### Prior Authorization of Musculoskeletal Therapy & Chiropractic services for Blue Cross and Blue Shield Medicare

### **Provider Orientation**



© 2015 eviCore healthcare. All Rights Reserved. This presentation contains CONFIDENTIAL and PROPRIETARY information.

### **Company Highlights**

### 4K employees

including 1K clinicians

### Headquartered in Bluffton, SC Offices across the US including:

- Lexington, MA
- Colorado Springs, CO •
- Franklin, TN
- Greenwich, CT

- Melbourne, FL
- Plainville, CT
- Sacramento, CA

## SHARING A VISION AT THE CORE OF CHANGE.

100M members managed nationwide









12M claims processed annually

### **Integrated Solutions**





## Musculoskeletal Solution Experience

- since 2008
- 30<sup>+</sup> regional and national clients
- 34M total membership
  - 25.5M Commercial membership
  - 2M Medicare membership
  - 6.5M Medicaid membership
- 3,120 average cases built per day







### **Our Clinical Approach**

### **Musculoskeletal by the Numbers**



Musculoskeletal physicians on staff

66 **(3)** 

Musculoskeletal-trained nurses on staff

56
Musculoskeletal
therapists
(PT/OT/ST/MT/CHIRO/ACU)

35
Million lives
covered

#### **Evidence-Based Guidelines**

#### The foundation of our musculoskeletal solution:





Medicare LCDs & NCDs



Academic institutional experts and community physician panels



Current clinical literature

### Aligned with National Societies

- American Academy of Neurology
- American College of Rheumatology
- American Association of Neurological Surgeons
- American Academy of Orthopedic Surgeons
- American Society of Interventional Pain Physicians
- North American Spine Society
- American College of Occupational and Environmental Medicine
- American Academy of Physical Medicine and Rehabilitation
- American Association of Hip and Knee Surgeons

- American Pain Society
- Official Disability Guidelines
- Medicare Guidelines
- Spine Intervention Society
- American Academy of Orthopedic Surgeons
- The American Orthopedic Society for Sports Medicine
- Cochrane Reviews
- American Physical Therapy Association
- American Chiropractic Association
- American Occupational Therapy Association
- American Speech Language Hearing Association
- American Society of Anesthesiologists

### Service Model

### **Client Provider Operations**

The Client Provider Operations team is responsible for high-level service delivery to our health plan clients as well as ordering and rendering providers nationwide

### **Client Provider Representatives**



Client Provider Representatives are cross-trained to investigate escalated provider and health plan issues.

### Client Service Managers



Client Service Managers lead resolution of complex service issues and coordinate with partners for continuous improvement.

### Regional Provider Engagement Managers



Regional Provider Engagement Managers are on-the-ground resources who serve as the voice of EviCore to the provider community.

### **Why Our Service Delivery Model Works**



One centralized intake point allows for timely identification, tracking, trending, and reporting of all issues. It also enables EviCore to quickly identify and respond to systemic issues impacting multiple providers.

Complex issues are escalated to resources who are the subject matter experts and can quickly coordinate with matrix partners to address issues at a root-cause level.

Routine issues are handled by a <u>team</u> of representatives who are cross trained to respond to a variety of issues. There is no reliance on a single individual to respond to your needs.

### **Program Goals**

- Authorize medically necessary services which require the skills of a licensed professional
- Promote evidence-based practice
- Identify and review treatment interventions where evidence is not present or does not support use
- Provide evidence-based guidelines to support authorization decisions and educate practitioners
- Decrease or eliminate unexplained practice variation and unnecessary visits
- Manage costs efficiently so members can continue to receive quality care and skilled services

### **Clinical Philosophy**

Support patient-centered care founded on best available evidence

- Promote functionally oriented and measurable treatment programs
- Focus on skilled, medically necessary treatment interventions
- Empower patient independence
- Eliminate practice variation that cannot be explained or justified

To be considered reasonable and necessary the following conditions must each be met:

- The services shall be considered under accepted standards of medical practice to be a **specific and effective** treatment for the patient's condition.
- There must be an expectation that the patient's condition will improve significantly in a reasonable (and generally predictable) period of time.
  - Exception skilled maintenance therapy may be approved based on CMS definition
- The **amount**, **frequency**, **and duration** of the services must be reasonable under accepted standards of practice.

### **Additional Requirements for Therapy Services:**

- Services shall be of such a level of complexity and sophistication, or the condition of the patient shall be such that the services required can be safely and effectively performed only by a therapist, or in the case of physical therapy and occupational therapy by or under the supervision of a therapist.
- Services that do not require the performance or supervision of a therapist are <u>not skilled</u> and are not considered reasonable or necessary therapy services, even if they are performed or supervised by a qualified professional.

### **Accepted Standards of Medical Practice**

• For these purposes, "accepted standards of medical practice" means standards that are based on credible scientific evidence published in the peer-reviewed literature generally recognized by the relevant healthcare community, specialty society evidence-based guidelines or recommendation, or expert clinical consensus in the relevant clinical areas.

### **Utilization Management**

### **Clinical Case Managers review for:**

- Need for skilled services
  - Level of complexity that requires the skills of a licensed practitioner
- The frequency of care needed
- Initiation of home program
  - Transition repetitive exercises (stretching and strengthening) from clinic to the home environment
- The progress (or lack of progress) of the patient
- Patient compliance

# Prior Authorization Program for Blue Cross and Blue Shield Medicare

### **Program Overview**

EviCore began accepting requests on May 22, 2017 for dates of service June 1, 2017 and beyond.

### Prior authorization applies to services that are:

- Outpatient
- Elective/Non-Emergent

## EviCore Prior authorization does not apply to services that are performed in:

- Emergency room
- Inpatient
- Early Childhood Intervention (ECI) 3

It is the responsibility of the performing provider to request prior authorization approval for services.

### **Applicable Membership**

<u>Authorization is required</u> for Blue Cross and Blue Shield members enrolled in the following programs:

- Blue Cross and Blue Shield of Illinois
  - Medicare
- Blue Cross and Blue Shield of Montana
  - Medicare members
- Blue Cross and Blue Shield of New Mexico
  - Medicare members
- Blue Cross and Blue Shield of Oklahoma
  - Medicare members
- Blue Cross and Blue Shield of Texas
  - Medicare

#### **Prior Authorization Required:**

- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Chiropractic

To find a list of CPT
(Current Procedural Terminology)
codes that require prior authorization
through EviCore, please visit:

https://www.evicore.com/healthplan/bcbs

### **Prior Authorization Program**

 Clinical reviewers evaluate clinical information to determine whether services are medically necessary.

 Providers must request authorization before care is administered to ensure payment for services rendered.

