversation, a link will display allowing you to proceed to scheduling without any additional messaging.



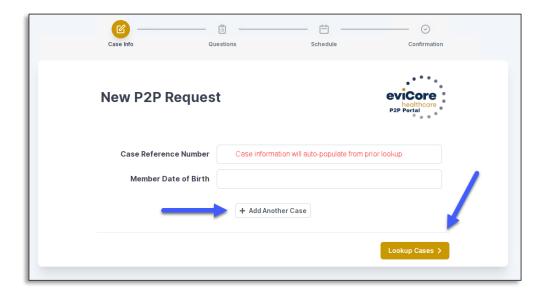


Pay attention to any messaging that displays. In some instances, a Peer-to-Peer conversation is allowed, but the case decision cannot be changed. When this happens, you can still request a Consultative Only Peer-to-Peer. You may also click on the All Post Decision Options button to learn what other action may be taken.



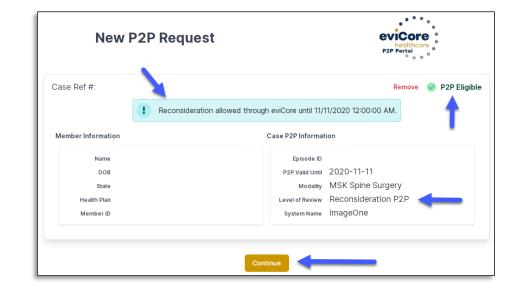
 Once the Request Peer-to-Peer Consultation link is selected, you will be transferred to our scheduling software via a new browser window.



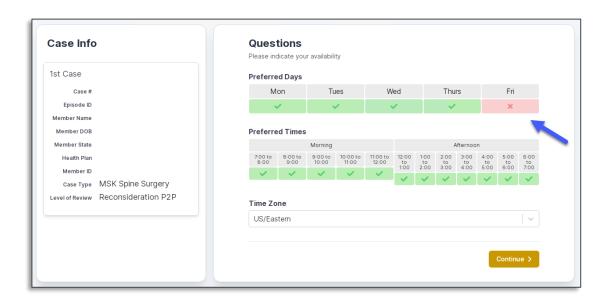


- Upon first login, you will be asked to confirm your default time zone.
- You will be presented with the case number and member date of birth (DOB) for the case you just looked up.
- You can add another case for the same Peer-to-Peer appointment request by selecting Add Another Case.
- To proceed, select Lookup Cases.

 You will receive a confirmation screen with member and case information, including the Level of Review for the case in question. Click Continue to proceed.

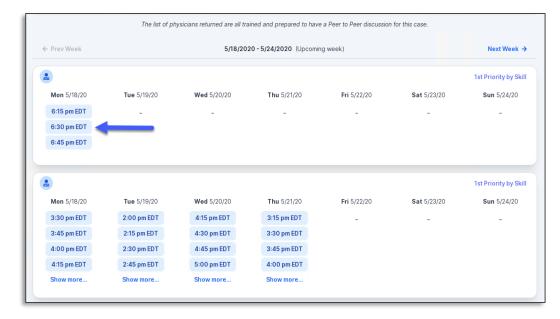






You will be prompted to identify your preferred days and times for a Peer-to-Peer conversation. All opportunities will automatically present. Click on any green check mark to deselect the option and then click **Continue**.

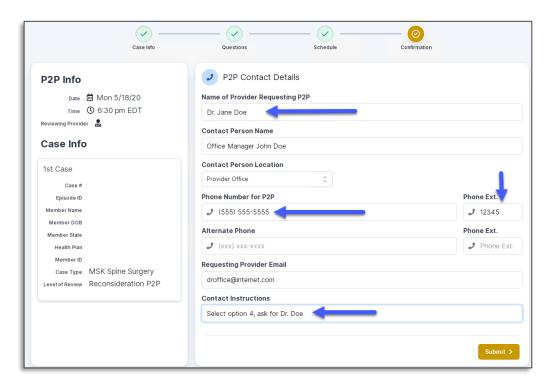
You will be prompted with a list of EviCore
physicians/reviewers and appointment options per
your availability. Select any of the listed
appointment times to continue.





Confirm Contact Details

 Contact person name and email address will auto-populate per your user credentials.



- Be sure to update the following fields so that we can reach the right person for the Peer-to-Peer appointment:
 - Name of Provider Requesting P2P
 - Phone Number for P2P
 - Contact Instructions
- Click submit to schedule appointment. You will be presented with a summary page containing the details of your scheduled appointment.





Canceling or Rescheduling a Peer-to-Peer Appointment

To cancel or reschedule an appointment:

- Access the scheduling software per the instructions above.
- Go to My P2P Requests on the left pane navigation.
- Select the request you would like to modify from the list of available appointments.
- Once opened, click on the schedule link; an appointment window will open.
- Click on the Actions drop-down and choose the appropriate action.
 - If choosing to reschedule, you will have the opportunity to select a new date or time as you did initially.
 - If choosing to cancel, you will be prompted to enter a cancellation reason.
- Close browser once done.