### **Prior Authorization Requests**

### How to request prior authorization:



### **Needed Information**



#### Requests

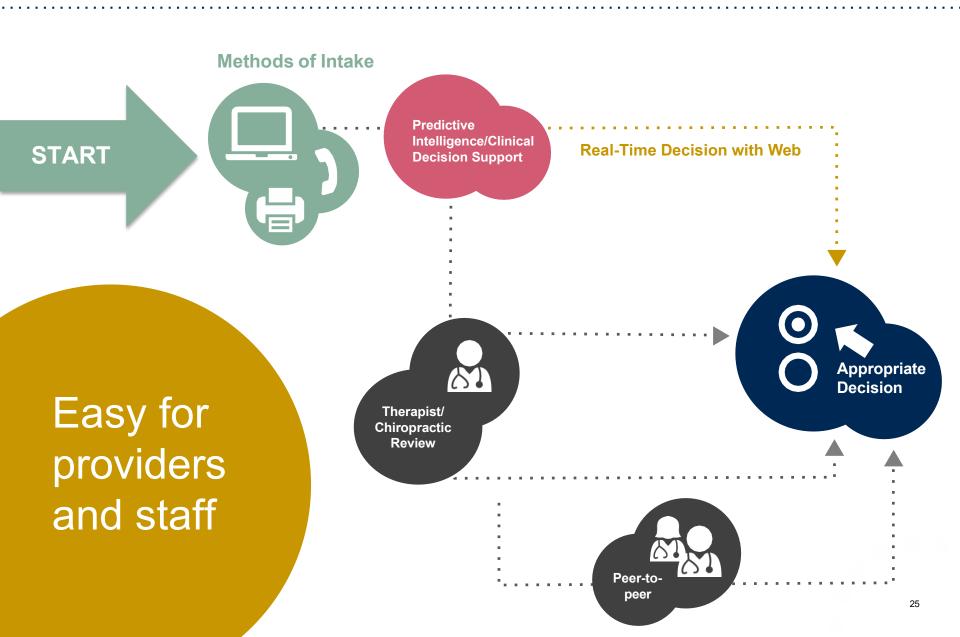
Select MSMPT, MSMOT, MSMST or Chiropractic for requested services

The appropriate diagnosis code for the working of differential diagnosis

#### If clinical information is needed, please be able to supply:

- Patient's subjective complaints, objective examination findings, and level of function
- Information from Treatment Request Clinical Worksheet
- Information should be current (collected within the past 10 days)
- Office notes will be requested as needed

### **Clinical Review Process**



#### **Prior Authorization Process**

- Complete your initial evaluation
  - The initial evaluation does <u>not</u> require prior authorization.
- Notify EviCore healthcare within 7 days of the initial visit.
- Start date should be the first day of treatment (Date of initial evaluation or visit following if treatment was not provided during the initial visit)
- You will be asked to include clinical information including but not limited to :
  - Patient demographics
  - Provider demographics
  - Diagnosis
  - If this is a request for post-surgical care
  - Patient reported functional outcomes
  - Complexities
  - If there are existing authorizations within the system, questions will be asked to determine if this is a new condition

#### **Prior Authorization Process**

#### WHAT HAPPENS NEXT?

Your submission will receive <u>a real time decision</u> or be sent for <u>clinical</u> <u>review</u>

Real time decisions (applies to web and phone submissions ONLY)

• If the clinical information provided meets medical criteria, the case may be eligible for a real time decision.

- Decision is based on the information provided including the diagnosis and condition severity.
- The approved visits/units should be spread over the entire approved period to prevent a gap in care.
- If more care is required after the approval period ends, the provider may submit a new request with current clinical information.

Clinical Review (applies to fax submissions and requests for continuing care)

- Current clinical information will be requested
- Collected within the seven days prior
- Clinical worksheets available at <u>www.evicore.com</u> under the Clinical Guidelines and Forms section

### **Prior Authorization Program Process – Important Concepts**

### **Overlapping Requests**

- Request for more visits within the existing approved time period
- Information you provide should explain why the visits could not be spread over the approved period
- Review to determine if additional visits are medically necessary
  - Approve
  - Deny additional visits within the existing approved period
  - Partially approve Visits will be approved with a new start date
    - Existing authorization end date plus one day
- EviCore healthcare will approve one date extension per Approved Time Period up to 30 days as long as the authorization has not expired.
- Date extension can be requested via the online portal.

### **Prior Authorization Process – Important Concepts**

#### **Authorization decisions include:**

- Visits
- Units These represent the total # of CPT codes that can be billed over the approved period
- Approved Time Period

**Example** – 1 visit, 4 units from 1/1/16 to 1/1/16

Units example – 97110 x4 or 97110 x2, 97035 x1, 97112 x1

Spread the Visits/Units over the approved period to prevent a gap in care.

### **Clinical Information Worksheets**

- The treatment request clinical worksheets are therapy specific and designed to assist with the submission of patient and provider information for medical necessity review.
- Worksheets should be used as a guide for questions the therapist will be prompted to answer when completing the online requests.
- These worksheets should be completed by the provider during the initial consultation and treatment planning, collecting the clinical information to allow for ease of submission.
- Worksheets are available through our web portal and are therapy-specific to the treatment request.

https://www.evicore.com/solution/pages/musculoskeletal.aspx

### **Examples of Clinical Worksheets**

	For NON-URGENT requests, please fax this completed document alo 855.774.1319. If there are any inconsistencies with the medical office section. Failure to provide all relevant information may delay the deter the web at ewCore.com. URGENT (same day) REQUESTS MUST B.  First Name: Middle Initial: Last Name:  DOB (mm/dd/yyyy): Gender:		y delay the deter UESTS MUST B	eviCore healthcare		Chiropractic Treatment Request Clinical Worksheet - Lumbar Spine  For NON-URGENT requests, please fax this completed document along with medical records, imaging, tests, etc. If there are any inconsistencies with the medical office records, please elaborate in the comment section. Failure to provide					
			al relev Guidelr		all relevant information may delay the de	relevant information may delay the determination. Phone and fax numbers of idelines and Fax Forms section. You may also log into the provider portal to		he commen	t section. Failure to provide		
	Street Address: City:	c.	tate:			request URGENT (came day) REQUE	TS MUST BE SUBMITTE	D BY PHON		Date of - Onset: Evaluation:	Current findings:
		ell Phone:	tate.	<u>a</u>	First Name:	Middle Initial:	Last Name:			2. Are there areas of complaint in addition to lumba	rspine? Yes No Don't Know
		and the same of th		mper	DOB (mm/dd/yyyy):		Gender:	) Male		Select any of the following which apply:	
=		fember ID:		<b>№</b>	Street Address:			Apt #:		Member not treated in the last 60 days	
	First Name:		ast Name:	Patient/Me	City:		State:	Zip:		Member requires treatment for a new co	ndition
	Primary Specialty:	IN:		ati	Home Phone:	Cell Phone:		Primary		Additional care for same condition treate	d in the last 60 days
	Physician Phone:	Pi	hysician Fax:	-	Health Plan:	Member ID:		Group II		If member requires treatment for	a new condition, answer questions 4 and 5.
	dress:			_	First Name:		Last Name:			4. What was the previous condition treated?	1882
Sillianio	City:	St	tate:	ge	Primary Specialty:	TIN:		NPI:		Upper back - Thoracic spine	Upper Extremity
	Office Contact:			Provide	Physician Phone:		Physician Fa	X:		Head/neck - Cervical spine	Lower Extremity
	Contact Email:				Address:			Suite #:		5. What was the result of the previous treatment?	Condition resolved Ongoing
ī	First Name:	La	ast Name:	Ordering	City:		State:	Zip:		6. What is the current pain level?	/10 Unknown
	Group/Site Name:			age age	Office Contact:		470.	11000			complaint, please indicate the response to treatment since
2		IN:		0	Contact Email:				-	Initial assessment of this condition:  Unknown response to treatment since in	tial Patient did not improve or worsen with previous
acillity	Site Phone:		ite Fax:				LA POPULAÇÃO	1	matio	assessment	course of treatment
9	Address:		ito i ux.	0	First Name:		Last Name:		E	Pain 0-24% improvement	Pain 75-100% improvement
	City:	St	tate:	Sit	Group/Site Name:				Infor	Pain 25-49% improvement	Other.
=	-			cility/Site	Primary Specialty:	TIN:		NPI:		Pain 50-74% improvement	
	Diagnosis, if known or rule out:			Faci	Site Phone:		Site Fax:	1	Clinical	8. What is the percent of time the patient experience	es pain?
	ICD-10 Codes:			1	Address:		-	Suite #:	5	0-25% 26-50% 51-7	5% 76-100% Unknown
Diagnos	Auth/Reference Number (if continued care):				City:		State:	Zip:		9. Are any Red Flags present?	
	Date of last visit:		tart date of th	50	Diagnosis, if known o	rrule out:				Articular Derangements	Signs or symptoms of cancer, chemotherapy or
ONFIDENTIALITY NOTICE: This fax transmission, and any documents attached to it may contain confid guiations such as the Health Insurance Portability and Accountability Act of 1996 (HIPAA). This informati					ICD-10 Codes:					Congenital connective tissue disorders	organic disease Neurological disorders
named above. If you are not the intended recipient, or a person responsible for delivering it to the intended source, copying, distribution or use of any of the information contained in or attached to this transmission				Diagnosis	Auth/Reference Num	per (If continued care):					Fracture or dislocation secondary to acute trauma
ived this transmission in error, please immediately notify eviCore healthcare and destroy the original tr				0	Date of last visit:		Start date of	this reque		History of infection  Signs and symptoms of vertebrobasilar	
				CONFIDENTIALITY NOTICE: This fax transmission, and any documents attached to it may contain confidential o regulations such as the Health Insurance Portability and Accountability Act of 1996 (HPAA). This information is in					Insufficiency	Atrophy in the extremities	
eviCore healthcare   www.eviCore.com   400 Buckwalter Place Blvd • Blufftc					regulations such as the reason make including all or Localization (or 1996 the Prof. 1996 the International Con- ics) named above. If you are not the intended recipient, or a person responsible for delivering it to the intended recipi disciousure, copying, distribution or use of any of the information contained in or attached to this transmission is STF received this transmission in error, please immediately notify eviCore healthcare and destroy the original transmission them in any manner.				Ш	Circulatory or cardiovascular disorders	Scollosis > 20 degrees adult or > 10 degress chil
										Fever or localized redness and swelling or ankylosing	No Red Flags present
					any marrier.					Bone weakening of destructive disorders	Unknown
										10. Choose any of the following clinical exam findin	
										Radiating pain below knee reproduced o	
				eviCore healthcare   www.eviCore.com   400 Buckwalter Place Blvd • Blufffon, SC			ton, SC ·		nerve compression of stretch test	testing	
										Diffuse ache on passive motion	None/unknown specific exam findings
								- 1		Pain referred from muscle or trigger poin	ts

### **Prior Authorization Outcomes**



- Medicare requests are processed within 14 calendar days
- Authorizations time frames will vary based on the members condition, generally it will be 30 calendar days from the date of determination
- Faxed to ordering provider and rendering facility.
   (verbal outreach for urgent requests)
- Mailed to the member, (verbal outreach for urgent requests)
- Information can be printed on demand from the EviCore healthcare Web Portal

Denied Requests:

**Delivery:** 

- Communication of denial determination
- Communication of the rationale for the denial.
- How to request a Peer Review

**Delivery**:

- Faxed to the ordering provider and rendering facility (verbal outreach for urgent requests)
- Mailed to the member (verbal outreach for urgent requests)

### **Prior Authorization Outcomes – Medicare**

### **Pre-Decision Consultation**

- If your case requires further clinical discussion for approval, we welcome requests for clinical determination discussions from rendering provider prior to a decision being made.
- In certain instances, additional information provided during the predecision consultation is sufficient to satisfy the medical necessity criteria for approval.

### **Special Circumstances**



### **Appeals**

- EviCore will manage first level appeals
- Appeals must be made in writing within 120 calendar days and 30 calendar days for IL Medicaid cases.

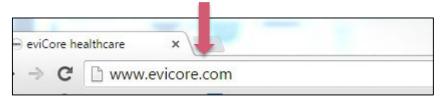


- Contact EviCore by phone to request an expedited prior authorization review and provide clinical information
- Urgent Cases will be reviewed with 72 hours of the request.

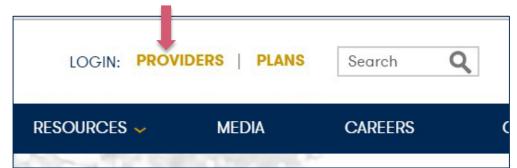
### **Web Portal Services**

#### **EviCore healthcare website**

Point web browser to evicore.com



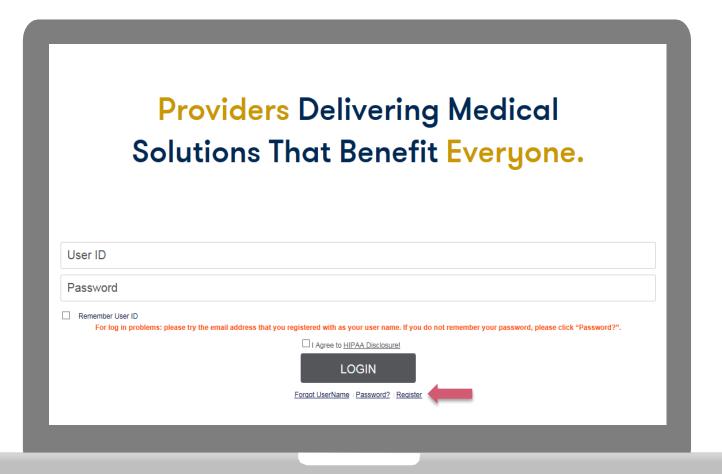
Click on the "Providers" link



Login or Register

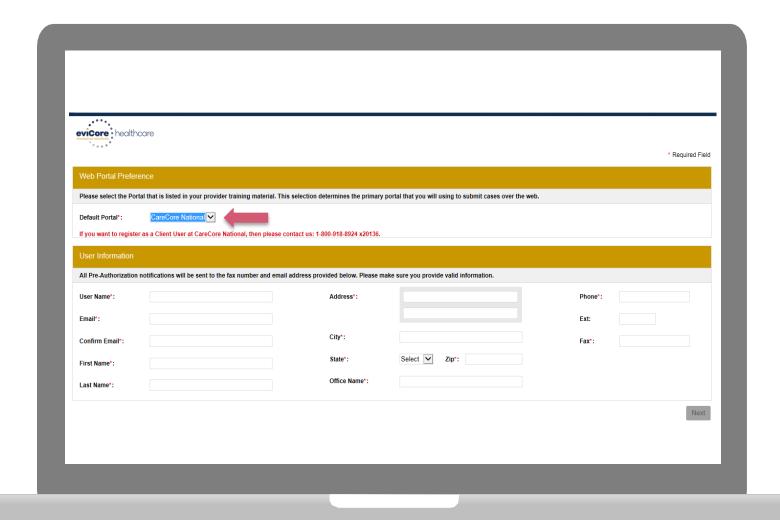


#### **Creating An Account**



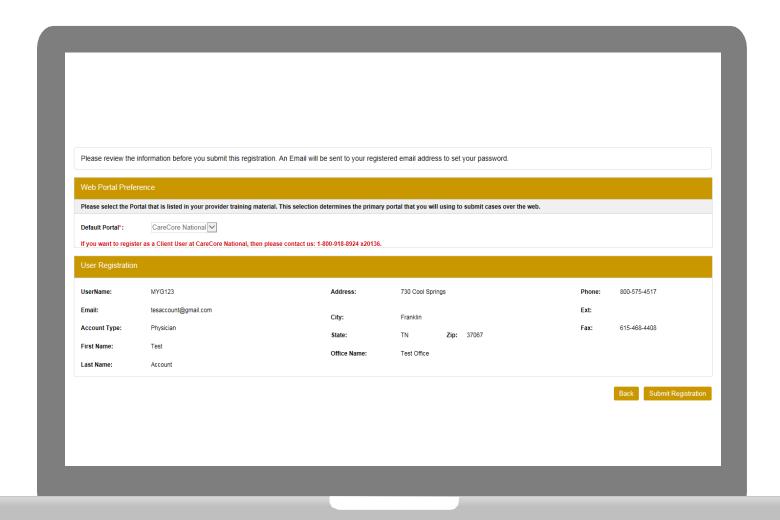


#### **Creating An Account**



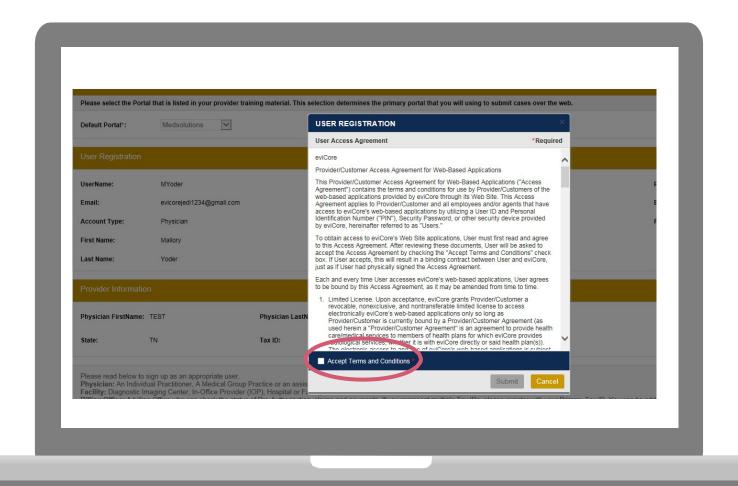


#### **Creating An Account**





#### **User Registration-Continued**





#### **User Registration-Continued**

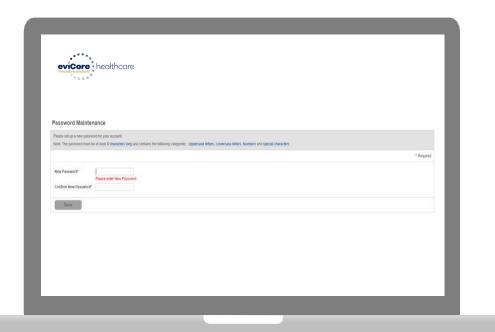


You will receive a message on the screen confirming your registration is successful. You will be sent an email to create your password.

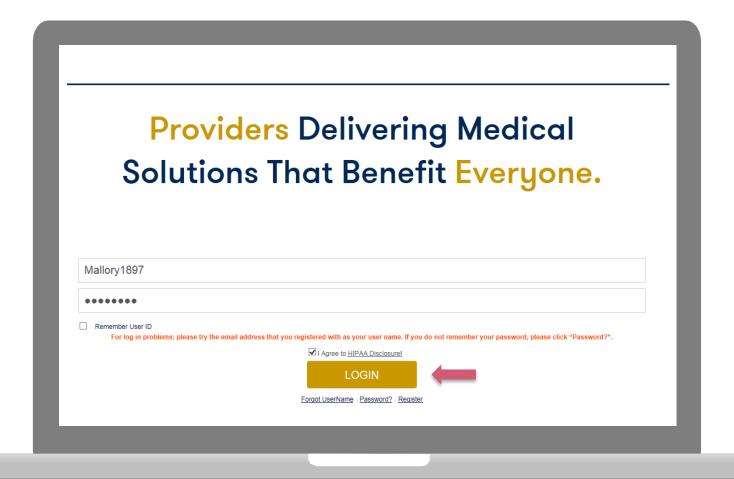
#### **Create a Password**

# Your password must be at least (8) characters long and contain the following:

- Uppercase letters
- Lowercase letters
- Numbers
- Characters (e.g., ! ? \*)



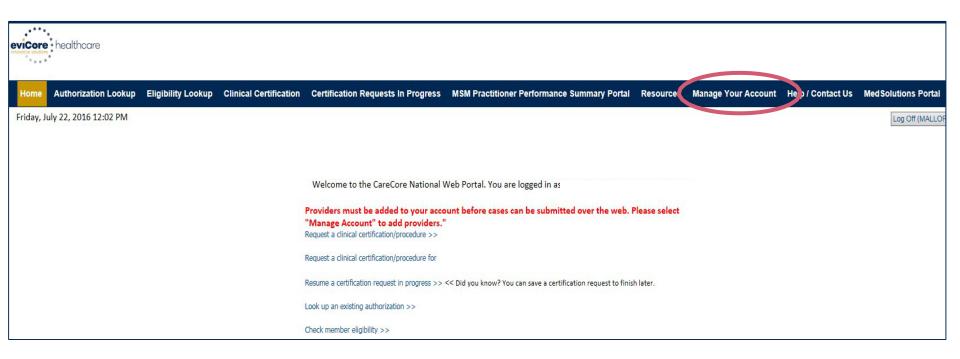
#### **Account Log-In**



To log-in to your account, enter your User ID and Password. Agree to the HIPAA Disclosure, and click "Login."

### **Account Overview**

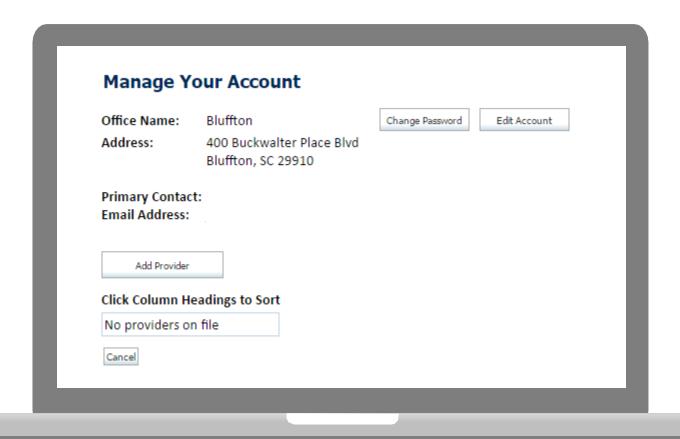
#### **Welcome Screen**



Providers will need to be added to your account prior to case submission. Click the "Manage Account" tab to add provider information.

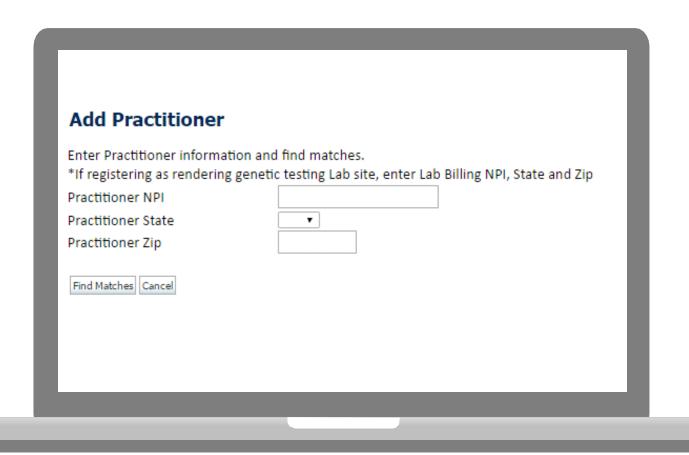
<u>Note</u>: You can access the MedSolutions Portal at any time if you are registered. Click the MedSolutions Portal button on the top right corner to seamlessly toggle back and forth between the two portals without having to log-in multiple accounts.

#### **Add Practitioners**



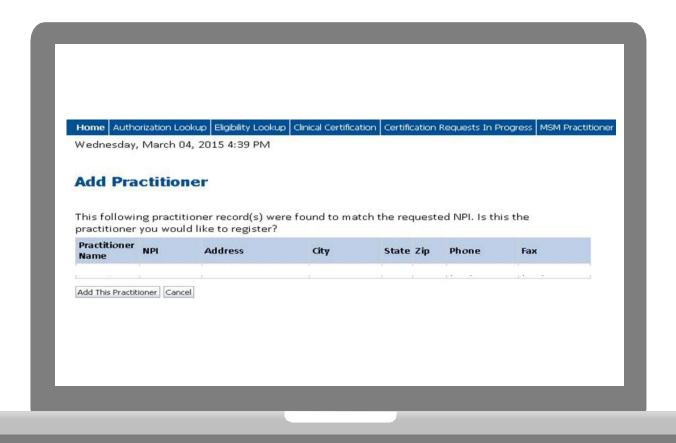
Click the "Add Provider" button.

#### **Add Practitioners**



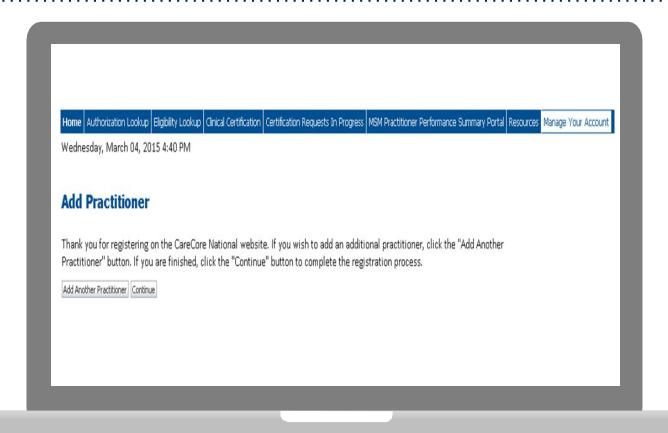
Enter the Provider's NPI, State, and Zip Code to search for the provider record to add to your account. You are able to add multiple Providers to your account.

#### **Adding Practitioners**



Select the matching record based upon your search criteria

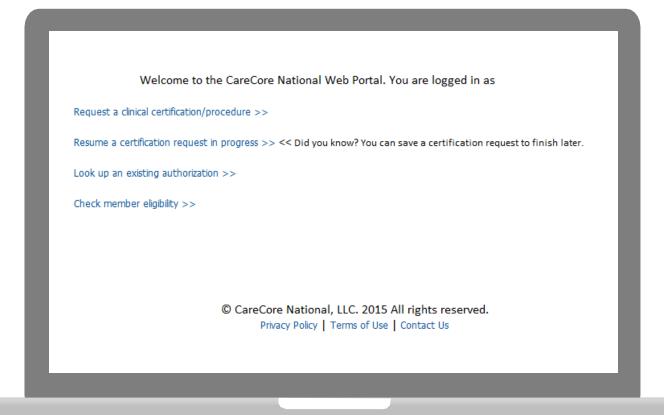
#### **Manage Your Account**



- Once you have selected a practitioner, your registration will be completed.
   You can then access the "Manage Your Account" tab to make any necessary updates or changes.
- You can also click "Add Another Practitioner" to add another provider to your account.

### **Case Initiation**

#### **Initiating A Case**



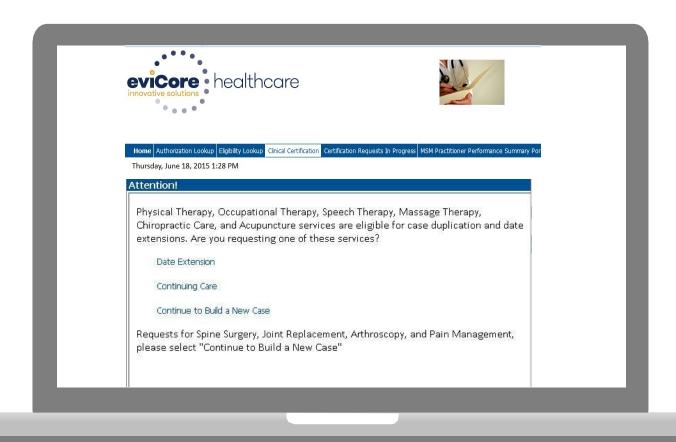
 Choose "request a clinical certification/procedure" to begin a new case request.

#### **Select Program**



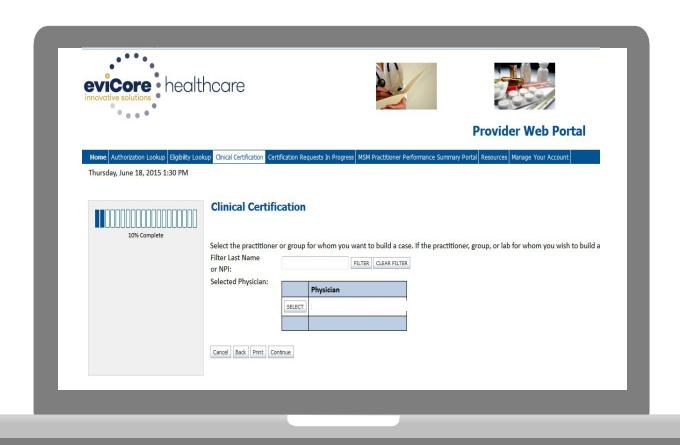
Select the **Program** for your certification.

#### **Service Options**



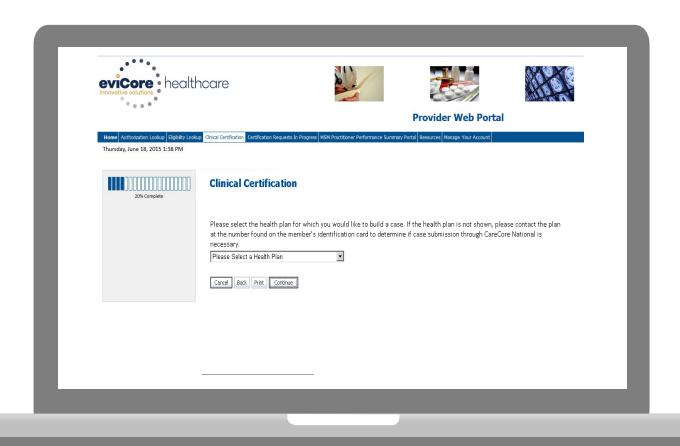
**Select Date Extension, Continuing Care, or Build a New Case.** 

#### **Select Provider**



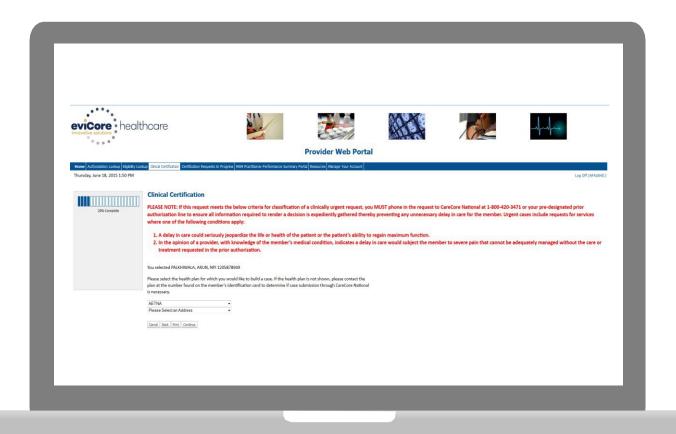
Select the Practitioner/Group for whom you want to build a case.

#### **Select Health Plan**



Choose the appropriate Health Plan for the case request.

#### **Select Address**

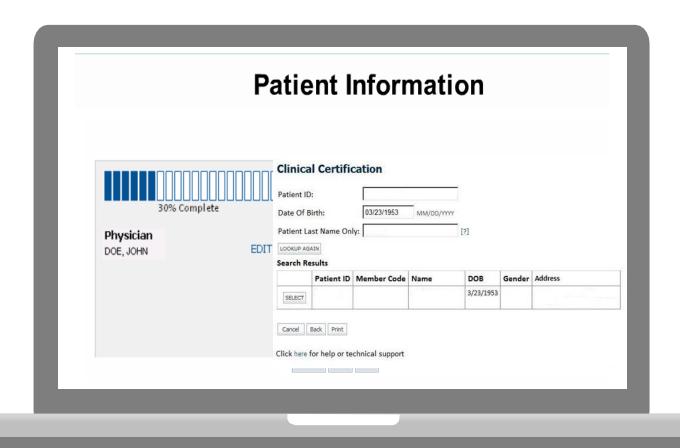


#### **Contact Information**

Enter the Provider name and appropriate information for the point of contact individual.

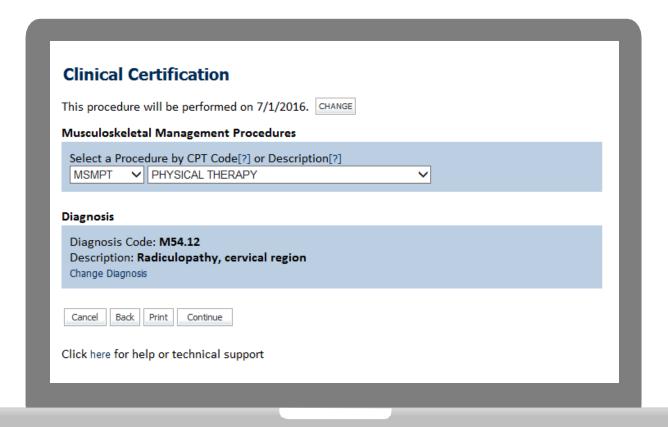


#### **Member Information**



Enter the member information including the Patient ID number, date of birth, and patient's last name. Click "Eligibility Lookup."

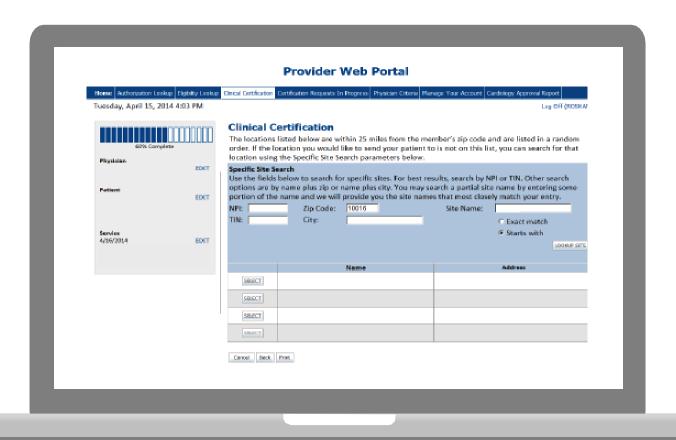
#### **Clinical Details**



#### **Verify Service Selection**



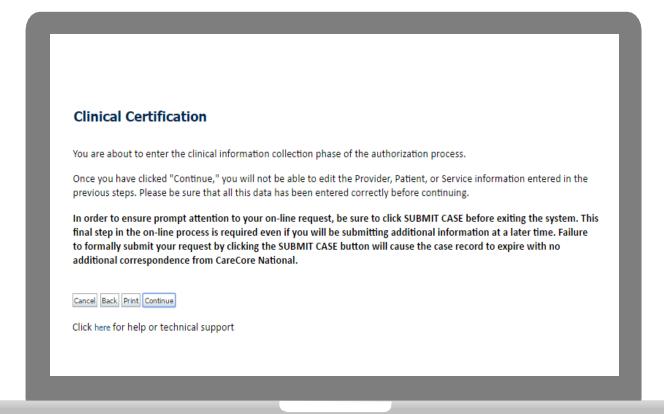
#### **Site Selection**



Verify all information entered and make any needed changes prior to moving into the clinical collection phase of the prior authorization process.

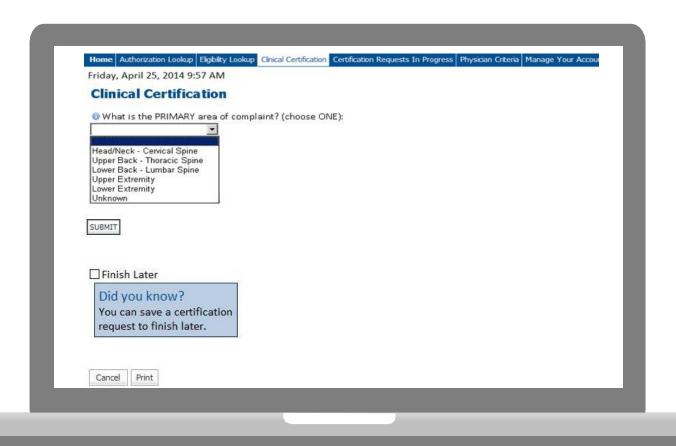
You will not have the opportunity to make changes after that point.

#### **Clinical Certification**



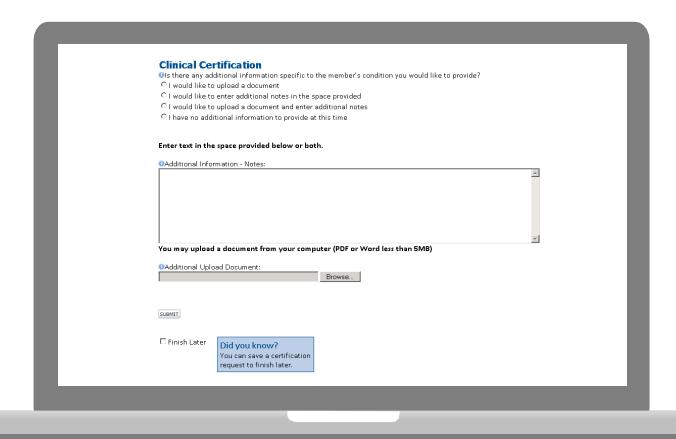
- Verify all information entered and make any needed changes prior to moving into the clinical collection phase of the prior authorization process.
- You will not have the opportunity to make changes after that point.

#### **Pause/Save Option**



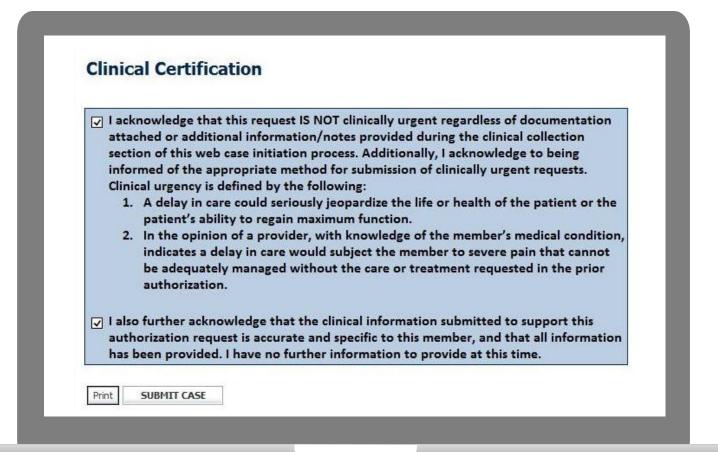
Once you have entered the clinical collection phase of the case process, you can save the information and return within (2) business days to complete.

#### **Medical Review**



If additional information is required, you will have the option to either upload documentation, enter information into the text field, or contact us via phone.

#### **Medical Review**



Acknowledge the Clinical Certification statements, and hit "Submit Case."

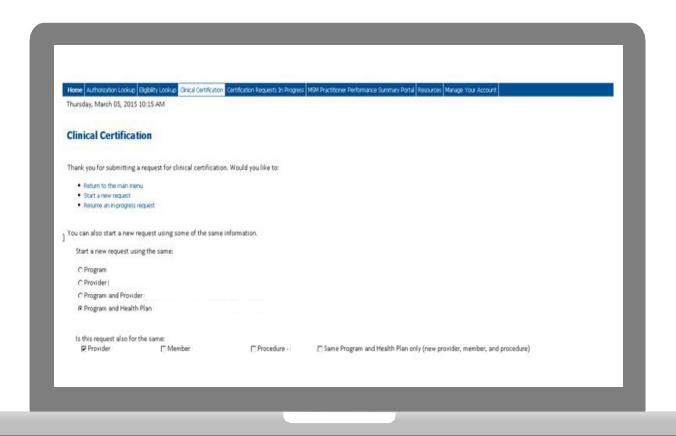
#### **Approval**

Your case has been Ap	proved.			
Provider Name:		Contact:		
Provider Address:		Phone		
		Number:		
		Fax Number:		
Patient Name:		Patient Id:		
Insurance Carrier:				
Site Name:	2591	Site ID:	L	
Site Address:				
Primary Diagnosis Code:		Description:		
Secondary Diagnosis Code:		Description:		
CPT Code:		Description:		
Modifier:				
Authorization Number:				
Review Date:				
Expiration Date:				
Status:	Your case has been a	Approved.		

Once the clinical pathway questions are completed and if the answers have met the clinical criteria, an approval will be issued.

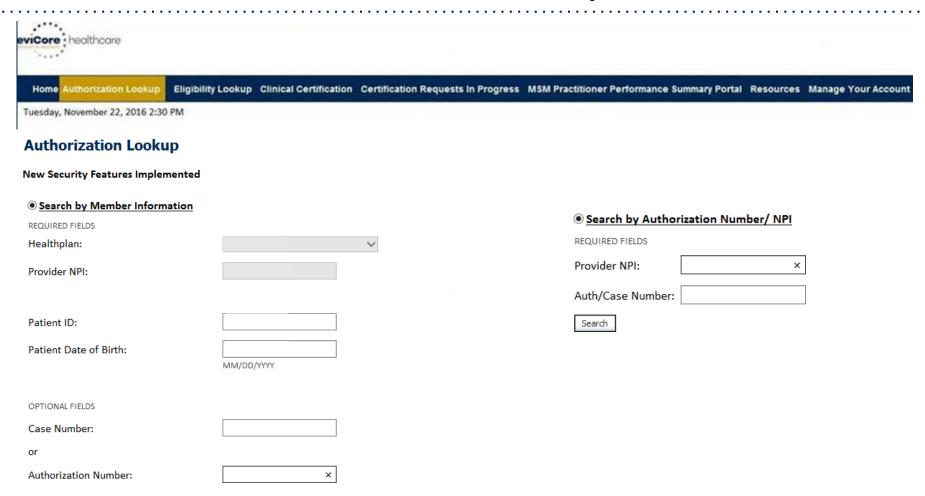
Print the screen and store in the patient's file.

#### **Building Additional Cases**



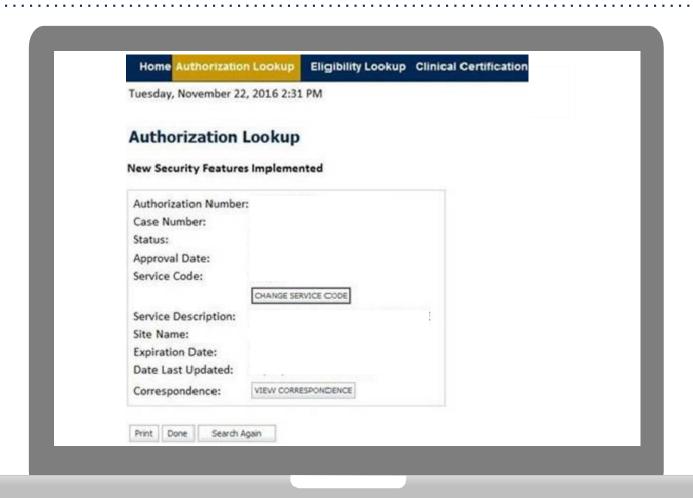
Once a case has been submitted for clinical certification, you can return to the Main Menu, resume an in-progress request, or start a new request. You can indicate if any of the previous case information will be needed for the new request.

#### **Authorization look up**



- Select Search by Authorization Number/NPI. Enter the provider's NPI and authorization or case number. Select Search.
- You can also search for an authorization by Member Information, and enter the health  $_{\odot}$  plan, Provider NPI, patient's ID number, and patient's date of birth.

#### **Authorization Status**



The authorization will then be accessible to review. To print authorization correspondence, select View Correspondence.

#### **Eligibility Look Up**



### **Provider Resources**



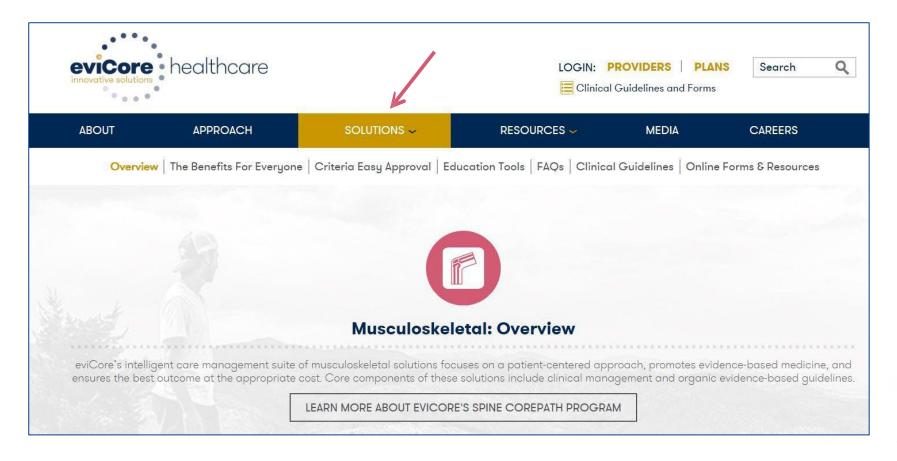






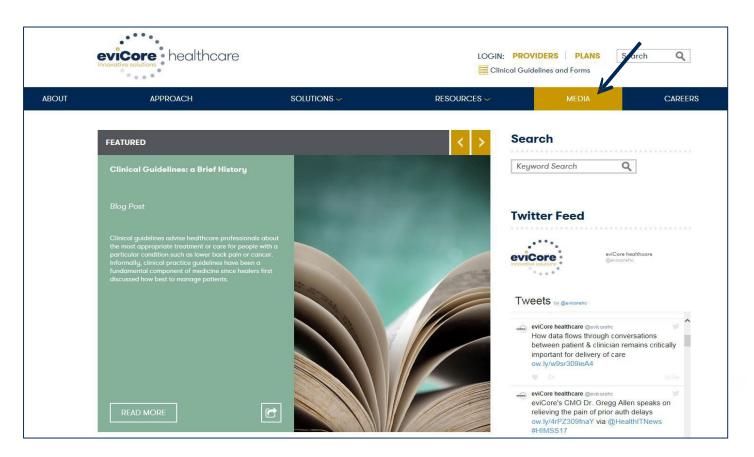
#### **Musculoskeletal Online Resources**

Clinical Guidelines, FAQ's, Online Forms, and other important resources can be accessed at <a href="www.evicore.com">www.evicore.com</a>. Click "Solutions" from the menu bar, and select the specific program needed.



#### **EviCore Provider Blog Series**

- The EviCore blog series focuses on making processes more efficient and easier to understand by providing helpful tips on how to navigate prior authorizations, avoid peer-to-peer phone calls, and utilize our clinical guidelines.
- You can access the blog publications from the Media tab or via the direct link at https://www.evicore.com/pages/media.aspx.



#### **Web Portal Services-Assistance**

Email portal.support@evicore.com

Call a Web Support Specialist at (800) 646-0418 (Option 2)

**Connect with us via Live Chat** 

#### **Provider Resources: Pre-Certification Call Center**



Pre-Certification Call Center



Web-Based Services





7:00 AM - 7:00 PM (Local Time): 855-252-1117

- Obtain pre-certification or check the status of an existing case
- Discuss questions regarding authorizations and case decisions
- Change facility or CPT Code(s) on an existing case

#### **Provider Resources: Client Provider Operations**





**Call Center** 

Web-Based Services





#### clientservices@evicore.com

- Eligibility issues (member, rendering facility, and/or ordering physician)
- Questions regarding accuracy assessment, accreditation, and/or credentialing
- Issues experienced during case creation
- Request for an authorization to be resent to the health plan

#### **Provider Resources: Implementation Document**





Web-Based Services





Provider Enrollment Questions

Contact your Provider Network Consultant for more information

Blue Cross and Blue Shield Implementation site - includes all implementation documents:

https://www.evicore.com/healthplan/bcbs

- Provider Orientation Presentation
- CPT code list of the procedures that require prior authorization
- Quick Reference Guide
- eviCore clinical guidelines
- FAQ documents and announcement letters

You can obtain a copy of this presentation on the implementation site listed above. If you are unable to locate a copy of the presentation, please contact the Client Provider Operations team at ClientServices@evicore.com

## Thank You!

